

ॐ OM SHRI MAHALAKSHMYAI NAMAH

I BOW TO GODDESS MAHALAKSHMI
THE DIVINE MOTHER OF WEALTH, PROSPERITY AND ABUNDANCE

MEANING

"I bow to
Goddess Mahalakshmi"
or
"Salutations to
Divine Mother Lakshmi,
the goddess of wealth,
prosperity and
abundance"

This is one of the most
sacred and powerful
mantras dedicated to
Goddess Mahalakshmi,
the divine source of
prosperity, beauty,
harmony and
spiritual fortune.

SPIRITUAL SIGNIFICANCE

- Attracts wealth, prosperity and abundance
- Removes poverty, financial obstacles and negativity
- Brings peace, harmony and auspiciousness in life
- Blesses home, family, business and relationships
- Connects the devotee with divine grace and blessings



SACRED LAKSHMI INVOCATION

This mantra invokes the blessings of Mahalakshmi for material well-being and spiritual richness.

OM – SHRI – MA – HA – LAKSH – MYAI – NA – MAH

It is chanted for prosperity, purity and divine abundance.

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Fridays
- During Diwali and Lakshmi Puja
- On Full Moon (Purnima) days
- Before starting business or financial decisions

SIMPLE CHANTING

108 times daily
with devotion brings
prosperity, peace
and divine blessings.



BENEFITS

- Financial stability and growth
- Removal of debts and obstacles
- Good fortune and new opportunities
- Mental peace and satisfaction
- Spiritual growth and inner happiness

SHREEM MAHALAKSHMI NAMAH

OM SHRI MAHALAKSHMYAI NAMAH



DIVINE
PROSPERITY



WEALTH &
ABUNDANCE



SUCCESS IN
ALL ENDEAVORS



PEACE &
HARMONY



POSITIVITY &
AUSPICIOUSNESS

CONTACT US

+91 7904218828

WE ARE HERE TO SERVE YOU



OM SHRI GANESHAYA NAMAH

I BOW TO LORD GANESHA

SALUTATIONS TO SHRI GANESHA, THE REMOVER OF OBSTACLES

MEANING

"I bow to Lord Ganesha"
or
"Salutations to Shri
Ganesha, the remover
of obstacles"

This is one of the most
sacred and powerful
mantras dedicated to
Lord Ganesha, the deity
of wisdom, success,
prosperity, and new
beginnings.



SPIRITUAL SIGNIFICANCE

- Removes obstacles and negative energies
- Brings wisdom, clarity, and right decisions
- Invokes success in new beginnings and important tasks
- Blesses education, business, and spiritual growth
- Connects the devotee with divine intelligence and protection



SACRED INVOCATION MANTRA

This mantra is often chanted before
starting any puja, work, journey,
or spiritual practice to seek
Lord Ganesha's blessings.

**OM – SHRI – GA –
NE – SHA – YA –
NA – MAH**

It invokes auspiciousness, protection,
and smooth success.

BEST TIME TO CHANT

- Early morning
(Brahma Muhurta)
- On Wednesdays
- During Ganesh Chaturthi
- Before exams, business,
travel, or important work
- Before meditation and
spiritual practices

SIMPLE CHANTING

108 times daily
with devotion brings
wisdom, prosperity,
and divine blessings.



**VAKRATUNDA MAHAKAYA
SURYA KOTI SAMAPRABHA
NIRVIGHNAM KURU ME DEVA
SARVA KARYESHU SARVADA**



WISDOM &
INTELLIGENCE



PROTECTION &
SAFETY



SUCCESS IN
ALL ENDEAVORS



INNER PEACE &
HARMONY



PROSPERITY &
ABUNDANCE



DEVOTION &
GRATITUDE

CONTACT US

+91 7904218828

WE ARE HERE TO SERVE YOU



ॐ OM AIM SARASWATYAI NAMAH

I BOW TO GODDESS SARASWATI

THE DIVINE MOTHER OF WISDOM, KNOWLEDGE, MUSIC AND LEARNING

MEANING

"I bow to Goddess
Saraswati"

or

"Salutations to Divine
Mother Saraswati,
the goddess of wisdom,
knowledge, music
and learning"

This is one of the most
sacred and powerful
mantras dedicated to
Goddess Saraswati,
the divine source of
wisdom, knowledge,
creativity, speech, arts
and spiritual knowledge.

SPIRITUAL SIGNIFICANCE



Enhances wisdom,
knowledge and
concentration



Removes ignorance,
confusion and
mental obstacles



Blesses education,
exams, studies and
learning



Inspires creativity in
music, arts and speech



Connects the devotee
with divine intelligence
and clarity



SACRED SARASWATI INVOCATION

This mantra invokes the blessings of Goddess Saraswati for learning,
wisdom and spiritual illumination.

OM – AIM – SARASWATYAI – NAMAH

The sacred seed sound "AIM" is the bija mantra of Saraswati
and represents divine knowledge and speech.

BEST TIME TO CHANT

- Early morning
(Brahma Muhurta)
- On Thursdays and
Vasant Panchami
- Before studies, exams,
teaching, or creative work
- During meditation and
Saraswati Puja
- In peaceful and clean
sacred spaces

SIMPLE CHANTING

108 times daily
with devotion brings
wisdom, clarity,
success in education,
and divine blessings.

108
TIMES
DAILY

BENEFITS

- Improves memory
and concentration
- Helps in academic
and professional success
- Enhances communication
and self-expression
- Brings peace, patience
and mental stability
- Opens the path to
higher wisdom
and spiritual growth

WHO CAN CHANT

Students, Teachers,
Professionals, Artists,
Musicians and
Everyone seeking
wisdom and knowledge.

या कुन्देन्दु तुषारहार धवला या शुभ्रवस्त्रावृता ।
या वीणावरदण्डमण्डितकरा या श्वेतपद्मासना ॥
Ya Kundendu Tusharahara Dhavala, Ya Shubhra Vastravrita |
Ya Veena Varadanda Manditakara, Ya Shveta Padmasana ||

WISDOM
& KNOWLEDGE

CLARITY
& FOCUS

CREATIVITY
& ARTS

SPEECH &
EXPRESSIONS

SUCCESS &
ACHIEVEMENT

INNER PEACE &
SPIRITUAL GROWTH

INVITE THE BLESSINGS OF
GODDESS SARASWATI IN YOUR LIFE



CONTACT US
+91 7904218828

WE ARE HERE TO SERVE YOU



May Goddess Saraswati
bless you with wisdom,
knowledge, success and
spiritual illumination.

ॐ OM DUM ॐ DURGAYAI NAMAH ॐ

I BOW TO GODDESS DURGA

SALUTATIONS TO DIVINE MOTHER DURGA,
THE PROTECTOR AND REMOVER OF NEGATIVITY

MEANING

"I bow to
Goddess Durga"
or
"Salutations to
Divine Mother Durga,
the protector and
remover of
negativity"

This is one of the most
sacred and powerful
mantras dedicated to
Goddess Durga, the
divine mother of
strength, courage,
protection, and victory
over evil in
Sanatana Dharma.

SPIRITUAL SIGNIFICANCE

- Removes fear, negativity,
and evil influences
- Brings courage, strength,
and divine protection
- Helps overcome obstacles
and inner weakness
- Blesses health, family,
and spiritual power
- Connects the devotee
with divine Shakti and
protection



SACRED DURGA INVOCATION

This mantra invokes the blessings of Goddess Durga
for protection, strength, and spiritual victory.

OM – DUM – DUR – GA – YAI – NA – MAH

The sacred seed sound "Dum" is the bija mantra of Durga
and represents divine protective energy.

BEST TIME TO CHANT

- Early morning
(Brahma Muhurta)
- During Navratri
and Fridays
- During Durga Puja
- In times of fear,
stress, or difficulty
- During meditation
and spiritual
protection practices

SIMPLE CHANTING

- 108 times daily
with devotion
brings courage,
protection, peace,
and divine
blessings.

**108
TIMES
DAILY**

BLESSINGS

Courage
Protection
Peace
Strength
Divine Grace



DURGA REPRESENTS

Shakti
Protection
Victory
Righteousness
Compassion

WHO CAN CHANT

Everyone seeking
protection, strength
and peace.

Students, Professionals,
Householders,
Devotees and
Spiritual Seekers.

"YA DEVI SARVA BHUTESHU"

SHAKTI RUPENA SAMSTHITA | NAMASTASYAI NAMASTASYAI NAMASTASYAI NAMO NAMAH ||



**Best
Care**

CONTACT US

+91 7904218828

WE ARE HERE TO SERVE YOU



OM GURAVE NAMAH

I BOW TO THE GURU

SALUTATIONS TO THE DIVINE GURU,
THE REMOVER OF DARKNESS AND THE GIVER OF WISDOM

गुरु
ब्रह्मा
गुरु देवो
महेश्वरः

गुरु
साक्षात्
परब्रह्म
तस्मै श्री
गुरवे नमः

MEANING

"I bow to the Guru"
or
"Salutations to the
Divine Guru, the
remover of darkness
and the giver of
wisdom"

This is one of the most
sacred and powerful
mantras dedicated to
the Guru principle,
the divine guide who
leads the seeker from
ignorance to truth,
from darkness to light,
and from illusion to
self-realization.

SPIRITUAL SIGNIFICANCE



Brings wisdom, clarity
and right guidance



Removes ignorance,
confusion and spiritual
obstacles



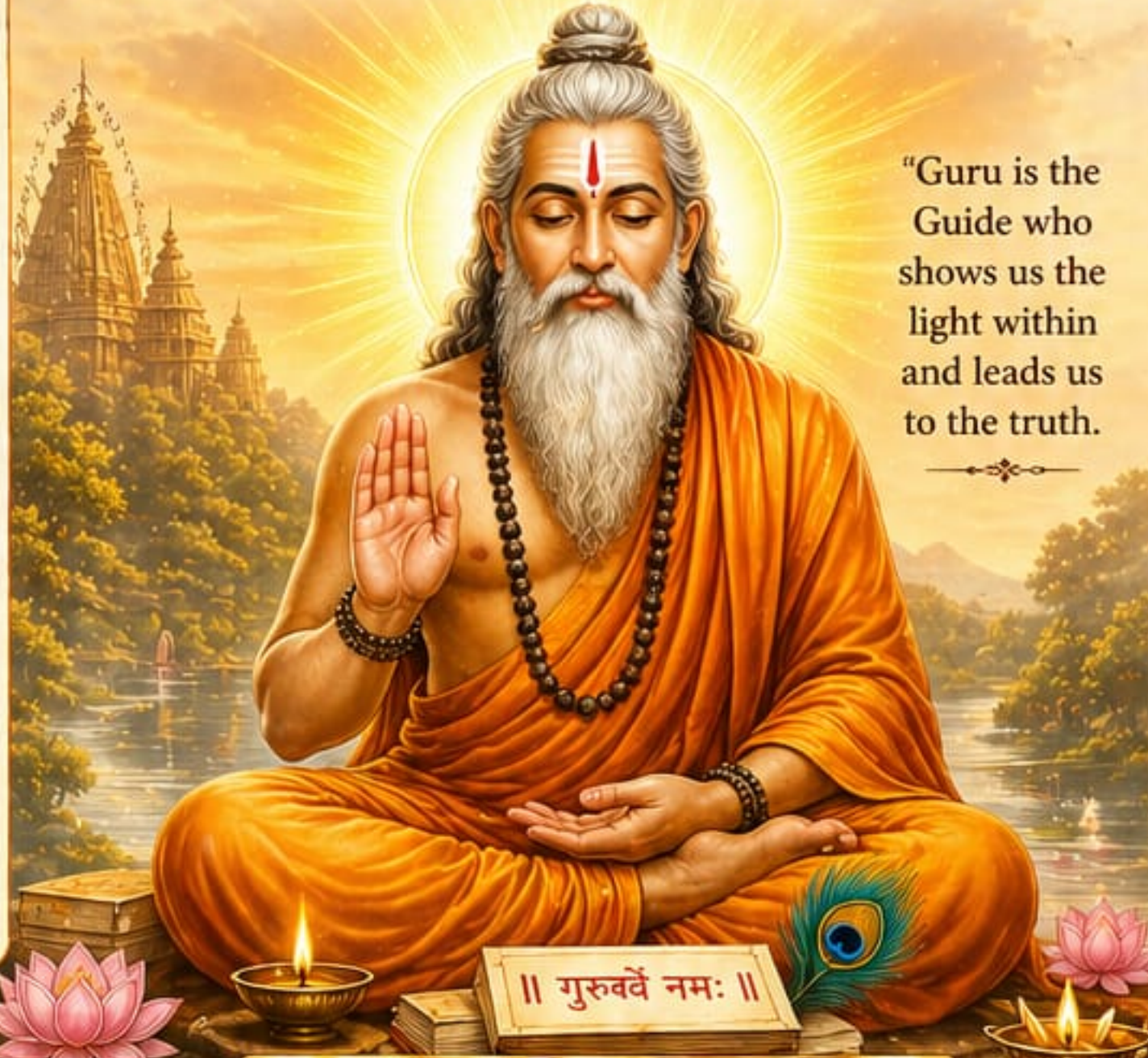
Strengthens devotion,
discipline and humility



Blesses learning, spiritual
growth and inner
awakening



Connects the devotee
with divine grace through
the Guru tattva



"Guru is the
Guide who
shows us the
light within
and leads us
to the truth."

SACRED GURU INVOCATION

This mantra invokes the blessings of the Guru for
knowledge, protection, inner transformation and liberation.

OM - GU - RA - VE - NA - MAH

It is a powerful mantra for surrender, learning
and spiritual evolution.



BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



On Thursdays
(Guruvar)



During Guru
Purnima



Before meditation,
studies or spiritual
practices



While remembering
one's Guru or
divine teacher



SIMPLE CHANTING

108 times daily
with devotion
brings wisdom,
blessings, peace
and divine
guidance.



BLESSINGS OF THE GURU

- Wisdom & Knowledge
- Right Guidance
- Inner Peace
- Protection
- Spiritual Growth
- Divine Grace
- Success in Life
- Self-Realization



THE GURU REPRESENTS

Brahma (Creator)
Vishnu (Preserver)
Maheshwara (Destroyer)
Light of Knowledge
Compassion
Truth
Selfless Guidance
Liberation



WHO CAN CHANT

Everyone seeking
wisdom, guidance,
clarity, peace and
spiritual progress.

Students, Professionals,
Householders,
Devotees and
Spiritual Seekers.

गुरु ब्रह्मा गुरु विष्णु गुरु देवो महेश्वरः ।
गुरु साक्षात् परब्रह्म तस्मै श्री गुरवे नमः ॥

"Guru is Brahma, Guru is Vishnu, Guru is Maheshwara (Shiva).
Guru is the Supreme Brahman. Salutations to that revered Guru."

GURU KRIPA HI KEVALAM
WITH THE GRACE OF THE GURU, EVERYTHING IS POSSIBLE.

CONNECT WITH DIVINE WISDOM

+91 7904218828

WE ARE HERE TO SERVE YOU

OM GURAVE NAMAH



DIVINE WISDOM



RIGHT GUIDANCE



INNER PEACE



SPIRITUAL GROWTH



DIVINE GRACE

OM NAMO NARAYANAYA

THE DIVINE MANTRA OF LORD NARAYANA



MEANING

"I bow to
Lord Narayana"
or
"Salutations to the
Supreme Lord
Vishnu"

This is one of the most
sacred and powerful
mantras dedicated to
Lord Narayana, the
protector and sustainer
of the universe.



SPIRITUAL SIGNIFICANCE

- Brings peace, protection and divine grace
- Removes fear, negativity and inner restlessness
- Helps in devotion, surrender and spiritual growth
- Purifies the heart and mind
- Connects the devotee with divine consciousness and compassion

ASHTAKSHARI MANTRA

This is called the Ashtakshari Mantra because it contains eight sacred syllables:

ॐ OM – NA – MO – NA – RA – YA – NA – YA ॐ

It is considered one of the highest Vaishnava mantras for liberation and devotion.



BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Thursdays and Ekadashi
- During meditation and Vishnu Puja
- In temples or peaceful sacred spaces
- During times of stress for inner calm



SIMPLE CHANTING

108 times daily with devotion
brings peace, spiritual strength
and divine blessings.



108
TIMES DAILY

GOVINDA GOVINDA
ॐ OM NAMO NARAYANAYA ॐ



SPIRITUAL
GROWTH



DIVINE
PROTECTION



INNER
PEACE



LOVE &
COMPASSION



POSITIVE
ENERGY

CONTACT US
+91 7904218828

WE ARE HERE TO SERVE YOU



ॐ OM SURYAYA NAMAH

I BOW TO LORD SURYA

SALUTATIONS TO SURYA DEVA, THE DIVINE SOURCE OF
LIGHT, ENERGY, HEALTH, AND VITALITY

MEANING

"I bow to
Lord Surya"
or

"Salutations to
Surya Deva, the
divine source of
light, energy,
health and
vitality"

This is one of the most
sacred and powerful
mantras dedicated to
Lord Surya, the giver
of life, strength,
wisdom and positive
energy in
Sanatana Dharma.

SPIRITUAL SIGNIFICANCE

- Brings health, vitality
and positive energy
- Removes laziness,
negativity and
mental darkness
- Improves confidence,
clarity and leadership
qualities
- Blesses career growth,
success and strong
willpower
- Connects the devotee
with divine light and
inner strength

SACRED SURYA INVOCATION

This mantra invokes the blessings of Lord Surya for
health, success, courage and spiritual illumination.

OM - SUR - YA - YA - NA - MAH

It is a powerful mantra for energy, discipline and divine radiance.

BEST TIME TO CHANT

- During sunrise
(most powerful time)
- On Sundays
- During Surya Arghya
and Surya Namaskar
- Before important work
for confidence and
success
- During meditation
for vitality and focus

SIMPLE CHANTING

108 times daily
with devotion
brings health,
prosperity, peace
and divine
blessings.

108
TIMES
DAILY

BLESSINGS

Good Health
Vitality & Energy
Strength & Stamina
Mental Clarity
Confidence
Success
Prosperity
Protection
Peace & Happiness

SURYA DEVA REPRESENTS

Light
Life
Energy
Time (Kala)
Wisdom
Discipline
Immunity
Leadership
Dharma

WHO CAN CHANT

Everyone seeking
health, energy,
success, protection
and spiritual
growth.

Students, Professionals,
Householders,
Devotees and
Spiritual Seekers.

ॐ आदित्याय विद्महे दिवाकराय धीमहि तन्नः सूर्यः प्रचोदयात् ।

May the divine Sun, the remover of darkness,
illuminate our intellect and inspire us on the path of righteousness.

ADITYA HRIDAYAM PUNYAM
SARVA SHATRU VINASHANAM
JAYAVAHAM JAPE NITYAM
AKSHAYAM PARAM SHUBHAM



Sanatana Dharma
Our Eternal Heritage



Inner Peace
Outer Success



Surya Deva
Sarva Prakashaka



Gratitude
To The Source



CONNECT WITH DIVINE ENERGY

+91 7904218828

WE ARE HERE TO SERVE YOU

LET THE LIGHT OF SURYA DEVA REMOVE DARKNESS AND BRING HEALTH, HAPPINESS & SUCCESS.

OM SURYAYA NAMAH



OM DATTATREYAYA NAMAH

ॐ
दिगंबर
दिगंबर
श्रीपाद
वल्लभ दिगंबर

॥ गुरुदेव
दत्त ॥
जय गुरुदत्त

I BOW TO LORD DATTATREYA

SALUTATIONS TO SHRI DATTATREYA,
THE DIVINE GURU AND EMBODIMENT OF
BRAHMA, VISHNU, AND MAHESH

MEANING

"I bow to
Lord Dattatreya"
or
"Salutations to
Shri Dattatreya,
the divine Guru
and embodiment of
Brahma, Vishnu,
and Mahesh"

This is one of the most
sacred and powerful
mantras dedicated to
Lord Dattatreya, the
supreme Guru who
represents creation,
preservation, and
transformation and
leads the seeker from
ignorance to truth
and liberation.

SPIRITUAL SIGNIFICANCE

- Brings divine guidance,
wisdom and spiritual
protection
- Removes karmic
obstacles, confusion
and negative influences
- Helps in Guru devotion,
self-realization and
inner peace
- Blesses spiritual seekers
with knowledge and
liberation
- Connects the devotee
with the Guru tattva
and divine consciousness



SACRED DATTATREYA INVOCATION

This mantra invokes the blessings of Lord Dattatreya for
Guru kripa, spiritual wisdom, protection and moksha.

ॐ OM - DAT - TA - TRE - YA - YA - NA - MAH ॐ

It is a powerful mantra for surrender, Guru grace and spiritual awakening.

BEST TIME TO CHANT

- Early morning
(Brahma Muhurta)
- On Thursdays
(Guruvar)
- During Guru Purnima
and Dattatreya Jayanti
- Before meditation,
sadhana and spiritual
studies
- While seeking inner
guidance and divine
protection

SIMPLE CHANTING

108 times daily
with devotion
brings Guru
blessings, peace,
wisdom and
divine grace.

108
TIMES
DAILY

BLESSINGS OF LORD DATTATREYA

- Guru Kripa
- Wisdom & Knowledge
- Inner Peace
- Karmic Cleansing
- Protection
- Spiritual Growth
- Success in Life
- Divine Grace
- Liberation (Moksha)

LORD DATTATREYA REPRESENTS

The Unity of
Trimurti –
Brahma (Creator)
Vishnu (Preserver)
Mahesh (Destroyer)

The Perfect Guru,
Compassion Incarnate
and Protector of
All Beings.

WHO CAN CHANT

Everyone seeking
divine guidance,
protection, peace,
wisdom and
spiritual awakening.

Students, Professionals,
Householders,
Devotees and
Spiritual Seekers.

॥ सर्वत्र गुरुः सर्वत्र दत्तात्रेयः । गुरु कृपया भवेद नित्यं जीवनं मंगलप्रदम् ॥

"The Guru is everywhere, and Lord Dattatreya is the Guru of all.
By Guru's grace, life becomes auspicious and blessed."



DIGAMBARA
DIGAMBARA
SHRIPADA
VALLABHA DIGAMBARA



GURU KRIPA



DIVINE GUIDE



SPIRITUAL WISDOM



PROTECTION



PEACE & LIBERATION

CONNECT WITH
DIVINE GRACE

+91 7904218828

WE ARE HERE TO SERVE YOU

JAI GURUDATTA

चंद्र
देव

SOMA
DEVA

OM CHANDRAYA NAMAH

I BOW TO LORD CHANDRA

SALUTATIONS TO CHANDRA DEVA, THE DIVINE SOURCE OF
PEACE, EMOTIONS, INTUITION AND MENTAL CALMNESS

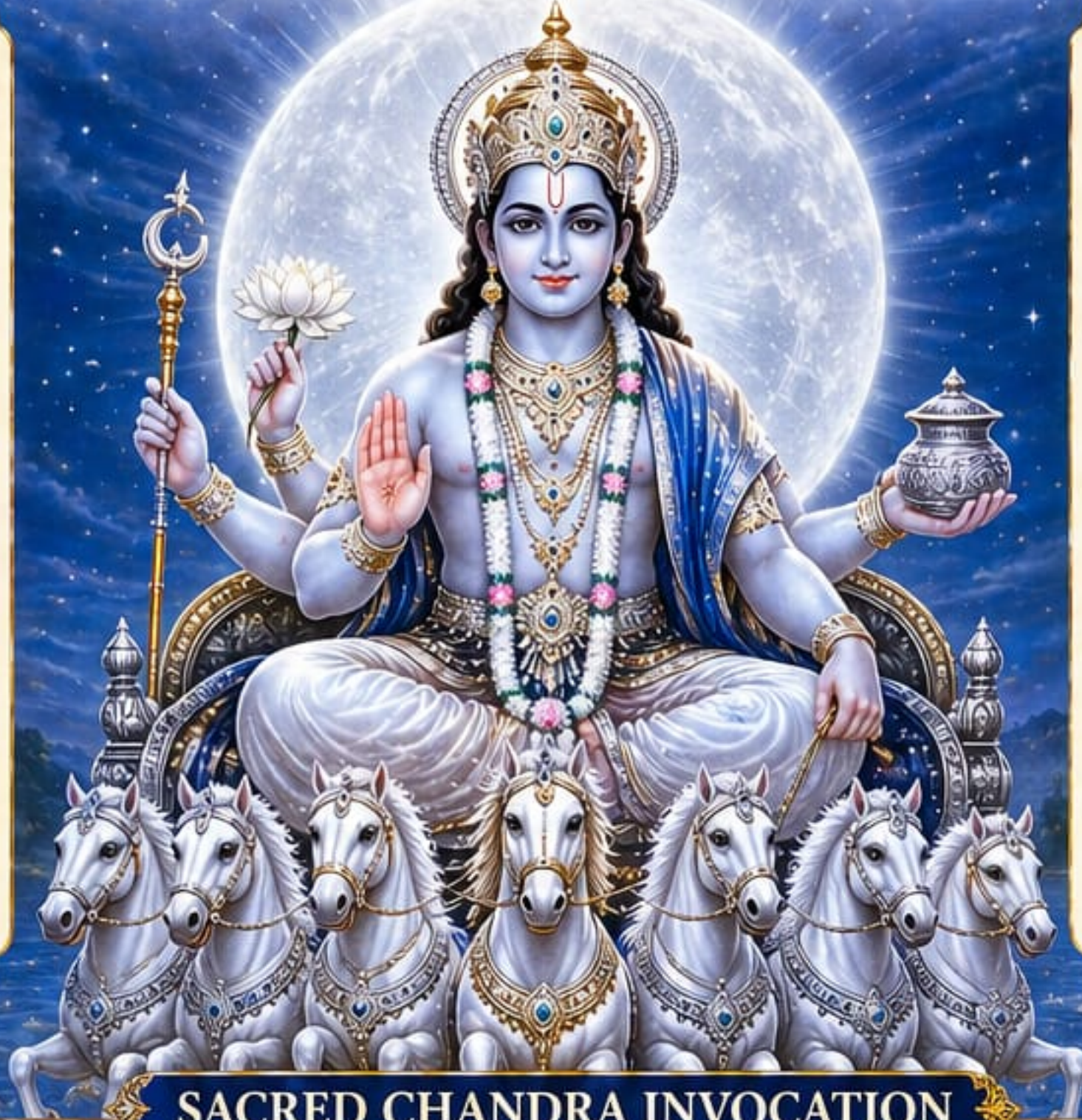
MEANING

"I bow to
Lord Chandra"
or
"Salutations to
Chandra Deva, the
divine source of
peace, emotions,
intuition and
mental calmness"

This is one of the most
sacred and powerful
mantras dedicated to
Lord Chandra, the
giver of peace,
emotional balance,
mental clarity and
soothing energy in
Sanatana Dharma.

SPIRITUAL SIGNIFICANCE

- Brings emotional peace,
calmness and mental
balance
- Removes stress, anxiety,
fear and emotional
instability
- Enhances intuition,
sensitivity and
spiritual awareness
- Blesses relationships,
family harmony and
peaceful sleep
- Connects the devotee
with divine coolness
and inner peace



SACRED CHANDRA INVOCATION

This mantra invokes the blessings of Lord Chandra for peace,
healing, emotional stability and spiritual calmness.

OM - CHAN - DRA - YA - NA - MAH

It is a powerful mantra for mental peace, emotional healing
and inner harmony.



BEST TIME TO CHANT

- During moonrise
or evening time
- On Mondays
- During Purnima
(Full Moon)
- During meditation
for emotional
healing
- Before sleep for
peace and calmness



SIMPLE CHANTING

108 times daily
with devotion
brings peace,
emotional balance,
harmony and
divine blessings.



BLESSINGS

Emotional Balance
Mental Peace
Stress Relief
Intuition & Wisdom
Good Sleep
Healing & Calmness
Happiness
Divine Grace



CHANDRA DEVA REPRESENTS

Mind (Manas)
Emotions
Water Element
Nourishment
Coolness & Peace
Growth & Fertility
Intuition
Imagination



WHO CAN CHANT

Everyone seeking
emotional peace,
mental balance,
healing, harmony
and spiritual
growth.

Students, Professionals,
Householders,
Devotees and
Spiritual Seekers.

दधि शंख तुषाराभं क्षीरोदार्यव सम्भवम् ।
नमामि शशिनं सोमं शम्भोर्मुकुट भूषणम् ॥

"I bow to the Moon, who is white like curd, conch and snow, born from the ocean of milk,
— who adorns the crown of Lord Shiva."

LET THE COOL
RAYS OF CHANDRA
DEVA BRING PEACE,
HEALING AND
HARMONY TO YOUR
MIND AND LIFE.



Divine Peace



Calm Mind



Emotional Healing



Inner Harmony

CONNECT WITH DIVINE PEACE

+91 7904218828

WE ARE HERE TO SERVE YOU

CHANDRA DEVA KI JAI

SOMAYA NAMAH

OM CHANDRAYA NAMAH

श्री
राम

Salutations to
Lord Rama

ॐ

Om Sri Ram Jai Ram Jai Jai Ram

जय
श्री राम

Victory and
glory to
Lord Rama

MANTRA MEANING

Om – The universal
divine sound

Sri Ram – The auspicious
name of Lord Rama,
the embodiment of
dharma, righteousness
and compassion

Jai Ram – Victory
to Lord Rama

Jai Jai Ram – Repeated
glorification and
surrender to His
divine grace

→ A DIVINE MANTRA OF PEACE, DEVOTION AND VICTORY →

Salutations to Lord Rama, victory to Lord Rama,
all glory to Lord Rama

SPIRITUAL SIGNIFICANCE

- Removes fear, negativity and mental restlessness
- Brings peace, courage and divine protection
- Strengthens devotion, faith and righteous living
- Blesses family harmony, inner discipline and spiritual growth
- Connects the devotee with Rama consciousness and divine grace

रामो विग्रहवान् धर्मः
राम नाम परम पावनम्

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Thursdays and Ram Navami
- During Ramayana reading and study
- While doing bhajan, japa or kirtan
- In times of emotional difficulty for peace and strength

SIMPLE CHANTING

108
TIMES DAILY

with devotion brings
peace, blessings,
spiritual protection
and divine joy.

POWERFUL BENEFITS

- Brings inner peace and happiness
- Gives strength, confidence and positive energy
- Protects from all negative forces and difficulties
- Purifies mind, heart and actions
- Leads to success in life and spiritual liberation

JAI SHRI RAM

OM SRI RAM JAI RAM JAI JAI RAM

May Lord Rama bless you with peace, prosperity, good health and divine grace.

श्रीं

SHREEM

Prosperity
Abundance
Lakshmi Energy

MEANING

We bow to the Divine energy of Shreem (prosperity), Hreem (divine power) and Kleem (attraction), which brings abundance, protection, love, harmony and spiritual upliftment.

Om Shreem Hreem Kleem Namah

A SACRED BEEJ MANTRA

invoking prosperity, divine energy, attraction and spiritual abundance

ह्रीं

HREEM

Divine Power
Protection
Mahamaya Energy

क्लीं

KLEEM

Attraction
Love, Harmony
Krishna Energy

SPIRITUAL SIGNIFICANCE

- Attracts prosperity, peace and positive energy
- Removes negativity and emotional blockages
- Enhances love, harmony and spiritual magnetism
- Brings confidence, inner strength and abundance
- Connects the devotee with divine Shakti and blessings

THE POWER OF THREE DIVINE BEEJAS

SHREEM (श्रीं)

Invokes Goddess Lakshmi
Blesses with wealth, success, abundance and prosperity.

HREEM (ह्रीं)

Invokes Mahamaya (Divine Shakti)
Provides protection, removes negativity and gives inner strength.

KLEEM (क्लीं)

Invokes love and attraction energy
Brings harmony, relationships and positive magnetism.

Together these mantras create a powerful vibration of abundance, protection, love and spiritual awakening.

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Fridays and Full Moon (Purnima)
- During Lakshmi Puja and Devi Sadhana
- During meditation and manifestation
- In peaceful sacred spaces with pure intention

SIMPLE CHANTING

108

TIMES DAILY

with devotion
brings abundance,
protection, peace and
divine blessings.

HOW TO CHANT

Sit in a calm and clean place.
Close your eyes, take a deep breath
and chant with love and devotion.

Om
Shreem Hreem
Kleem Namah

Feel the divine energy filling your heart with peace, love and abundance.

DIVINE BENEFITS

WEALTH & PROSPERITY

PROTECTION FROM NEGATIVITY

LOVE & HARMONY IN RELATIONSHIPS

INNER PEACE & HAPPINESS

SPIRITUAL GROWTH & AWAKENING

SUCCESS IN ALL ENDEAVORS



DIVINE ENERGY
POSITIVE MIND
ABUNDANT LIFE



CONNECT WITH DIVINE BLESSINGS

+91 7904218828

WE ARE HERE TO SERVE YOU

Follow Us



Har Har Mahadev



Om Kamalatmikayai Namah

She is
the lotus-hearted
Divine Mother
who bestows
wealth, happiness,
beauty, harmony
and spiritual
prosperity.

May Maa
Kamalatmika
bless you with
endless abundance,
peace, joy and
divine
fulfillment.

I BOW TO GODDESS KAMALATMIKA

SALUTATIONS TO DIVINE MOTHER KAMALATMIKA,
THE GODDESS OF PROSPERITY, BEAUTY,
ABUNDANCE AND DIVINE GRACE

MANTRA MEANING

Om – The universal
divine sound

Kamalatmikayai –
To Goddess Kamalatmika,
the lotus-hearted
Divine Mother

Namah –
I bow with devotion
and surrender

SPIRITUAL SIGNIFICANCE

- Attracts wealth, prosperity and abundance
- Removes financial blockages and negativity
- Brings beauty, harmony and peaceful relationships
- Enhances gratitude, confidence and inner contentment
- Connects the devotee with Divine Lakshmi energy and grace

Where there is devotion to Maa Kamalatmika,
there is prosperity, peace and happiness.
She fills every heart and home with abundance.

BENEFITS OF CHANTING

- Brings wealth, success and good fortune
- Brings mental peace, happiness and joy
- Protects from negativity and bad influences
- Helps in career, business and new opportunities
- Promotes spiritual growth and divine blessings

HOW TO CHANT

CHANT

108

TIMES DAILY

with devotion and pure heart
to receive the blessings of
Goddess Kamalatmika.



BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Fridays, Diwali and Full Moon (Purnima)
- During Lakshmi Puja and Devi worship
- In sacred peaceful spaces with devotion
- During prosperity and gratitude practices

CONNECT WITH US



goditsyou.net
Connecting with
Inner God



Om Ayurveda
Ancient wisdom for
a healthy life



MOTHER EARTH
TRAVEL AND TOURISM
Meaningful journeys,
mindful experiences



Best
Care

Care you can trust,
wellness you deserve



CONTACT US
+91 7904218828



ONE DESTINATION,
MANY PATHS – FOR A
BETTER YOU, A BETTER WORLD

LET'S GROW TOGETHER IN HEALTH, HAPPINESS & HARMONY

ॐ
KLEEM
क्लीं

BIJA OF LOVE,
ATTRACTION,
HARMONY AND
DIVINE MAGNETISM

Om Kleem Krishnaya Namah



DEDICATED TO
LORD KRISHNA,
THE SOURCE OF
DIVINE LOVE & BLISS

A SACRED MANTRA OF LOVE, DEVOTION
AND DIVINE CONNECTION

I bow to Lord Krishna with the divine energy
of attraction and love.

MANTRA MEANING

Om – The universal
divine sound

Kleem (क्लीं) – The bija
mantra of attraction,
love, harmony and
divine magnetism

Krishnaya –
To Lord Krishna

Namah –
I bow with devotion

SPIRITUAL SIGNIFICANCE

- ♥ Attracts divine love, peace and harmony
- 🌸 Removes emotional pain, loneliness and negativity
- 🙏 Enhances devotion, compassion and heart-centered energy
- 👨👩👦 Blesses relationships, family peace and inner joy
- 🙏 Connects the devotee with Krishna consciousness and divine grace

क्लीं कृष्ण प्रेम स्वरूपाय नमः ।
कृष्णो सर्वत्र हृदि स्थितः ॥

BEST TIME TO CHANT

- ☀ Early morning (Brahma Muhurta)
- 📅 On Thursdays and Janmashtami
- 🏠 During Krishna Puja and meditation
- 📖 While doing bhajan, japa, or reading Bhagavad Gita
- ♥ During emotional stress for peace and surrender

SIMPLE CHANTING

❖ **108** ❖
TIMES DAILY
with devotion brings
love, happiness, spiritual
attraction and
divine blessings.

BENEFITS

- ♥ Brings love, joy and emotional healing
- 😊 Attracts positive people and situations
- 🛡 Protects from negativity and harm
- 🌱 Increases confidence and self-worth
- 🧘 Brings mental peace and calmness
- ★ Leads to spiritual growth and inner fulfillment

Surrender to Krishna
and experience
unconditional love
and divine bliss.

Radhe Krishna

OM KLEEM KRISHNAYA NAMAH

Let love,
devotion and
Krishna's grace
fill your life.



ॐ

Om Matangi Devyai Namah

या देवी
सर्वभूतेषु
बुद्धि रूपेण
संस्थिताः ।
नमस्तस्यै
नमस्तस्यै
नमस्तस्यै
नमो नमः ॥

वान्देवी
वरदायिनी
संगीतप्रिये
विद्यादायिनी
मातंगी देव्या
नमस्तुभ्यम् ॥

I BOW TO GODDESS MATANGI

SALUTATIONS TO DIVINE MOTHER MATANGI,
THE GODDESS OF WISDOM, SPEECH, MUSIC,
KNOWLEDGE AND INNER MASTERY

MANTRA MEANING

Om – The universal
divine sound

Matangi Devyai –
To Goddess Matangi,
the divine mother
of speech, wisdom
and knowledge

Namah –
I bow with devotion
and surrender

SPIRITUAL SIGNIFICANCE

- Enhances wisdom, intelligence and clear communication
- Blesses speech, music, arts and creative expression
- Removes confusion, negativity and mental disturbances
- Brings confidence, focus and spiritual discipline
- Connects the devotee with divine wisdom and inner power
- Brings success, respect and divine blessings

She is the voice of the unspoken, the music of the soul,
and the wisdom that arises from within.

BENEFITS OF CHANTING

- Improves memory and learning
- Brings clarity in communication
- Attracts success in studies, arts and professions
- Removes fear, hesitation and self-doubt
- Brings divine blessings, prosperity and peace
- Awakens inner wisdom and spiritual growth

HOW TO CHANT

CHANT
108
TIMES DAILY
with devotion and pure heart
to receive the blessings of
Goddess Matangi.

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Wednesdays, Fridays and during Navratri
- During studies, music practice and meditation
- Before important communication or learning
- In peaceful sacred spaces with devotion

JAI MAA MATANGI

OM MATANGI DEVYAI NAMAH

MAY MAA MATANGI BLESS YOU WITH WISDOM, ELOQUENCE,
CREATIVITY, SUCCESS AND DIVINE GRACE.



He is the tortoise avatar of Lord Vishnu who supported Mount Mandara during the churning of the ocean and preserved cosmic harmony.

Om Kurmaya Namah

I BOW TO LORD KURMA

Salutations to Divine Kurma, the stable supporter of the universe and protector of cosmic balance.

The supporter of dharma, stability and balance. He upholds the universe and removes instability.

MEANING

"I bow to Lord Kurma"
or
"Salutations to Divine Kurma, the stable supporter of the universe and protector of cosmic balance."

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Kurmaya – to Lord Kurma, the divine supporter and stabilizer
- Namah – I bow with devotion

This mantra invokes stability, patience, protection, grounding and spiritual balance.

SPIRITUAL SIGNIFICANCE

- Brings stability, patience and emotional strength
- Removes fear, restlessness and life imbalance
- Helps overcome uncertainty and hidden obstacles
- Enhances discipline, faith and inner peace
- Connects the devotee with Vishnu consciousness and divine preservation



कूर्मो धरति सर्व लोकं धैर्येणैव महामते ।
धैर्यं स्वैर्यं च यो दोहि तस्मै कूर्माय ते नमः ॥
Salutations to Lord Kurma, who sustains the universe with patience and stability. Grant me steadiness, strength and protection.

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Thursdays, Saturdays and Kurma Jayanti
- During Vishnu Puja and meditation
- In times of instability, stress or uncertainty
- In sacred silence with devotion and surrender

SIMPLE CHANTING

CHANT
108
TIMES DAILY
with devotion brings peace, strength, grounding and divine blessings.

BENEFITS OF CHANTING

- Divine protection and support
- Emotional balance and calmness
- Stability in life and relationships
- Spiritual growth and inner strength
- Peace, prosperity and harmonious living



JAI SHRI KURMA



OM KURMAYA NAMAH



CONNECT WITH DIVINE STABILITY
Chant with a pure heart and seek the blessings of Lord Kurma.



VISHNU BHAKTI
Devotion | Faith
Protection | Peace



STAY BALANCED
May Lord Kurma bless you and your family always.



STAY STEADY. STAY STRONG. STAY SPIRITUAL. † SURRENDER TO LORD KURMA. † EXPERIENCE DIVINE SUPPORT.

Radha

Divine Love
Devotion
Surrender

ॐ

Om

Radha Krishnaya Namah

I bow to Radha and Krishna

Krishna

Divine Bliss
Compassion
Protection

SALUTATIONS TO THE DIVINE UNION OF RADHA-KRISHNA,

the eternal symbols of pure love, devotion and divine bliss

MEANING

Om – The universal
divine sound

Radha – Divine love,
devotion and grace

Krishnaya –
To Lord Krishna

Namah –
I bow with
devotion and
surrender

SPIRITUAL SIGNIFICANCE



Attracts divine love,
harmony and emotional
healing



Removes loneliness,
sadness and emotional
negativity



Enhances devotion,
compassion and
inner bliss



Blesses marriage,
family harmony and
beautiful relationships



Connects the devotee
with Radha-Krishna
consciousness and
divine grace



राधे कृष्ण प्रेम स्वरूप है,
भक्ति, करुणा और आनंद का स्वरूप है ।

BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



On Fridays, Thursdays
and Janmashtami



During Radhashtami
and Krishna Puja



While doing bhajan,
japa or meditation



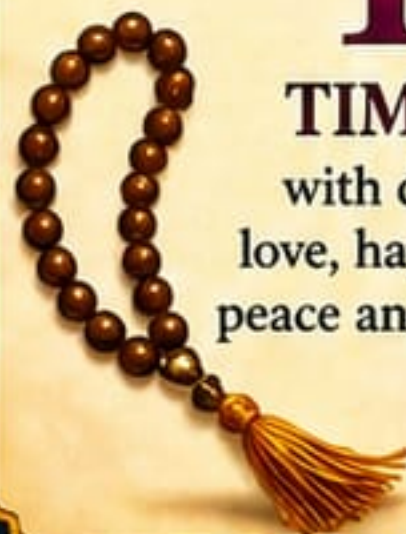
During emotional stress
for peace and surrender

SIMPLE CHANTING

108

TIMES DAILY

with devotion brings
love, happiness, spiritual
peace and divine blessings.



BENEFITS



Brings love, joy and inner peace



Attracts positivity and good people



Protects from negativity
and difficulties



Increases faith, devotion
and spiritual growth



Leads to a life filled with
blessings and divine bliss

Radhe Radhe

OM RADHA KRISHNAYA NAMAH



He is the dwarf avatar of Lord Vishnu who restored righteousness and humbled ego through wisdom and divine grace.



Om Vamanaya Namah

I BOW TO LORD VAMANA

Salutations to Divine Vamana, the humble yet powerful protector of dharma and cosmic balance.



The protector of dharma, restorer of balance and remover of ego, who upholds cosmic order.



MEANING

"I bow to Lord Vamana" or
"Salutations to Divine Vamana, the humble yet powerful protector of dharma and cosmic balance."

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Vamanaya – to Lord Vamana, the divine protector and preserver of dharma
- Namah – I bow with devotion

This mantra invokes humility, wisdom, protection, balance, and spiritual discipline.



त्रीणि पदा विचक्रमे विष्णुर्गीपाः अचक्रे भूमिम् ।
ततो धर्मीणि धारयन् स वामनः सर्वपावनः ॥
He who measured the worlds in three steps, upholds dharma and purifies all.

SPIRITUAL SIGNIFICANCE

- Removes ego, pride, and negative influences
- Brings humility, wisdom, and divine protection
- Helps restore balance, dharma, and inner peace
- Enhances faith, patience, and spiritual growth
- Connects the devotee with Vishnu consciousness and divine grace



BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Thursdays, Ekadashi, and Vamana Jayanti
- During Vishnu Puja and meditation
- In times of imbalance, confusion, or inner struggle
- In sacred silence with devotion and surrender

SIMPLE CHANTING

CHANT

108

TIMES DAILY

with devotion brings peace, wisdom, humility, and divine blessings.



BENEFITS OF CHANTING

- Divine protection and safety
- Inner strength and confidence
- Spiritual growth and wisdom
- Stability and removal of obstacles
- Peace, prosperity, and divine blessings



JAI SHRI VAMANA



OM VAMANAYA NAMAH



CONNECT WITH DIVINE GRACE

Surrender to Lord Vamana and walk the path of dharma, humility and truth.



VISHNU BHAKTI
Devotion | Wisdom
Protection | Peace



STAY BLESSED

May Lord Vamana bless you and your family always.





ADHYAYANĀT PRĀKAṬ

The Prayer Before Study

THE SACRED MANTRA

सरस्वति नमस्तुभ्यं वरदे कामरूपिणि ।
विद्यारम्भं करिष्यामि सिद्धिर्भवतु मे सदा ॥

*sarasvati namastubhyaṃ varade kāmārūpiṇi
vidyārambhaṃ kariṣyāmi siddhirbhavatu me sadā*

SANSKRIT TO ENGLISH WORD MEANING

sarasvati	– O Goddess of Knowledge, Sarasvatī
namaḥ	– salutations
tubhyaṃ	– to you
varade	– one who gives boons
kāmārūpiṇi	– one who has a beautiful form
vidyārambham	– the beginning of studies
kariṣyāmi	– I do
siddhiḥ	– success
bhavatu	– may there be
me	– for me
sadā	– always

TRANSLATION

Salutations to you, O Goddess Sarasvatī,
who is the giver of boons, and who has a beautiful form!
I begin my studies. Let there be success for me always.

BRIEF EXPLANATION

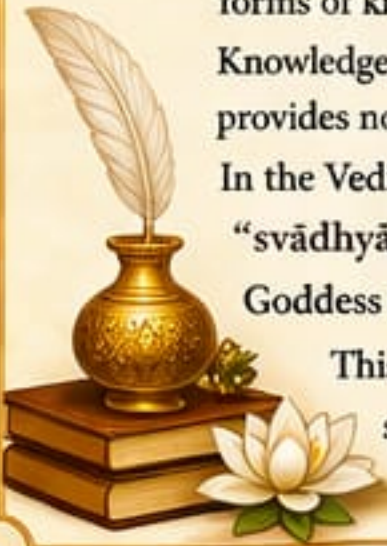
This prayer is chanted before studies. It is addressed to Goddess Sarasvatī who symbolises all forms of knowledge, including knowledge of the fine and performing arts.

Knowledge is a fundamental pursuit of human life, and a life of study and learning provides nourishment and discipline to the human intellect.

In the Vedic culture, study is considered one's duty. A Vedic mandate says, "svādhyāyo'dhyetavyaḥ" – may one study one's recension of Veda.

Goddess Sarasvatī, is addressed as one who grants boons and fulfills desires.

This prayer is chanted before beginning a class or at the beginning of one's study so that all learning may resolve in knowledge alone.



HOW TO CHANT



Sit in a clean and peaceful place.



Light a lamp and offer your prayers.



Chant the mantra with devotion.



Focus your mind on learning and growth.



Begin your study with faith and sincerity.



BENEFITS OF CHANTING



Invokes Goddess Sarasvatī's blessings for knowledge and wisdom.



Enhances memory, concentration and understanding.



Brings success in studies and examinations.



Develops creativity, clarity and articulation.



Protects from ignorance and negative influences.



Fosters discipline, humility and devotion in learning.

May Goddess Sarasvatī bless you with knowledge, wisdom, creativity and success in all your studies and pursuits.



ADHYAYANĀT PRĀK

The Prayer Before Study

THE SACRED MANTRA

सरस्वति नमस्तुभ्यं वरदे कामरूपिणि ।
विद्यारम्भं करिष्यामि सिद्धिर्भवतु मे सदा ॥

*sarasvati namastubhyaṃ varade kāmārūpiṇi
vidyārambhaṃ kariṣyāmi siddhirbhavatu me sadā*

SANSKRIT TO ENGLISH WORD MEANING

sarasvati	– O Goddess of Knowledge, Sarasvatī
namaḥ	– salutations
tubhyaṃ	– to you
varade	– one who gives boons
kāmārūpiṇi	– one who has a beautiful form
vidyārambham	– the beginning of studies
kariṣyāmi	– I do
siddhiḥ	– success
bhavatu	– may there be
me	– for me
sadā	– always



TRANSLATION

Salutations to you, O Goddess Sarasvatī,
who is the giver of boons, and who has a
beautiful form! I begin my studies.
Let there be success for me always.



BRIEF EXPLANATION

This prayer is chanted before studies. It is addressed to Goddess Sarasvatī who symbolises all forms of knowledge, including knowledge of the fine and performing arts.

Knowledge is a fundamental pursuit of human life, and a life of study and learning provides nourishment and discipline to the human intellect. In the Vedic culture, study is considered one's duty.

A Vedic mandate says, “svādhyāyo'dhyetavyaḥ” – may one study one's recension of Veda.

Goddess Sarasvatī, is addressed as one who grants boons and fulfills desires. This prayer is chanted before beginning a class or at the beginning of one's study so that all learning may resolve in knowledge alone.

SIGNIFICANCE OF CHANTING THIS PRAYER



Invokes the blessings
of Goddess
Sarasvatī



Brings clarity,
intelligence and
concentration



Removes obstacles
in learning



Inspires creativity
and expression



Promotes discipline
and dedication
in studies



Leads to success
and fulfillment



BEGIN YOUR STUDY WITH PRAYER,
LEARN WITH DEVOTION, SUCCEED WITH GRACE.





ŚRĪ VIṢṆU

The All-Pervading, The Sustainer, The Self-Effulgent One

THE SACRED MANTRA

नमसमस्तभूतानां आदि भूत्याय भाभूते ।
अनेकरूपरूपाय विष्णवे प्रभविष्णवे ॥

*namassamastabhūtānām ādibhūtāya bhābhūte
anekarūparūpāya viṣṇave prabhaviṣṇave*

SANSKRIT TO ENGLISH WORD MEANING

namah	– salutation
samasta-bhūtānām	– of all the beings
ādi-bhūtāya	– to the creator
bhābhūte	– the sustainer of the creation
aneka-rūpa-rūpāya	– the one whose form is all forms
viṣṇave	– who is all pervasive
prabha-viṣṇave	– the self-effulgent one

TRANSLATION

Salutation to Lord Viṣṇu, who is the creator of all beings, the sustainer of the creation, whose form is all forms, who is all pervasive, and who is self-effulgent.

BRIEF EXPLANATION

Lord Viṣṇu is the presiding deity for all that sustains the creation. He is worshipped for prosperity and health.

BENEFITS OF CHANTING THIS MANTRA

-  Brings prosperity, abundance and well-being.
-  Provides protection and removes obstacles.
-  Promotes good health and vitality.
-  Brings peace, stability and mental harmony.
-  Connects us with the all-pervading divine consciousness.
-  Fills life with divine grace and purpose.

HOW TO CHANT



Chant in the morning during prayer or after bath.



Use a mala and chant with devotion.



Sit in a clean, quiet and peaceful place.



Understand the meaning and chant mindfully.



Offer the fruit of chanting for the welfare of all.

OM NĀRĀYAṆĀYA NAMAH
May Lord Viṣṇu bless us with prosperity, health, peace and divine protection always.



ŚRĪ SARASVATĪ

Goddess of Knowledge, Wisdom and the Arts

May Her Grace Illuminate Our Minds and Speech



THE SACRED MANTRA

या देवी स्तूयते नित्यम् विभुधैरंवेदा पारगैः ।
सा मे वसतु जिह्वाग्रे ब्रह्मरूपा सरस्वती ॥

*yā devī stūyate nityam vibudhāirvedapāragaiḥ
sā me vasatu jihvāgre brahmarūpā sarasvatī*

SANSKRIT TO ENGLISH WORD MEANING

yā	– who
devī	– the Goddess
stūyate	– is praised
nityam	– ever
vibudhaiḥ	– by the wise
veda-pāragaiḥ	– those who have mastered the Vedas
sā	– she
me	– my
vasatu	– may live
jihvāgre	– on the tip of the tongue
brahmarūpā	– the embodiment of the Vedas (or the consort of Lord Brahmā)
sarasvatī	– the Goddess of Knowledge

TRANSLATION

May Sarasvatī, the Goddess of Knowledge,
who is ever praised by the wise who have mastered
the scriptures, who is the embodiment of the Vedas
(or the consort of Lord Brahmā),
live on the tip of my tongue.

BRIEF EXPLANATION

Goddess Sarasvatī is the consort of Lord Brahmā, the creator,
and is the giver of all knowledge and wisdom. She is worshipped
by students and seekers so that they may be blessed with
brilliance, talent and knowledge.

This prayer is a humble request that Her divine presence
reside on the tip of our tongue, so that our words become
pure, true, meaningful and beneficial to all.

BLESSINGS OF GODDESS SARASVATĪ



Bestows
Knowledge
and Wisdom



Enhances
Intelligence
and Memory



Inspires
Creativity
and Arts



Brings Success
in Studies and
Examinations



Purifies Speech,
Thoughts and
Actions



Removes Ignorance
and Illuminates
the Mind

HOW TO CHANT



Chant daily before
starting your
studies or classes.



Sit in a clean and
peaceful place
with a calm mind.



Pronounce the mantra
clearly, with devotion
and concentration.



Visualize Goddess
Sarasvatī and seek
Her blessings.



Offer your learning
and intellect for
the welfare of all.

May Goddess Sarasvatī bless us with wisdom in our minds,
purity in our words and excellence in all our pursuits.

ॐ

He is the elder brother of Lord Krishna and a symbol of strength, dharma, and spiritual power. He supports the universe and protects His devotees.



Om Balabhadraya Namah

I BOW TO LORD BALABHADRA

Salutations to Lord Balabhadra, the embodiment of strength, protection, and divine support.

Lord Balabhadra (Balarama) is the embodiment of divine strength, righteousness, loyalty, and unshakeable protection.



MEANING

"I bow to Lord Balabhadra"
or

"Salutations to Lord Balabhadra, the embodiment of strength, protection, and divine support."

SACRED MANTRA SIGNIFICANCE

- ॐ Om – the universal divine sound
- ⚔ Balabhadraya – to Lord Balabhadra, the divine source of strength
- 🙏 Namah – I bow with devotion

This mantra invokes strength, stability, protection, and inner power.



SPIRITUAL SIGNIFICANCE

- 🛡 Brings physical, mental, and spiritual strength
- 💪 Removes fear, weakness, and negativity
- 🌸 Enhances courage, discipline, and confidence
- ⚔ Protects from obstacles and harmful influences
- ∞ Connects the devotee with divine strength and Krishna consciousness



बलं बलभद्रात् भवति नात्र संशयः ।

यः स्मरेत् हलधारी तं रक्षेत् बलरामकः ॥

From Balabhadra comes strength – there is no doubt.
Whoever remembers the plough-wielding Lord Balabhadra is protected by Him.

BEST TIME TO CHANT

- ☀ Early morning (Brahma Muhurta)
- 📅 On Thursdays and Balarama Jayanti
- 🙏 During Krishna and Jagannath worship
- 🧘 In times of weakness, stress, or challenges
- 🌸 During meditation and spiritual discipline

SIMPLE CHANTING

CHANT

108
TIMES DAILY

with devotion brings strength, protection, peace, and divine blessings.



BENEFITS OF CHANTING

- 🛡 Strength and protection
- 🌸 Peace and inner stability
- 🎯 Focus, discipline and success
- 💪 Overcoming obstacles and difficulties
- ❤ Harmony, happiness and divine support



JAI BALABHADRA



OM BALABHADRAYA NAMAH



HE WHO HOLDS THE PLOUGH, NURTURES THE WORLD.



ROOTED IN DHARMA, STRONG IN COMPASSION.



MAY LORD BALABHADRA ALWAYS PROTECT AND GUIDE US.



WITH HIS STRENGTH WE OVERCOME, WITH HIS GRACE WE PROSPER.



SURRENDER, SERVE, AND BE BLESSED.

MAY LORD BALABHADRA BLESS YOU WITH STRENGTH, HEALTH, PROSPERITY AND DIVINE PROTECTION.

ॐ

He is the Lord of the Universe, the beloved form of Krishna who accepts all, protects all, and blesses all with equal love and grace.



Om Jagannathaya Namah

ॐ

Jagannath means "Lord of the World". He is the master of all hearts and the supreme shelter of the entire creation.



I BOW TO LORD JAGANNATH

Salutations to the Lord of the Universe, Jagannath, the embodiment of divine love, compassion and protection.

MEANING

"I bow to Lord Jagannath"
or
"Salutations to the Lord of the Universe, Jagannath."

SACRED MANTRA SIGNIFICANCE

- ॐ Om – the universal divine sound
- चक्र Jagannathaya – to the Lord of the Universe
- नमो Namah – I bow with devotion

This mantra invokes divine grace, surrender, protection, and universal love.



SPIRITUAL SIGNIFICANCE

- ॐ Brings peace, devotion, and divine connection
- शield Removes negativity and emotional suffering
- lotus Enhances surrender, faith, and humility
- person Blesses life with harmony, protection, and grace
- globe Connects the devotee with Krishna consciousness and universal compassion



जगन्मथ स्वामी नयन-पथ-गामी भवतु मे ॥
O Lord Jagannath, may You always be the one I behold with my eyes, the one I think of with my heart.

BEST TIME TO CHANT

- sun Early morning (Brahma Muhurta)
- calendar During Jagannath Puja and Rath Yatra
- lotus On Ekadashi and sacred Vishnu days
- people During meditation, bhajan, and kirtan
- person Anytime with devotion and surrender

SIMPLE CHANTING

CHANT
108
TIMES DAILY
with devotion brings peace, blessings, protection and spiritual upliftment.



BENEFITS OF CHANTING

- shield Protection and divine blessings
- lotus Inner peace and happiness
- heart Strengthens devotion and faith
- people Unity, love, and compassion for all beings
- sun Spiritual growth and liberation (Moksha)

JAI JAGANNATH

OM JAGANNATHAYA NAMAH



LORD OF THE UNIVERSE

ACCEPTS ALL WITHOUT DISCRIMINATION

PROTECTS ALL AND BESTOWS DIVINE GRACE

OCEAN OF LOVE AND COMPASSION

SUPREME SHELTER OF ALL BEINGS

MAY LORD JAGANNATH BLESS YOU AND YOUR FAMILY WITH PEACE, PROSPERITY, AND DIVINE GRACE.

ॐ

ॐ

ॐ

Goddess Subhadra is the divine sister of Lord Krishna and Lord Balabhadra. She is the embodiment of auspiciousness, love, and protection. She blesses her devotees with harmony and well-being.

She is worshipped as the divine mother who protects, nourishes, and bestows happiness, peace, and prosperity on her devotees and their families.

Om Subhadrayai Namah

I BOW TO GODDESS SUBHADRA

Salutations to Divine Subhadra, the embodiment of auspiciousness, protection, and divine grace.

MEANING

"I bow to Goddess Subhadra"
or
"Salutations to Divine Subhadra, the embodiment of auspiciousness, protection, and divine grace."

SACRED MANTRA SIGNIFICANCE

- ॐ Om – the universal divine sound
- Subhadrayai – to Goddess Subhadra, the auspicious divine mother
- Namah – I bow with devotion

This mantra invokes blessings, protection, peace, harmony, and divine grace.

SPIRITUAL SIGNIFICANCE

- Brings auspiciousness, harmony and positivity
- Protects from negativity, fear and harm
- Blesses family life, relationships and well-being
- Enhances devotion, faith and inner peace
- Connects the devotee with divine feminine grace and protection

या देवी सर्वभूतेषु शुभद्रारूपेण संस्थिता ।
नमस्तस्यै नमस्तस्यै नमस्तस्यै नमो नमः ॥

Salutations to that Devi Subhadra, who resides in all beings as auspiciousness. Salutations again and again.

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- During Jagannath Puja and Rath Yatra
- On Fridays and auspicious occasions
- During meditation and devotional practices
- Anytime with devotion and surrender

SIMPLE CHANTING

CHANT

108

TIMES DAILY

with devotion brings peace, blessings, protection and spiritual upliftment.

BENEFITS OF CHANTING

- Peace, happiness and prosperity
- Protection and divine blessings
- Removes obstacles and negativity
- Strengthens faith and devotion
- Promotes harmony, love and understanding
- Brings success and spiritual growth

JAI SUBHADRA MAA
OM SUBHADRAYAI NAMAH

MAY MA SUBHADRA BLESS YOU AND YOUR FAMILY

MAY YOU BE FILLED WITH JOY, HEALTH, PROSPERITY AND DIVINE GRACE

MAY SHE PROTECT YOU FROM ALL HARM AND NEGATIVE INFLUENCES

MAY YOUR LIFE BE FILLED WITH PEACE, LOVE AND HARMONY

ॐ

SUBHADRA MAA KI KRIPA SAB PAR BANI RAHE

ॐ

WHO IS LORD SRINIVASA?

Lord Srinivasa, also known as Venkateshwara or Balaji, is a divine form of Lord Vishnu, worshipped in Tirumala, Tirupati.

He is the protector of devotees and the giver of wealth, happiness, peace and liberation. He listens to every prayer with love and blesses all who come to Him with faith and surrender.



SPIRITUAL SIGNIFICANCE

- Removes obstacles, negativity and financial stress
- Brings prosperity, abundance and success
- Grants protection, peace and harmony
- Enhances faith, devotion and spiritual growth
- Connects the devotee with Vishnu consciousness and divine blessings



SIMPLE CHANTING

Chant this mantra with devotion

108
TIMES DAILY
to receive blessings of wealth, peace, protection and divine grace.



Om Srinivasaya Namah

I BOW TO LORD SRINIVASA

Salutations to Lord Srinivasa, the divine abode of prosperity and compassion.



SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Srinivasaya – to Lord Srinivasa, the abode of Lakshmi (prosperity)
- Namah – I bow with devotion



BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Saturdays, Thursdays and Ekadashi
- During Vishnu / Balaji Puja
- During Tirupati pilgrimage or temple visits
- In times of financial or emotional challenges



BENEFITS OF CHANTING OM SRINIVASAYA NAMAH

- Attracts wealth, prosperity and good fortune
- Protects from difficulties and negative forces
- Brings peace of mind and happiness
- Fulfills righteous desires and goals
- Strengthens devotion and surrender
- Leads to spiritual growth and liberation

SRINIVASA

COMPASSIONATE, PROTECTOR, PROVIDER, LIBERATOR

He who resides in the hearts of millions,
He who accepts the humblest prayer,
He who blesses with what is best for us.

Govinda! Govinda!



May Lord Srinivasa bless you and your family with prosperity, good health, happiness and divine protection.

Om Srinivasaya Namah



WHO IS SAI BABA?

Sai Baba of Shirdi was a great saint and a divine master who lived in Shirdi, India. He taught the path of love, humility, faith, and selfless service. He saw no difference between any religion or caste. His message was simple – “Sabka Malik Ek” (God is One).

SPIRITUAL SIGNIFICANCE

- Brings deep peace, calmness, and emotional healing
- Removes fear, worries, and negative thoughts
- Strengthens faith (Shraddha) and patience (Saburi)
- Attracts divine grace, protection, and blessings
- Connects the devotee with Sai's presence and universal love

SIMPLE CHANTING

Chant this mantra with devotion

108
TIMES DAILY

to experience peace, protection, healing, and divine connection.

Om

Shirdi Vasaya Namah

I BOW TO THE ONE WHO RESIDES IN SHIRDI

Salutations to Sai, the divine presence of Shirdi, the compassionate protector and guide.

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Shirdi Vasaya – to the One who dwells in Shirdi
- Namah – I bow with devotion

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Thursdays (Sai Baba's special day)
- During Sai Bhajan, Satsang or meditation
- In times of stress, illness, or confusion
- Anytime with devotion and remembrance

Have Faith and Patience.

I will always be with you.
– Sai Baba

BENEFITS OF CHANTING OM SHIRDI VASAYA NAMAH

- Brings peace, happiness, and contentment
- Removes obstacles and negative karma
- Provides protection and divine grace
- Guides in all difficulties and decisions
- Fulfills prayers and brings success
- Leads to spiritual growth and liberation

PLACES OF WORSHIP



Shirdi Sai Baba Temple
Shirdi, Maharashtra



Sai Baba Samadhi Mandir
Shirdi, Maharashtra



Sai Baba Temple
Dwarka Mai, Shirdi



Sai Baba Temple
Whitefield, Bengaluru

SHRADDHA & SABURI
(FAITH & PATIENCE)

Om Shirdi Vasaya Namah

सबका
मालिक
एक

LOVE
ALL
SERVE ALL

GOVINDA
GOVINDA

WHO IS LORD VENKATESHA?

Lord Venkatesha, also known as Balaji, is a revered form of Lord Vishnu, worshipped in Tirumala, Tirupati. He is the protector of devotees and the granter of wealth, happiness, and liberation. He listens to every prayer and blesses all who come to Him with faith and surrender.

SPIRITUAL SIGNIFICANCE

- Removes obstacles, negativity, and financial stress
- Brings prosperity, abundance, and success
- Grants protection, peace, and harmony
- Enhances faith, devotion, and spiritual growth
- Connects the devotee with Vishnu consciousness and divine blessings

SIMPLE CHANTING

Chant this mantra with devotion

108
TIMES DAILY
to receive blessings of wealth, peace, protection, and divine grace.

Om

Venkateshaya Namah

I BOW TO LORD VENKATESHA

Salutations to Lord Venkateshwara,
the divine protector and
giver of prosperity.

SRINIVASA
GOVINDA

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Venkateshaya – to Lord Venkatesha, the divine protector
- Namah – I bow with devotion

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Saturdays, Thursdays, and Ekadashi
- During Vishnu or Balaji Puja
- During Tirupati pilgrimage or temple visits
- In times of financial or emotional challenges

BENEFITS OF CHANTING

- Brings wealth, prosperity, and success
- Protects from difficulties and negative forces
- Grants peace of mind and happiness
- Fulfills righteous desires and goals
- Strengthens devotion and surrender
- Leads to spiritual growth and liberation

TIRUMALA TIRUPATI The Abode of Lord Venkatesha



One Darshan, countless blessings.
One name, infinite grace.
Govinda! Govinda!

May Lord Venkatesha bless you and your family
with prosperity, good health, happiness and divine protection.

Om Venkateshaya Namah

ॐ

Goddess Subhadra is the divine sister of Lord Jagannath (Krishna) and Lord Balabhadra (Balarama). She is the embodiment of love, auspiciousness, and protective grace for all beings.



Om Subhadrayai Namah

I BOW TO GODDESS SUBHADRA

Salutations to Divine Subhadra, the embodiment of auspiciousness, protection, harmony, and divine grace.

ॐ

She blesses her devotees with happiness, harmony, prosperity, and well-being. She removes fear, brings peace, and protects from all negativity.



MEANING

"I bow to Goddess Subhadra" or
"Salutations to Divine Subhadra, the embodiment of auspiciousness, protection, and divine grace."

SACRED MANTRA SIGNIFICANCE

- ॐ Om – the universal divine sound
- Subhadrayai – to Goddess Subhadra, the auspicious divine mother
- Namah – I bow with devotion

This mantra invokes auspiciousness, protection, peace, and divine grace.

SPIRITUAL SIGNIFICANCE

- Brings auspiciousness, harmony, and positivity
- Removes negativity, fear, and emotional imbalance
- Blesses family life, relationships, and well-being
- Enhances devotion, faith, and inner peace
- Connects the devotee with divine feminine grace and protection



या देवी शुभदा नित्यं भक्तानां वरदा शुभा ।
सुभद्रे त्वां नमस्तुभ्यं कृपा कुरु जगमये ॥
O Devi Subhadra, who is ever auspicious and granting boons to devotees, I bow to You.
Be gracious and bless the world.

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- During Jagannath worship and Rath Yatra
- On Fridays and auspicious occasions
- During meditation and devotional practices
- Anytime with devotion and surrender

SIMPLE CHANTING

CHANT
108
TIMES DAILY
with devotion brings peace, blessings, protection, and spiritual upliftment.



BENEFITS OF CHANTING

- Protection from negative energies
- Peace of mind and happiness
- Strengthens faith and devotion
- Harmony and unity in family
- Success, prosperity and well-being
- Divine blessings and grace in all endeavors

JAI SUBHADRA MAA
OM SUBHADRAYAI NAMAH

SHE IS
AUSPICIOUSNESS
INCARNATE

SHE PROTECTS
AND GUIDES
HER DEVOTEES

SHE BRINGS LOVE,
PEACE, AND
HARMONY

SHE BLESSES ALL
WITH HAPPINESS
AND WELL-BEING

SHE IS WITH
US IN EVERY STEP
OF OUR LIFE

MAY GOGGESS SUBHADRA BLESS YOU AND YOUR FAMILY WITH AUSPICIOUSNESS, PEACE, PROSPERITY AND DIVINE PROTECTION.

WHO IS SAI BABA?

Sai Baba of Shirdi was a great saint and a divine master who lived in Shirdi, India. He taught the path of love, humility, faith, and selfless service. He saw no difference between any religion or caste. His message was simple – “Sabka Malik Ek” (God is One).

SPIRITUAL SIGNIFICANCE

- Brings peace, calmness, and emotional healing
- Removes fear, worries, and negativity
- Strengthens faith (Shraddha) and patience (Saburi)
- Attracts divine grace, protection, and guidance
- Connects the devotee with universal love and compassion

SIMPLE CHANTING

Chant this mantra with devotion

108
TIMES DAILY
to experience peace, protection, healing, and divine connection.

Om Sai Nathaya Namah

I BOW TO LORD SAI NATH

Salutations to Sai, the divine master, protector, and guide.

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Sai Nathaya – to Sai Nath, the divine lord and master
- Namah – I bow with devotion

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Thursdays (special day of Sai Baba)
- During Sai Bhajan or Satsang
- During meditation and prayer
- Anytime with devotion and remembrance

BENEFITS OF CHANTING OM SAI NATHAYA NAMAH

- Brings peace, happiness, and contentment
- Removes obstacles and negative karma
- Provides protection and divine grace
- Guides in all difficulties and decisions
- Fulfills prayers and brings success
- Leads to spiritual growth and liberation

PLACES OF WORSHIP



Shirdi Sai Baba Temple
Shirdi, Maharashtra



Sai Baba Samadhi Mandir
Shirdi, Maharashtra



Sai Baba Temple
Dwarka Mai, Shirdi



Sai Baba Temple
Whitefield, Bengaluru

SHRADDHA & SABURI
(FAITH & PATIENCE)

Have Faith and Patience.

Om Sai Nathaya Namah

WHO IS LORD SHANKARA?

Lord Shankara, also known as Shiva, is the Supreme Consciousness, the Auspicious One and the Destroyer of ignorance and ego. He is the great Yogi, the Lord of all beings and the source of creation, preservation and transformation. He grants peace, removes sorrow and bestows wisdom, strength and liberation (Moksha) to His devotees.



SPIRITUAL SIGNIFICANCE

- Removes negativity, fear and inner darkness
- Brings peace, calmness and spiritual clarity
- Helps in transformation and self-realization
- Enhances meditation, detachment and awareness
- Connects the devotee with Shiva consciousness
- Grant strength, courage, health and protection



SIMPLE CHANTING

Chant this mantra with devotion

108
TIMES DAILY
to receive peace, purification, strength, protection and liberation.

Om Shankaraya Namah

I BOW TO LORD SHANKARA

Salutations to Lord Shiva,
the Auspicious One, the Remover of
Negativity and Giver of Liberation.



ॐ नमः शिवाय
Har Har Mahadev

BENEFITS OF CHANTING

- Purifies body, mind and soul
- Removes karmic burdens
- Brings mental peace and happiness
- Overcomes obstacles and difficulties
- Bestows wisdom and intuition
- Strengthens willpower and confidence
- Attracts divine blessings and protection
- Leads to liberation (Moksha)

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Shankaraya – to Lord Shankara, the Auspicious One, the Benevolent Lord
- Namah – I bow with devotion

This mantra invokes purification, transformation, peace, protection and divine grace.



BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Mondays and during Pradosh
- During Shiva Puja and meditation
- On Mahashivaratri and other Shiva festivals
- Anytime in silence with devotion



SHIVA TATTVA

Shiva is not just a Deity, He is the Supreme Reality, the Inner Self in all beings. He is Peace, He is Love, He is Consciousness, He is Everything.



Om Shankaraya Namah

May Lord Shankara bless you and your family with peace, prosperity, good health and liberation.

WHO IS SWAMI VIVEKANANDA?

Swami Vivekananda (1863 – 1902) was a great monk, philosopher and spiritual leader. He was the foremost disciple of Sri Ramakrishna Paramahansa.

He introduced the timeless wisdom of Vedanta to the world and inspired millions with his message of strength, fearlessness, self-confidence, and service to humanity.



SPIRITUAL SIGNIFICANCE

- Builds inner strength, courage and fearlessness
- Removes doubt, weakness and confusion
- Enhances confidence, focus and determination
- Inspires selfless service and higher purpose
- Connects the devotee with Vedantic wisdom and divine power



SIMPLE CHANTING

Chant this mantra with devotion

108

TIMES DAILY

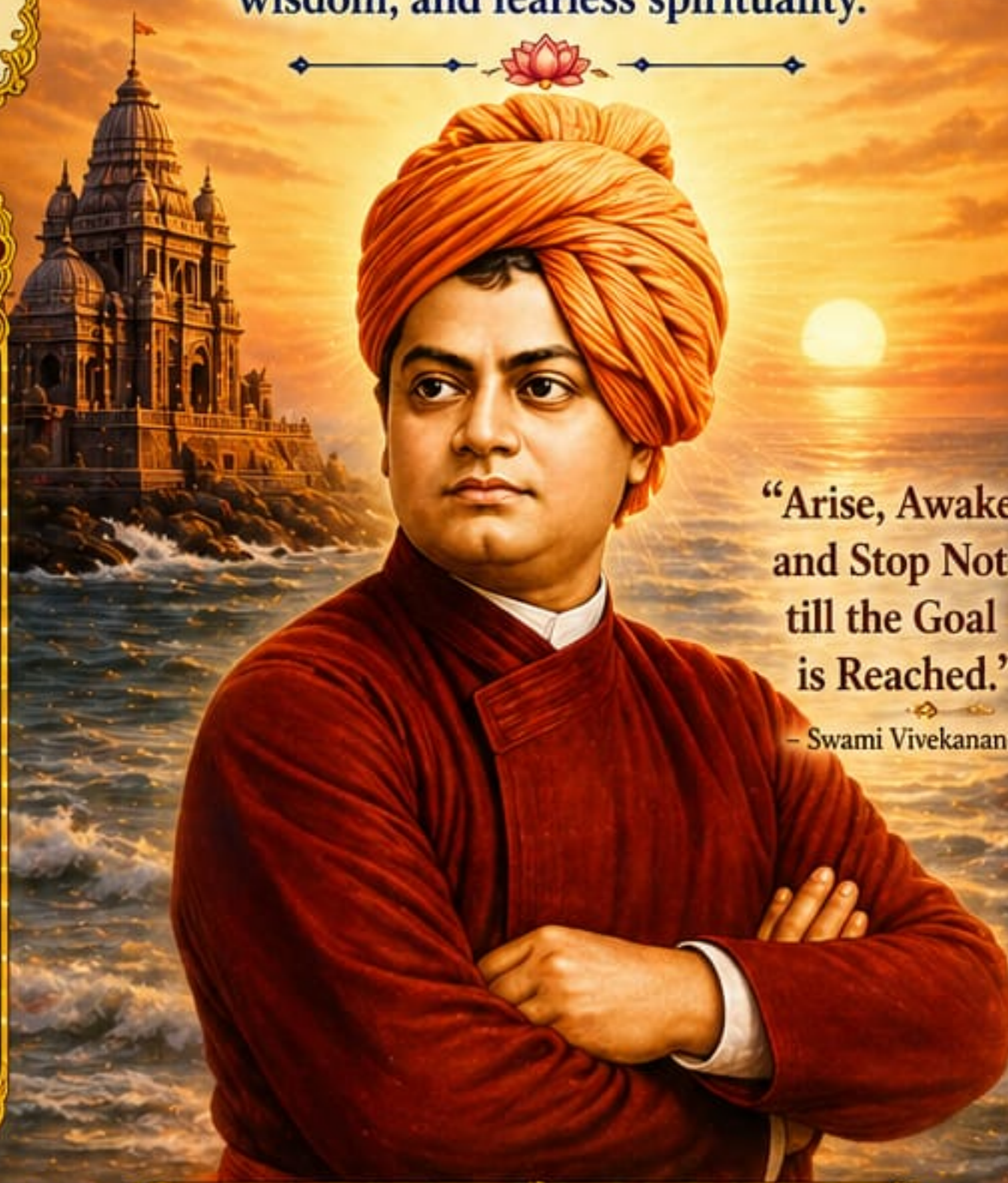
to receive strength, success, peace, clarity and spiritual growth.



Om Vivekanandaya Namah

I BOW TO SWAMI VIVEKANANDA

Salutations to Swami Vivekananda, the divine teacher of strength, wisdom, and fearless spirituality.



“Arise, Awake and Stop Not till the Goal is Reached.”

– Swami Vivekananda

BLESSINGS OF CHANTING OM VIVEKANANDAYA NAMAH

- | | |
|--|--------------------------------------|
| Brings strength, courage and willpower | Inspires to achieve goals and dreams |
| Sharpens intellect and wisdom | Encourages service to humanity |
| Removes negativity and fear | Awakens spiritual consciousness |
| Promotes inner peace and self-discipline | Leads to fulfillment and liberation |



SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Vivekanandaya – to Swami Vivekananda, the divine teacher
- Namah – I bow with devotion

This mantra invokes strength, wisdom, clarity, confidence and spiritual awakening.



BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Mondays and special spiritual days
- During meditation and study
- Before starting important work
- Anytime with focus and devotion



HIS MESSAGE FOR HUMANITY

- Each soul is potentially divine.
Strength is life, weakness is death.
Serve man as God.
Have faith in yourself. The infinite power is within you.



Om Vivekanandaya Namah

May the blessings of Swami Vivekananda fill our hearts with strength, wisdom, fearlessness and compassion. May we live for ourselves and for the welfare of the world.



SACRED MEANING

Om

– The universal divine sound.

Gurudevaya

– To the Divine Guru, the enlightened guide.

Namah

– I bow with devotion.



BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



On Thursdays
(Guru day)



During Guru Puja
or meditation



On Guru Purnima



Anytime with
gratitude and
devotion



BENEFITS

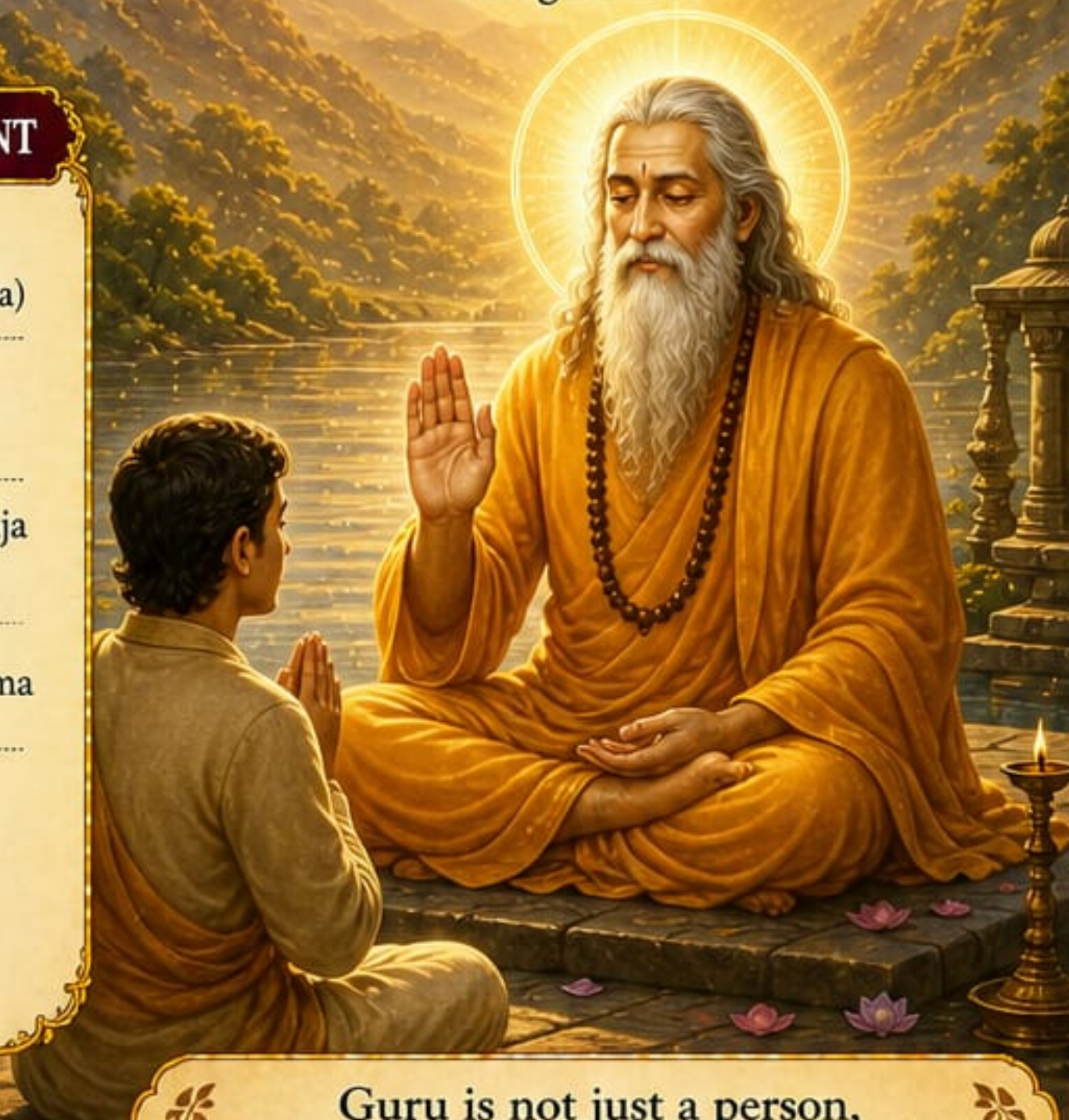
- Clarity in thought and decisions
- Removal of obstacles
- Mental peace and stability
- Divine protection and support
- Progress on the spiritual path



Om Gurudevaya Namah

I BOW TO THE DIVINE GURU

Salutations to the Guru,
the embodiment of divine wisdom
and guidance.



Guru is not just a person,
Guru is the light that leads you
from darkness to truth.
Guru is the bridge
from the finite to the infinite.

CHANT WITH LOVE AND SURRENDER

Om Gurudevaya Namah

May the Divine Guru bless you with
wisdom, peace and enlightenment.



GURU KRIPA HI KEVALAM

By the grace of the Guru, everything is possible.



SPIRITUAL SIGNIFICANCE



Removes ignorance
and inner darkness



Brings wisdom,
clarity and right
understanding



Strengthens connection
with the Guru and
divine guidance



Enhances humility,
devotion and
surrender



Supports spiritual
growth and
self-realization



SIMPLE CHANTING

108
TIMES DAILY
with devotion brings

- Wisdom
- Protection
- Blessings
- Inner Peace
- Transformation



REMEMBER



The Guru is the one
who reveals the Truth
and makes you
realize who you are.

• JAI GURUDEV •



WHO IS PARAMATMA?

Paramatma is the Supreme Consciousness, the all-pervading Divine Self present in every heart. Beyond birth and death, beyond form and name, Paramatma is pure existence, knowledge and bliss (Sat-Chit-Ananda). The same Self that shines in all beings is the Supreme Self.



SPIRITUAL SIGNIFICANCE

-  Leads to realization of the true Self (Atman = Paramatma)
-  Removes ignorance, ego and illusion (Maya)
-  Brings deep inner peace, silence and bliss
-  Enhances meditation, awareness and detachment
-  Connects the devotee with universal consciousness and oneness



SIMPLE CHANTING

Chant this mantra with love and awareness

108

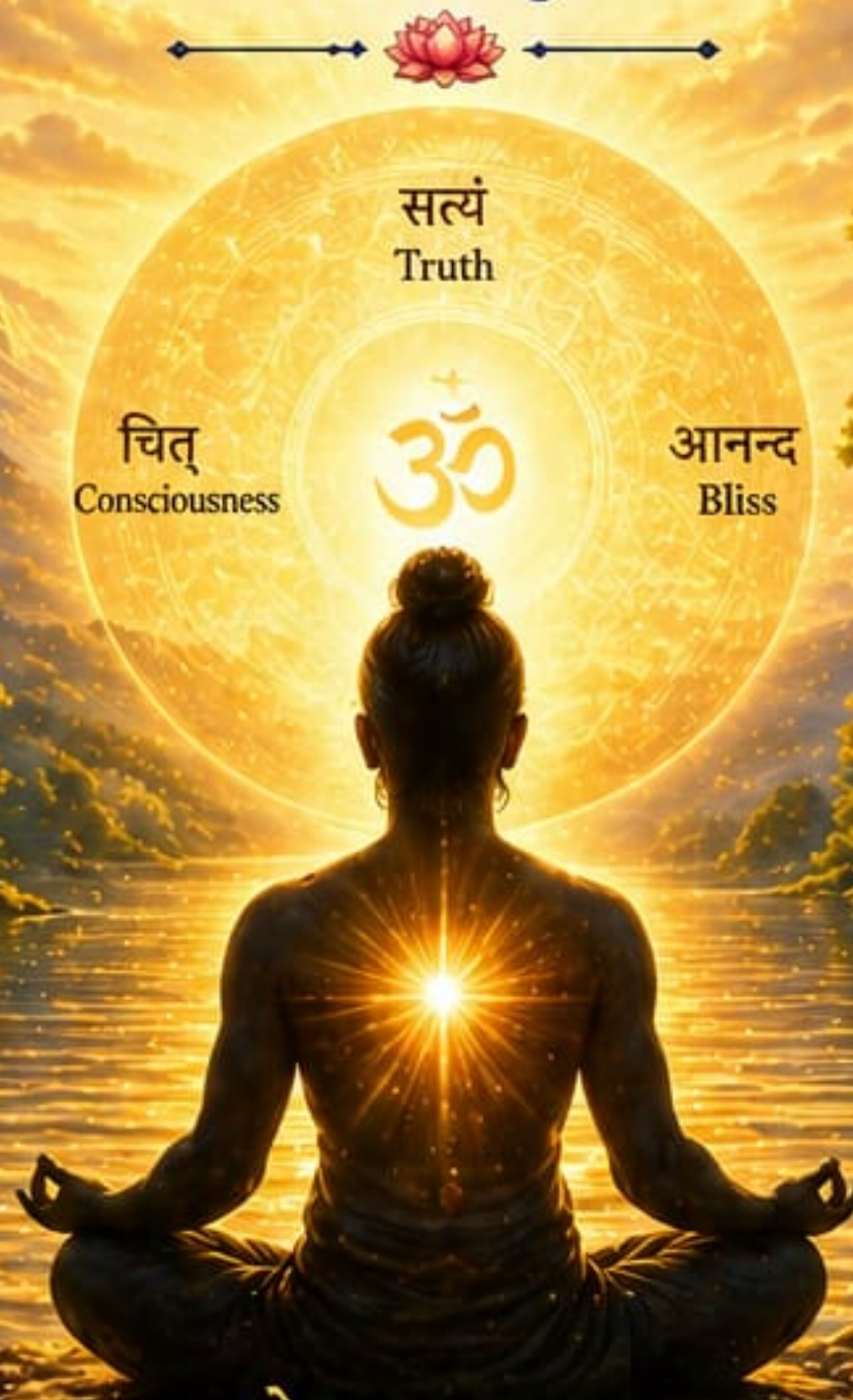
TIMES DAILY

to experience peace, clarity, liberation and union with the Divine.

Om Paramatmane Namah

I BOW TO THE SUPREME SELF

Salutations to the Paramatma,
the divine presence within
all beings



एकोऽहम् बहुस्याम्

I am One, appearing as many

BENEFITS OF CHANTING OM PARAMATMANE NAMAH

-  Brings peace, harmony and happiness
-  Purifies mind and the heart
-  Protects from negative energies and fears
-  Strengthens faith, patience and inner stability
-  Expands consciousness and spiritual insight
-  Inspires compassion and universal love
-  Supports on the path of self-realization
-  Leads to liberation (Moksha)

SACRED MANTRA SIGNIFICANCE

-  Om – the universal divine sound
-  Paramatmane – to the Supreme Self, the highest consciousness
-  Namah – I bow with devotion

This mantra invokes self-realization, inner peace, unity, and divine awareness.



BEST TIME TO CHANT

-  Early morning (Brahma Muhurta)
-  During deep meditation and silence
-  After pranayama or yoga practice
-  In moments of self-inquiry and introspection
-  Anytime with awareness and stillness



THE ESSENCE

The Paramatma is not far away – It is within you.
You are That.
When the mind becomes silent, the Self is known.

Tat Tvam Asi
(That Thou Art)
Aham Brahmasmi
(I am the Absolute)

Om Paramatmane Namah

May the Supreme Self, the light within all hearts,
bless us with peace, wisdom, love and liberation.

SACRED MANTRA SIGNIFICANCE



Om
The universal
divine sound.



Premanandaya
To the One who is
love and bliss.



Namah
I bow with
devotion and
surrender.



BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



During meditation
and heart-centered
practices



On Fridays
(associated with love
and divine feminine
energy)



During bhajan,
kirtan or satsang



Anytime with love
and surrender



PREMA
is pure, selfless
love.

ANANDA
is eternal bliss.

Together they are
your true nature.



Om Premanandaya Namah

I BOW TO THE ONE WHO IS
➤ **BLISSFUL LOVE** ◀

Salutations to the divine embodiment
of love and bliss.



When love awakens,
everything becomes sacred.
When love flows,
life becomes bliss.

CHANT WITH LOVE AND SURRENDER

Om Premanandaya Namah

➤ ♥ LET LOVE BE YOUR PRAYER ♥ ➤
LET BLISS BE YOUR NATURE

LOVE ALL • SERVE ALL • SEE THE DIVINE IN ALL

SPIRITUAL SIGNIFICANCE



Opens the heart to
unconditional love.



Removes emotional
pain, fear and
negativity.



Brings inner joy,
peace and harmony.



Enhances compassion,
kindness and devotion.



Connects the devotee
with divine love
consciousness.



SIMPLE CHANTING

➤ **108** ◀
TIMES DAILY
with devotion
brings

- ♥ Love
- ♥ Peace
- ♥ Healing
- ♥ Divine Blessings
- ♥ Inner Fulfillment



LOVE IS
THE PATH.

LOVE IS
THE GOAL.

LOVE IS
THE DIVINE.



SACRED MEANING



Om
– The universal
divine sound.



Namo
– I bow, I offer
reverence.



Bhagavate
– To the Divine Lord,
the Supreme Being.

This mantra expresses
deep reverence, surrender
and devotion to the
Supreme.

ॐ Om Namo Bhagavate

I BOW TO THE DIVINE LORD
Salutations to the Supreme Being

SPIRITUAL SIGNIFICANCE



Cultivates humility,
surrender and
devotion.



Removes ego and
inner resistance.



Brings peace,
faith and divine
protection.



Opens the heart to
divine presence.



Connects the devotee
with universal
consciousness.

BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



During meditation
and prayer



During puja, japa
or satsang



In times of confusion
or surrender



Anytime with
devotion and faith

SIMPLE CHANTING

➔ 108 ➔
TIMES DAILY
with devotion
brings

- Peace
- Protection
- Divine Grace
- Inner Strength
- Spiritual Growth



“ When you bow to the Divine,
you are bowing to the Light
within your own heart. ”

CHANT WITH LOVE AND SURRENDER

Om Namo Bhagavate

➔ Surrender to the Divine, and be free. ➔

THE DIVINE IS EVERYWHERE. THE DIVINE IS WITHIN.

OM NAMO BHAGAVATE

THE MEANING

This sacred mantra invokes the Supreme Reality, the very essence of all that is.

Sat – That which always exists.

Chit – That which is pure consciousness and awareness.

Ananda – That which is limitless bliss and joy.

Namah – I bow with devotion.



BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- During deep meditation and silence
- After yoga, pranayama or self-inquiry
- During satsang and spiritual study
- Anytime with awareness and stillness



SIMPLE CHANTING

Chant this mantra with devotion and awareness

108
TIMES DAILY
to experience peace, clarity, bliss and spiritual awakening.



ॐ Om Sat Chit Anandaya Namah

I BOW TO SAT CHIT ANANDA

Salutations to the Supreme Reality of Existence, Consciousness and Bliss.



सत चित् आनन्द

SAT – Eternal Truth (Existence)
CHIT – Pure Consciousness (Awareness)
ANANDA – Infinite Bliss (Joy)

You are not the body, not the mind.
You are Existence–Consciousness–Bliss.
You are That.
Tat Tvam Asi (That Thou Art)

SAT

Existence
Eternal Truth
That which
always is.

CHIT

Consciousness
Pure Awareness
That by which
we know.

ANANDA

Bliss
Infinite Joy
That which is
ever fulfilled.

SAT CHIT ANANDA
The Nature of the Absolute

SPIRITUAL SIGNIFICANCE

- Leads to Self-realization and knowledge of the true Self
- Removes ignorance, ego and suffering
- Brings inner peace, happiness and contentment
- Enhances meditation, awareness and detachment
- Connects with the Divine and reveals the oneness of all



BENEFITS OF CHANTING

- Brings deep peace, joy and contentment
- Purifies mind and intellect
- Awakens the bliss within
- Strengthens spiritual awareness
- Leads to liberation (Moksha) and union with the Divine



NECTAR OF WISDOM

When the mind becomes silent and the ego dissolves, the Truth shines by itself.

You are not separate from the Divine.
You are SAT.
You are CHIT.
You are ANANDA.
You are That.



Om Sat Chit Anandaya Namah

May the Supreme Reality of Existence, Consciousness and Bliss reveal Itself within us and lead us to eternal peace and liberation.



SACRED MEANING



Om
The universal
divine sound.



Ekadantaya
Salutations to the
one-tusked Lord
Ganesha.



Namah
I bow with
devotion and
surrender.

ॐ OM EKADANTAYA NAMAH

Salutations to Lord Ganesha
The One-Tusked Lord,
Remover of Obstacles and Giver of Wisdom



वक्रतुण्ड महाकाय
सूर्यकोटि समप्रभ ।
निर्विघ्नं कुरु मे देव
सर्वकार्येषु सर्वदा ॥

May Lord Ganesha remove all obstacles
from your path and bless you with
wisdom, success, happiness and prosperity.

SPIRITUAL BENEFITS



Removes obstacles
and difficulties in
all areas of life.



Brings wisdom,
intelligence and
mental clarity.



Ensures success
in all endeavors
and new beginnings.



Bestows happiness,
peace and inner
strength.



Enhances focus,
determination and
positive energy.

BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



On Wednesdays
(Ganesha day)



During Ganesha Puja
or meditation



During Ganesha
Chaturthi



Before starting new
work, studies, exams
or journeys.

SIMPLE CHANTING

Chant with devotion:

**Om
Ekadantaya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for removal of obstacles,
success, wisdom and
divine blessings.



BLESSINGS OF LORD EKADANTA



Removes
Obstacles



Grants
Wisdom



Brings
Success



Provides
Protection



Brings Peace,
Prosperity &
Abundance



OM AYURVEDA
BODY • MIND • SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING



Gajananam

The elephant-faced Lord Ganesha.



Bhutaganadi Sevitam

Served by the divine attendants and celestial beings.



Kapittha Jambu Phalacharu Bhakshanam

He who loves pure, natural offerings like kapittha and jambu fruits.



Umasutam

The beloved son of Goddess Uma (Parvati).



Shokavinasha Karanam

The remover of sorrow, fear and sufferings.



Namami Vighneshwara Padapankajam

I bow to the lotus feet of Lord Vighneshwara, the remover of obstacles.

BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Wednesdays (Ganesha day)



During Ganesh Puja or meditation



During Ganesh Chaturthi



Before starting new work, studies, exams, meetings or journeys



GAJANANAM BHUTAGANADI SEVITAM

KAPITTHA JAMBU PHALACHARU BHAKSHANAM

UMASUTAM SHOKAVINASHA KARANAM

NAMAMI VIGHNESHWARA PADAPANKAJAM

I bow to Lord Ganesha, the son of Goddess Uma, who is served by the attendants, who loves fruits like kapittha and jambu, and who removes sorrow and obstacles.



श्री गणेशाय नमः

May Lord Ganesha remove your sorrows and obstacles, and bless your life with wisdom, joy and success.

SPIRITUAL BENEFITS



Removes obstacles and clears the path for success.



Brings wisdom, intelligence and mental clarity.



Destroys sorrow, negativity and inner darkness.



Bestows happiness, peace and divine protection.



Ensures success in all endeavors and new beginnings.



Invokes blessings of health, prosperity and abundance.

SIMPLE CHANTING

Chant with devotion:

Gajananam
Bhutaganadi Sevitam
Kapittha Jambu
Phalacharu Bhakshanam
Umasutam
Shokavinasha Karanam
Namami Vighneshwara
Padapankajam

CHANT 3, 11 OR
108 TIMES DAILY

for peace, success,
removal of obstacles
and divine blessings.



BLESSINGS OF LORD GANESHA



Removes Obstacles



Grants Wisdom and Clarity



Brings Success and Prosperity



Provides Protection and Strength



Brings Peace, Happiness & Positive Energy



OM AYURVEDA
BODY • MIND • SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Siddhi

Spiritual powers, accomplishment and perfection.



Vinayaka

The Supreme Lord Ganesha, the leader and remover of obstacles.



Namah

I bow with devotion and surrender.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Wednesdays (Ganesha day)



During Ganesha Puja or meditation



During Ganesh Chaturthi



Before starting new work, studies, exams or journeys.



ॐ OM SIDDHIVINAYAKAYA NAMAH

Salutations to Lord Siddhivinayaka, the Giver of Siddhi (Success) and the Remover of All Obstacles.



॥ वक्रतुण्डं महाकाय सूर्यकोटि समप्रभ ।
निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥

May Lord Siddhivinayaka bless you with success in every endeavor, remove all obstacles and lead you to happiness, prosperity and spiritual growth.

SPIRITUAL BENEFITS



Removes all obstacles and difficulties.



Grants success, achievement and prosperity.



Enhances wisdom, intelligence and clarity.



Bestows peace, happiness and positive energy.



Helps in career growth and new beginnings.



SIMPLE CHANTING

Chant with devotion:

**Om
Siddhivinayakaya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for success, removal of obstacles and divine blessings.



BLESSINGS OF LORD SIDDHIVINAYAKA



Removes Obstacles



Grants Siddhi and Success



Brings Peace and Happiness



Provides Protection and Strength



Bestows Prosperity, Abundance and Divine Grace



OM AYURVEDA
BODY • MIND • SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING



Om
The universal
divine sound.



Herambaya
The five-faced
protector who
removes fear and
saves devotees.



Namah
I bow with
devotion and
surrender.



BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



On Wednesdays
(Ganesha day)



During Ganesha Puja
or meditation



During Ganesh
Chaturthi



Before starting new
work, studies, exams
or journeys.



ॐ OM

HERAMBAYA NAMAH

Salutations to Lord Heramba,
the Protector of Devotees and
Remover of All Fears.



May Lord Heramba protect you and your family,
remove all fears and obstacles, and bless you with
peace, success, happiness and divine grace.

SPIRITUAL BENEFITS



Removes fears,
obstacles and
negativity.



Provides protection
and divine
guidance.



Grants peace,
courage and
inner strength.



Brings success,
stability and
prosperity.



Fills life with
happiness and
positive energy.



SIMPLE CHANTING

Chant with devotion:

Om Herambaya Namah

CHANT 3, 11 OR
108 TIMES DAILY

for protection, removal
of obstacles and
divine blessings.



BLESSINGS OF LORD HERAMBA



Rearless
Protection



Grants Strength,
Wisdom & Courage



Ensures Success
& Prosperity



Removes
Obstacles
Blessings for Family
and Loved Ones

OM AYURVEDA
BODY • MIND • SOUL

✦ Natural Healing
✦ Ancient Wisdom
✦ Divine Living



+91 7904218828

MEANING

Om – The universal divine sound

Anandamayi –
The one who is full of bliss

Namah –
I bow with deep devotion



BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



During meditation
and devotional practices



On Fridays
(Divine Mother energy)



In times of emotional
need or healing



Anytime with
love and surrender



THE DIVINE MOTHER
is the source of
unconditional love,
bliss and compassion.

Surrender to Her
and be free.



ॐ Om Anandamayi Namah

I BOW TO THE DIVINE MOTHER
WHO IS FULL OF BLISS



THIS SACRED MANTRA INVOKES

• JOY • PEACE • DIVINE GRACE • INNER FULFILMENT

“ Bliss is not something you seek,
it is your true nature.
You are that eternal bliss. ”

CHANT WITH LOVE
AND SURRENDER

Om Anandamayi Namah

॥ ॐ आनन्दमयी नमः ॥

MAY THE DIVINE MOTHER FILL YOUR LIFE
WITH ANANDA, PEACE AND DIVINE GRACE

SPIRITUAL SIGNIFICANCE



Awakens inner bliss
and contentment



Removes sorrow,
stress and emotional
heaviness



Brings peace, love
and divine feminine
energy



Enhances devotion,
surrender and grace



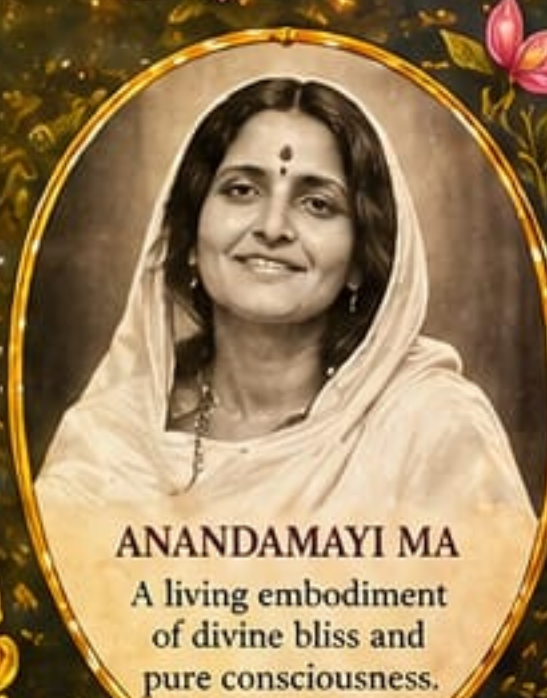
Connects the devotee
with divine bliss
consciousness



SIMPLE CHANTING

➤ 108 ◀
TIMES DAILY
with devotion
brings

- Joy
- Peace
- Healing
- Divine Blessings
- Inner Fulfillment



ANANDAMAYI MA
A living embodiment
of divine bliss and
pure consciousness.



SACRED MEANING



Vakratunda
Curved trunk –
symbol of adaptability
and wisdom.



Mahakaya
Huge form –
infinite strength
and presence.



**Suryakoti
Samaprabha**
Radiance like
millions of suns.



**Nirvighnam
Kuru Me Deva**
Remove all
obstacles.



**Sarva Karyeshu
Sarvada**
In all actions,
always.

BEST TIME TO CHANT



Before starting
any work



Early morning
(Brahma Muhurta)



During Ganesh Puja
or meditation



On Wednesdays
and Ganesh
Chaturthi



Before exams,
meetings or
journeys



VAKRATUNDA MAHAKAYA

**SURYAKOTI SAMAPRABHA
NIRVIGHNAM KURU ME DEVA
SARVA KARYESHU SARVADA**

O Lord Ganesha, with curved trunk and mighty form,
whose brilliance equals millions of suns,
kindly remove all obstacles from my actions always.



SPIRITUAL BENEFITS



Removes obstacles
and negativities.



Brings clarity,
focus and success.



Invokes divine
protection before
any task.



Enhances confidence
and right decision-
making.



Creates auspicious
beginnings and
positive outcomes.

SIMPLE CHANTING

Chant with devotion:

**Vakratunda
Mahakaya
Suryakoti
Samaprabha
Nirvighnam
Kuru Me Deva
Sarva Karyeshu
Sarvada**

**CHANT 3, 11 OR
108 TIMES DAILY**

for success, removal
of obstacles and
divine blessings.



May Lord Ganesha remove all obstacles
and bless your path with success,
wisdom and divine light.



OM AYURVEDA
BODY • MIND • SOUL

INVOKE GANESHA. INVITE SUCCESS.
BEGIN EVERY GOOD THING WITH HIS NAME.



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Lambodara

The One with a big belly – symbol of acceptance, contentment and the universe within.



Namah

I bow with devotion and surrender.



BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



On Wednesdays
(Ganesha day)



During Ganesha Puja
or meditation



During Ganesh
Chaturthi



Before starting new
work, studies, exams
or journeys.



ॐ OM LAMBODARAYA NAMAH

Salutations to Lord Lambodara,
the One with a Big Belly,
Giver of Happiness and
Remover of Obstacles.



May Lord Lambodara bless you with
success, happiness, good health and
remove all obstacles from your path.

SPIRITUAL BENEFITS



Removes all
obstacles and
difficulties.



Brings success,
prosperity and
achievements.



Enhances wisdom,
intelligence and
clarity.



Bestows peace,
happiness and
positive energy.



Helps in career
growth, stability
and abundance.



SIMPLE CHANTING

Chant with devotion:

**Om
Lambodaraya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for success, removal
of obstacles and
divine blessings.



BLESSINGS OF LORD LAMBODARA



Removes
Obstacles



Brings Happiness
and Peace



Grants Prosperity
and Abundance



Bestows Wisdom
and Knowledge



Protects from
Negativity



Fills Life with
Positive Energy



OM AYURVEDA
BODY • MIND • SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Sri

Auspiciousness, prosperity, divine grace.



Mahaganapataye

To the great Lord Ganesha, the remover of obstacles.



Namah

I bow with devotion.

BEST TIME TO CHANT



Early morning (Brahma Muhurta)



Before starting new work or journeys



On Wednesdays (Ganesha day)



During Ganesh Chaturthi



During meditation and prayer

ॐ

OM SRI MAHAGANAPATAYE NAMAH

SALUTATIONS TO LORD GANESHA –
THE REMOVER OF OBSTACLES,
THE GIVER OF WISDOM, SUCCESS
AND AUSPICIOUS BEGINNINGS



SPIRITUAL BENEFITS



Removes obstacles and difficulties in all areas of life.



Brings success, wisdom, and positive outcomes.



Enhances intelligence, focus, memory, and decision-making.



Opens new opportunities and brings auspicious beginnings.



Invokes blessings and divine protection always.

SIMPLE CHANTING

Chant with devotion:

**Om...
Sri...
Mahaganapataye...
Namah...**

108 TIMES DAILY

for success, removal of obstacles and divine blessings.

ॐ

May Lord Ganesha remove all obstacles and bless your path with wisdom, success, happiness and prosperity.

ॐ

Invoke Ganesha. Invite Success.
Begin Every Good Thing with His Name.



+91 7904218828

OM AYURVEDA
BODY • MIND • SOUL

SACRED MEANING



Om

The universal divine sound.



Shreem (श्री)

The bija mantra of abundance, prosperity, beauty and divine grace.



Namah

I bow with devotion and surrender.



BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



On Fridays
(Lakshmi day)



During Diwali and
Lakshmi Puja



During meditation
and mantra
sadhana



Anytime with
devotion and
gratitude

SPIRITUAL SIGNIFICANCE



Attracts prosperity,
abundance and
success.



Brings financial
stability and
opportunities.



Brings harmony in
relationships and
environment.



Removes scarcity
mindset, negativity
and obstacles.



Enhances positivity,
confidence and
gratitude.



Connects with
Lakshmi energy and
divine blessings.



SIMPLE CHANTING

Chant slowly with
awareness:

Om...
Shreem...
Namah...

Or repeat

108 TIMES DAILY

for prosperity, peace
and divine grace.



ॐ Om Shreem Namah

I BOW TO THE DIVINE ENERGY OF SHREEM

– Salutations to the sacred vibration
of abundance and prosperity –



“ Where there is gratitude,
Shreem flows.
Where Shreem flows,
abundance grows. ”

BENEFITS OF CHANTING OM SHREEM NAMAH



Attracts wealth
and success



Increases growth
and opportunities



Brings peace,
happiness and
contentment



Improves harmony
in relationships



Provides protection
and removes
negativity



Supports spiritual
growth and
inner fulfillment

SHREEM IS THE VIBRATION OF ABUNDANCE WITHIN YOU.

ॐ Om Shreem Namah ॐ

SACRED MEANING

-  **Om**
The universal divine sound.
-  **Aim**
Saraswati bija – knowledge and wisdom.
-  **Hreem**
Mahashakti bija – power and transformation.
-  **Kleem**
Attraction and divine love energy.
-  **Chamundayai**
To Goddess Chamunda – destroyer of negative forces.
-  **Namah**
I bow with devotion.

The Divine Mother is your protection, your strength, and your light. Surrender to Her and be fearless.

SPIRITUAL BENEFITS

-  Removes fear, black energy, and negativity.
-  Protects from unseen forces and obstacles.
-  Grants courage, strength and confidence.
-  Awakens divine feminine power (Shakti).
-  Helps in spiritual protection and transformation.

BEST TIME TO CHANT

-  Early morning (Brahma Muhurta)
-  During Navratri and Devi sadhana
-  At night for protection energy
-  During meditation and mantra japa
-  In challenging or fearful situations

ॐ OM

AIM • HREEM KLEEM CHAMUNDAYAI NAMAH

SALUTATIONS TO GODDESS CHAMUNDA –
THE DIVINE MOTHER WHO PROTECTS,
DESTROYS NEGATIVITY, AND GRANTS
STRENGTH AND WISDOM



SIMPLE CHANTING

Om... Aim... Hreem... Kleem...
Chamundayai... Namah...

108 TIMES DAILY

FOR PROTECTION, STRENGTH
AND DIVINE BLESSINGS

May Divine Mother Chamunda protect you,
remove all negativity, and fill your life
with strength, wisdom and divine light.

॥ जय माँ चामुण्डा ॥



+91 7904218828

OM AYURVEDA
BODY • MIND • SOUL

Natural Healing • Ancient Wisdom • Divine Living

MEANING



Om

The universal divine sound.



Hari

The remover of suffering, sins and ignorance.



Om

The all-pervading absolute reality.

This mantra purifies, protects and uplifts the mind and heart.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



During meditation, yoga or pranayama



During bhajan, kirtan or satsang



In times of stress, fear or confusion



Anytime with devotion and awareness



ॐ Om Hari Om

SALUTATIONS TO THE DIVINE HARI,
THE REMOVER OF SUFFERING
AND THE SUPREME REALITY



“ When Hari is remembered,
worries are scattered.
When Hari is loved,
the heart is liberated. ”

SPIRITUAL SIGNIFICANCE



Removes negativity, fear and inner heaviness.



Brings peace, clarity and emotional balance.



Purifies the mind and awakens devotion.



Connects the devotee with divine grace.



Leads toward inner harmony and liberation.



SIMPLE CHANTING

Chant slowly with breath and awareness

Om...
Hari...
Om...

Or repeat

108 TIMES DAILY

for peace, purification and divine connection.



CHANT WITH LOVE AND SURRENDER
Om Hari Om

LET HARI BE YOUR REFUGE, GUIDE AND STRENGTH.

HARI REMOVES, OM RESTORES
Om Hari Om



SACRED MEANING



Om

The universal divine sound.



Hreem (Hrīm)

The bija mantra of Mahashakti – creative, divine and transformative energy.



Namah

I bow with devotion and surrender.

ॐ Om Hreem Namah

I BOW TO THE DIVINE ENERGY OF HREEM

→ Salutations to the sacred cosmic Shakti →

SPIRITUAL SIGNIFICANCE



Activates heart and spiritual energy centers.



Removes negativity, illusions and inner blockages.



Enhances intuition, awareness and clarity.



Awakens divine feminine energy (Shakti).



Supports deep meditation and inner transformation.

BEST TIME TO CHANT



Early morning (Brahma Muhurta)



During meditation and mantra sadhana



On Fridays and during Navratri



During Devi puja or spiritual practices



Anytime with focus and devotion

SIMPLE CHANTING

Chant slowly with awareness:

**Om...
Hreem...
Namah...**

Or repeat

108 TIMES DAILY

for purification, power and divine connection.

"Hreem is the divine vibration that creates, sustains and transforms. It is the power of the Universe, residing within you.,

CHANT WITH LOVE AND SURRENDER

Om Hreem Namah

May the divine Shakti bless you with love, peace, protection and enlightenment.

YOU ARE DIVINE. YOU ARE SHAKTI. YOU ARE ONE WITH THE SUPREME.

SACRED MEANING

Om – The universal divine sound

Shanti – Peace, calmness, harmony

Together:
“OM, PEACE, PEACE, PEACE”

A prayer for complete peace on all levels of existence.



THREEFOLD PEACE

The three “Shantis” remove disturbances from:

- 1 Adhyatmika Shanti**
Peace within – from our own body and mind
- 2 Adhibhautika Shanti**
Peace around us – from people, nature and environment
- 3 Adhidaivika Shanti**
Peace from cosmic forces – from natural or unseen energies



Om Shanti Shanti Shanti PEACE, PEACE, PEACE

This sacred mantra invokes deep peace on all levels of existence—within oneself, in the environment, and in the cosmic forces.

SIMPLE PRACTICE

Close your eyes. Take a deep breath.
Chant slowly with awareness:

Om... Shanti... Shanti... Shanti...

Let each repetition bring deeper silence and stillness.

THE ESSENCE

Peace within. Peace around.
Peace in all existence.
Om Shanti Shanti Shanti

SPIRITUAL SIGNIFICANCE

-  Calms the mind and reduces stress
-  Brings emotional balance and inner stillness
-  Harmonizes surroundings and relationships
-  Removes disturbances and negativity
-  Connects with universal peace and divine silence



WHEN TO CHANT

-  At the end of meditation, yoga or spiritual practice
-  During prayer, puja or satsang
-  Before sleep for calmness
-  In stressful or disturbed situations
-  Anytime to restore inner peace



May there be peace in my body.
May there be peace in my mind.
May there be peace in my surroundings.
May there be peace in the entire universe.
Om Shanti Shanti Shanti





You are cordially invited for

FULL MOON DAY SACRED PUJA & HAVAN

We will be
LIVE
on
Om Ayurveda
Facebook

f
TIME
10:00 AM

On the Auspicious Occasion of

PURNIMA

Experience the divine energy of Purnima with
Vedic mantras, sacred Puja & Havan
in the spiritual land of Rishikesh.

This Holy Fire Ritual is
performed for



Peace & Harmony



Prosperity & Abundance



Health & Happiness



Protection & Strength



Spiritual Upliftment
& Inner Peace



Let the powerful energy of the Full Moon
bring healing, positivity and abundance into your life.



DATE
1st May 2026
(Friday)



LOCATION
Rishikesh
Uttarakhand, India



OCCASION
Purnima
(Full Moon Day)

PLEASE KINDLY
JOIN US

For Participation & Details



+91 7904218828

Come with faith, leave with blessings. 🙏



SACRED MEANING

Shiva

– the supreme consciousness, pure awareness

Aham

– I am

Together: “I AM SHIVA”

the realization of oneness with the Divine.



BEST TIME TO PRACTICE



Early morning
(Brahma Muhurta)



During meditation
and silence



During self-inquiry
("Who am I?")



While chanting or
listening to Shiva
mantras



Anytime for inner
alignment and
awareness



BENEFITS

- ☯ Removes stress and fear
- ☯ Brings inner peace and balance
- ☯ Increases self-awareness and confidence
- ☯ Strengthens connection with the Divine
- ☯ Leads to Moksha (liberation)



ॐ Shivoham

“I AM SHIVA”

— I am Pure Consciousness
and Divine Awareness —

This is a powerful non-dual mantra
expressing the realization that
your true nature is not the body or mind,
but the infinite consciousness —
Shiva itself.



SPIRITUAL SIGNIFICANCE



Dissolves ego and
false identity



Reveals the true Self
beyond body and mind



Brings deep peace,
stillness and inner
freedom



Awakens higher
consciousness and
awareness



Leads to liberation
(Moksha)



SIMPLE PRACTICE

- 1 Sit quietly and relax the body.
- 2 Close your eyes and become aware of your breath.
- 3 Observe your thoughts without attachment.
- 4 Reflect:
“I am not the body,
not the mind...
I am pure
consciousness.”
- 5 Gently repeat:
Shivoham... Shivoham...
Let it become a direct
inner experience.



CONTEMPLATION

I am not born.
I do not die.
I am not the body.
I am not the mind.
I am eternal, limitless,
pure consciousness,
blissful and free.

**Shivoham.
I am Shiva.**



CHANT WITH AWARENESS

Shivoham... Shivoham... Shivoham...



चिदानन्दरूपः शिवोहम् शिवोहम्

Chidananda Rupa Shivoham Shivoham

I am Pure Consciousness and Bliss



SHIVOHAM

☯ I AM SHIVA ☯

Know Who You Are. Be Who You Are. You Are That.



SACRED MEANING

Aham – I

Brahma – the Absolute,
infinite consciousness

Asmi – am

Together:
“I am the Absolute
Reality” – the realization
of non-duality.



BEST TIME TO PRACTICE

-  During deep meditation and self-inquiry
-  In silence with awareness (“Who am I?”)
-  Early morning (Brahma Muhurta)
-  During study of Vedanta and Upanishads
-  Anytime for inner contemplation



BENEFITS

- ✓ Removes ignorance (Avidyā)
- ✓ Dissolves fear and anxiety
- ✓ Brings inner peace and fearlessness
- ✓ Establishes unshakable self-confidence
- ✓ Connects you with the infinite consciousness
- ✓ Leads to Moksha (liberation)



ॐ Aham Brahmasmi

“I AM BRAHMAN”

I AM THE ABSOLUTE REALITY

One of the great Mahāvākyas from the
Bṛhadāraṇyaka Upaniṣad,
revealing the highest truth of
Advaita Vedānta – that the individual self
(Ātman) is not separate from
the ultimate reality (Brahman).



FROM THE UPANISHADS

अहं ब्रह्मास्मि ।

Aham Brahmāsmi.

Bṛhadāraṇyaka Upaniṣad 1.4.10

“You are not the body.
You are not the mind.
You are the witness, the eternal,
the limitless, the blissful.”
**YOU ARE THAT.
YOU ARE BRAHMAN.**

SPIRITUAL SIGNIFICANCE

-  Dissolves ego and false identification
-  Reveals the true nature beyond body and mind
-  Brings deep peace, freedom and inner bliss
-  Awakens self-realization and pure awareness
-  Leads to liberation (Moksha)



SIMPLE PRACTICE

- 1 Sit quietly and reflect inwardly:
“Who am I?”
- 2 Then contemplate:
“I am not the body,
not the mind...
I am pure consciousness.”
- 3 Let the understanding settle as direct experience.



CONTEMPLATION

I am not born.
I do not die.
I am not the body.
I am not the mind.
I am eternal, limitless,
consciousness and bliss.

I am Brahman.
Aham Brahmasmi.



AHAM BRAHMASMI
I AM THE ABSOLUTE REALITY

Om Tat Sat



SACRED MEANING



OM

The primordial cosmic sound. The source of all creation.



TAT

"That" – referring to the Supreme Absolute, beyond name and form.



SAT

Truth, Existence, Ultimate Reality that is eternal, unchanging and ever-present.

SPIRITUAL SIGNIFICANCE



Aligns the mind with truth and higher consciousness.



Removes illusion (Maya) and ego-based identity.



Brings clarity, purity, and inner peace.



Deepens spiritual awareness and detachment.



Connects the seeker to Brahman – the Ultimate Reality.

ॐ Om Tat Sat

THE ABSOLUTE TRUTH

Om – That is the Supreme Reality

WHEN TO CHANT



During meditation and self-inquiry



At the beginning or end of spiritual practices



While studying sacred texts



During yajna, puja, or offerings



Anytime with awareness and sincerity

SIMPLE PRACTICE

Chant slowly with awareness or repeat silently in meditation.

Even a few repetitions with full consciousness bring deep stillness and clarity.

ॐ तत् सतिति निर्देशो ब्रह्मणस्विर्विधः स्मृतः ।
ब्राह्मणास्तेन वेदाश्च यज्ञाश्च विहिताः पुरा ॥

"Om Tat Sat" – thus is the threefold expression of Brahman. By this, the ancient seers, the Vedas and the sacrifices were ordained.
– Bhagavad Gita (17.23)



THE BEGINNING OF ALL

From which all emanates.



THAT SUPREME REALITY

Beyond all names and forms.



THE ETERNAL TRUTH

That alone truly exists.

Om Tat Sat

Truth Alone Is Real

SACRED MEANING

So – That
(the Supreme Reality)

Ham – I am

Together:
“I AM THAT”

The realization that your
true nature is divine,
pure and eternal.



NATURAL BREATH MANTRA

This mantra is naturally
aligned with breathing.
It is said that every being
is unconsciously chanting
this mantra with every breath.



INHALE
So
(That)



EXHALE
Ham
(I am)



BENEFITS

- Reduces stress and anxiety
- Brings peace and balance
- Improves concentration
- Enhances self-awareness
- Connects with higher consciousness
- Supports spiritual growth and liberation



ॐ Soham (So'ham) I AM THAT I AM ONE WITH THE DIVINE

Soham is the sacred mantra of self-realization
that reveals the ultimate truth –
the unity of the individual soul (Atman)
with the universal consciousness (Brahman).



SIMPLE PRACTICE



- Sit comfortably with a straight spine.
- Close your eyes and become aware of your breath.
- Inhale slowly and mentally repeat **“So”**
- Exhale gently and mentally repeat **“Ham”**.
- Continue for 5–20 minutes with full awareness.

Let the mantræ flow with your breath.
Let the mind rest in the truth – **“I AM THAT”**.

THE ESSENCE

You are not the body. You are not the mind.
You are pure consciousness, eternal and free.

SOHAM – I AM THAT

Truth. Awareness. Bliss.
Always That. Always Free.

SPIRITUAL SIGNIFICANCE



Dissolves ego and
false identity



Awakens awareness
of the true Self



Brings deep inner
peace and stillness



Aligns breath with
consciousness



Leads to realization
of oneness with
existence



BEST TIME TO PRACTICE



Early morning
(Brahma Muhurta)



During meditation
and pranayama



In silence and
self-inquiry



Anytime for
grounding and
inner calm



When the
individual merges
in the Infinite,
Soham is realized.



REMEMBER

You are not separate
from the Divine.

You are That.



Soham



SOHAM
AS YOU BREATHE, REMEMBER WHO YOU TRULY ARE.
I AM THAT. I AM ONE. I AM DIVINE.



WHO IS LORD PANDURANGA?

Lord Panduranga, also known as Vitthala or Vithoba, is a divine form of Lord Krishna. He stands on a brick with His hands on His waist, waiting for His devotees with endless love, mercy and compassion. He is the Lord of Pandharpur and the embodiment of Devotion (Bhakti).



SPIRITUAL SIGNIFICANCE

- ♥ Awakens pure devotion (Bhakti) and love for the Divine
- 🌸 Removes sorrow, negativity and karmic burdens
- 😊 Brings peace, joy and emotional healing
- 🙏 Enhances humility, faith and surrender
- 🌟 Connects the devotee with Krishna consciousness and divine bliss



SIMPLE CHANTING

Chant this mantra with devotion

108
TIMES DAILY
to receive peace, joy,
devotion and
divine blessings.



BENEFITS OF CHANTING

- ♥ Brings devotion, love and divine grace
- 🛡️ Helps overcome obstacles and difficulties
- 🌸 Grants peace of mind and happiness
- ★ Fulfills righteous desires
- 🙏 Protects from fear, negativity and harm
- ∞ Leads to spiritual growth and liberation

HARE PANDURANGA! VITTHALA VITTHALA!

Om Pandurangaya Namah

May Lord Panduranga bless you and your family with devotion, peace, happiness and liberation.

SACRED MANTRA SIGNIFICANCE

- ॐ Om – the universal divine sound
- 🙏 Pandurangaya – to Lord Panduranga, the loving protector of devotees
- 🙏 Namah – I bow with devotion

This mantra invokes devotion, surrender, love, peace and divine grace.



BEST TIME TO CHANT

- ☀️ Early morning (Brahma Muhurta)
- 📅 On Ekadashi and Ashadhi Ekadashi
- 🎵 During Bhajan, Kirtan and Pandharpur Yatra
- 🙏 During meditation and devotional practices
- 🕒 Anytime with love and surrender



PANDHARPUR

The Abode of Lord Panduranga



Pandharpur is the sacred land where the Lord stands with love, waiting for every devotee.

Panduranga Vitthala!
Jai Hari Vitthala!



WHO IS SRI NITYANANDA?

Sri Nityananda (1896 – 1961) was a great saint and realized master, known as the embodiment of eternal bliss (Nitya Ananda) and divine consciousness. He taught the path of love, devotion, selfless service and God realization. He continues to bless devotees and guide them on the spiritual path.



SPIRITUAL SIGNIFICANCE

- Brings deep inner peace and joy
- Removes fear, stress and mental disturbances
- Awakens higher consciousness and spiritual awareness
- Enhances devotion, surrender and Guru connection
- Connects the devotee with eternal bliss and divine presence



SIMPLE CHANTING

Chant this mantra with devotion

108
TIMES DAILY

to receive peace, bliss, clarity and spiritual upliftment.

Om Nityanandaya Namah

I BOW TO SRI NITYANANDA

Salutations to the ever-blissful
divine master, Nityananda



श्री नित्यानंद प्रभु

BLESSINGS OF SRI NITYANANDA

- Brings peace, happiness and contentment
- Protects from negative energies and obstacles
- Grants wisdom, clarity and right understanding
- Helps in spiritual growth and self-realization
- Blesses with health, harmony and prosperity
- Fulfills good wishes and removes difficulties
- Bestows divine grace and Guru's blessings

SACRED MANTRA SIGNIFICANCE



Om – the universal divine sound



Nityanandaya – to the ever-blissful divine master



Namah – I bow with devotion

This mantra invokes peace, bliss, divine grace and inner awakening.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Thursdays (Guru day)



During meditation and Guru Puja



In silence for inner awareness



Anytime with devotion and surrender



THE TEACHING OF NITYANANDA

“Love all, serve all,
Help ever, hurt never.
Realize God within
and see Him in all.”



Let us follow His path of love, devotion and selfless service.

OM NITYANANDAYA NAMAH

May Sri Nityananda Prabhu bless you and your family with peace, bliss, good health, happiness and divine grace.

WHO IS SRI RAGHAVENDRA?

Sri Raghavendra Tirtha (1595 – 1671) was a great saint, scholar, and Guru of the Madhwa tradition. He is an incarnation of compassion, devotion and wisdom. He continues to bless devotees even today from Brindavan at Mantralayam.



SPIRITUAL SIGNIFICANCE

- Removes obstacles, fear and negative influences
- Brings peace, success and divine protection
- Helps fulfill wishes and resolve difficulties
- Enhances devotion, faith and Guru kripa
- Connects the devotee with divine guidance and grace



SIMPLE CHANTING

Chant this mantra with devotion

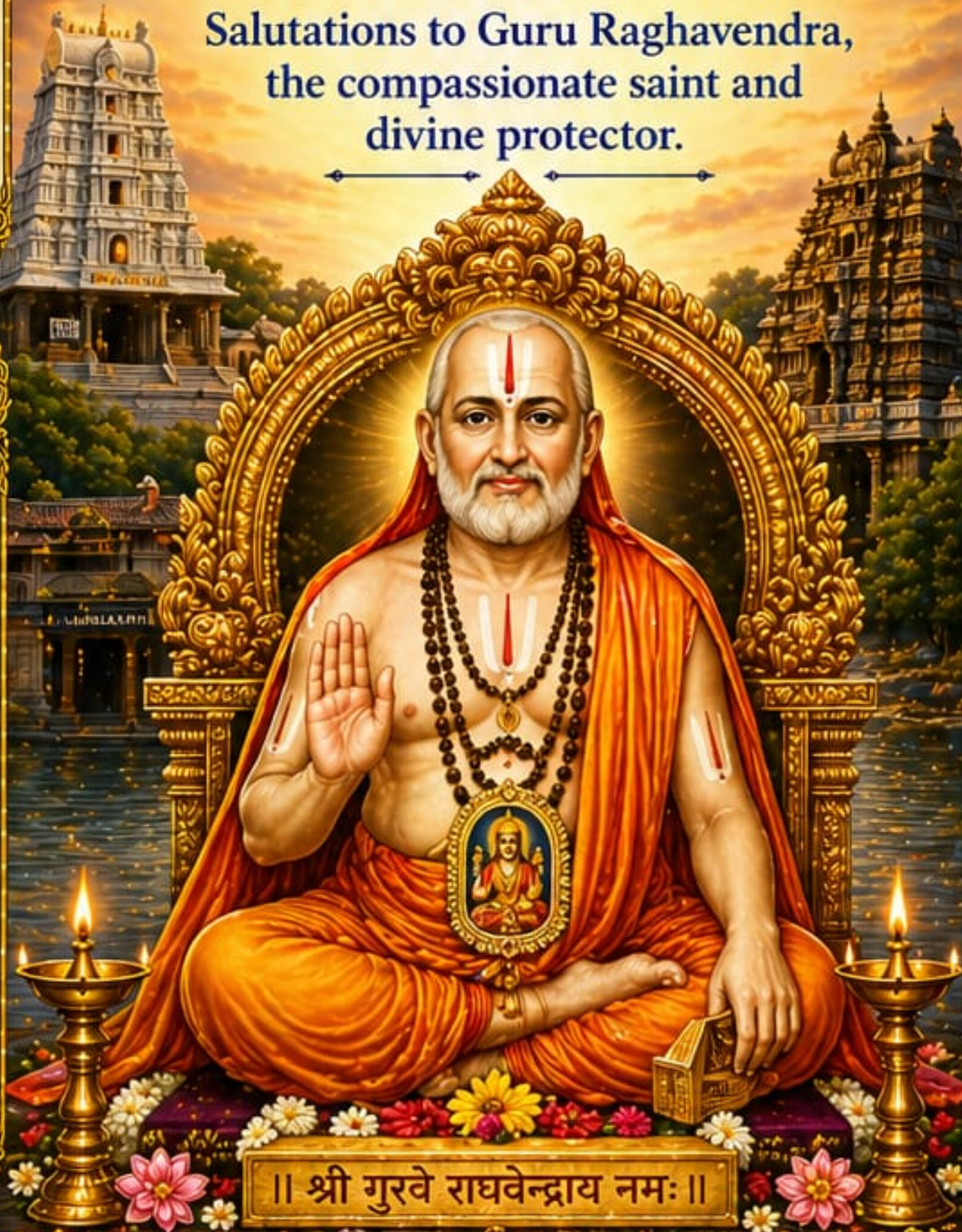
108
TIMES DAILY
to receive blessings, protection, success and spiritual upliftment.



ॐ Om Raghavendraya Namah

I BOW TO SRI RAGHAVENDRA

Salutations to Guru Raghavendra,
the compassionate saint and
divine protector.



SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Raghavendraya – to Sri Raghavendra, the divine Guru
- Namah – I bow with devotion

This mantra invokes blessings, protection, wisdom, guidance and divine grace.



BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Thursdays (Guru day)
- During Guru Puja and meditation
- At Mantralayam or sacred Guru places
- In times of difficulty, confusion or need for guidance



BLESSINGS OF SRI RAGHAVENDRA

- Blesses devotees with health and happiness
- Protects from all dangers and evil forces
- Grants knowledge, wisdom and strength
- Supports in career, education and business
- Brings harmony, peace and prosperity
- Never leaves His devotees
- Hears every prayer and answers with compassion

MANTRALAYAM THE SACRED BRINDAVAN



Sri Raghavendra Swami resides in eternal meditation at Mantralayam, blessing millions of devotees.

JAI GURU RAGHAVENDRA!

SRI GURU RAGHAVENDRAAYA NAMAH

Om Raghavendraya Namah

May Sri Raghavendra Swami bless you and your family with health, happiness, success and divine grace.



WHO IS ADI SHANKARACHARYA?

Adi Shankaracharya (788 – 820 CE) was a great Hindu philosopher, saint and the foremost exponent of Advaita Vedanta. He travelled across Bharat, established four Mathas, wrote profound commentaries on the scriptures and revived Sanatana Dharma. He showed the path of knowledge, devotion and liberation.



SPIRITUAL SIGNIFICANCE

- Removes ignorance (Avidya) and confusion
- Brings deep wisdom, clarity and understanding
- Guides on the path of self-realization (Atma Jnana)
- Enhances intellect, discrimination (Viveka) and awareness
- Connects the devotee with Guru Kripa and Advaita truth



SIMPLE CHANTING

Chant this mantra with devotion

108
TIMES DAILY
to receive knowledge, peace, clarity, strength and spiritual upliftment.



Om Adi Shankaracharya Namah

I BOW TO ADI SHANKARACHARYA

Salutations to the great Guru
Adi Shankaracharya,
the revealer of truth and
non-dual wisdom.



BENEFITS OF CHANTING

- Brings wisdom and right understanding
- Purifies mind and intellect
- Helps in spiritual growth and progress
- Removes doubts and inner conflicts
- Bestows peace, harmony and balance
- Strengthens memory and learning
- Attracts divine grace and protection
- Leads to liberation (Moksha)



SACRED MANTRA SIGNIFICANCE



Om – the universal divine sound



Adi Shankaracharya – to the great Guru, teacher and revealer of Advaita wisdom



Namah – I bow with devotion

This mantra invokes wisdom, clarity, knowledge and spiritual awakening.



BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Thursdays (Guru day)
- During study of scriptures and meditation
- On Guru Purnima and special spiritual days
- Anytime with devotion and focus



THE TEACHING OF ADI SHANKARACHARYA

Brahma Satyam
Jagat Mithya
Jivo Brahmaiva Nāparah

The Ultimate Truth is Brahman, the world is an appearance, the individual soul is none other than Brahman.



Om Adi Shankaracharya Namah

May the blessings of Jagadguru Adi Shankaracharya illumine our minds and lead us to the path of Truth, Peace and Liberation.



WHO IS LORD VITTHALA?

Lord Vitthala, also known as Vithoba or Panduranga, is a divine form of Lord Krishna worshipped in Pandharpur. He stands on a brick with His hands on His waist, waiting for His devotees with endless love and compassion. He is the embodiment of devotion (Bhakti) and the Lord who accepts even the simplest offerings of love.



SPIRITUAL SIGNIFICANCE

- ♥ Awakens pure devotion (Bhakti) and love for the Divine
- 🌸 Removes sorrow, negativity and karmic burdens
- 😊 Brings peace, joy and emotional healing
- 🙏 Enhances surrender, humility and faith
- 🌟 Connects the devotee with Krishna consciousness and divine bliss



SIMPLE CHANTING

Chant this mantra with devotion

108

TIMES DAILY

to receive peace, joy, devotion and divine blessings.



Om Vitthalaya Namah

I BOW TO LORD VITTHALA

Salutations to Lord Vitthala, the compassionate protector and giver of devotion and liberation.



SACRED MANTRA SIGNIFICANCE

- ॐ Om – the universal divine sound
- 🙏 Vitthalaya – to Lord Vitthala, the divine beloved of devotees
- 🙏 Namah – I bow with devotion

Lord Vitthala stands for His devotees, removing their sorrows and guiding them on the path of love and liberation.



BEST TIME TO CHANT

- ☀️ Early morning (Brahma Muhurta)
- 📅 On Ekadashi and Ashadhi Ekadashi
- 🎵 During Bhajan, Kirtan and Pandharpur yatra
- 🧘 During meditation and devotional practices
- 🕒 Anytime with love and surrender



BENEFITS OF CHANTING

- ♥ Brings devotion, love and divine grace
- 🛡️ Helps overcome obstacles and difficulties
- 🌸 Grants peace of mind and happiness
- ★ Fulfills righteous desires
- 🙏 Protects from fear, negativity and harm
- ∞ Leads to spiritual growth and liberation

PANDHARPUR

The Abode of Lord Vitthala



The Lord of Pandharpur waits for His devotees with open arms and a loving heart.

Vitthala Vitthala!

May Lord Vitthala bless you and your family with devotion, peace, happiness and liberation.

Vitthala Vitthala!



WHO IS LORD BALAJI?

Lord Balaji, also known as Lord Venkateswara, is a divine form of Lord Vishnu, worshipped in Tirumala, Tirupati. He is the preserver of the universe, the remover of obstacles and the granter of wealth, happiness, peace and liberation. He listens to every prayer and blesses all who come to Him with faith and devotion.



SPIRITUAL SIGNIFICANCE

- Removes obstacles, negativity and financial stress
- Brings prosperity, abundance and success
- Grants protection, peace and harmony
- Enhances faith, devotion and surrender
- Connects the devotee with Vishnu consciousness and divine blessings



SIMPLE CHANTING

Chant this mantra with devotion

108
TIMES DAILY

to receive blessings of wealth, peace, protection and divine grace.



BENEFITS OF CHANTING OM BALAJI NAMAH

- Attracts wealth, prosperity and abundance
- Protects from difficulties and negative forces
- Brings peace of mind and happiness
- Fulfills righteous desires and goals
- Strengthens devotion and surrender
- Leads to spiritual growth and liberation

HARE GOVINDA! JAYA GOVINDA!

Om Balaji Namah

May Lord Balaji bless you and your family with health, happiness, prosperity, peace and divine protection.

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Balaji – the compassionate Lord of Tirumala
- Namah – I bow with devotion



BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Saturdays, Thursdays and Ekadashi
- During Balaji / Vishnu Puja
- During Tirupati pilgrimage or temple visits
- In times of financial or emotional challenges



TIRUMALA TIRUPATI The Abode of Lord Balaji



He who resides in the hearts of millions,
He who accepts the humblest prayer,
He who blesses with what is best for us.

Govinda! Govinda!



Govinda Govinda

WHO IS GOVINDA?

Govinda is the divine name of Lord Venkateswara (Balaji), a form of Lord Vishnu. He is the protector, provider and sustainer of the universe. He resides in Tirumala, the sacred abode where millions seek His blessings.

SPIRITUAL SIGNIFICANCE

- Invokes divine grace, protection and blessings
- Removes sins, negativity and karmic burdens
- Brings peace, prosperity and spiritual upliftment
- Strengthens faith, surrender and devotion
- Connects the devotee with Vishnu consciousness

WHEN TO CHANT

- Early morning (Brahma Muhurta)
- While visiting Tirumala / Tirupati temple
- During Vishnu or Balaji puja
- On Ekadashi and Saturdays
- Anytime with devotion and surrender

BENEFITS OF CHANTING

- Attracts prosperity, wealth and abundance
- Protects from dangers, obstacles and fears
- Brings happiness, success and good health
- Grants peace of mind and removes stress
- Leads to spiritual growth and liberation

He who resides in the hearts of millions,
He who accepts the humblest prayer,
He who blesses with what is best for us.
Govinda! Govinda!

SIMPLE PRACTICE

Chant "Govinda Govinda" continuously or 108 times daily with devotion.

FAITH • SURRENDER • DEVOTION
LEADS TO DIVINE CONNECTION

Tirumala is calling,
the Lord is waiting,
take a step in faith,
He will take care of the rest.

Govinda! Govinda!

HARE GOVINDA! JAYA GOVINDA!

GOVINDA GOVINDA

May Lord Venkateswara (Govinda) bless you and your family with health, happiness, prosperity, peace and divine grace.

VEL! VEL!
SKANDA!

WHO IS LORD SKANDA?

Lord Skanda is the divine son of Lord Shiva and Goddess Parvati. He is the commander of the celestial forces. He embodies wisdom, courage, and compassion. He protects devotees, destroys negativity, and guides us on the path of dharma.

SPIRITUAL SIGNIFICANCE

- Removes fear, negativity, and inner obstacles
- Brings courage, confidence, and victory in life
- Enhances wisdom, intelligence, and clarity
- Protects from enemies and harmful influences
- Connects the devotee with divine knowledge and strength

SIMPLE CHANTING

Chant this mantra with devotion.

108
TIMES DAILY
to receive strength,
success, protection,
and divine blessings.

BENEFITS OF CHANTING

- Success in studies, career, and endeavors
- Strength, courage, and determination
- Focus, discipline, and self-control
- Protection from negative forces
- Peace of mind and happiness
- Spiritual growth and liberation

HARA HARA!
MURUGA!

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Skandaya – to Lord Skanda, the divine commander
- Namah – I bow with devotion

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Tuesdays, Thursdays, and Skanda Sashti
- During Skanda / Murugan Puja and temple visits
- In times of struggle, confusion, or challenges
- During meditation and spiritual practices

PLACES OF WORSHIP



PALANI



THIRUCHENDUR



SWAMIMALAI



TIRUPPARANKUNDRAM

MAY LORD SKANDA BLESS YOU AND YOUR FAMILY
WITH HEALTH, PROSPERITY, HAPPINESS AND SPIRITUAL UPLIFTMENT ALWAYS.

ॐ OM SKANDAYA NAMAH ॐ

WHO IS SAI BABA?

Sai Baba of Shirdi was a great saint and a divine master who lived in Shirdi, India. He taught the path of love, humility, faith, and selfless service. He saw no difference between any religion or caste. His message was simple – “Sabka Malik Ek” (God is One).

SPIRITUAL SIGNIFICANCE

- Brings peace, calmness, and inner stability
- Removes fear, worries, and negativity
- Strengthens faith, surrender, and devotion
- Attracts divine grace, protection, and guidance
- Connects the devotee with universal love and oneness

SIMPLE CHANTING

Chant continuously or

108 TIMES DAILY

with devotion to experience peace, blessings, and divine connection.

BENEFITS OF CHANTING OM SAI RAM

- Brings peace, happiness, and contentment
- Removes obstacles and negative karma
- Provides protection and divine grace
- Guides in all difficulties and decisions
- Fulfills prayers and brings success
- Leads to spiritual growth and liberation

SHRADDHA & SABURI
(FAITH & PATIENCE)

Om Sai Ram

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Sai – to the compassionate Saint Sai Baba
- Ram – the all pervading Divine (God)
- Together – I bow to Sai, the embodiment of love and grace

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Thursdays (special day of Sai Baba)
- During Sai Bhajan or Satsang
- During meditation and prayer
- Anytime with devotion and remembrance

PLACES OF WORSHIP



Shirdi Sai Baba Samadhi Mandir
Shirdi, Maharashtra, India

सबका
मालिक
एक

LOVE
ALL
SERVE ALL

WHO IS LORD MURUGAN?

Lord Murugan is the divine son of Lord Shiva and Goddess Parvati. He is the embodiment of divine knowledge, courage, and compassion. He protects His devotees and bestows wisdom and victory.

SPIRITUAL SIGNIFICANCE

- Removes fear, negativity, and inner obstacles
- Brings courage, confidence, and victory in life
- Enhances wisdom, intelligence, and clarity
- Protects from enemies and harmful influences
- Connects the devotee with divine knowledge and power

Om Muruganaya Namah

I BOW TO LORD MURUGAN

Salutations to Lord Murugan, the divine warrior of wisdom, courage, and victory.

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Muruganaya – to Lord Murugan, the divine commander of celestial forces
- Namah – I bow with devotion

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Tuesdays, Thursdays, and Skanda Sashti
- During Murugan Puja and temple visits
- In times of struggle, confusion, or challenges
- During meditation and spiritual practices

VEL! VEL! MURUGA!

அருள் தரும் அருமுகா!
ஆறுபடை வேலவா! காப்பயாக!

SIMPLE CHANTING

CHANT

108
TIMES DAILY
with devotion brings success, strength, protection and divine blessings.

BENEFITS OF CHANTING

- Success in studies, career, and endeavors
- Strength, courage, and determination
- Focus, discipline, and self-control
- Protection from negative forces
- Peace of mind and happiness
- Spiritual growth and liberation

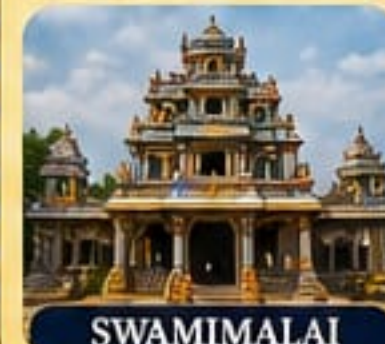
PLACES OF WORSHIP



PALANI



TIRUCHENDUR



SWAMIMALAI



THIRUTHANI

MAY LORD MURUGAN BLESS YOU WITH WISDOM, COURAGE, VICTORY, AND DIVINE GRACE ALWAYS.

VEL VEL MURUGA

HARA HARA SARAVANA BHAVA

VEL! VEL!
KARTIKEYA!

WHO IS LORD KARTIKEYA?

Lord Kartikeya is the divine son of Lord Shiva and Goddess Parvati. He is the commander of the celestial forces. He embodies wisdom, courage, and compassion. He protects devotees, destroys negativity, and guides us on the path of dharma.

SPIRITUAL SIGNIFICANCE

- Removes fear, negativity, and inner obstacles
- Brings courage, confidence, and victory in life
- Enhances wisdom, intelligence, and clarity
- Protects from enemies and harmful influences
- Connects the devotee with divine knowledge and strength

SIMPLE CHANTING

Chant this mantra with devotion.

108
TIMES DAILY

to receive strength, success, protection, and divine blessings.

Om Kartikeyaya Namah

I BOW TO LORD KARTIKEYA

Salutations to Lord Kartikeya,
the divine warrior of wisdom,
courage, and victory.

AROGARA!
HARA HARA!
MURUGA!

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Kartikeyaya – to Lord Kartikeya, the divine commander
- Namah – I bow with devotion

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Tuesdays, Thursdays, and Skanda Sashti
- During Kartikeya / Murugan Puja and temple visits
- In times of struggle, confusion, or challenges
- During meditation and spiritual practices

VEL! VEL! KARTIKEYA!

வேல்! வேல்! கார்த்திகேயா!

May Lord Kartikeya bless you with
wisdom, courage, victory, and divine grace.

BENEFITS OF CHANTING

- Success in studies, career, and endeavors
- Strength, courage, and determination
- Focus, discipline, and self-control
- Protection from negative forces
- Peace of mind and happiness
- Spiritual growth and liberation

PLACES OF WORSHIP



PALANI



THIRUCHENDUR



SWAMIMALAI



THIRUPPARANKUNDRAM

MAY LORD KARTIKEYA BLESS YOU AND YOUR FAMILY
WITH HEALTH, PROSPERITY, HAPPINESS AND SPIRITUAL UPLIFTMENT ALWAYS.

ॐ OM KARTIKEYAYA NAMAH ॐ

VEL
VEL
SUBRAMANYA

VEL
VEL
SUBRAMANYA

Om Subramanyaya Namah

WHO IS LORD SUBRAMANYA?

Lord Subramanya is the divine son of Lord Shiva and Goddess Parvati. He is the embodiment of divine wisdom, courage, and compassion. He protects His devotees and removes all obstacles, leading them to success and liberation.

SPIRITUAL SIGNIFICANCE

- Removes fear, negativity, and inner obstacles
- Brings courage, strength, and victory in life
- Enhances intelligence, wisdom, and spiritual knowledge
- Protects from enemies and harmful influences
- Connects the devotee with divine power and higher consciousness

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Subramanyaya – to Lord Subramanya, the divine commander of celestial forces
- Namah – I bow with devotion

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Tuesdays, Thursdays, and Skanda Sashti
- During Subramanya or Murugan Puja and temple visits
- In times of struggle, confusion, or challenges
- During meditation and spiritual practices

Vel! Vel! Subramanya!

வெல்! வெல்! சுப்பிரமண்யா!

May Lord Subramanya bless you with wisdom, courage, victory, and divine grace.

SIMPLE CHANTING

Chant this mantra with devotion.

108
TIMES DAILY
with devotion brings success, strength, protection and divine blessings.

BENEFITS OF CHANTING

- Success in studies, career, and endeavors
- Strength, courage, and self-confidence
- Focus, discipline, and determination
- Protection from negative forces
- Peace of mind and happiness
- Spiritual growth and liberation

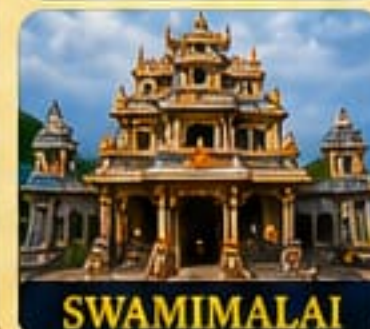
PLACES OF WORSHIP



PALANI



THIRUCHENDUR



SWAMIMALAI



TIRUPPARANKUNDRAM

OM SUBRAMANYAYA NAMAH

May Lord Subramanya (Murugan) bless you and your family with health, prosperity, happiness, and spiritual upliftment always.

ॐ

Lord Ayyappa is the divine son of Lord Shiva and Mohini (Vishnu). He is the embodiment of dharma, bravery, compassion, and self-control. He protects His devotees and guides them on the path of righteousness.



ॐ

Om Ayyappa Swamine Namah

I BOW TO LORD AYYAPPA

Salutations to Lord Ayyappa, the divine protector and embodiment of dharma, discipline, and devotion.

He teaches us discipline, devotion, and equality. He is the protector of all who surrender with a pure heart and follow the path of truth and righteous living.



MEANING

"I bow to Lord Ayyappa" or "Salutations to Lord Ayyappa, the divine master and protector."

SACRED MANTRA SIGNIFICANCE

- ॐ Om – the universal divine sound
- Ayyappa Swamine – to Lord Ayyappa, the divine master and protector
- Namah – I bow with devotion

This mantra invokes discipline, strength, protection, devotion, and spiritual purity.



SPIRITUAL SIGNIFICANCE

- Removes negativity, fear, and inner weakness
- Brings discipline, self-control, and spiritual strength
- Helps overcome obstacles and karmic challenges
- Enhances devotion, faith, and inner purity
- Blesses with protection, guidance, and divine grace
- Connects the devotee with dharma and higher consciousness



BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- During Mandala period and Sabarimala pilgrimage
- On Saturdays and sacred days of Ayyappa
- During meditation and vrata (discipline practices)
- In times of struggle for strength and guidance

SIMPLE CHANTING

CHANT
108
TIMES DAILY

with devotion brings protection, strength, peace, and divine blessings.



BENEFITS OF CHANTING

- Protection from negative forces
- Inner peace and mental clarity
- Strength, courage and confidence
- Success in endeavors
- Purity of mind and heart
- Spiritual growth and liberation (Moksha)

SWAMIYE SARANAM AYYAPPA



HE IS THE PROTECTOR OF DHARMA AND DEVOTEES.



HE GUIDES US ON THE RIGHT PATH WITH LOVE AND COMPASSION.



WITH DISCIPLINE, FAITH, AND DEVOTION, WE ATTAIN HIS GRACE AND BLESSINGS.



HE DESTROYS EVIL AND IGNORANCE AND PROTECTS THE DEVOTEE.



SABARIMALA IS THE ABODE OF DIVINE GRACE.

ॐ

MAY LORD AYYAPPA BLESS YOU WITH STRENGTH, HEALTH, PROSPERITY AND SPIRITUAL GROWTH

ॐ

SWAMIYE
SARANAM
AYYAPPA

SWAMIYE SARANAM AYYAPPA

SWAMIYE
SARANAM
AYYAPPA

O LORD AYYAPPA, I SURRENDER TO YOU

*Divine Lord Ayyappa,
You are my refuge*

MEANING

"O Lord Ayyappa,
I surrender to You"
or
"Divine Lord Ayyappa,
You are my refuge"

ABOUT LORD AYYAPPA

Lord Ayyappa is the
divine son of Lord Shiva
and Mohini (Vishnu).
He is the embodiment of
Dharma, Discipline,
Brahmacharya, and
Compassion.
He protects devotees
and guides them on the
path of righteousness.

SPIRITUAL SIGNIFICANCE

- Represents complete
surrender (Sharanagati)
to the Divine
- Removes ego, fear,
and inner negativity
- Brings peace,
discipline, and
inner strength
- Protects the devotee
and guides on the
path of dharma
- Awakens devotion,
purity, and spiritual
awareness

SWAMIYE SARANAM AYYAPPA

Chant with devotion, surrender and faith.
Ayyappa will protect, guide and bless you always.

WHEN TO CHANT

- During Ayyappa Vratam
(41-day discipline period)
- While climbing
Sabarimala steps
- During daily prayers
and meditation
- In times of stress,
confusion or difficulty
- Anytime with devotion
and surrender

SIMPLE PRACTICE

Chant continuously or

108
TIMES DAILY

with devotion to feel deep
peace, protection and
divine connection.

BLESSINGS OF CHANTING

- Protection from negative forces
- Success in endeavors
- Good health and well-being
- Strength, courage and confidence
- Peace of mind and happiness
- Spiritual growth and liberation

SWAMIYE SARANAM AYYAPPA

FAITH • DISCIPLINE • DEVOTION • DHARMA

SWAMIYE SARANAM AYYAPPA

HARIVARASANAM

SABARIMALA



GURU MANTRA

Salutations to the Divine Teacher

THE SACRED MANTRA

गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः ।
गुरुः साक्षात् परब्रह्म तस्मै श्रीगुरवे नमः ॥

*gururbrahmā gururviṣṇuḥ gururdevo maheśvaraḥ ।
guruḥ sākṣāt parabrahma tasmai śrīgurave namaḥ ॥*

SANSKRIT TO ENGLISH WORD MEANING

guruḥ	– the Guru, the Teacher
brahmā	– the Creator
viṣṇuḥ	– the Sustainer
devaḥ	– the Divine
maheśvaraḥ	– the Great Lord (Śiva)
sākṣāt	– directly, verily
parabrahma	– the Supreme Absolute Truth
tasmai	– to that (Him)
śrī-gurave	– to the Revered Guru
namaḥ	– salutations, obeisance



TRANSLATION

The Guru is Brahmā (the Creator),
the Guru is Viṣṇu (the Sustainer),
the Guru is Maheśvara (the Great Lord Śiva).
The Guru is verily the Supreme Absolute Truth.

To that Revered Guru,
I offer my humble salutations.



BRIEF EXPLANATION

The Guru is not just a teacher of words,
but the embodiment of the Divine.
He creates knowledge in us (like Brahmā),
nourishes and sustains us (like Viṣṇu),
and removes ignorance (like Śiva).
The true Guru reveals the Supreme Reality
and leads us from darkness to Light.



BENEFITS OF CHANTING GURU MANTRA



Deepens devotion
and gratitude
towards the Guru



Bestows knowledge,
wisdom and
discrimination



Removes ignorance
and inner
darkness



Provides protection
and removes
obstacles



Brings peace,
clarity and
spiritual growth



Leads to Self-realization
and ultimate
liberation

HOW TO CHANT



Sit in a clean,
quiet place
with a calm mind.



Remember
your Guru
with devotion.



Chant the mantra
108 times using a
mala (rosary).



Pronounce clearly
with bhāva
(feeling).



Offer the fruits of
chanting at the feet
of your Guru.



End with gratitude.

GURU KRIPĀ HI KEVALAM
By the Grace of the Guru, everything is attained.





He is the enlightened teacher who discovered the path to end suffering and showed the way of truth, mindfulness, and liberation.



Om Buddhaya Namah

I BOW TO LORD BUDDHA

Salutations to the enlightened one, the embodiment of wisdom, compassion, and awakening.

The embodiment of wisdom, compassion, non-violence, and loving-kindness who guides all beings towards inner peace and awakening.



MEANING

"I bow to Lord Buddha" or
"Salutations to the enlightened one, the embodiment of wisdom, compassion, and awakening."

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Buddhaya – to the awakened one, the enlightened consciousness
- Namah – I bow with devotion

This mantra invokes peace, wisdom, mindfulness, compassion, and inner awakening.



"Appo Deepo Bhava"

"Be a light unto yourself."

Walk the path of awareness, kindness, and wisdom.

Find peace within.



BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- During meditation and mindfulness practice
- On Purnima (Full Moon) and Buddha Purnima
- In silence for inner reflection and peace
- Anytime for calmness and awareness

SIMPLE CHANTING

CHANT

108

TIMES DAILY

with devotion brings peace, clarity, wisdom, and spiritual awakening.



BENEFITS OF CHANTING

- Inner peace and emotional balance
- Reduces stress and anxiety
- Improves concentration and mental clarity
- Develops compassion and positive attitude
- Supports spiritual growth and liberation (Nirvana)



BUDDHAM SHARANAM GACCHAMI



DHARMA

Live with truth, righteousness, and compassion.



SHILA

Live with morality, kindness, and self-discipline.



SAMADHI

Cultivate mindfulness, concentration, and inner stillness.



PRAJNA

Awaken wisdom, understanding, and true liberation.



MAY ALL BEINGS BE HAPPY. MAY ALL BEINGS BE FREE FROM SUFFERING.

MAY ALL BEINGS ATTAIN PEACE.





GAYATRI MANTRA

— The Supreme Prayer for Wisdom, Purity and Enlightenment —

THE SACRED MANTRA

ॐ भूर्भुवः सुवः ।
तत्सवितुर्वरेण्यं भर्गो देवस्य धीमहि ।
धियो यो नः प्रचोदयात् ॥

om bhūr bhuvah suvaḥ ।
tat savitur vareṇyam bhargo devasya dhīmahi ।
dhiyo yo naḥ pracodayāt ॥

SANSKRIT TO ENGLISH WORD MEANING

om	— the Supreme Divine
bhūh	— the physical world
bhuvah	— the subtle, mental world
suvaḥ	— the celestial, spiritual world
tat	— that (Supreme Reality)
savitur	— of the Divine Sun (the Creator)
vareṇyam	— the most adorable, worthy of worship
bhargah	— the effulgence, the remover of ignorance
devasya	— of the Divine
dhīmahi	— we meditate upon
dhiyo	— the intellects
yaḥ	— who
naḥ	— of us
pracodayāt	— may (He) inspire, guide, enlighten



Goddess Gayatri
The Divine Mother of the Vedas

TRANSLATION

We meditate upon the adorable glory of the Divine Creator, the Supreme Light, who has created the physical, mental and spiritual worlds. May that Divine Light illuminate our intellects and inspire us on the right path.



BRIEF EXPLANATION

The Gayatri Mantra is the essence of the Vedas. It is a prayer to the Supreme Divine, the source of all creation and consciousness. It invokes divine wisdom, purity of intellect and the strength to follow the path of righteousness. Chanting this mantra regularly elevates our thoughts, purifies our mind and leads us towards enlightenment.



BENEFITS OF CHANTING GAYATRI MANTRA



Enhances
Intelligence
and Memory



Purifies Mind
and Emotions



Reduces Stress
and Anxiety



Bestows Wisdom
and Knowledge



Protects from
Negativity



Leads to Spiritual
Growth and
Enlightenment

HOW TO CHANT



Chant in the
morning during
Brahma Muhurta
(before sunrise).



Sit in a clean,
quiet place
facing East.



Use a mala and
chant 108 times
with devotion.



Pronounce each
word clearly with
concentration.



Feel the divine light
within and offer
your prayer.



End with gratitude
and dedication
to the welfare
of all.

May the Divine Light of Gayatri Mata illuminate our intellect,
remove ignorance and lead us to the highest truth.



ॐ

He is the sixth avatar of Lord Vishnu who took birth to protect dharma, remove injustice and restore righteousness.



ॐ

Om Parashuramaya Namah

I BOW TO LORD PARASHURAMA

Salutations to Divine Parashurama, the warrior sage and protector of dharma.



ॐ

The divine warrior sage, destroyer of evil, upholder of truth and dharma, and protector of the good.



MEANING

"I bow to Lord Parashurama" or "Salutations to Divine Parashurama, the warrior sage and protector of dharma."

SACRED MANTRA SIGNIFICANCE

- ॐ Om – the universal divine sound
- Parashuramaya – to Lord Parashurama, the divine warrior and sage
- Namah – I bow with devotion

This mantra invokes courage, discipline, protection, justice and spiritual strength.



SPIRITUAL SIGNIFICANCE

- Removes fear, negativity and injustice
- Brings courage, strength and divine protection
- Helps overcome enemies, challenges and karmic obstacles
- Enhances discipline, focus and righteous living
- Connects the devotee with Vishnu consciousness and warrior wisdom



क्षत्रिय दर्पविनाशाय ब्रह्म त्तेजाय चधीमहि ।
परशुरामाय वीराय विशरूपाय धीमहि ॥

We meditate on Lord Parashurama, the destroyer of arrogance, the embodiment of divine wisdom and valor, the protector of the world.

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Thursdays, Akshaya Tritiya and Parashurama Jayanti
- During Vishnu Puja and meditation
- In times of struggle, injustice or inner conflict
- In sacred silence with devotion and surrender

SIMPLE CHANTING

CHANT

108

TIMES DAILY
with devotion brings strength, protection, success and divine blessings.



BENEFITS OF CHANTING

- Divine protection and safety
- Inner strength and courage
- Clarity, focus and confidence
- Victory over obstacles and negativity
- Success, prosperity and happiness
- Restoration of dharma and cosmic balance

JAI SHRI PARASHURAMA



OM PARASHURAMAYA NAMAH



WARRIOR OF DHARMA
Protector of the weak, destroyer of evil and enforcer of righteousness.



UPHOLDER OF JUSTICE
He removes injustice and restores balance in the world.



SAGE AND WARRIOR
A perfect blend of spiritual wisdom and divine valor.



FOLLOW THE PATH OF DHARMA
Live with truth, humility, discipline and compassion.

MAY LORD PARASHURAMA BLESS YOU AND YOUR FAMILY ALWAYS



DHARMO RAKSHATI RAKSHITAH + PROTECT DHARMA AND DHARMA WILL PROTECT YOU



ŚRĪ DEVĪ

The Divine Mother

Auspiciousness • Protection • Fulfillment • Grace

THE SACRED MANTRA

सर्वमङ्गलमाङ्गल्ये शिवे सर्वार्थसाधिके ।
शरण्ये त्र्यम्बके गौरी नारायणी नमोऽस्तु ते ॥

*sarvamangalamāṅgalye śive sarvārthasādhake
śaraṇye tryambake gauri nārāyaṇi namo'stu te*

SANSKRIT TO ENGLISH WORD MEANING

sarva-māṅgala-māṅgalye	— the one who is the auspiciousness of all that is auspicious
śive	— the consort of Śiva
sarvārtha-sādhake	— who is the means of accomplishing all desires
śaraṇye	— who is the refuge of all
tryambake	— the three-eyed one
gauri	— the fair-complexioned one
nārāyaṇi	— O Devi
namaḥ	— salutation
astu	— let it be
te	— to you

TRANSLATION

Salutation to you, O Devi,
who is the auspiciousness of all that is auspicious,
who is the consort of Lord Śiva,
who is the means of accomplishing all desires,
who is the refuge of all,
who is three-eyed and
who is the fair-complexioned one.

BRIEF EXPLANATION



Goddess Pārvatī is the consort of Lord Śiva and is worshipped as Śakti. The puranic literature describes her as having many forms, including Durgā, Caṇḍī, Kālī and Umā. While Śiva represents the efficient cause of creation, Śakti symbolises the material cause.

SPIRITUAL SIGNIFICANCE



She is the source of all auspiciousness and removes negativity.



She protects, nourishes and fulfils the true needs of the devotee.



She grants strength, courage and victory over difficulties.



She is the ultimate refuge for all beings.



She is the Divine Mother who guides us towards dharma and liberation.

BENEFITS OF CHANTING THIS MANTRA



Brings auspiciousness and positivity



Provides protection and safety



Helps fulfil righteous desires



Bestows peace, prosperity and well-being



Grants strength, wisdom and courage



Leads to spiritual growth and liberation

O DIVINE MOTHER, WE BOW TO YOU.
BLESS US WITH YOUR GRACE, PROTECTION AND FULFILLMENT.

JAI MĀ DURGĀ • JAI MĀ PĀRVATĪ • JAI MĀ NĀRĀYAṆĪ



ŚRĪ VIṢṆU

— The All-Pervasive Sustainer of the Universe —



THE SACRED MANTRA

नमस्समस्तभूतानाम् आदिभूताय भाभवे ।
अनेकरूपरूपाय विष्णवे प्रभविष्णवे ॥

*namassamastabhūtānām ādibhūtāya bhābhūte
anekarūparūpāya viṣṇave prabhaviṣṇave*

SANSKRIT TO ENGLISH WORD MEANING

namaḥ	– salutation
samasta-bhūtānām	– of all the beings
ādi-bhūtāya	– to the creator
bhābhūte	– the sustainer of the creation
aneka-rūpa-rūpāya	– the one whose form is all forms
viṣṇave	– who is all pervasive
prabha-viṣṇave	– the self-effulgent one

TRANSLATION

Salutation to Lord Viṣṇu, who is the creator of all beings, the sustainer of the creation, whose form is all forms, who is all pervasive, and who is self-effulgent.

BRIEF EXPLANATION

Lord Viṣṇu is the presiding deity for all that sustains the creation. He is worshipped for prosperity and health.

SIGNIFICANCE OF WORSHIPPING LORD VIṢṆU



Sustainer of the Universe



Maintains Cosmic Order (Dharma)



Blesses with Prosperity



Bestows Health & Peace



Removes Fear and Negativity

HOW TO CHANT



Sit in a clean and peaceful place.



Light a lamp and offer your prayers.



Chant the mantra with devotion and focus.



Feel the presence of Lord Viṣṇu within.



Chant 9, 27, 108 times for best results.

OM NAMO NĀRĀYAṆĀYA
MAY LORD VIṢṆU BLESS US WITH PROSPERITY, HEALTH,
PEACE AND SPIRITUAL GROWTH.



ŚRĪ LAKṢMĪ

Goddess of Prosperity, Abundance and Auspiciousness

THE SACRED MANTRA

नमस्तेऽस्तु महामाये श्रीपीठे सुरपूजिते ।
शंखचक्रगदाहस्ते महालक्ष्मि नमोऽस्तु ते ॥

*namaste'stu mahāmāye śrīpīthe surapūjite
śaṅkhacakra-gadāhaste mahālakṣmi namo'stu te*

SANSKRIT TO ENGLISH WORD MEANING

namah	– salutation
te	– unto you
astu	– let it be
mahāmāye	– who is all powers
śrīpīthe	– who is the seat of wealth
sura-pūjite	– who is worshipped by the gods
śaṅkhacakra- gadā-haste	– the one who wields a shell, a disc and a mace in her hands
mahālakṣmi	– O Goddess of prosperity
namah	– salutation
astu	– let it be
te	– to you



TRANSLATION

Salutation to you, O Mahālakṣmī, who is all power,
who is the seat of wealth, who is worshipped by
the gods and who has a shell, a disc and a mace
in her hands.



BRIEF EXPLANATION

Goddess Lakṣmī is the consort of Lord Viṣṇu.
Sustenance of anything requires wealth and resources.
Śrī Lakṣmī blesses the creation with wealth, thereby
supporting and sustaining the world.



BENEFITS OF CHANTING THIS MANTRA



Attracts wealth,
prosperity and
abundance



Invites divine
blessings and
grace



Protects from
negativity and
misfortunes



Brings harmony,
peace and
happiness



Bestows success in
all endeavors and
righteous living

HOW TO CHANT



Sit in a clean and
peaceful place



Light a lamp and
offer your prayers



Chant the mantra
with devotion



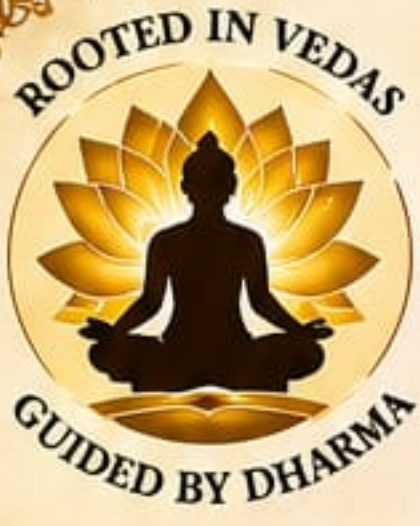
Use a mala and
chant 108 times
for best results



Keep faith, gratitude
and a pure heart

MAY ŚRĪ LAKṢMĪ DEVI BLESS YOU WITH WEALTH,
HEALTH, PROSPERITY AND INNER FULFILLMENT.





DĪPA DARŚANAM

The Prayer to the Sacred Lamp



THE SACRED MANTRA

शुभं करोति कल्याणं आरोग्यं धनसंपदाम् ।
शत्रुबुद्धिविनाशाय दीपज्योतर्नमोऽस्तु ते ॥

śubhaṃ karoti kalyāṇaṃ ārogyaṃ dhanasampadām |
śatrubuddhivināśāya dīpajyotiarnamo'stu te ||

Light dispels
darkness and
leads us from
ignorance to
knowledge.

SANSKRIT TO ENGLISH WORD MEANING

śubham	– auspiciousness
karoti	– which brings
kalyāṇam	– prosperity
ārogyam	– good health
dhana-sampadam	– abundance of wealth
śatru-buddhi-vināśāya	– for the destruction of the intellect's enemy (ignorance)
dīpa-jyotiḥ	– that lamplight
namaḥ	– salutation
astu	– let it be
te	– to you

TRANSLATION

The lamplight brings auspiciousness, prosperity, good health and abundance of wealth. Let (my) salutations be to you for the destruction of the ignorance which is the intellect's enemy.

BRIEF EXPLANATION

This prayer is chanted before lighting the lamp. Light is considered a symbol of auspiciousness, prosperity and abundance in many cultures. Light brings with it brightness, but how does it destroy the intellect's enemy?

The intellect's enemy is considered to be ignorance; its archenemy is self-ignorance. Ignorance is likened to darkness; knowledge is likened to light. A room may be full of objects and one's sight may be sharp, but if the room is in darkness, the objects cannot be perceived. Light removes the darkness and makes it possible to see the objects. In the same manner, the self (subject) is ever present in one's experiences, but due to ignorance, its essential nature is not known. As light removes darkness, knowledge of the self removes ignorance and allows one to discover happiness as the essential nature of the self.

BENEFITS OF DĪPA DARŚANAM



Brings auspiciousness and prosperity.



Promotes good health and well-being.



Attracts abundance of wealth.



Destroys ignorance, the enemy of intellect.



Purifies the mind and elevates thoughts.



Creates positive energy and harmony in the surroundings.

HOW TO PRACTICE



- Cleanse the place and your mind.
- Light the lamp with devotion.
- Chant the mantra with sincerity.
- Gaze at the flame with awareness.
- Offer the prayers for the welfare of all.

As the lamp removes darkness, may knowledge remove ignorance from our lives
and light the path to truth, peace and liberation."

OM DĪPA JYOTIR NAMO'STU TE



ŚRĪ ŚIVA

THE AUSPICIOUS ONE



THE SACRED MANTRA

नमस्ते अस्तु भगवन् विश्वेश्वराय महादेवाय त्र्यम्बकाय
त्रिपुरान्तकाय त्रिकालानिकालाय कालानिरुद्राय नीलकण्ठाय
मृत्युञ्जयाय सर्वेश्वराय सदाशिवाय श्रीमन्महादेवाय नमः ॥

*namaste astu bhagavan viśveśvarāya mahādevāya tryambakāya
tripurāntakāya trikālāgnikālāya kālāgnirudrāya nīlakaṇṭhāya mṛtyuñjayāya
sarveśvarāya sadāśivāya śrīmanmahādevāya namaḥ*

SANSKRIT TO ENGLISH WORD MEANING

namaḥ (namaste)	– salutation
te (astu)	– let it be (to you)
bhagavan	– O Lord
viśveśvarāya	– the master of the universe
mahādevāya	– the great Lord
tryambakāya	– the three-eyed one
tripurāntakāya	– the destroyer of Tripura
trikālāgni-kālāya	– the extinguisher of the Trikālā fire
kālāgnirudrāya	– the extinguisher of the fire of death
nīlakaṇṭhāya	– the blue-necked one
mṛtyuñjayāya	– the victor over death
sarveśvarāya	– the Lord of all
sadāśivāya	– the ever-auspicious one
śrīman-mahādevāya	– the glorious Lord of all deities
namaḥ	– salutation

TRANSLATION

Salutation to you, O Lord, the master of the universe,
the great Lord, the three-eyed one, the destroyer of Tripura,
the extinguisher of the Trikālā fire and the fire of death,
the blue-necked one, the victor over death,
the Lord of all, the ever-auspicious one,
the glorious Lord of all deities.

BRIEF EXPLANATION



This Vedic prayer is taken from Rudram, which is a hymn to Lord Śiva. Śiva is the presiding deity of the function of destruction. The word 'Śiva' means 'the auspicious one'. Śiva's third-eye symbolises wisdom, that wisdom by which adharma is destroyed and the apparent limitation of mortality is overcome. (This prayer should be learned and recited using the three svaras, tones that are used in Vedic chanting.)



SIGNIFICANCE OF THIS MANTRA



Removes
Obstacles



Destroys Negativity
and Adharma



Protects from
Fear and Harm



Bestows Wisdom
and Clarity



Helps Overcome
Death and Fear



Brings Peace,
Strength & Courage



Leads to Spiritual
Growth & Liberation

WHEN TO RECITE



Every morning
after bath



Before starting any
important work



During prayers,
meditation & chanting

BENEFITS

- Removes all obstacles in life
- Brings success in every endeavor
- Bestows protection, strength and courage
- Grants wisdom, prosperity and inner peace
- Helps in spiritual awakening and liberation



OM NAMAH
ŚIVĀYA

MAY LORD ŚIVA BLESS US WITH WISDOM, STRENGTH, PEACE AND LIBERATION.

ॐ नमः शिवाय



ŚRĪ GAṆEŚA

The Remover of Obstacles • Bestower of Wisdom
Auspicious Beginnings • Divine Protector



THE SACRED MANTRA

शुक्लाम्बरधरं विष्णुं शशिवर्णं चतुर्भुजम् ।
प्रसन्नवदनं ध्यायेत् सर्वविघ्नोपशान्तये ॥

śuklāmbaradharaṃ viṣṇuṃ śaśivarnaṃ caturbhujam
prasannavadanam dhyāyet sarvavighnopaśāntaye

SANSKRIT TO ENGLISH WORD MEANING

śuklāmbaradharam	– one who wears the white garment
viṣṇuṃ	– who is all-pervading
śaśivarnaṃ	– who has a bright complexion
caturbhujam	– who has four hands
prasannavadanam	– who has an ever-smiling face (or an elephant face)
dhyāyet	– may one meditate upon
sarvavighnopaśāntaye	– for the removal of all obstacles

TRANSLATION

May one meditate upon Lord Vighneśvara, who wears the white garment, who is all pervasive, who has a bright complexion (like the full moon), who has four hands (representing all power), who has an ever-smiling face (or an elephant face), for the removal of all obstacles.

BRIEF EXPLANATION

Lord Gaṇeśa is the older son of Lord Śiva and his consort, Pārvatī. The younger son is Lord Kārtikeya.

Lord Gaṇeśa is invoked before any undertaking for the removal of obstacles. He is also worshipped for knowledge and wisdom he bestows upon devotees.

WHY WE INVOKE LORD GAṆEŚA

-  Remover of all obstacles in our path.
-  Bestows wisdom, intellect and success.
-  Brings prosperity, peace and happiness.
-  Protects us and guides us towards righteousness.

WHEN AND HOW TO RECITE



Recite in the morning after waking up.



Chant before starting any important task, study or journey.



Chant with devotion, focus and a pure heart.



Visualize Lord Gaṇeśa blessing you with strength and clarity.

BENEFITS OF CHANTING THIS MANTRA



Removes Obstacles



Enhances Wisdom and Intelligence



Brings Success in All Endeavors



Promotes Peace and Harmony



Attracts Prosperity and Good Fortune



Brings Positivity and Joy



OM GAṆEŚĀYA NAMAH

May Lord Gaṇeśa bless us with a life free from obstacles and filled with wisdom and success.





MṚTYUÑJAYA MANTRA

The Mantra of Healing, Protection and Liberation

THE SACRED MANTRA

ॐ त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् ।
उर्वारुकमिव बन्धनान्मृत्योर्मुक्षीय मामृतात् ॥

om tryambakam yajāmahe sugandhim puṣṭivardhanam
urvārukamiva bandhanāmmṛtyormukṣiya mā'mṛtāt

SANSKRIT TO ENGLISH WORD MEANING

tryambakam	– three-eyed (Śiva)
yajāmahe	– we offer our worship
sugandhim	– fragrant
puṣṭivardhanam	– one who enhances prosperity
urvārukam	– the water melon
iva	– like
bandhanāt	– from the bondage
mṛtyoḥ	– of death
mukṣiya	– liberate
mā	– not
amṛtāt	– from immortality



TRANSLATION

We offer our worship to the fragrant, three-eyed Lord Śiva who enhances prosperity. May he liberate us from the bondage of death like the water melon (which effortlessly separates from the vine); may he not (let us turn away) from immortality.

BRIEF EXPLANATION

This mantra is taken from Rudram, which is a hymn on Lord Śiva. It is also called mṛtyuñjaya-mantra, meaning, it invokes the grace of Lord Śiva for conquering death.

This verse contains a beautiful metaphor. The urvāruka fruit is a melon which grows on the ground attached to a vine. It takes its time to ripen. When fully ripe, it does not have to be plucked. It detaches itself effortlessly, remaining where it is, but free from the vine. Amṛta is total freedom from the sense of all inadequacy and limitation.

An essential requirement in gaining amṛta is emotional maturity, which is gained by the process of inner growth, by living a life of values and prayer. This maturing of the mind is likened to the ripening of the fruit.

There is another important aspect of this example. Freedom being the essential nature of the self, the mature mind does not have to seek outside itself to gain this freedom. When a mature mind is exposed to the teaching, it effortlessly comes to recognise that freedom. This is the gain of that which already has been gained.

Thus, this is a prayer of a mumukṣu, a person who desires that total freedom and who makes it his main pursuit in life.

BENEFITS OF CHANTING THIS MANTRA



Protection from untimely death and accidents



Promotes physical, mental and emotional healing



Brings peace, courage and inner strength



Enhances prosperity and well-being



Helps in spiritual growth and liberation

WHEN AND HOW TO CHANT



Chant in the morning, evening or before sleeping.



Ideal during illness, difficulties or major challenges.



Chant 3, 9, 27, 108 times with devotion and focus.



Sit in a calm place, keep the spine straight and mind peaceful.



Chant with faith, surrender and pure intention.

TRADITIONALLY CHANTED



By family and friends for a person who is ill or approaching death.



Should be learned and recited using the three svaras (tones used in Vedic chanting).



MAY LORD TRYAMBAKA, THE CONQUEROR OF DEATH,
BLESS US WITH HEALTH, LONG LIFE, PROSPERITY AND LIBERATION.



BHŪMI NAMASKĀRAM

A Prayer of Gratitude to Mother Earth

THE SACRED MANTRA

समुद्रवसने देवि पर्वतस्तनमण्डले ।
विष्णुपत्नी नमस्तुभ्यं पादस्पर्श क्षमस्व मे ॥

samudravasane devi parvatastanamaṇḍale
viṣṇupatni namastubhyam pādaspr̥ṣam kṣamasva me

WORD MEANING

samudravasane	– O one who dwells in the ocean!
devi	– the effulgent one!
parvata-stanamaṇḍale	– one whose breasts are big like the mountain and rounded
viṣṇupatni	– wife of Lord Viṣṇu
namaḥ	– (my) salutation
tubhyam	– to you
pādaspr̥ṣam	– for my touching (you) with (my) feet
kṣamasva	– forgive
me	– me

TRANSLATION

O one who dwells in the ocean! the effulgent one!
one whose breasts are big like the mountain and rounded, (my) salutation to you. Forgive me for my touching (you) with (my) feet.

BRIEF EXPLANATION

This prayer is chanted after kara-darśanam when one places one's feet on Mother Earth for the first time at dawn. In the Vedic culture, Mother Earth is looked upon as Goddess, and not merely one of the five elements of creation. Therefore, placing one's feet on her is looked upon as an act of disrespect. In seeking forgiveness from the Goddess, one acknowledges the divinity around.

WHEN AND HOW TO RECITE



Recite this prayer in the morning after waking up.



Before placing your feet on the ground, fold your hands and chant the mantra.



Do it with devotion, awareness and reverence for Mother Earth.

SPIRITUAL SIGNIFICANCE



Cultivates gratitude and respect for Mother Earth.



Reminds us that Earth is Divine and worthy of reverence.



Acknowledges our dependence on nature for every step we take.



Promotes humility, mindfulness and dharmic living.

The Earth is not just a place to live, but our Divine Mother who supports and sustains all life.



BENEFITS OF PRACTICING BHŪMI NAMASKĀRAM



Brings Humility and Gratitude



Deepens Connection with Nature



Promotes Peace and Harmony



Purifies Actions and Mind



Supports an Eco-conscious Life



Invites Blessings for the Day

LET US HONOR, RESPECT AND PROTECT OUR MOTHER EARTH



+91 7904218828



sastram108@gmail.com

|| VEDIC WISDOM FOR A BETTER LIFE



KARA DARŚANAM

A Sacred Morning Prayer

Begin your day with gratitude, devotion and divine blessings.



कराग्रे वसते लक्ष्मीः
करमध्ये सरस्वती
करमूले स्थिता गौरी
प्रभाते करदर्शनम् ॥

KARĀGRE VASATE LAKṢMĪḤ
KARAMADHYE SARASVATĪ
KARAMŪLE STHITĀ GAURĪ
PRABHĀTE KARADARŚANAM

MEANING

- At the tip of your palm resides Goddess Lakshmi (prosperity and wealth).
- In the middle of your palm resides Goddess Sarasvati (knowledge and wisdom).
- At the base of your palm resides Goddess Gauri (strength and divine power).
- Therefore, in the morning, look at your palm with reverence and gratitude.

BRIEF EXPLANATION

This morning prayer is called 'Kara Darśanam'. Kara means the forearm including the palm. Here, kara refers to the palm of the hand and it stands for the five karmendriyas or the organs of action. While looking at the palm, we invoke the Divine in the form of various Goddesses, thus sanctifying all the actions that will be done during the day. By acknowledging the Lord as the giver of the capacity to perform actions and as the giver of the fruits of those actions, we purify and elevate our deeds.

OUR HANDS – INSTRUMENTS OF DIVINE ACTION



GIVING
(DĀNA)



RECEIVING
(GRAHANA)



CREATING
(KRIYĀ)



SERVING
(SEVĀ)



WORSHIPPING
(PŪJĀ)



May all our actions be pure, righteous and dedicated to the Divine.



BENEFITS OF PRACTICING KARA DARŚANAM



Invites Prosperity and Abundance



Enhances Knowledge and Wisdom



Gives Strength, Courage and Protection



Focuses the Mind on Positive Actions



Sanctifies All Daily Actions



Starts the Day with Gratitude and Grace



LET US BEGIN EACH DAY
WITH AWARENESS, DEVOTION AND DIVINE BLESSINGS.

ॐ शान्तिः शान्तिः शान्तिः ॐ





He is the fish avatar of Lord Vishnu who protected the Vedas and guided life through the great flood.



Om Matsyaya Namah

I BOW TO LORD MATSYA

Salutations to Divine Matsya, the protector of wisdom and savior during cosmic dissolution.



The savior who preserves knowledge, protects devotees and restores dharma in times of crisis.



MEANING

"I bow to Lord Matsya" or
"Salutations to Divine Matsya, the protector of wisdom and savior during cosmic dissolution."

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Matsyaya – to Lord Matsya, the divine savior and protector
- Namah – I bow with devotion

This mantra invokes protection, wisdom, guidance, and spiritual preservation.



प्रलय-पयोधि-जले धृतवासि वेदं
विहितवहिन्न चरित्रम् अखेददम् ।
केशव धृत-मीन-शरीर जय जगदीश हते ॥
O Keshava! You assumed the form of a fish and protected the Vedas in the waters of dissolution.
Victory to You, O Lord of the Universe!

SPIRITUAL SIGNIFICANCE

- Removes fear, confusion, and uncertainty
- Brings protection, clarity, and divine guidance
- Helps overcome life transitions and hidden challenges
- Enhances faith, wisdom, and spiritual awareness
- Connects the devotee with Vishnu consciousness and divine preservation



BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Thursdays, Saturdays and Matsya Jayanti
- During Vishnu Puja and meditation
- In times of uncertainty, change, or emotional turbulence
- In sacred silence with devotion and surrender

SIMPLE CHANTING

CHANT

108

TIMES DAILY

with devotion brings peace, wisdom, protection, and divine blessings.



BENEFITS OF CHANTING

- Divine protection and safety
- Mental clarity and peace
- Overcoming obstacles and difficulties
- Spiritual growth and inner strength
- Happiness, prosperity, and divine blessings



JAI SHRI MATSYA



OM MATSYAYA NAMAH



PROTECTOR OF WISDOM
He protected the Vedas and sacred knowledge.



GUIDE IN TIMES OF FLOOD
He guided Manu and the sages to safety.



PRESERVER OF DHARMA
He restores dharma and brings divine order.

FAITH • PROTECTION • WISDOM
Chant with pure heart and receive divine grace.



ॐ SURRENDER TO LORD MATSYA AND BE SAFE THROUGH EVERY STORM OF LIFE. ॐ



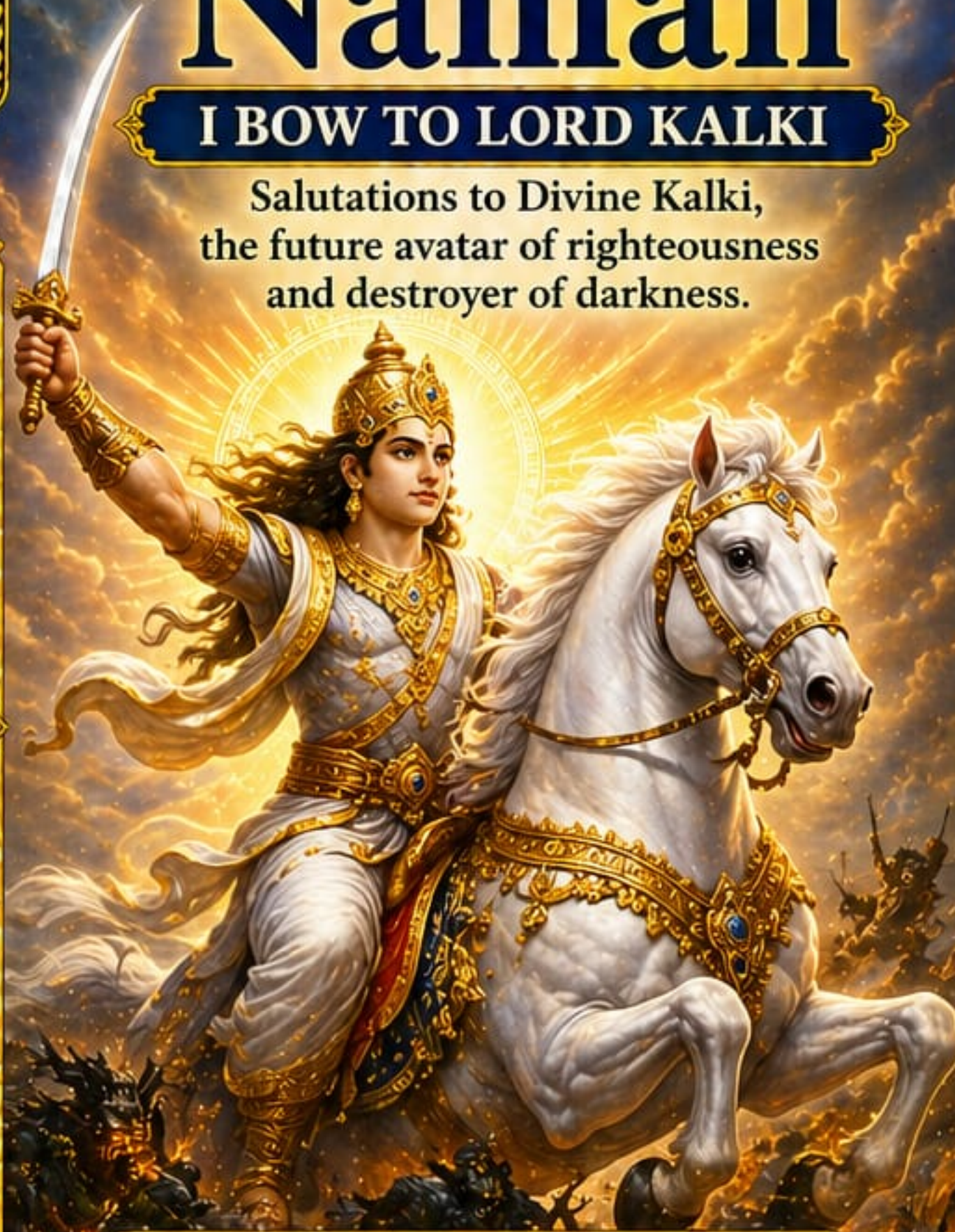
He is the future avatar of Lord Vishnu who will end Kali Yuga, destroy evil, and restore dharma on Earth.



Om Kalkine Namah

I BOW TO LORD KALKI

Salutations to Divine Kalki, the future avatar of righteousness and destroyer of darkness.



The divine warrior who upholds truth, eliminates adhrama, and brings peace, justice and harmony.



MEANING

"I bow to Lord Kalki" or
"Salutations to Divine Kalki, the future avatar of righteousness and destroyer of darkness."

SACRED MANTRA SIGNIFICANCE

- Om – the universal divine sound
- Kalkine – to Lord Kalki, the divine warrior of truth and righteousness
- Namah – I bow with devotion

This mantra invokes protection, courage, justice, transformation, and spiritual awakening.



SPIRITUAL SIGNIFICANCE

- Removes fear, negativity, and ignorance
- Brings courage, discipline, and divine protection
- Destroys inner darkness and karmic obstacles
- Enhances truthfulness, righteousness, and spiritual strength
- Connects the devotee with Vishnu consciousness and divine justice



यदा यदा हि धर्मस्य ग्लानिर्भवति भारत ।
अभ्युत्थानमधर्मस्य तदात्मानं सृजाम्यहम् ॥

Whenever there is a decline in dharma and the rise of adhrama, at that time I manifest Myself.
– Bhagavad Gita 4.7

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Thursdays, Ekadashi, and sacred Vishnu days
- During meditation and Vishnu Puja
- In times of moral confusion, fear, or spiritual struggle
- In sacred silence with devotion and surrender

SIMPLE CHANTING

CHANT

108

TIMES DAILY

with devotion brings clarity, protection, peace, and divine blessings.



BENEFITS OF CHANTING

- Divine protection and safety
- Inner strength and courage
- Clarity, wisdom and focus
- Overcoming obstacles and difficulties
- Peace, prosperity, and happiness
- Restoration of dharma and cosmic balance



JAI SHRI KALKI



OM KALKINE NAMAH



BE A WARRIOR OF DHARMA
Follow the path of truth, righteousness and compassion.



DESTROY INNER EVIL
Conquer anger, greed, ego and negativity.



STAY DHARMIC
Live with integrity, kindness and faith.



DIVINE JUSTICE PREVAILS
Lord Kalki will restore peace and harmony.

KAAL KA
SWAROOP
DHARMA KA
RAKSHAK
BHAKTON KA
PALANHAR

Om Bhairavaya Namah

FEARLESS
PROTECTOR
DESTROYER OF
NEGATIVITY
GRANTER OF
COURAGE &
STRENGTH

MANTRA MEANING

Om – The universal
divine sound

Bhairavaya –
To Lord Bhairava,
the divine guardian
and protector

Namah –
I bow with devotion
and surrender

I BOW TO LORD BHAIRAVA

SALUTATIONS TO DIVINE BHAIRAVA,
THE FIERCE PROTECTOR, REMOVER OF FEAR,
AND GUARDIAN OF DHARMA

SPIRITUAL SIGNIFICANCE

- Removes fear, negativity and evil influences
- Brings courage, strength and fearlessness
- Helps overcome hidden obstacles and karmic blockages
- Enhances discipline, focus and spiritual determination
- Connects the devotee with Shiva consciousness and protective grace

He who remembers Bhairava
with devotion is always protected,
guided and victorious in life.

BENEFITS OF CHANTING

- Provides powerful protection from negative energies
- Removes fear, stress and anxiety
- Brings success in endeavors and legal matters
- Helps in spiritual growth and self-mastery
- Grants peace, stability and inner strength

HOW TO CHANT

CHANT

108

TIMES DAILY

with devotion and pure heart
to receive the blessings of
Lord Bhairava.

BEST TIME TO CHANT

- Early morning or midnight meditation
- On Sundays, Tuesdays and Kalashtami
- During Bhairava Puja and Shiva sadhana
- In times of fear, uncertainty or spiritual cleansing
- In sacred silence with devotion and surrender

ॐ JAI KAL BHAIRAV ॐ

Om Bhairavaya Namah

CONTACT US

+91 7904218828

WE ARE HERE TO SERVE YOU

CONNECT WITH US



goditsyou.net
Connecting with
Inner God



Om Ayurveda
Ancient wisdom for
a healthy life



MOTHER EARTH
TRAVEL AND TOURISM
Meaningful journeys,
mindful experiences



Care you can trust,
wellness you deserve



TRUSTED
& RELIABLE



AUTHENTIC
& QUALITY



CUSTOMER
SATISFACTION



NATURAL
& HOLISTIC

Om Varahaya Namah

He is the
boar avatar of
Lord Vishnu who
rescued Mother
Earth and restored
cosmic balance.

The protector
of dharma,
destroyer of evil
and remover of
obstacles.

I BOW TO LORD VARAHA

Salutations to Divine Varaha,
the powerful protector and savior of Earth.

MEANING

"I bow to Lord Varaha"
or
"Salutations to Divine
Varaha, the powerful
protector and savior
of Earth."

SACRED MANTRA SIGNIFICANCE

- Om – the universal
divine sound
- Varahaya – to Lord
Varaha, the divine
protector and sustainer
- Namah – I bow with
devotion

This mantra invokes
protection, stability,
strength, and
divine support.

SPIRITUAL SIGNIFICANCE

- Removes fear,
negativity, and
instability
- Brings protection,
courage, and
grounding energy
- Helps overcome life
obstacles and hidden
karmic burdens
- Enhances faith,
confidence, and
spiritual balance
- Connects the devotee
with Vishnu
consciousness and
divine preservation

धरणीं उद्धरितो यस्य दन्ताग्रेण महीधरः।
नमो वै वराहाय शुद्धाय परमात्मने नमः॥
Salutations to Lord Varaha who lifted the Earth
on His tusks. I bow to the pure Supreme Soul.

BEST TIME TO CHANT

- Early morning
(Brahma Muhurta)
- On Thursdays,
Saturdays, and
Varaha Jayanti
- During Vishnu Puja
and meditation
- In times of uncertainty,
fear, or instability
- In sacred silence with
devotion and surrender

SIMPLE CHANTING

CHANT
108
TIMES DAILY

with devotion brings peace,
protection, strength, and
divine blessings.

BENEFITS OF CHANTING

- Divine protection and safety
- Inner strength and courage
- Stability, peace, and grounding
- Removal of obstacles
and karmic burdens
- Spiritual growth and
cosmic harmony

JAI SHRI VARAHA

OM VARAHAYA NAMAH

May Lord Varaha bless you and your family with
protection, prosperity, strength, and divine grace.



Om Narasimhaya Namah

HE IS THE
FIERCE AVATAR
OF LORD VISHNU
WHO PROTECTS
DEVOTEES,
DESTROYS EVIL
AND UPHOLDS
DHARMA.

MAY LORD
NARASIMHA
BLESS YOU WITH
FEARLESSNESS,
PROTECTION,
STRENGTH AND
DIVINE GRACE.

I BOW TO LORD NARASIMHA

SALUTATIONS TO DIVINE NARASIMHA,
THE FIERCE PROTECTOR AND DESTROYER
OF FEAR AND NEGATIVITY

MANTRA MEANING

Om – The universal
divine sound

Narasimhaya –
To Lord Narasimha,
the divine protector

Namah –
I bow with devotion
and surrender

SPIRITUAL SIGNIFICANCE

- Removes fear, negativity and evil influences
- Brings courage, protection and divine blessings
- Helps overcome enemies, hidden dangers and karmic obstacles
- Enhances confidence, faith and spiritual discipline
- Connects the devotee with Vishnu consciousness and divine protection



Ugram vīram mahā-viṣṇum
jvalantam sarvato-mukham
Nṛsimham bhīṣanam bhadram
mṛtyu-mṛtyum namāmy aham ||

I bow to the fierce and benevolent Lord Narasimha,
the destroyer of death and the protector of all beings.

BENEFITS OF CHANTING

- Provides powerful protection from negative energies
- Removes fear, stress and anxiety
- Brings success in endeavors and removes obstacles
- Helps in spiritual growth and self-realization
- Grants peace, stability and inner strength

HOW TO CHANT

CHANT

108

TIMES DAILY

with devotion and pure heart
to receive the blessings of
Lord Narasimha.

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Saturdays, Thursdays and Narasimha Jayanti
- During Vishnu Puja and meditation
- In times of fear, stress or spiritual cleansing
- In sacred silence with devotion and surrender

ॐ JAI LAKSHMI NARASIMHA ॐ

Om Narasimhaya Namah

CONTACT US

+91 7904218828

— WE ARE HERE TO SERVE YOU —

CONNECT WITH US

goditsyou.net
Connecting with
Inner God

Om Ayurveda
Ancient wisdom for
a healthy life

MOTHER EARTH
TRAVEL AND TOURISM
Meaningful journeys,
mindful experiences

**Best
Care**
Care you can trust,
wellness you deserve

TRUSTED
& RELIABLE

AUTHENTIC
& QUALITY

CUSTOMER
SATISFACTION

NATURAL
& HOLISTIC

अन्नपूर्णे
सदापूर्णे
शंकरप्राण
वल्लभे ।
ज्ञान वैराग्य
सिद्ध्यर्थं
भिक्षां देहि च
पार्वती ॥

Om Annapurnayai Namah

ANNAPOORNE
SADAPOORNE
SHANKARPRANA
VALLABHE |
JNANA VAIRAGYA
SIDDHYARTHAM
BHIKSHAM DEHI CHA
PARVATI ||

I BOW TO GODDESS ANNAPURNA

SALUTATIONS TO DIVINE MOTHER ANNAPURNA,
THE GIVER OF NOURISHMENT, FOOD,
ABUNDANCE AND COMPASSION

MANTRA MEANING

Om – The universal
divine sound

Annapurnayai –
To Goddess Annapurna,
the one who is always
full of food and
blessings

Namah –
I bow with devotion
and surrender

SPIRITUAL SIGNIFICANCE

- Brings food abundance
and prosperity
- Removes scarcity,
fear and insecurity
- Blesses home,
kitchen, family and
well-being
- Enhances gratitude,
compassion and
contentment
- Connects the devotee
with divine motherly
grace and nourishment

BENEFITS OF CHANTING

- Brings abundance,
prosperity and wealth
- Ensures food, nutrition
and good health
- Removes financial worries
and difficulties
- Creates peace, happiness
and satisfaction
- Bestows divine blessings
and protection
- Cultivates gratitude
and contentment

HOW TO CHANT

CHANT

108

TIMES DAILY

with devotion and pure heart
to receive the blessings of
Goddess Annapurna

BEST TIME TO CHANT

- Early morning before
cooking or meals
- On Fridays, Purnima
and Navratri
- During Annapurna Puja
and Devi worship
- Before offering food
(Naivedyam)
- During gratitude and
spiritual kitchen
practices

अन्नं दाता
सुखी भवेत्

Annapoorne Sadapoorne
MAY MAA ANNAPURNA BLESS YOU AND YOUR FAMILY
WITH ENDLESS FOOD, PROSPERITY, HEALTH AND HAPPINESS.

OM ANNAPURNAYAI NAMAH

अन्नदानं
महादानम्

या देवी
बगलामुखी
सर्वदुष्टानां
वाचं मुखं पदं स्तम्भय
जिह्वां कीलय बुद्धिं
विनाशय हलूं फट् स्वाहा ॥

Om Baglamukhyai Namah

YA DEVI
BAGLAMUKHI
SARVADUSHTANAM
VACHAM MUKHAM
PADAM STAMBHAYA
JIHVAM KEELAYA
BUDDHIM VINASHAYA
HLUUM PHAT SWAHA ॥

I BOW TO GODDESS BAGLAMUKHI

SALUTATIONS TO DIVINE MOTHER BAGLAMUKHI,
THE POWERFUL PROTECTOR WHO REMOVES ENEMIES,
NEGATIVITY AND OBSTACLES

MANTRA MEANING

Om – The universal
divine sound

Baglamukhyai –
To Goddess Baglamukhi,
the one who grants
protection and victory

Namah –
I bow with devotion
and surrender

SPIRITUAL SIGNIFICANCE

- Removes fear, negativity and harmful influences
- Brings protection, courage and divine strength
- Helps overcome enemies, legal issues and hidden obstacles
- Enhances confidence, focus and spiritual discipline
- Connects the devotee with divine Shakti and protective grace
- Grants victory, peace and spiritual empowerment

MAY MAA BAGLAMUKHI PROTECT YOU,
SILENCE NEGATIVITY, REMOVE OBSTACLES AND
GRANT VICTORY IN ALL YOUR ENDEAVORS.

BENEFITS OF CHANTING

- Provides powerful protection from enemies and negativity
- Helps in winning disputes and competitions
- Removes black magic and evil eye
- Brings success, prosperity and good fortune
- Strengthens willpower, confidence and courage
- Restores peace, stability and harmony in life

HOW TO CHANT

CHANT
108
TIMES DAILY
with devotion and pure heart
to receive the blessings of
Goddess Baglamukhi.

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Tuesdays, Thursdays and during Navratri
- During Baglamukhi Puja and Devi sadhana
- In times of fear, conflict or spiritual cleansing
- In peaceful and sacred space with devotion

ॐ JAI MAA BAGLAMUKHI ॐ
OM BAGLAMUKHYAI NAMAH

MAY MAA'S DIVINE GRACE BE WITH YOU ALWAYS
PROTECTION • VICTORY • COURAGE • PEACE

या देवी
सर्वभूतेषु
मातृरूपेण
संस्थिताः ।
नमस्तस्यै
नमस्तस्यै
नमस्तस्यै
नमो नमः ॥

Om Bhuvaneshwaryai Namah

YA DEVI
SARVABHUTESHU
MATRUPENA
SAMSTHITA I
NAMASTASYAI
NAMASTASYAI
NAMASTASYAI
NAMO NAMAH II

I BOW TO GODDESS BHUVANESHWARI

SALUTATIONS TO THE DIVINE MOTHER,
THE QUEEN OF THE UNIVERSE

MANTRA MEANING

Om – The universal
divine sound

Bhuvaneshwaryai –
To the Goddess who
rules all worlds,
the Queen of the
Universe

Namah –
I bow with
devotion and
surrender

SPIRITUAL SIGNIFICANCE

- Brings peace, emotional balance and inner harmony
- Removes fear, negativity and mental disturbances
- Enhances intuition, compassion and divine feminine energy
- Blesses home, family, prosperity and abundance
- Supports spiritual growth and higher consciousness
- Connects the devotee with universal mother energy and divine grace

GODDESS BHUVANESHWARI IS THE COSMIC
MOTHER WHO CREATES, NURTURES AND
SUSTAINS THE ENTIRE UNIVERSE.

BENEFITS OF CHANTING

- Brings mental peace and emotional healing
- Attracts abundance, prosperity and success
- Purifies the mind, heart and environment
- Strengthens confidence and self-worth
- Helps in removing obstacles and difficulties
- Bestows divine protection and blessings

HOW TO CHANT

CHANT

108

TIMES DAILY

with devotion and pure heart
to receive the blessings of
Goddess Bhuvaneshwari.

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Fridays
- On Full Moon (Purnima) and during Navratri
- During Devi Puja and meditation
- In sacred silence with devotion
- During healing and spiritual sadhana

Jai Maa Bhuvaneshwari
OM BHUVANESHWARYAI NAMAH

MAY MAA BHUVANESHWARI BLESS YOU WITH PEACE, HAPPINESS,
PROSPERITY, PROTECTION AND SPIRITUAL AWAKENING.

जय
माँ काली
JAI
MAA KALI

Om Kali Ma Namah

या देवी
सर्वभूतेषु
शक्तिरूपेण
संस्थिता ।
नमस्तस्यै
नमस्तस्यै
नमस्तस्यै
नमो नमः ॥

I BOW TO MOTHER KALI

SALUTATIONS TO DIVINE MOTHER KALI,
THE DESTROYER OF NEGATIVITY AND PROTECTOR OF DEVOTEES

MANTRA MEANING

Om – The universal
divine sound

Kali Ma – Divine
Mother Kali, the fierce
compassionate protector
and destroyer
of negativity

Namah –
I bow with devotion
and surrender

SPIRITUAL SIGNIFICANCE

- Removes fear,
negativity and
evil influences
- Brings courage,
strength and
divine protection
- Destroys ego,
ignorance and
inner darkness
- Helps in spiritual
transformation
and liberation
- Connects the devotee
with Divine Shakti
and fearless devotion

BENEFITS OF CHANTING

- Protection from negative
energies and black magic
- Mental peace, clarity
and emotional healing
- Courage, fearlessness
and inner strength
- Success in challenges
and removal of obstacles
- Spiritual growth,
purification and liberation
- Blessings, prosperity
and divine grace

HOW TO CHANT

108

TIMES DAILY

with devotion and pure heart
to receive the blessings of
Mother Kali.

BEST TIME TO CHANT

- Early morning or
midnight meditation
- On Tuesdays, Fridays
and during Navratri
- During Kali Puja
and Amavasya
- In times of fear, challenge
or spiritual cleansing
- During deep meditation
and Devi sadhana

JAI MAA KALI OM KALI MA NAMAH

MAY MAA KALI BLESS YOU WITH PROTECTION, STRENGTH,
COURAGE, PEACE AND SPIRITUAL LIBERATION.

ॐ

Om Parashaktyai Namah

ॐ पराशक्त्यै नमः

या देवी
सर्वभूतेषु
शक्तिरूपेण
संस्थिताः ।
नमस्तस्यै
नमस्तस्यै
नमस्तस्यै
नमो नमः ॥

SALUTATIONS
TO THE SUPREME
DIVINE FEMININE
ENERGY, THE SOURCE
OF ALL CREATION,
POWER AND
CONSCIOUSNESS.

MANTRA MEANING

Om – The universal
divine sound

Parashaktyai –
To the Supreme
Divine Feminine
Power

Namah –
I bow with
devotion and
surrender

I BOW TO DIVINE MOTHER PARASHAKTI

SPIRITUAL SIGNIFICANCE

- Awakens divine feminine energy and inner power
- Removes fear, negativity and spiritual blockages
- Brings protection, peace and higher consciousness
- Enhances intuition, devotion and spiritual awakening
- Connects the devotee with universal Shakti and divine grace

PARASHAKTI IS THE SOURCE OF ALL –
SHE CREATES, PROTECTS AND TRANSFORMS
THE UNIVERSE WITH DIVINE LOVE.

BENEFITS OF CHANTING

- Brings peace, happiness and divine protection
- Attracts abundance, prosperity and success
- Strengthens willpower, courage and confidence
- Purifies mind, body and soul
- Helps in spiritual growth and inner transformation
- Bestows health, harmony and positive energy

HOW TO CHANT

CHANT
108
TIMES DAILY

with devotion and pure heart
to receive the blessings of
Divine Mother Parashakti.

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Fridays
- During Navratri, Full Moon (Purnima) and Devi Puja
- During meditation and spiritual practice
- In times of need, stress or healing

You are never
alone, Maa is
always with you.

Jai Mata Di

OM PARASHAKTYAI NAMAH

Surrender to
Shakti, and
She will guide,
protect and uplift
you always.



MAHAMRITYUNJAYA MANTRA



THE GREAT DEATH-CONQUERING MANTRA
A SACRED VEDIC PRAYER TO LORD SHIVA
FOR HEALING, PROTECTION, LONGEVITY AND LIBERATION



MEANING

We worship the Three-Eyed Lord Shiva, who nourishes and protects all beings. May He liberate us from bondage and death, and bless us with immortality and divine peace.

SPIRITUAL SIGNIFICANCE

- Brings healing, protection and inner peace
- Removes fear, negativity and suffering
- Protects from illness, accidents and untimely difficulties
- Helps in spiritual purification and liberation
- Connects the devotee with divine grace and Shiva consciousness

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- On Mondays and during Pradosh
- During Mahashivratri and Rudrabhishek
- During illness, healing practices or emotional stress
- During meditation and spiritual sadhana

SACRED MAHAMRITYUNJAYA MANTRA
Om Tryambakam Yajamahe
Sugandhim Pushtivardhanam
Urvarukamiva Bandhanan
Mrityor Mukshiya Maamritat
ॐ स्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् ।
उर्वारुकमिव बन्धनान् मृत्योर्मुक्षीय मामृतात् ॥

SIMPLE CHANTING

108
TIMES DAILY
with devotion brings health, peace, strength and divine blessings.

POWERFUL BENEFITS

- HEALING & HEALTH
- PROTECTION & SAFETY
- INNER PEACE & CALMNESS
- LONG LIFE & VITALITY
- SPIRITUAL GROWTH & PURIFICATION
- LIBERATION & MOKSHA

This mantra is a divine shield of Lord Shiva that protects, heals, and liberates the devotee from all fear and bondage.

HAR HAR MAHADEV
ॐ नमः शिवाय



CONNECT WITH DIVINE GRACE | **+91 7904218828** | FOLLOW US FOR DAILY SPIRITUAL INSPIRATION
WE ARE HERE TO SERVE YOU

HARE
KRISHNA

THE ALL-ATTRACTIVE
SUPREME LORD
OF LOVE & BLISS

HARE KRISHNA HARE RAMA

HARE
RAMA

THE SOURCE OF
DIVINE JOY &
RIGHTEOUSNESS

THE DIVINE MAHA MANTRA

Hare Krishna Hare Krishna
Krishna Krishna Hare Hare

Hare Rama Hare Rama
Rama Rama Hare Hare

MEANING

We call upon the Divine energy (Hare),
Lord Krishna – the all-attractive Supreme Lord
and Lord Rama – the source of divine joy.

This mantra purifies the heart,
brings peace, devotion and liberation.

SPIRITUAL BENEFITS

- Removes stress, negativity and fear
- Brings peace, happiness and joy
- Purifies the heart and mind
- Enhances devotion, love and surrender
- Connects with God and awakens spiritual consciousness
- Leads to liberation and eternal bliss

HOW TO CHANT

108
TIMES DAILY

with devotion
brings peace, happiness,
divine protection and
spiritual liberation.

BEST TIME TO CHANT

- Early morning (Brahma Muhurta)
- During meditation, japa and kirtan
- On Ekadashi, Janmashtami, Ram Navami
- During emotional stress for peace and healing
- Anytime with devotion and pure heart

Chant the Holy Name and be happy."

– Sri Chaitanya Mahaprabhu

जय
श्री कृष्ण

Chant and be Happy
HARE KRISHNA HARE RAMA

जय
श्री राम

ॐ

OM

TRYAMBAKAM YAJAMAHE

MAHAMRITYUNJAYA MANTRA

WE WORSHIP THE THREE-EYED LORD SHIVA
MAY LORD SHIVA LIBERATE US FROM BONDAGE
AND GRANT US IMMORTALITY

हर हर
महादेव
HAR HAR
MAHADEV

ॐ नमः
शिवाय
OM NAMAH
SHIVAYA

SPIRITUAL SIGNIFICANCE

-  Removes fear, negativity and suffering
-  Brings healing, health and long life
-  Protects from accidents, illness and untimely difficulties
-  Helps in spiritual purification and inner peace
-  Connects the devotee with divine grace and liberation



POWERFUL BENEFITS



HEALING
& HEALTH



PROTECTION
& SAFETY



INNER PEACE
& CALMNESS



SPIRITUAL GROWTH
& PURIFICATION



LONG LIFE
& WELLNESS



LIBERATION
& MOKSHA



BEST TIME
TO CHANT

-  Early morning (Brahma Muhurta)
-  On Mondays and during Pradosh
-  During Mahashivratri and Rudrabhishek
-  During illness, stress or healing practices
-  During meditation and spiritual sadhana



SIMPLE
CHANTING

108 times daily with devotion brings protection, healing, peace and divine blessings.



BLESSINGS OF
MAHAMRITYUNJAYA

- Freedom from fear and untimely death
- Better health and vitality
- Mental peace and strength
- Removal of negativity and obstacles
- Divine grace and spiritual upliftment



LORD SHIVA
REPRESENTS

The Three-Eyed Lord (Tryambaka)
The Protector
The Healer
The Destroyer of Evil and Sorrow
The Bestower of Grace and Liberation



WHO CAN CHANT

Everyone seeking health, protection, peace, happiness and spiritual liberation.

Students, Professionals, Householders, Devotees and Spiritual Seekers.



HAR HAR MAHADEV



May Lord Shiva bless us with health, peace, prosperity and liberation.



FOLLOW US



YouTube



Facebook



Instagram



WhatsApp



CONNECT WITH DIVINE GRACE

+91 7904218828

WE ARE HERE TO SERVE YOU



TRUSTED
& REVERED



SPREADING
POSITIVITY
& LIGHT

दिगम्बरा
दिगम्बरा
श्रीपाद वल्लभ
दिगम्बरा

ॐ OM DATTATREYAYA NAMAH

सर्व दत्तात्रेय
स्वरूपं
जगत् सदगुरु
प्रकीर्तितम्

I BOW TO LORD DATTATREYA

SALUTATIONS TO SHRI DATTATREYA,
THE DIVINE GURU AND EMBODIMENT OF
BRAHMA, VISHNU AND MAHESH

MEANING

"I bow to
Lord Dattatreya"
or

"Salutations to
Shri Dattatreya,
the divine Guru
and embodiment of
Brahma, Vishnu
and Mahesh"

This is one of the most
sacred and powerful
mantras dedicated to
Lord Dattatreya, the
supreme Guru who
represents creation,
preservation and
transformation and
guides us from
ignorance to truth
and bondage to
liberation.

SPIRITUAL SIGNIFICANCE

- Brings divine guidance,
wisdom and spiritual
protection
- Removes karmic
obstacles, confusion
and negative influences
- Helps in Guru devotion,
self-realization and
inner peace
- Blesses spiritual seekers
with knowledge and
liberation
- Connects the devotee
with the Guru tattva
and divine
consciousness

SACRED DATTATREYA INVOCATION

This mantra invokes the blessings of Lord Dattatreya for Guru kripa,
spiritual wisdom, protection and moksha (liberation).

OM - DAT - TA - TRE - YA - YA - NA - MAH

It is a powerful mantra for surrender, Guru grace and spiritual awakening.



BEST TIME TO CHANT

- Early morning
(Brahma Muhurta)
- On Thursdays
(Guruvar)
- During Guru Purnima
and Dattatreya
Jayanti
- Before meditation,
sadhana and
spiritual studies
- While seeking inner
guidance and divine
protection



SIMPLE CHANTING

108 times daily
with devotion
brings Guru
blessings, peace,
wisdom and
divine grace.



BLESSINGS OF LORD DATTATREYA

- Divine Wisdom
- Right Guidance
- Spiritual Protection
- Karmic Cleansing
- Inner Peace
- Mental Clarity
- Success in Sadhana
- Self-Realization
- Moksha (Liberation)



DATTATREYA REPRESENTS

Brahma (Creator)
Vishnu (Preserver)
Mahesh (Destroyer)

The Trimurti in
one divine form -
the Perfect Guru



WHO CAN CHANT

Everyone seeking
spiritual growth,
wisdom, protection
and liberation.

Students, Professionals,
Householders,
Devotees and
Spiritual Seekers.

गुरु ब्रह्मा गुरु विष्णुः गुरु देवो महेश्वरः ।
गुरुः साक्षात् परब्रह्म तस्मै श्री गुरवे नमः ॥

"Guru is Brahma, Guru is Vishnu, Guru is Maheshwara (Shiva).
Guru is the Supreme Brahman. Salutations to that revered Guru."

LET THE GRACE OF
LORD DATTATREYA
GUIDE YOU ON THE PATH
OF DHARMA, DEVOTION
AND DIVINE REALIZATION.



Divine Guru



Wisdom



Protection



Peace



Liberation

CONNECT WITH DIVINE GRACE

+91 7904218828

WE ARE HERE TO SERVE YOU

OM DATTATREYAYA NAMAH



GAYATRI MANTRA

THE SUPREME MANTRA OF WISDOM & LIGHT

A VEDIC PRAYER FOR DIVINE WISDOM,
INNER LIGHT & SPIRITUAL AWAKENING

ॐ

ॐ भूर्भुवः स्वः

यह तीनों लोकों
का परम प्रकाश
हैं।

ॐ

हम उस परम
प्रकाश का ध्यान
करते हैं, जो हमारी
बुद्धि को प्रेरित
करे।

MEANING

Gayatri Mantra is a sacred Vedic prayer dedicated to Savitur, the divine source of light and consciousness.

We meditate upon the divine radiance of the Supreme Creator, who has created the Earth, the heavens, and all realms. May that divine light illuminate our intellect and guide our minds.

SPIRITUAL BENEFITS



Brings wisdom, clarity and higher consciousness



Removes ignorance, negativity and confusion



Enhances concentration, memory and learning



Purifies mind, speech and actions



Connects the devotee with divine light and truth

SACRED GAYATRI MANTRA

ॐ भूर्भुवः स्वः
तत् सवितुर्वरेण्यं
भर्गो देवस्य धीमहि
धियो यो नः प्रचोदयात् ॥

Om Bhur Bhuvah Swaha
Tat Savitur Varenyam
Bhargo Devasya Dheemahi
Dhiyo Yo Nah Prachodayat

GAYATRI MATA

Gayatri Mata is the embodiment of the Vedas, the Mother of Wisdom and the divine source of knowledge, strength and spiritual awakening.

BEST TIME TO CHANT



During sunrise, noon and sunset (Sandhya time)



Early morning (Brahma Muhurta)



During meditation and spiritual practices



On Sundays and sacred Vedic rituals



Before studies, prayer or important decisions

HOW TO CHANT



Chant with devotion, focus and pure intention.

108 TIMES DAILY
WITH DEVOTION

brings peace, wisdom, divine blessings and spiritual upliftment.



WISDOM & KNOWLEDGE



INNER PEACE & CALMNESS



DIVINE PROTECTION



SPIRITUAL GROWTH



PURE MIND & POSITIVE ENERGY



LIBERATION & MOKSHA

FOLLOW US



YouTube Facebook Instagram WhatsApp

CONNECT WITH
DIVINE LIGHT



+91 7904218828

WE ARE HERE TO SERVE YOU



HAR
MAHADEV



FAITH



STRENGTH



PURITY



WISDOM



DEVOTION



POSITIVITY



HARMONY



ETERNAL TRUTH



LET THE DIVINE LIGHT OF GAYATRI MANTRA ILLUMINATE YOUR MIND AND LIFE.

OM SHRI RAMAYA NAMAH

I BOW TO LORD RAMA

SALUTATIONS TO SHRI RAMA, THE EMBODIMENT OF
DHARMA, TRUTH, RIGHTEOUSNESS AND DIVINE GRACE

MEANING

"I bow to
Lord Rama"
or
"Salutations to
Shri Rama, the
embodiment of
dharma, truth,
righteousness and
divine grace"

This is one of the most
sacred and powerful
mantras dedicated to
Lord Rama, the divine
symbol of virtue, devotion,
courage, and ideal living
in Sanatana Dharma.

SPIRITUAL SIGNIFICANCE

- Brings peace, protection
and inner strength
- Removes fear, negativity
and mental restlessness
- Helps in following
dharma and righteous
living
- Blesses family harmony,
devotion and spiritual
discipline
- Connects the devotee
with divine grace and
moral strength

SACRED RAMA INVOCATION

This mantra invokes the blessings of Lord Rama for
peace, protection, devotion and victory over difficulties.

OM - SHRI - RA - MA - YA - NA - MAH

It is a powerful mantra for devotion, truth and spiritual upliftment.

BEST TIME TO CHANT

- Early morning
(Brahma Muhurta)
- On Thursdays and
Ram Navami
- During meditation
and Rama Navami
celebrations
- While reading
Ramayana or
doing bhajan
- In times of emotional
difficulty for peace
and guidance

SIMPLE CHANTING

108 times daily
with devotion
brings peace,
divine blessings
and spiritual
strength.

108
TIMES
DAILY

BLESSINGS

Peace
Protection
Strength
Righteous Living
Devotion
Victory
Divine Grace

LORD RAMA REPRESENTS

Dharma
Truth
Compassion
Courage
Loyalty
Ideal Leadership
Humility

WHO CAN CHANT

Everyone seeking
peace, protection,
righteous living
and divine grace.

Students, Professionals,
Householders,
Devotees and
Spiritual Seekers.

॥ रामो विग्रहवान् धर्मः ॥

"Rama is the embodiment of Dharma."

JAI
SHRI RAM



CONTACT US
+91 7904218828

WE ARE HERE TO SERVE YOU

SRI RAMA SHARANAM • SRI RAMA JAYAM • SRI RAMA RAKSHA • SRI RAMA KRIPA

ॐ
OM

ॐ

HANUMATE NAMAH

ॐ

I BOW TO LORD HANUMAN

SALUTATIONS TO HANUMAN JI, THE EMBODIMENT OF
STRENGTH, DEVOTION, COURAGE AND PROTECTION

MEANING

"I bow to
Lord Hanuman"
or
"Salutations to
Hanuman Ji, the
embodiment of
strength, devotion,
courage, and
protection"

This is one of the most
sacred and powerful
mantras dedicated to
Lord Hanuman, the
divine symbol of bhakti,
fearlessness, service, and
spiritual power in
Sanatana Dharma.

SPIRITUAL SIGNIFICANCE

- Removes fear, negativity,
and evil influences
- Brings courage, strength,
and confidence
- Protects from obstacles,
enemies, and difficulties
- Blesses health, devotion,
discipline, and success
- Connects the devotee
with divine protection
and unwavering faith



SACRED HANUMAN INVOCATION

This mantra invokes the blessings of Lord Hanuman
for protection, strength, devotion, and victory.

ॐ OM – HA – NU – MA – TE – NA – MAH ॐ

It is a powerful mantra for inner strength and divine protection.

BEST TIME TO CHANT

- Early morning
(Brahma Muhurta)
- On Tuesdays
and Saturdays
- During Hanuman
Jayanti
- Before travel,
important work,
or during fear
and stress
- During meditation,
Hanuman Chalisa,
and spiritual
practices

SIMPLE CHANTING

108 times daily
with devotion
brings courage,
protection, peace,
and divine
blessings.

108
TIMES
DAILY

BLESSINGS

Strength
Protection
Courage
Victory
Devotion
Peace & Harmony

HANUMAN JI REPRESENTS

Bhakti (Devotion)
Seva (Service)
Sankalp (Will Power)
Shakti (Strength)
Buddhi (Intelligence)
Nishtha (Loyalty)

JAI BAJRANG BALI

WHO CAN CHANT

Everyone seeking
strength, protection,
courage and peace.

Students, Professionals,
Householders,
Devotees and
Spiritual Seekers.

“मनोजवं मारुततुल्यवेगं जितेन्द्रियं बुद्धिमतां वरिष्ठम् ।
वातात्मजं वानरयूम्मुख्यं श्रीरामदूतं शरणं प्रपद्ये ॥”

I take refuge in the son of Vayu, the swift-minded, incomparable in speed,
victorious over the senses, wise among the wise, chief of the Vanaras,
and the messenger of Lord Shri Rama.

ॐ OM NAMO

BHAGAVATE VASUDEVAYA

I BOW TO LORD VASUDEVA

Salutations to the Supreme Lord Krishna/Vishnu,
the indwelling Divine

MEANING

"I bow to
Lord Vasudeva"
or
"Salutations to the
Supreme Lord
Krishna/Vishnu,
the indwelling
Divine"

This is one of the
most sacred and
powerful mantras
dedicated to Lord
Vishnu / Krishna,
representing divine
protection, surrender,
devotion and
liberation.

SPIRITUAL SIGNIFICANCE

- Brings inner peace,
devotion and
divine grace
- Removes negativity,
fear and karmic
burdens
- Helps in surrender
to the Divine Will
- Blesses spiritual growth,
protection and
liberation
- Connects the devotee
with supreme
consciousness and
compassion



DWADASHAKSHARI MANTRA

This is called the Dwadashakshari Mantra because it contains
twelve sacred syllables:

OM – NA – MO – BHA – GA – VA – TE –
VA – SU – DE – VA – YA

BEST TIME TO CHANT

- Early morning
(Brahma Muhurta)
- On Thursdays and
Ekadashi
- During Krishna
Janmashtami and
Vishnu Puja
- During meditation
and japa
- In times of emotional
stress for peace and
surrender

SIMPLE CHANTING

108 times daily
with devotion
brings peace,
protection, divine
love and
spiritual
awakening.

108
TIMES
DAILY

BLESSINGS

Divine Protection
Inner Peace
Devotion
Purification
Provisions & Prosperity
Wisdom
Spiritual Awakening
Moksha (Liberation)

LORD VISHNU REPRESENTS

Creation
Preservation
Protection
Dharma
Compassion
Justice
Balance
And Divine Order

WHO CAN CHANT

Everyone seeking
peace, protection,
devotion and
spiritual growth.

Students, Professionals,
Householders,
Devotees and
Spiritual Seekers.

॥ वासुदेवः सर्वमिति स महात्मा सुदुर्लभः ॥

"He who sees Vasudeva in everything and everything in Vasudeva,
he is a great soul and very rare."

SURRENDER TO VASUDEVA,
LIVE IN DHARMA,
EXPERIENCE DIVINE GRACE.



Best
Care

CONTACT US

+91 7904218828

WE ARE HERE TO SERVE YOU

HARE KRISHNA HARE KRISHNA • KRISHNA KRISHNA HARE HARE
HARE RAMA HARE RAMA • RAMA RAMA HARE HARE

OM KRISHNAYA VASUDEVAYA NAMAH

I BOW TO LORD KRISHNA,
SON OF VASUDEVA

SALUTATIONS TO SHRI KRISHNA, THE DIVINE EMBODIMENT OF
LOVE, WISDOM, PROTECTION AND COMPASSION

MEANING

"I bow to
Lord Krishna,
son of Vasudeva"

or

"Salutations to
Shri Krishna, the
divine embodiment of
love, wisdom,
protection and
compassion"

This is one of the most
sacred and powerful
mantras dedicated to
Lord Krishna, the
supreme source of love,
wisdom, dharma and
bliss in Sanatana
Dharma.

SPIRITUAL SIGNIFICANCE

- Brings peace, devotion,
joy and divine protection
- Removes fear, negativity
and emotional suffering
- Helps in surrender,
love and
spiritual wisdom
- Blesses relationships,
family harmony and
inner happiness
- Connects the devotee
with divine consciousness
and compassion

SACRED KRISHNA INVOCATION

This mantra invokes the blessings of Lord Krishna for
love, protection, wisdom and spiritual upliftment.

OM – KRISH – NA – YA – VA – SU – DE – VA – YA – NA – MAH

It is a powerful mantra for bhakti, peace and divine grace.

BEST TIME TO CHANT

- Early morning
(Brahma Muhurta)
- On Thursdays and
Janmashtami
- During Krishna Puja
and meditation
- While reading
Bhagavad Gita or
doing bhajan
- In times of emotional
stress for peace and
surrender

SIMPLE CHANTING

108 times daily
with devotion
brings love, peace,
protection and
spiritual
awakening.

108
TIMES
DAILY

BLESSINGS

Love
Peace
Devotion
Protection
Wisdom
Divine Grace
Happiness
Spiritual Awakening

LORD KRISHNA REPRESENTS

Love (Prema)
Wisdom (Jnana)
Dharma
Protection
Compassion
Joy (Ananda)
Leela (Divine Play)
and Liberation

WHO CAN CHANT

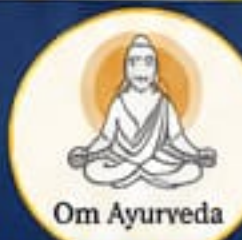
Everyone seeking
love, peace, protection,
wisdom and
spiritual growth.

Students, Professionals,
Householders,
Devotees and
Spiritual Seekers.

"YADA YADA HI DHARMASYA GLANIR BHAVATI BHARATA
ABHYUTTHANAM ADHARMASYA TADATMANAM SRIJAMYAHAM."

– Bhagavad Gita (4.7)

Whenever there is a decline in righteousness and an increase in unrighteousness,
I manifest Myself.



CONNECT WITH DIVINE GRACE

+91 7904218828

WE ARE HERE TO SERVE YOU

HARE KRISHNA HARE KRISHNA • KRISHNA KRISHNA HARE HARE
HARE RAMA HARE RAMA • • • RAMA RAMA HARE HARE

SACRED MEANING

-  **Om**
The universal divine sound.
-  **Vishnave**
Salutations to Lord Vishnu, the All-Pervading.
-  **Namah**
I bow with devotion and surrender.

BEST TIME TO CHANT

-  Early morning (Brahma Muhurta)
-  On Wednesdays (Vishnu day)
-  During Vishnu Puja or meditation
-  During Ekadashi, Purnima and holy days
-  Before starting new work, studies, exams or journeys.

ॐ

OM

VISHNAVE NAMAH

Salutations to Lord Vishnu,
the All-Pervading, Protector and
Sustainer of the Universe.



ॐ नमो नारायणाय ।
शानताकारं भुजगशयनं ।
पद्मनाभं सुहृत्सु
विश्वाधारं गगनसद्वयम् ॥

May Lord Vishnu protect you always,
remove all obstacles and bless your life with
peace, prosperity and divine grace.

SPIRITUAL BENEFITS

-  Provides protection from all negative energies.
-  Brings peace, happiness and mental stability.
-  Grants success, prosperity and fulfillment.
-  Bestows wisdom, knowledge and right decisions.
-  Enhances devotion, compassion and inner strength.

SIMPLE CHANTING

Chant with devotion:

**Om
Vishnave
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for protection, peace,
prosperity and divine
blessings.



BLESSINGS OF LORD VISHNU

-  Protects from all dangers
-  Removes obstacles and difficulties
-  Grants wealth, prosperity and abundance
-  Bestows wisdom, knowledge and clarity
-  Brings peace, harmony and spiritual growth



OM AYURVEDA
BODY • MIND • SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING

 **Om**
The universal divine sound.

 **Govindaya**
To Lord Govinda (the one who protects and gives joy to all beings).

 **Namah**
I bow with devotion.

BEST TIME TO CHANT

 Early morning (Brahma Muhurta)

 During meditation and prayer

 On Ekadashi and special Vishnu days

 During bhajan, kirtan or satsang

 Anytime with devotion and love

SPIRITUAL BENEFITS

 Brings peace, protection and inner strength.

 Removes worries, stress and fear.

 Nourishes the heart with divine love.

 Strengthens faith and surrender.

 Connects the devotee with divine grace and guidance.

SIMPLE CHANTING

Chant with devotion:

**Om
Govindaya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for peace, protection
and divine
blessings.

*May Lord Govinda fill your life with
peace, love, protection, and
divine grace.*

BLESSINGS OF LORD GOVINDA


Bestows Peace
and Happiness


Protects from
Negativity


Grants Prosperity
and Abundance


Removes Obstacles
and Difficulties


Bestows Wisdom
and Knowledge


Fills Life with
Divine Grace



OM AYURVEDA
BODY • MIND • SOUL

✦ Natural Healing
✦ Ancient Wisdom
✦ Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Keshavaya

To Lord Keshava – he who has beautiful hair, and who is all-pervading and the source of all.



Namah

I bow with devotion and surrender.



BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



On Wednesdays
(Vishnu day)



During Ekadashi,
Purnima and
special festivals



During bhajan,
kirtan or satsang



Before starting new
work, studies, exams
or journeys



ॐ OM

KESHAVAYA NAMAH

Salutations to Lord Keshava –
the Supreme Lord, the sustainer
of the universe and remover
of all sorrows.



ॐ केशवाय नमः ।
श्री केशवाय नमः ।
सर्व दुःख विनाशाय
श्री केशवाय नमः ॥

*May Lord Keshava bless you with
peace, prosperity, good health and
remove all obstacles from your path.*

SPIRITUAL BENEFITS



Provides protection
from all negative
forces.



Brings peace,
happiness and
mental stability.



Grants success,
prosperity and
abundance.



Removes fears,
worries and
inner stress.



Strengthens faith,
devotion and
self-confidence.



Bestows wisdom,
knowledge and
divine guidance.



SIMPLE CHANTING

Chant with devotion:

**Om
Keshavaya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for protection, success,
prosperity and
divine blessings.



BLESSINGS OF LORD KESHAVA



Removes
Obstacles



Protects from
Negativity



Grants Wealth
and Abundance



Bestows Wisdom
and Knowledge



Brings Peace
and Harmony



Fills Life with
Divine Grace



OM AYURVEDA
BODY • MIND • SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Madhavaya

Salutations to Lord Madhava, the beloved of Goddess Lakshmi.



Namah

I bow with devotion and surrender.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Wednesdays (Vishnu day)



During Vishnu Puja or meditation



During Ekadashi, Purnima and holy days



Before starting new work, studies, exams or journeys.



ॐ OM

MADHAVAYA NAMAH

Salutations to Lord Madhava,
the Consort of Lakshmi,
the Source of Bliss and Sustainer
of the Universe.



ॐ नमो भगवते वासुदेवाय ।
माधवाय नमः ।
श्रीमन् नारायणाय नमः ।
सर्व श्रीकृष्णार्पणमस्तु ॥

*May Lord Madhava bless you with
happiness, prosperity, devotion and remove
all obstacles from your path.*

SPIRITUAL BENEFITS



Provides protection from negative energies.



Brings peace, happiness and mental stability.



Grants success, prosperity and fulfillment.



Bestows wisdom, knowledge and right decisions.



Strengthens devotion and inner harmony.



SIMPLE CHANTING

Chant with devotion:

**Om
Madhavaya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for peace, prosperity,
devotion and
divine blessings.



BLESSINGS OF LORD MADHAVA



Brings Peace and Happiness



Removes Obstacles and Negativity



Grants Wealth, Prosperity and Abundance



Bestows Wisdom and Knowledge



Blesses Devotion and Spiritual Growth



OM AYURVEDA
BODY • MIND • SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Adhokshajaya

To Lord Adhokshaja – He who is beyond the reach of the senses (adho + aksha) and beyond material perception.



Namah

I bow with devotion and surrender.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Wednesdays (Vishnu day)



During Ekadashi, Purnima and special festivals



During bhajan, kirtan or satsang



Before starting new work, studies, exams or journeys.



ॐ OM

ADHOKSHAJAYA NAMAH

Salutations to Lord Adhokshaja – the One who is beyond the reach of the senses and mind, the Transcendent Lord who is beyond material perception.



ॐ अधोक्षजाय नमः ।
अधोक्षरजाय नमः ।
नमो नमः अधोक्षजाय ते ।
नमो नमः परमेश्वराय ते ॥

May Lord Adhokshaja, who is beyond the senses and material illusion, bless you and your family with divine wisdom, protection, peace and liberation.

SPIRITUAL BENEFITS



Transcends the limitations of senses and material vision.



Brings peace, happiness and inner freedom.



Grants success, prosperity and divine grace.



Purifies the heart, removes ignorance and ego.



Protects from negative energies and illusions.



Bestows spiritual wisdom and liberation.



SIMPLE CHANTING

Chant with devotion:

**Om
Adhokshajaya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for peace, happiness, protection and spiritual growth.



BLESSINGS OF LORD ADHOKSHAJAYA



Transcends senses and illusions



Brings peace and happiness



Grants success and prosperity



Bestows wisdom and knowledge



Purifies heart and mind



Leads to liberation and eternal bliss



OM AYURVEDA
BODY • MIND • SOUL

✦ Natural Healing
✦ Ancient Wisdom
✦ Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Lakshmi Narayanaya

Salutations to the Divine Couple, Lakshmi (Goddess of Prosperity) and Narayana (Lord of the Universe).



Namah

I bow with devotion and surrender.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Wednesdays (Vishnu day)



During Ekadashi, Purnima and special festivals



During bhajan, kirtan or satsang



Before starting new work, studies, exams or journeys.



ॐ

OM

LAKSHMI NARAYANAYA NAMAH

Salutations to Lord Lakshmi Narayana – the Divine Couple, embodiment of eternal love, harmony, prosperity, protection and supreme bliss.



ॐ लक्ष्मीनारायणाय नमः ।
श्री लक्ष्मीनारायणाय नमः ।
नमो नमः श्री लक्ष्मीनारायणाय ।
सर्वमंगल मांगल्ये शिवे सर्वार्थ साधिके ।
शरण्ये त्र्यंबके गौरी नारायणी नमोऽस्तु ते ॥

May Lord Lakshmi Narayana bless you and your family with wealth, well-being, harmony, health, happiness and eternal divine grace.

SPIRITUAL BENEFITS



Brings protection, security and inner strength.



Bestows wealth, prosperity and abundance.



Strengthens relationships and family harmony.



Grants peace, happiness and emotional balance.



Removes negativity, obstacles and fear.



Leads to spiritual growth and liberation.



SIMPLE CHANTING

Chant with devotion:

**Om
Lakshmi
Narayanaya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for prosperity, protection, peace, happiness and divine blessings.



BLESSINGS OF LORD LAKSHMI NARAYANA



Protects from all dangers



Brings wealth and abundance



Ensures success and prosperity



Fills life with love, peace and joy



Grants harmony and togetherness



Leads to liberation and eternal bliss



OM AYURVEDA
BODY • MIND • SOUL

✦ Natural Healing
✦ Ancient Wisdom
✦ Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Anantaya

To Lord Ananta – the Infinite One, without end or limit, the eternal support of all.



Namah

I bow with devotion and surrender.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Wednesdays (Vishnu day)



During Ekadashi, Purnima and special festivals



During bhajan, kirtan or satsang



Before starting new work, studies, exams or journeys.



ॐ OM

ANANTAYA NAMAH

Salutations to Lord Ananta – the Infinite One, without end or limit, the Eternal Support of all existence and the embodiment of eternity, peace and divine wisdom.



ॐ अनन्ताय नमः ।
अनन्ताय नमः ।
अनन्तरूपाय नमः ।
नमो नमः अनन्ताय ते ॥

May Lord Ananta, the Infinite One, bless you and your family with eternal peace, divine protection, limitless happiness and spiritual awakening.

SPIRITUAL BENEFITS



Removes fear, restlessness and inner weaknesses.



Brings peace, happiness and mental stability.



Grants success, prosperity and abundance.



Strengthens faith, devotion and surrender.



Protects from all negativity and difficulties.



Bestows divine wisdom, guidance and liberation.



SIMPLE CHANTING

Chant with devotion:

**Om
Anantaya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for protection, peace, prosperity and divine blessings.



BLESSINGS OF LORD ANANTA



Removes fear and restlessness



Brings peace and happiness



Grants wealth and abundance



Bestows wisdom and knowledge



Strengthens faith and devotion



Leads to liberation and eternal bliss



OM AYURVEDA
BODY • MIND • SOUL

✦ Natural Healing
✦ Ancient Wisdom
✦ Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Madhusudanaya

To Lord Madhusudana – the slayer of the demon Madhu (symbolizing ignorance and evil).



Namah

I bow with devotion and surrender.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Wednesdays (Vishnu day)



During Ekadashi, Purnima and special festivals



During bhajan, kirtan or satsang



Before starting new work, studies, exams or journeys.



ॐ OM

MADHUSUDANAYA NAMAH

Salutations to Lord Madhusudana – the Divine Destroyer of ignorance and evil, and the Giver of protection and liberation.



ॐ मधसूदनाय नमः ।
मधूकोऽसुरघ्नाय नमः ।
भक्तानां परित्राणाय
श्री विष्णवे नमो नमः ॥

May Lord Madhusudana protect you from all evils, remove all obstacles, bless you with wisdom, strength, peace and divine grace.

SPIRITUAL BENEFITS



Destroys negativity, ignorance and evil forces.



Brings peace, happiness and mental clarity.



Grants success, prosperity and victory.



Protects from fears, worries and dangers.



Strengthens faith, devotion and inner strength.



Leads towards liberation and spiritual growth.



SIMPLE CHANTING

Chant with devotion:

**Om
Madhusudanaya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for protection, victory, peace, prosperity and divine blessings.



BLESSINGS OF LORD MADHUSUDANA



Destroys Evil and Negativity



Brings Peace and Happiness



Grants Wealth and Abundance



Bestows Wisdom and Knowledge



Gives Strength and Courage



Protects and Guides Always



OM AYURVEDA
BODY • MIND • SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING

Om
The primordial sound, the essence of the Universe.

Param
Supreme, beyond all limits, the highest truth.

Shivaya
To Lord Shiva, the benevolent, auspicious one.

Namah
I bow down, I surrender completely.

Together
A complete surrender to the Supreme Shiva.

OM PARAM SHIVAYA NAMAH

ॐ परम शिवाय नमः

Salutations to the Supreme Shiva, the ultimate reality, the source of all, all-pervading, eternal and blissful.

SPIRITUAL BENEFITS

 Destroys negativity and removes inner blockages.

 Brings peace, clarity, balance and harmony.

 Enhances spiritual growth and inner strength.

 Grants protection, courage and fearlessness.

 Connects with the Divine within and all around.

 Leads to liberation (Moksha) and eternal bliss.

BEST TIME TO CHANT

 Early morning (Brahma Muhurta)

 On Mondays

 During Pradosh (Trayodashi)

 During bhajan, kirtan or satsang

 Before starting new work, studies, exams or journeys.

SIMPLE CHANTING

Chant with devotion:

**Om
Param Shivaya
Namah**

**CHANT 3, 11, 27
OR 108 TIMES DAILY**

for peace, protection, strength, wisdom and liberation.

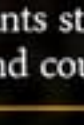
नमः शिवाय शान्तिाय, करुणावताराय ते नमः ।
संसारसागर तारण, परमेश्वराय ते नमः ॥
त्वमेव माता च पिता त्वमेव,
त्वमेव बन्धुश्च सखा त्वमेव ।
त्वमेव विद्या द्रष्टृणि त्वमेव,
त्वमेव सर्वं मम देवदेव ॥

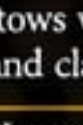
May Lord Shiva bless you and your family with peace, health, protection, wisdom and spiritual awakening.

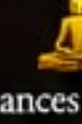
BLESSINGS OF LORD SHIVA

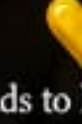
 Removes fear and negativity

 Brings peace and happiness

 Grants strength and courage

 Bestows wisdom and clarity

 Enhances spiritual growth

 Leads to liberation and eternal bliss



OM NAMAH SHIVAYA
BODY · MIND · SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING

ॐ JAI SHRI KRISHNA

Salutations to Lord Krishna,
the Supreme Personality of Godhead,
the protector of dharma,
the embodiment of love,
joy and divine wisdom.



Jai

Victory, glory
and triumph
of the Divine.



Shri

Auspiciousness,
beauty, prosperity
and grace.



Krishna

The all-attractive
one, the supreme
enchanter and
giver of joy.



Together

We bow to the
Supreme Lord
who delights in
the hearts of all.

SPIRITUAL BENEFITS



Protects from all
negative energies
and evil influences.



Brings peace,
happiness and
inner harmony.



Grants wisdom,
success, prosperity
and good fortune.



Fills life with
love, devotion
and compassion.



Helps in spiritual
growth and
self-realization.



Leads to divine
love, liberation
and eternal bliss.

BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



On Wednesdays
(Vishnu day)



During Janmashtami,
Ekadashi and
special festivals



During bhajan,
kirtan or satsang



Before starting new
work, studies, exams
or journeys.

SIMPLE CHANTING

Chant with devotion:

**Jai
Shri
Krishna**

**CHANT 3, 11 OR
108 TIMES DAILY**

for happiness, peace,
prosperity, protection
and divine love.

कृष्णं वंदे जगदुरुम् ।
सच्चिदानंद विग्रहे हरिम् ।
भक्तवत्सलम् दयासिंधुं
नंदगोपकुमारम् ॥

*May Lord Shri Krishna bless you and
your family with love, joy, wisdom,
good health, prosperity and divine grace.*

BLESSINGS OF JAI SHRI KRISHNA



Protects from
all harm



Brings peace
and happiness



Grants success
and abundance



Fills heart with
love and devotion



Gives wisdom
and clarity



Leads to liberation
and eternal bliss



**OM NAMAHA BHAGAVATE
VASUDEVAYA**
BODY • MIND • SOUL

✦ Natural Healing
✦ Ancient Wisdom
✦ Divine Living



+91 7904218828

SACRED MEANING

ॐ Jai
Victory, Glory
and triumph
of the Divine.

Shri
The auspicious,
the sacred,
the benevolent.

Ram
Lord Rama –
the ideal King,
the protector,
the upholder
of Dharma.

Together
We bow to
Lord Rama,
the Supreme
Refuge and
Eternal Light.

ॐ JAI SHRI RAM

Victory to Lord Rama,
the embodiment of Dharma,
righteousness, compassion
and divine grace.

SPIRITUAL BENEFITS

Shield
Instills courage,
strength and
righteous living.

Lotus
Brings peace,
stability and
inner joy.

Trophy
Grants success,
prosperity and
good fortune.

Heart
Purifies the heart
and removes
negativity.

Star
Protects from
fear, dangers
and obstacles.

Elephant
Leads to devotion,
liberation and
eternal bliss.

BEST TIME TO CHANT

Sun
Early morning
(Brahma Muhurta)

WED
On Wednesdays
(Vishnu day)

Lamp
During Ekadashi,
Purnima and
special festivals

Music
During bhajan,
kirtan or satsang

Book
Before starting new
work, studies, exams
or journeys.

SIMPLE CHANTING

Chant with devotion:

Jai Shri Ram

CHANT 3, 11 OR
108 TIMES DAILY

for protection,
peace, strength,
success and
divine blessings.

May Lord Shri Ram bless you and
your family with Dharma, happiness,
health, prosperity and eternal peace.

BLESSINGS OF JAI SHRI RAM

Shield
Protects from
all dangers

Lotus
Brings peace
and happiness

Trophy
Grants success
and prosperity

Wheel
Upholds Dharma
and righteousness

Heart
Strengthens faith
and devotion

Flag
Leads to liberation
and eternal bliss



OM AYURVEDA
BODY · MIND · SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING



Om

The primordial sound, the essence of the Universe.



Amriteshwari

The Goddess who bestows Amrit (nectar of immortality), bliss and nourishment.



Amrit

The nectar that gives eternal life, health, vitality and divine grace.



Eshwari

The Divine Mother, the Supreme Ruler of all energies.



Namah

I bow down with love, devotion and complete surrender.

ॐ
OM

AMRITESHWARI NAMAH

Salutations to the Divine Mother

Om Amriteshwari Namah.
Salutations to the Divine Mother who is the essence of immortality (Amrit), the nourisher of all beings, the source of bliss, compassion and eternal abundance.



ॐ अमृतेश्वरी नमः ।
या देवी अमृतस्वरूपा, सर्वपोषिणी ।
भवबन्धविमोचिनी, करुणामयी ।
नित्या शुद्धा, नित्यानन्दा, सर्वमङ्गला ।
तस्यै अमृतेश्वर्यै नमो नमः ॥

May Goddess Amriteshwari bless you and your family with good health, longevity, peace, prosperity, divine protection and the nectar of spiritual awakening.

SPIRITUAL BENEFITS



Bestows immortality of the soul and liberation.



Brings health, vitality, peace and happiness.



Removes fear, sorrow, disease and negativity.



Grants abundance, prosperity and well-being.



Nourishes body, mind and soul with divine energy.



Leads to spiritual awakening and union with the Divine Mother.

BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Fridays and Purnima (Full Moon)



During Navratri, festivals and auspicious days



During bhajan, kirtan or satsang



Before starting new work, studies, exams or journeys.

SIMPLE CHANTING

Chant with devotion:

Om
Amriteshwari
Namah

CHANT 108 TIMES
DAILY

for health, longevity, peace, prosperity and divine grace.

BLESSINGS OF MAA AMRITESHWARI



Protects from all dangers



Bestows health, strength & vitality



peace & happiness



Grants abundance & prosperity



Brings divine grace & blessings



Leads to liberation & eternal bliss



OM AMRITESHWARI NAMAH ॐ
— BODY · MIND · SOUL —

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING

ॐ **Har**
Remover of all sorrows, sins and negativity.

ॐ **Har**
The one who takes away ignorance and ego.

ॐ **Mahadev**
The Great God, the Supreme Lord of all that exists.

ॐ **Together**
We bow to Mahadev, the ultimate refuge and liberator.

HAR HAR MAHADEV

Salutations to Lord Mahadev, the Supreme Being, the destroyer of negativity and ignorance, the source of creation, protection and transformation.



BEST TIME TO CHANT

ॐ Early morning (Brahma Muhurta)

MON On Mondays (Somvar)

ॐ During Shivratri, Pradosh and special festivals

ॐ During bhajan, kirtan or satsang

ॐ Before starting new work, studies, exams or journeys.

SPIRITUAL BENEFITS

ॐ Destroys negativity and removes obstacles.

ॐ Brings peace, mental clarity and stability.

ॐ Grants strength, courage and inner power.

ॐ Bestows health, prosperity and well-being.

ॐ Helps in spiritual growth and self-realization.

ॐ Leads to liberation (Moksha) and eternal bliss.

ॐ नमः शिवाय
त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् ।
उर्वारुकमिव बन्धनान् मृत्योर्मुक्षीय मामृतात् ॥
हर हर महादेव ॥

May Lord Mahadev bless you and your family with peace, strength, protection and spiritual awakening.

SIMPLE CHANTING

Chant with devotion:

Har Har Mahadev

CHANT 3, 11 OR 108 TIMES DAILY

for peace, protection, strength, success and divine blessings.

BLESSINGS OF LORD MAHADEV

ॐ Protects from fear and harm

ॐ Brings peace and happiness

ॐ Destroys negativity and past karma

ॐ Grants wisdom and clarity

ॐ Fulfills desires and goals

ॐ Leads to liberation and eternal bliss

OM NAMAH SHIVAYA
BODY • MIND • SOUL

Natural Healing
Ancient Wisdom
Divine Living

+91 7904218828

SACRED MEANING

 **Jai**
Victory, glory
and triumph
of the Divine.

 **Guru**
The remover of
darkness and
ignorance.

 **Dev**
The shining,
divine one,
worthy of
reverence.

 **Together**
We bow to the
Guru, our guide,
mentor and
liberator.

ॐ JAI GURUDEV

Salutations to the Guru,
the dispeller of darkness,
the giver of knowledge,
wisdom and liberation.

The Guru is verily
Brahma, Vishnu and
Maheshwara.



गुरुर्ब्रह्मा गुरुर्विष्णु गुरुर्देवो महेश्वरः ।
गुरुः साक्षात् परब्रह्म तस्मै श्रीगुरुवे नमः ॥

*May the blessings of
our Sadguru be upon you and
your family always.*

SPIRITUAL BENEFITS

 Removes ignorance,
fear and negative
influences.

 Brings wisdom,
clarity, peace
and happiness.

 Grants success,
prosperity and
fulfillment.

 Strengthens faith,
devotion and
inner stability.

 Guides on the path
of dharma and
self-realization.

 Leads to liberation
and eternal
bliss.

BEST TIME TO CHANT

 Early morning
(Brahma Muhurta)

 On Mondays
and Thursdays

 During Guru Purnma,
Ekadashi and
special occasions

 During bhajan,
kirtan or satsang

 Before starting new
work, studies, exams
or journeys.

SIMPLE CHANTING

Chant with devotion:

**Jai
Gurudev**

**CHANT 3, 11 OR
108 TIMES DAILY**

for wisdom, guidance,
protection, peace
and spiritual
upliftment.

BLESSINGS OF GURU

 Dispels darkness
and ignorance

 Bestows knowledge
and wisdom

 Opens the path
to liberation

 Transforms life
with grace

 Fills life with
peace and joy

 Connects to the
Divine within



OM GURAVE NAMAH
— BODY · MIND · SOUL —

✦ Natural Healing
✦ Ancient Wisdom
✦ Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Radhe

Radha – the embodiment of devotion, love and compassion.



Shyam

Shyam – the all-attractive, the Supreme Beloved.



Together

Radhe Shyam – the union of love and the Beloved.

ॐ OM

RADHE SHYAM

Divine Salutations to
Radha and Shyam – the Eternal
Divine Couple, embodiment of
pure love, devotion, bliss
and divine play.

SPIRITUAL BENEFITS



Deepens love, devotion and surrender.



Brings peace, joy and inner contentment.



Strengthens relationships and harmony.



Removes sadness, stress and negativity.



Attracts divine blessings and prosperity.



Leads to divine love, liberation and eternal bliss.

BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



On Wednesdays
(Vishnu day)



During Ekadashi,
Purnima and
special festivals



During bhajan,
kirtan or satsang



Before starting new
work, studies, exams
or journeys.

SIMPLE CHANTING

Chant with love:

Om Radhe Shyam

CHANT 3, 11 OR
108 TIMES DAILY

with devotion
and a pure heart.

राधे राधे जपो चले आएंगे बिहारी ।
राधे राधे जपो चले आएंगे बिहारी ॥
राधे नाम की लूट है, लूट सके तो लूट ।
अंतकाल पछताएगा, प्राण जाएंगे छूट ॥

*May Radhe Shyam bless you and
your family with pure love, devotion,
happiness, harmony and divine grace.*

BLESSINGS OF RADHE SHYAM



Fills life with
love and bliss



Deepens devotion
and faith



Protects from
negativity



Brings peace
and harmony



Grants happiness
and grace



Leads to liberation
and eternal joy



OM AYURVEDA
BODY • MIND • SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Damodaraya

To Lord Damodara –
He who is bound
(dama – rope,
udara – belly)
by the love of
His devotees.



Namah

I bow with
devotion and
surrender.



BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



On Wednesdays
(Vishnu day)



During Ekadashi,
Purnima and
special festivals



During bhajan,
kirtan or satsang



Before starting new
work, studies, exams
or journeys.



SPIRITUAL BENEFITS



Removes sins,
negativity and
inner impurities.



Brings peace,
happiness and
emotional balance.



Grants prosperity,
wealth and
abundance.



Strengthens
devotion, love
and surrender.



Protects from fears,
problems and
harm.



Bestows divine
grace, wisdom
and blessings.



SIMPLE CHANTING

Chant with devotion:

**Om
Damodaraya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for protection, peace,
prosperity and
divine blessings.



DAMODARAYA NAMAH

Salutations to Lord Damodara –
the One who is bound by devotion,
the embodiment of divine love,
compassion and grace.



नमामि श्री दमोदरं भक्तवत्सलम् ।
यशोदानन्दनं कृष्णं वन्देऽहम् पुनः पुनः ॥
उदरं यशोदा बद्धं, प्रेम्णा बन्धनगोचरम् ।
नमो नमः श्री कृष्णाय दमोदराय ते नमः ॥

May Lord Damodara, who is bound by the rope
of love, bless you and your family with devotion,
protection, happiness and divine grace.

BLESSINGS OF LORD DAMODARA



Removes sins
and negativity



Brings peace
and happiness



Grants wealth
and abundance



Bestows wisdom
and knowledge



Fills life with love
and devotion



Protects and
guides always



OM AYURVEDA
BODY • MIND • SOUL

✦ Natural Healing
✦ Ancient Wisdom
✦ Divine Living



+91 7904218828

SACRED MEANING



Jai

Victory, triumph and divine glory.



Mata

The Divine Mother, the nurturer, protector and compassionate guide.



Di

Respectful salutation to the Divine Mother.



Together

We bow to the Universal Mother who protects all.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Wednesdays (Vishnu day)



During Navratri, Purnima and special festivals



During bhajan, kirtan or satsang



Before starting new work, studies, exams or journeys.



Protects from all dangers



Brings peace and happiness



Grants success and prosperity



Bestows health, love and harmony



Gives courage and strength



Leads to liberation and divine bliss

ॐ

JAI MATA DI

Salutations to the Divine Mother, the source of all strength, compassion, protection and bliss.



या देवी सर्वभूतेषु शक्तिरूपेण संस्थिता ।
नमस्तस्यै नमस्तस्यै नमस्तस्यै नमो नमः ॥

May Maa bless you and your family with health, happiness, prosperity, protection and eternal divine grace.

BLESSINGS OF JAI MATA DI

SPIRITUAL BENEFITS



Provides protection from all negative energies and harm.



Brings peace, happiness and inner strength.



Grants success, prosperity and good fortune.



Fills life with love, compassion and kindness.



Bestows courage, confidence and fearlessness.



Leads to devotion, liberation and spiritual growth.



SIMPLE CHANTING

Chant with devotion:

Jai Mata Di

CHANT 3, 11 OR 108 TIMES DAILY

for strength, protection, happiness, success and divine blessings.



ॐ OM AYURVEDA
BODY · MIND · SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Achyutaya

To Lord Achyuta – the Infallible, the One who never falls from His true nature.



Namah

I bow with devotion and surrender.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Wednesdays (Vishnu day)



During Ekadashi, Purnima and special festivals



During bhajan, kirtan or satsang



Before starting new work, studies, exams or journeys.



ॐ OM

ACHYUTAYA NAMAH

Salutations to Lord Achyuta – the Infallible, the Imperishable, the One who never falls from His true nature and devotion.



ॐ अच्युताय नमः ।
अच्युताय नमः ।
नमः सर्वगताय ते ।
नमः अनन्तरूपिणे ॥

May Lord Achyuta, who is infallible and eternal, bless you and your family with unwavering faith, protection, happiness and liberation.

SPIRITUAL BENEFITS



Removes fear, instability and inner weakness.



Brings peace, happiness and mental stability.



Grants success, prosperity and protection.



Strengthens devotion, faith and surrender.



Protects from all negativity and difficulties.



Bestows divine grace, wisdom and liberation.



SIMPLE CHANTING

Chant with devotion:

**Om
Achyutaya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for protection, peace, prosperity and divine blessings.



BLESSINGS OF LORD ACHYUTA



Removes fear and instability



Brings peace and happiness



Grants prosperity and protection



Bestows wisdom and knowledge



Strengthens devotion and surrender



Leads to liberation and eternal bliss



OM AYURVEDA
BODY • MIND • SOUL

✦ Natural Healing
✦ Ancient Wisdom
✦ Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Padmanabhaya

To Lord Padmanabha – He whose navel (nabhi) holds the lotus of creation and who sustains all beings.



Namah

I bow with devotion and surrender.

ॐ OM

PADMANABHAYA NAMAH

Salutations to Lord Padmanabha – the One whose navel holds the lotus of creation, the source of all existence and the sustainer of the universe.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Wednesdays (Vishnu day)



During Ekadashi, Purnima and special festivals



During bhajan, kirtan or satsang



Before starting new work, studies, exams or journeys.

SPIRITUAL BENEFITS



Brings protection, security and inner strength.



Grants peace, happiness and mental stability.



Bestows success, prosperity and abundance.



Removes worries, stress, fear and negativity.



Strengthens faith, devotion and self-realization.



Bestows wisdom, divine guidance and liberation.

SIMPLE CHANTING

Chant with devotion:

**Om
Padmanabhaya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for protection, peace, prosperity and divine blessings.



ॐ पद्मनाभाय नमः ।
पद्मनाभाय नमः ।
सर्वलोकनायकाय नमः ।
श्री पद्मनाभाय नमः ॥

May Lord Padmanabha bless you and your family with protection, peace, prosperity, health, happiness and spiritual growth.

BLESSINGS OF LORD PADMANABHA



Protects from all dangers



Brings peace and happiness



Grants wealth and abundance



Bestows wisdom and knowledge



Purifies the heart and mind



Leads to spiritual growth and liberation



OM AYURVEDA
BODY • MIND • SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING



Jai

Victory, glory and triumph of the Divine.



Bajrang

One with a strong and mighty body (vajra = thunderbolt, anga = body).



Bali

The powerful, valiant one, full of energy and devotion.



Together

We bow to the devotee of Rama, the remover of fear and protector of all.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Tuesdays and Saturdays



During Hanuman Jayanti and special festivals



During bhajan, kirtan or satsang



Before starting new work, studies, exams or journeys.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Tuesdays and Saturdays



During Hanuman Jayanti and special festivals



During bhajan, kirtan or satsang



Before starting new work, studies, exams or journeys.



ॐ JAI BAJRANG BALI

Salutations to Lord Hanuman, the supreme devotee, the embodiment of strength, courage, devotion and selfless service.



बुद्धिहीन तनु जानिके,
सुमिरों पवन-कुमार ।
बल बुद्धि विद्या देहु मोहिं,
हरहु कलेस विकार ॥

May Lord Hanuman bless you and your family with strength, courage, devotion, health, happiness and victory in all endeavors.

SPIRITUAL BENEFITS



Protects from negative energies, evil eye and black magic.



Brings courage, confidence and inner strength.



Grants success, removes obstacles and helps in achieving goals.



Bestows peace, devotion and mental stability.



Helps in spiritual growth and self-realization.



Devotee of Rama, leads to liberation and eternal bliss.



SIMPLE CHANTING

Chant with devotion:

**Jai
Bajrang
Bali**

**CHANT 3, 11 OR
108 TIMES DAILY**

for strength, protection, fearlessness, success and divine blessings.



BLESSINGS OF JAI BAJRANG BALI



Protects from all dangers



Brings peace and happiness



Grants success and prosperity



Removes fear and negativity



Strengthens body, mind and soul



Leads to liberation and eternal bliss



OM HANUMATE NAMAH
— BODY • MIND • SOUL —

• Natural Healing
• Ancient Wisdom
• Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Janardanaya

To Lord Janardana – He who is concerned for the people (jana) and removes their sufferings.



Namah

I bow with devotion and surrender.

ॐ

OM

JANARDANAYA NAMAH

Salutations to Lord Janardana –
the Protector of all beings and
the Upholder of Dharma.



BEST TIME TO CHANT



Early morning
(Brahma Muhurta)



On Wednesdays
(Vishnu day)



During Ekadashi,
Purnima and
special festivals



During bhajan,
kirtan or satsang



Before starting new
work, studies, exams
or journeys.

SPIRITUAL BENEFITS



Protects from all
negativity, harm
and difficulties.



Brings peace,
happiness and
mental stability.



Grants success,
prosperity and
abundance.



Removes worries,
fear, stress and
sorrow.



Strengthens faith,
devotion and
inner strength.



Bestows wisdom,
righteousness and
divine guidance.

SIMPLE CHANTING

Chant with devotion:

**Om
Janardanaya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for protection, peace,
prosperity and
divine blessings.



May Lord Janardana bless you and your
family with protection, happiness, prosperity,
strength and eternal peace.

BLESSINGS OF LORD JANARDANA



Protects from
all dangers



Brings peace
and happiness



Grants wealth,
prosperity and luck



Bestows wisdom
and knowledge



Fills life with
love and harmony



Leads towards
liberation



OM AYURVEDA
BODY • MIND • SOUL

Natural Healing
Ancient Wisdom
Divine Living



+91 7904218828

SACRED MEANING



Om

The universal divine sound.



Hrishikeshaya

To Lord Hrishikesh – the Lord of the senses (hrishika) and the master of the mind, who controls and guides our senses towards righteousness.



Namah

I bow with devotion and surrender.



BEST TIME TO CHANT



Early morning (Brahma Muhurta)



On Wednesdays (Vishnu day)



During Ekadashi, Purnima and special festivals



During bhajan, kirtan or satsang



Before starting new work, studies, exams or journeys.



ॐ

OM

HRISHIKESHAYA NAMAH

Salutations to Lord Hrishikesh,
the Lord of the Senses and
the Guide of our spiritual journey.



ॐ हृषीकेशाय नमः ।
हृषीकेशाय नमः ।
सर्वेन्द्रियाणां पतये नमः ॥

May Lord Hrishikesh bless you with
self-control, purity of mind, divine guidance,
and the strength to walk the righteous path.

SPIRITUAL BENEFITS



Controls the senses and purifies the mind.



Brings peace, happiness and inner harmony.



Grants success, prosperity and spiritual growth.



Protects from negative thoughts and temptations.



Strengthens devotion, willpower and self-discipline.



Bestows wisdom, divine guidance and liberation.



SIMPLE CHANTING

Chant with devotion:

**Om
Hrishikeshaya
Namah**

**CHANT 3, 11 OR
108 TIMES DAILY**

for peace, happiness,
self-control and
divine blessings.



BLESSINGS OF LORD HRISHIKESHA



Controls the senses and mind



Brings peace and happiness



Grants prosperity and abundance



Bestows wisdom and knowledge



Purifies the heart and thoughts



Leads to liberation and eternal bliss



OM AYURVEDA
BODY • MIND • SOUL

✦ Natural Healing
✦ Ancient Wisdom
✦ Divine Living



+91 7904218828