



Om Ayurveda

Rooted in Tradition

Nourished by Nature

ANCIENT GRAIN • MODERN NUTRITION • TIMELESS WELLNESS

AMARANTH

THE SUPER GRAIN OF ANCIENT INDIA

Amaranth (Rajgira) is a nutrient-dense ancient grain packed with protein, fiber, vitamins & minerals. Naturally gluten-free, easy to digest and perfect for a healthy lifestyle. A gift from nature for a stronger, healthier you!

Tiny Grain. Mega Benefits.

NOURISHING YOUR BODY, NATURALLY

POWER PACKED WITH GOODNESS



COMPLETE
PLANT
PROTEIN



RICH IN
FIBER



HIGH IN
IRON &
CALCIUM



BOOSTS
ENERGY &
STAMINA



SUPPORTS
HEART
HEALTH



EASY TO
DIGEST &
GLUTEN FREE

DELICIOUS & NUTRITIOUS WAYS TO ENJOY



Amaranth
Porridge



Amaranth
Upma



Amaranth
Pulao



Amaranth
Ladoo



Amaranth
Roti



Amaranth
Salad



NATURALLY
GLUTEN FREE



NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
WITH CARE



LAB TESTED
FOR PURITY



SUSTAINABLY
SOURCED

EAT ANCIENT. LIVE STRONG.

CHOOSE NATURE. CHOOSE AMARANTH.



PURE
NATURAL
CHEMICAL FREE
UNPOLISHED
WHOLESOME



Pure • Traditional
Naturally Nourishing

WHY CHOOSE AMARANTH?

- Ancient & Traditional Superfood
- Naturally Gluten Free
- High in Essential Amino Acids
- Helps in Weight Management
- Supports Overall Wellness
- Perfect for All Age Groups



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Mother Earth
Travel and Tourism



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PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing

ASHWAGANDHA TEA

ADAPT • DE-STRESS • REJUVENATE

Ancient Herb. Modern Wellness.

Ashwagandha, the revered “Root of Strength” in Ayurveda, is known to help the body adapt to stress, support vitality, and promote overall well-being. Our Ashwagandha Tea is made from premium quality roots, gently dried and blended to bring you a soothing and nourishing cup of herbal goodness.

BENEFITS OF ASHWAGANDHA TEA

- Helps the body adapt to stress and promotes calmness
- Supports immunity and overall well-being
- Enhances energy, stamina and vitality
- Supports brain function and mental clarity
- Promotes restful sleep and relaxation
- Supports hormonal balance and overall health
- 100% Natural, Caffeine Free
No added flavors or artificial colors

NATURE'S
ANSWER TO
STRESS &
TIREDNESS



**MADE FROM
PREMIUM QUALITY
ASHWAGANDHA
ROOTS**
Carefully selected
and hygienically
processed



**SOOTHING &
NOURISHING**
A warm, earthy
herbal tea for
daily wellness



**CAFFEINE FREE
& NATURAL**
No additives,
no preservatives,
just pure herbs



**AYURVEDIC
GOODNESS**
Inspired by
ancient wisdom
for modern life

HOW TO ENJOY



Boil water



Add 1 tsp of
Ashwagandha Tea



Simmer 5–7 mins
Strain & enjoy



Best enjoyed
warm, once or
twice a day



A CUP OF CALM.
A ROOT OF STRENGTH.
A LIFESTYLE OF WELLNESS.

Brew Health. Sip Wellness.
Live Better.



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No added flavors or artificial colors

NATURE'S
ANSWER TO
STRESS &
TIREDNESS



**MADE FROM
PREMIUM QUALITY
ASHWAGANDHA
ROOTS**
Carefully selected
and hygienically
processed



**SOOTHING &
NOURISHING**
A warm, earthy
herbal tea for
daily wellness



**CAFFEINE FREE
& NATURAL**
No additives,
no preservatives,
just pure herbs



**AYURVEDIC
GOODNESS**
Inspired by
ancient wisdom
for modern life

HOW TO ENJOY



Boil water



Add 1 tsp of
Ashwagandha Tea



Simmer 5–7 mins
Strain & enjoy



Best enjoyed
warm, once or
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A ROOT OF STRENGTH.
A LIFESTYLE OF WELLNESS.

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Rooted in Tradition
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AYURVEDIC IMMUNITY SHOTS

YOUR DAILY DOSE OF PROTECTION

A powerful blend of ancient Ayurvedic herbs and natural ingredients that helps strengthen immunity, fight infections and promote overall well-being.

KEY BENEFITS



BUILDS STRONG IMMUNITY
Strengthens the body's defense system and helps fight illness.



POWERFUL ANTIOXIDANT
Protects cells from damage and supports overall vitality.



FIGHTS INFECTIONS
Helps the body combat seasonal infections and common illnesses.



BOOSTS ENERGY & STAMINA
Reduces fatigue and supports physical & mental performance.



DETOXIFIES NATURALLY
Helps flush out toxins and promotes internal cleansing.

POWERFUL AYURVEDIC INGREDIENTS



AMLA

Rich in Vitamin C and antioxidants. Boosts immunity and rejuvenates.



GINGER

Improves digestion, reduces inflammation and fights infections.



TURMERIC

Natural anti-inflammatory and antioxidant. Supports overall health.



TULSI

Adaptogenic herb that helps the body cope with stress and illness.



HONEY

Natural healer that boosts immunity and soothes the body.

HOW TO ENJOY



SHAKE WELL before use.



DRINK 1 SHOT (30–60 ml) on an empty stomach in the morning.



USE DAILY for best results and a stronger immune system.

YOUR DAILY HEALTH RITUAL!



SUGAR FREE
No added sugar



CHEMICAL FREE
No harmful chemicals



DAILY WELLNESS
Perfect for the whole family



TRAVEL FRIENDLY
Easy to carry anywhere



HOLISTIC HEALTH
Mind, Body & Immunity

EMPOWER YOUR BODY. ELEVATE YOUR LIFE.

CONNECT WITH US

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GODITSYOU
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MOTHER EARTH
TRAVEL & TOURISM

AYURVEDIC SOUPS



100%
NATURAL



NO
PRESERVATIVES



NO
ARTIFICIAL
COLORS



EASY
TO COOK



AYURVEDIC
& SATTVIC

HEALING BOWLS OF NUTRITION

Made with Ayurvedic herbs, vegetables & natural spices
to nourish, detox & rejuvenate your body.

GOODNESS OF
AYURVEDA
IN EVERY SIP

MOONG SOUP

Light | Digestive | Nourishing

With Moong Dal, Cumin,
Hing & Ayurvedic Herbs



BENEFITS

- Easy to digest
- Rich in plant protein
- Supports gut health

DRUMSTICK SOUP

Detox | Immunity | Energizing

With Drumstick, Pepper,
Tulsi & Ayurvedic Spices



BENEFITS

- Supports immunity
- Detoxifies the body
- Good for all seasons

ASH GOURD SOUP

Cooling | Hydrating | Light

With Ash Gourd, Coriander,
Cumin & Healing Herbs



BENEFITS

- Cools the body
- Aids weight management
- Soothes acidity

BEETROOT SOUP

Blood Purifying | Energizing | Healthy

With Beetroot, Ginger,
Black Pepper & Herbs



BENEFITS

- Improves hemoglobin
- Detoxifies blood
- Enhances energy

DIGESTIVE HERBAL SOUP

Digestive | Anti-bloating | Soothing

With Jeera, Ajwain,
Saunf & Ayurvedic Herbs



BENEFITS

- Improves digestion
- Relieves bloating
- Soothes the stomach

IMMUNITY SOUP BLEND

Immunity | Vitality | Protection

With Giloy, Tulsi, Turmeric,
Pepper & Ayurvedic Herbs



BENEFITS

- Boosts immunity
- Fights infections
- Strengthens vitality

WHY CHOOSE OUR SOUPS?

- ✓ Based on Ayurvedic Principles
- ✓ Made with Real Herbs & Spices
- ✓ No Preservatives or Artificial Additives
- ✓ Sattvic & Easy to Digest
- ✓ Perfect for Daily Wellness



HOW TO ENJOY



1
Add soup
to 150 ml
hot water



2
Stir well
& cook for
2-3 minutes



3
Simmer for
1 minute



4
Enjoy hot
& stay
healthy!

PERFECT FOR



Daily
Wellness



Detox
Programs



Kids &
Adults



Elderly
Care



Weight
Management

NOURISHING • HEALING • SATTVIC • AYURVEDIC

GOOD FOOD. GOOD HEALTH. NATURALLY.



Om Ayurveda

Ancient Wisdom • Modern Wellness

THERAPEUTIC OILS

BABY MASSAGE OIL

Gentle Care. Natural Nourishment.
For Healthy Growth & Happy Babies.



goditsyou.net
Connecting with Inner God

PURE AYURVEDIC OIL FOR BABY'S
GROWTH • STRENGTH • SLEEP • IMMUNITY



CHEMICAL FREE
TOXIN FREE
SAFE & GENTLE



BENEFITS



NOURISHES DELICATE SKIN
Deeply nourishes and protects baby's soft and sensitive skin.



SUPPORTS HEALTHY GROWTH
Strengthens muscles, bones and supports overall development.



IMPROVES SLEEP NATURALLY
Promotes calmness and helps baby sleep deeply and peacefully.



IMPROVES CIRCULATION
Enhances blood circulation and supports healthy body function.



STRENGTHENS IMMUNITY
Herbal goodness helps build natural immunity and protects from illnesses.



100% SAFE & GENTLE
Made with pure herbs. No chemicals, no parabens, no artificial fragrance.

GOODNESS OF AYURVEDIC HERBS



BADAM (ALMOND)
Nourishes skin, improves strength and brain development



TIL (SESAME)
Strengthens bones, improves circulation and provides warmth



NARIYAL (COCONUT)
Moisturizes skin, protects and promotes softness



AMLA
Rich in Vitamin C, supports immunity and healthy growth



ASHWAGANDHA
Supports growth, strength and nerve development



BRAHMI
Supports brain development and calms the mind

IDEAL FOR



Daily Baby Massage



Newborn Care



After Bath Nourishment



Seasonal Protection



All Skin Types



HOW TO USE

Take the required amount of Baby Massage Oil and warm it slightly. Gently massage all over the baby's body in circular motions. Use daily for best results. Best time: Before bath or before sleep.



WHY CHOOSE OM AYURVEDA BABY MASSAGE OIL?



Ayurvedic Formula



Pure & Natural



No Artificial Fragrance



No Mineral Oil



Dermatologically Tested



Trusted by Families

OUR PROMISE



PURE INGREDIENTS



ANCIENT AYURVEDA



HOLISTIC WELLNESS



MADE WITH LOVE & CARE

"Nurturing little bodies with the power of nature and the wisdom of Ayurveda."



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OM AYURVEDA – ANCIENT WISDOM FOR MODERN WELLNESS



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PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing

BLACK PEPPER

NATURE'S HEAT. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Black Pepper (Maricha) has been treasured in Ayurveda for thousands of years for its heating nature and powerful healing properties. Sourced from the finest quality peppercorns, it enhances digestion, boosts absorption of nutrients, supports respiratory health and promotes overall vitality. A small peppercorn with great power.

PURE SPICE
PURE BENEFITS
ROOTED IN
AYURVEDA
BACKED BY
MODERN SCIENCE

BENEFITS OF BLACK PEPPER

-  Aids digestion & reduces gas and bloating
-  Enhances Agni (digestive fire) & nutrient absorption
-  Supports immunity & overall wellness
-  Supports respiratory health & clears congestion
-  Detoxifies the body & supports metabolism
-  Improves mental alertness & clarity
-  Supports heart health & healthy circulation
-  Promotes restful sleep & reduces stress

-  100% PURE NATURAL
NO ADDITIVES
NO PRESERVATIVES
-  HANDPICKED PREMIUM
QUALITY
PEPPERCORNS
-  TRADITIONALLY
PROCESSED FOR
MAXIMUM
POTENCY
-  LAB TESTED
FOR PURITY
& SAFETY
-  SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED
-  GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY BLACK PEPPER

-  Add 1/2 tsp Black Pepper (powder or crushed)
-  Boil in 2 cups of water or add to food
-  Simmer for 5-7 mins
-  Strain & enjoy warm
-  Sip after meals for best results

SMALL IN SIZE,
GREAT IN POWER.
BLACK PEPPER – IGNITE YOUR AGNI,
NOURISH YOUR LIFE.

LIVE WELL. NATURALLY.



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TRAVEL AND TOURISM

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Ancient Wisdom • Modern Wellness

THERAPEUTIC OILS

BREATHE EASY OIL

HERBAL COMFORT FOR SINUS & RESPIRATORY WELLNESS

CLEAR • SOOTHES • SUPPORTS • PROTECTS



goditsyou.net
Connecting with Inner God

RELIEF FROM CONGESTION

- ✓ Sinus Blockage
- ✓ Nasal Congestion
- ✓ Head Heaviness
- ✓ Allergies
- ✓ Dryness & Irritation

100%
NATURAL
PURE & SAFE



BENEFITS



CLEAR NASAL PASSAGES
Helps clear blocked nose and eases congestion.



SUPPORTS SINUS HEALTH
Reduces sinus pressure, head heaviness & discomfort.



IMPROVES BREATHING
Supports easy breathing and respiratory comfort.



PROTECTS & SOOTHES
Soothes irritation, dryness and protects nasal lining.



CALMS MIND & NERVES
Promotes relaxation and nervous system balance.

POWER OF AYURVEDIC HERBS



EUCALYPTUS
Opens airways and relieves congestion



PEPPERMINT
Cooling & soothing, helps ease blocked nose



SESAME OIL
Nourishes & protects nasal passages



CAMPHOR
Provides cooling relief & clears heaviness



TULSI
Supports immunity & fights seasonal discomfort



LAVENDER
Calms mind, relieves stress & promotes rest

NASYA THERAPY (OIL DROPS IN NOSE)

ANCIENT AYURVEDIC PRACTICE



Nasya is a traditional Ayurvedic therapy where herbal oil is applied in the nose to support sinus health, mental clarity, and overall well-being.

HOW TO USE

1



LIE DOWN
Lie down comfortably on your back.

2



TILT HEAD
Tilt your head slightly backward.

3



APPLY OIL
Put 2-3 warm oil drops in each nostril.

4



INHALE GENTLY
Inhale gently through the nose.

5



REST
Rest for a few minutes. Wipe excess oil if needed.

BEST TIME TO USE

- ☀ Morning (after waking up)
- 🧘 Before meditation
- 🌬 During dry weather
- 🌙 Evening relaxation
- 🛌 Before sleep (if needed)

IDEAL FOR

- 👃 Sinus Discomfort
- 🌿 Allergies
- 🏘 Pollution Exposure
- 👃 Dry Nose
- 😴 Stress & Fatigue

WHO CAN BENEFIT?

- ✓ People with sinus issues
- ✓ Frequent headaches
- ✓ Dry nose or allergies
- ✓ Stress & mental fatigue
- ✓ Poor sleep
- ✓ Voice strain / throat dryness
- ✓ Excess screen time, mental overwork



IMPORTANT TIPS



- Use lukewarm oil for best results.
- Use pure, natural Ayurvedic oils only.
- Consistency brings best results.



CAUTION

Avoid immediately after meals, during fever, or severe cold congestion.
Use gently and preferably under Ayurvedic guidance for regular therapy.

Breathe Better.
Live Better.
Naturally.



PURE
INGREDIENTS



ANCIENT
AYURVEDA



HOLISTIC
WELLNESS



ETHICALLY
SOURCED



SAFE &
EFFECTIVE

Small Drops, Big Benefits
For Clear Breathing & Calm Living



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TIME-TESTED WELLNESS

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Pure • Traditional
Naturally Nourishing

THE QUEEN OF SPICES

CARDAMOM

NATURE'S FRAGRANCE. ANCIENT WISDOM. WORLD'S BEST.

A TIME-TESTED AYURVEDIC TREASURE

Cardamom (Elaichi) – the “Queen of Spices”

Treasured in Ayurveda for thousands of years for its extraordinary aroma, cooling nature and powerful healing properties. Sourced from the finest quality pods, it refreshes the breath, aids digestion, uplifts the senses, supports heart health and brings balance to body, mind and soul.



AMAZING BENEFITS

- Aids digestion & relieves bloating and gas
- Naturally freshens breath & purifies the mouth
- Enhances memory, clarity & mental performance
- Supports heart health & healthy blood circulation
- Boosts immunity & helps fight infections
- Uplifts mood, relieves stress & promotes relaxation
- Detoxifies the body & supports healthy metabolism
- Promotes restful sleep & soothes the nervous system

SMALL POD.
DIVINE POWER.
TIMELESS AROMA.
BOUNDLESS
WELLNESS.

- 100% PURE NATURAL NO ADDITIVES NO PRESERVATIVES
- HANDPICKED PREMIUM QUALITY PODS
- TRADITIONALLY PROCESSED FOR MAXIMUM POTENCY
- LAB TESTED FOR PURITY & SAFETY
- SUSTAINABLY SOURCED RESPONSIBLY PACKED
- GOOD FOR YOU GOOD FOR NATURE

HOW TO ENJOY CARDAMOM

- Crush 2 pods of Cardamom
- Boil in 2 cups of water or add to milk
- Simmer for 5-7 mins
- Strain & enjoy warm
- Sip daily for freshness & wellness

A GIFT OF NATURE.
A BLESSING OF AYURVEDA.
CARDAMOM – ELEVATE YOUR LIFE
THE NATURAL WAY.

LIVE WELL. NATURALLY.



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Mother Earth
Travel and Tourism



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TIME-TESTED GOODNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing

CASTOR OIL

(TRADITIONAL EXTERNAL USE)

PURE • COLD PRESSED • UNREFINED • CHEMICAL FREE

Our Castor Oil is traditionally cold pressed from premium quality castor seeds using age-old methods. Unrefined and chemical-free, it retains its natural nutrients and purity.

Traditionally used for external application in Ayurvedic wellness practices.

PURE
NATURAL OIL
FOR TRADITIONAL
WELLNESS

TRADITIONALLY USED FOR EXTERNAL CARE



Nourishes and strengthens hair and scalp



Supports healthy eyelashes and eyebrows



Soothes and relaxes joints and muscles



Traditionally used for abdominal massage



Moisturizes and softens skin naturally



100% Natural
Pure and safe for traditional use



TRADITIONAL
COLD PRESSED
Extracted using
age-old wooden
press methods



UNREFINED
& UNPROCESSED
No heat, no chemicals,
no additives,
just pure oil



CHEMICAL FREE
& PURE
No preservatives,
no artificial colors
or fragrances



QUALITY YOU CAN
TRUST
Carefully selected
seeds for purity
and potency



A TRADITION OF PURITY,
A PROMISE OF CARE,
FOR NATURAL WELLNESS
EVERY DAY.

SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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Naturally Nourishing

CLOVE

NATURE'S PROTECTION. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Clove (Lavanga) has been cherished in Ayurveda for centuries for its warming nature and powerful therapeutic benefits. Sourced from the finest quality cloves, it supports digestion, oral health, immunity, and respiratory wellness while promoting overall vitality and balance.

PURE SPICE
PURE BENEFITS
ROOTED IN
AYURVEDA
BACKED BY
MODERN SCIENCE

BENEFITS OF CLOVE

- Supports oral health & fights bad breath
- Aids digestion & relieves bloating and gas
- Boosts immunity & supports overall wellness
- Supports respiratory health & relieves congestion
- Enhances Agni (digestive fire) & nutrient absorption
- Powerful antioxidant & fights free radicals
- Supports heart health & healthy circulation
- Promotes mental clarity, relieves stress & supports restful sleep

100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES

HANDPICKED
PREMIUM
QUALITY
CLOVES

TRADITIONALLY
PROCESSED FOR
MAXIMUM
POTENCY

LAB TESTED
FOR PURITY
& SAFETY

SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED

GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY CLOVE

- Add 1-2 cloves (whole or powdered)
- Boil in 2 cups of water or add to food
- Simmer for 5-7 mins
- Strain & enjoy warm
- Sip after meals for best results

A SMALL SPICE
WITH GREAT POWER.
CLOVE – PROTECT, PURIFY
& NOURISH YOUR LIFE.
LIVE WELL. NATURALLY.



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NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

COCONUT OIL

PURE • TRADITIONAL • NATURALLY NOURISHING

Prepared using traditional wooden cold-press extraction methods, Coconut Oil retains its natural aroma, purity, and wholesome goodness. Carefully extracted without excessive heat to preserve its authentic nutritional value and traditional richness.

NATURE'S
PUREST
GOODNESS

TRADITIONALLY CHERISHED FOR



Daily cooking and
wholesome nourishment



Ayurvedic wellness
and balanced living



Traditional hair
and skin care



Massage and
self-care practices



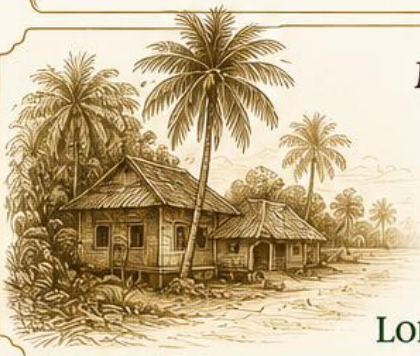
NATURALLY
EXTRACTED AND
MINIMALLY PROCESSED



FREE FROM
CHEMICAL REFINING
AND ARTIFICIAL ADDITIVES

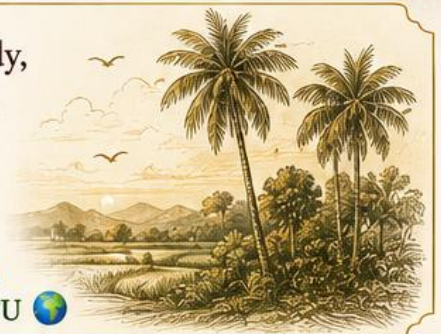


RICH IN TRADITIONAL
PURITY AND
AUTHENTIC TASTE



May this sacred oil nourish the body,
calm the mind, and bring health,
harmony, and natural wellness
to every home.

SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



PURE



NATURAL



TRADITIONAL



AUTHENTIC



SUSTAINABLE



CONSCIOUS LIVING



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Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

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Care**

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Naturally Nourishing

CORIANDER

NATURE'S COOLING GIFT. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Coriander (Dhania) has been cherished in Ayurveda for centuries for its cooling nature and wide-ranging health benefits. Sourced from the finest quality seeds, it supports digestion, detoxifies the body and promotes overall well-being.

PURE SEEDS
PURE BENEFITS
ROOTED IN
AYURVEDA
BACKED BY
MODERN SCIENCE

BENEFITS OF CORIANDER

-  Natural body coolant & reduces heat
-  Supports digestion & relieves bloating
-  Detoxifies the body & supports liver function
-  Boosts immunity & overall wellness
-  Helps maintain healthy cholesterol levels
-  Supports healthy skin & clear complexion
-  Aids in weight management & metabolism
-  Promotes restful sleep & calms the mind


100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES


HANDPICKED
PREMIUM
QUALITY
SEEDS


TRADITIONALLY
PROCESSED
FOR MAXIMUM
POTENCY


LAB TESTED
FOR PURITY
& SAFETY


SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED


GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY

-  Add 1 tsp Coriander Seeds
-  Boil in 2 cups of water
-  Simmer for 5-7 mins
-  Strain & enjoy warm or cold
-  Sip for a cool, healthy you!

"SIMPLE. PURE. POWERFUL.
CORIANDER – A SEED OF BALANCE,
A SOURCE OF WELLNESS.

LIVE WELL. NATURALLY.

ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.



Om Ayurveda

Rooted in Tradition
Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing



COUNTRY NUTS & NATIVE DRY FRUITS

NATURE'S FINEST • AYURVEDIC WISDOM • WHOLESOME LIVING

Ancient Foods. Timeless Benefits. For a Healthier You.

Carefully sourced from nature, our Country Nuts & Native Dry Fruits are packed with purity, nutrients and natural goodness. They support strength, immunity, energy, vitality and overall well-being – the Ayurvedic way.

PURE
NUTRITION
PURE
ENERGY

AMAZING BENEFITS

- Boosts Immunity & Strengthens the Body
- Rich in Protein, Healthy Fats, Vitamins & Minerals
- Improves Brain Function & Memory
- Supports Heart Health & Healthy Cholesterol
- Aids Digestion & Gut Health
- Natural Energy Booster & Stamina Builder
- Promotes Healthy Skin, Hair & Glowing You

HANDPICKED
PREMIUM
QUALITY
EVERYTIME

GOODNESS IN EVERY BITE



ALMONDS



CASHEWS



WALNUTS



PISTACHIOS



RAISINS



FIGS



DATES

AND MANY MORE NATIVE DRY FRUITS & SEEDS



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
WITH CARE
PREMIUM
QUALITY



TRADITIONALLY
SOURCED FOR
MAXIMUM
NUTRITION



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED



GOOD FOR YOU
GOOD FOR
NATURE

EAT NATURAL.
LIVE STRONG.
STAY HEALTHY.
THE AYURVEDIC WAY.



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Mother Earth
Travel and Tourism

ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.



Om Ayurveda

ROOTED IN TRADITION
NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

COUNTRY SUGAR (NATTU SAKKARAI)

PURE • TRADITIONAL • NATURALLY SWEET

Prepared using traditional methods from natural sugarcane juice, Country Sugar (Nattu Sakkarai) is valued for its wholesome sweetness, rich taste, and authentic village heritage. Unlike highly refined white sugar, it retains its natural character and traditional goodness.

NATURAL
SWEETNESS
FROM NATURE

TRADITIONALLY CHERISHED FOR



Sweetening herbal drinks
& daily beverages



Preparing traditional
sweets and prasadam



Sattvic cooking and
conscious living



Supporting natural
nourishment and vitality



TRADITIONALLY
PROCESSED &
MINIMALLY REFINED



FREE FROM
ARTIFICIAL BLEACHING
AND HARSH CHEMICALS



AUTHENTIC TASTE
ROOTED IN TRADITIONAL
FOOD CULTURE



May this natural sweetness
bring joy to every meal,
warmth to every home,
and harmony to everyday living.



SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



PURE



NATURAL



TRADITIONAL



AUTHENTIC



SUSTAINABLE



CONSCIOUS LIVING



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NATURALLY NOURISHING

**Best
Care**

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Naturally Nourishing

COUNTRY SUGAR (NATTU SAKKARAI)

PURE • TRADITIONAL • UNREFINED • WHOLESOME

Traditionally made from the fresh juice of healthy sugarcane using age-old methods. Our Country Sugar (Nattu Sakkarai) is unrefined, chemical-free, and retains natural minerals, aroma, and goodness for a wholesome lifestyle.

NATURE'S
SWEETNESS
RICH IN
NATURAL
GOODNESS

TRADITIONALLY CHERISHED FOR



Natural source of energy
and stamina



Rich in essential minerals
like iron, calcium & potassium



Supports healthy digestion
and metabolism



Strengthens immunity
and overall well-being



Better alternative to
refined sugar



MADE FROM
FRESH SUGARCANE JUICE
Traditional process
for natural purity



UNREFINED
& UNPROCESSED
Retains natural
minerals and nutrients



CHEMICAL-FREE
& ADDITIVE-FREE
Pure, clean and safe
for your family



AUTHENTIC TASTE
& AROMA
Naturally rich,
wholesome and tasty

May this natural sweetness
nourish your body, energize your mind,
and bring warmth, health,
and happiness to every home.

SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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TIME-TESTED WELLNESS

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Naturally Nourishing

CUMIN

NATURE'S WARMTH. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Cumin (Jeera) has been a cherished spice in Ayurveda for thousands of years for its warming nature and powerful digestive benefits. Sourced from the finest quality seeds, it nourishes the body, kindles agni (digestive fire) and supports holistic well-being every day.

PURE SEEDS
PURE BENEFITS
ROOTED IN
AYURVEDA
BACKED BY
MODERN SCIENCE



BENEFITS OF CUMIN



Aids digestion & relieves bloating and gas



Boosts Agni (digestive fire) & nutrient absorption



Supports immunity & overall wellness



Detoxifies the body & supports liver function



Helps maintain healthy cholesterol levels



Supports weight management & metabolism



Promotes restful sleep & soothes the mind



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
PREMIUM
QUALITY
CUMIN



TRADITIONALLY
PROCESSED
FOR MAXIMUM
POTENCY



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED



GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY CUMIN



Add 1 tsp
Cumin Seeds



Boil in 2 cups
of water



Simmer for
5-7 mins



Strain & enjoy
warm



Sip after meals
for best results

A SMALL SEED
WITH GREAT WISDOM.
CUMIN – KINDLE YOUR AGNI,
NOURISH YOUR LIFE.

LIVE WELL. NATURALLY.

ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.



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TIME-TESTED WELLNESS



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Care**

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Naturally Nourishing

— NATURE'S AROMA. ANCIENT WISDOM. EVERYDAY WELLNESS. —

CURRY LEAVES

A TIME-TESTED AYURVEDIC TREASURE

Curry Leaves (*Murraya koenigii*) are a precious gift of nature in Ayurveda. Known for their distinctive aroma and rich nutritional profile, they support digestion, strengthen hair, improve vision, balance blood sugar and promote overall health and vitality.

FRESH
AROMA
RICH IN
NUTRIENTS

★ ★ ★
100% PURE
NATURAL
HANDPICKED
CURRY LEAVES
NO ADDITIVES
NO PRESERVATIVES
★ ★ ★

AMAZING BENEFITS

- Aids digestion & prevents gas, bloating and acidity
- Helps regulate blood sugar & supports diabetes management
- Strengthens hair roots, reduces hair fall & dandruff
- Supports good eyesight & eye health
- Helps reduce cholesterol & supports heart health
- Boosts immunity & protects from infections
- Improves memory, brain function & relieves stress
- Natural antioxidant that detoxifies the body

SMALL LEAVES,
GREAT POWER,
BOUNDLESS
BENEFITS.

100% PURE & NATURAL NO ADDITIVES NO PRESERVATIVES	HANDPICKED WITH CARE PREMIUM QUALITY	TRADITIONALLY SOURCED MAXIMUM POTENCY	LAB TESTED FOR PURITY & SAFETY	SUSTAINABLY SOURCED RESPONSIBLY PACKED	GOOD FOR YOU GOOD FOR NATURE

HOW TO USE CURRY LEAVES



A LEAF OF HEALING.
A TOUCH OF TRADITION.
CURRY LEAVES – NOURISH,
PROTECT & REVITALIZE NATURALLY.

LIVE WELL. NATURALLY.



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Travel and Tourism

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PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-HONORED GOODNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing

DESI COW GHEE (A2)

PURE • TRADITIONAL • A2 • HANDMADE WITH LOVE

Our Desi Cow Ghee (A2) is made using the traditional Ayurvedic **Bilona method** from the milk of native Indian cows. Pure, natural, and packed with nourishment, it brings the richness of tradition and the goodness of nature to your everyday life.

MADE WITH
BILONA METHOD
FROM DESI COW
A2 MILK



TRADITIONALLY CHERISHED FOR



Supports overall health and vitality



Nourishes brain and supports memory



Aids digestion and improves gut health



Strengthens immunity naturally



Supports stronger bones and healthy joints



Nourishes skin and promotes natural glow



Enhances energy, stamina and well-being



MADE FROM
DESI COW
A2 MILK

Native Indian cows
raised with love & care



BILONA METHOD
HANDMADE

Prepared in small
batches using the
traditional bilona
(wooden churn) method



PURE & NATURAL
No additives,
no preservatives,
no chemicals



CHEMICAL FREE
& UNPROCESSED
No refining,
no bleaching,
no shortcuts



RICH IN NATURAL
NUTRIENTS
Contains Omega 3,
Vitamins A, D, E & K
and Butyric Acid



From our cows to your home,
purity you can trust,
tradition you can feel,
wellness you can live.

SARVE BHAVANTU SUKHINAH
LOKAH SAMASTAH SUKHINO BHAVANTU

PURE GHEE
PURE LIFE
PURE YOU



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Rooted in Tradition
Nourished by Nature

DETOX KASHAYAM

CLEANSE. DETOXYFY. REJUVENATE.

A traditional Ayurvedic herbal decoction that helps cleanse the body, eliminate toxins, boost immunity and restore natural balance.

KEY BENEFITS



DETOXIFIES THE BODY
Helps flush out toxins and supports natural cleansing.



BOOSTS IMMUNITY
Strengthens the body's natural defenses and vitality.



SUPPORTS DIGESTION
Improves digestion, reduces bloating and promotes gut health.



SUPPORTS LIVER HEALTH
Protects the liver and enhances its natural detox function.



ANTI-INFLAMMATORY
Helps reduce inflammation and supports overall wellness.



REJUVENATES & ENERGIZES
Revitalizes the body and mind, promotes freshness and balance.

POWERFUL AYURVEDIC INGREDIENTS



TRIPHALA
Powerful antioxidant, supports detox & bowel health



TULSI
Boosts immunity, fights infections & purifies the blood



TURMERIC
Natural anti-inflammatory & detoxifier



NEEM
Purifies blood, supports skin & liver health



GILOY
Enhances immunity, detoxifies & rejuvenates



CLEANSES
NATURALLY



SUPPORTS
IMMUNITY



PROMOTES
WELLNESS



RESTORES
BALANCE



FOR
DAILY
RITUAL

CONNECT WITH US
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MOTHER EARTH
TRAVEL & TOURISM

NATURAL
DETOX
SUPPORT

CLEANSE FROM
WITHIN

HOW TO ENJOY



Boil 1 tea bag or 1 tsp of powder in 200 ml water for 5-7 minutes. Strain & enjoy warm. Best taken 1-2 times a day.



CAFFEINE FREE

NO PRESERVATIVES

NO ADDITIVES

Detox your body.
Nourish your life.
Live in balance.



Om Ayurveda

Ancient Wisdom • Modern Wellness

PANCHAKARMA THERAPEUTIC OIL

DHANVANTARI TAILAM

Ancient Ayurvedic Oil for Healing, Rejuvenation & Longevity

♦ HEALS DEEPLY ♦ NOURISHES TISSUES ♦ BALANCES DOSHAS ♦ RESTORES VITALITY ♦

100%
NATURAL
PURE & SAFE



WHAT IS DHANVANTARI TAILAM?

Dhanvantari Tailam is a classical Ayurvedic medicated oil mentioned in ancient texts. It is dedicated to Lord Dhanvantari, the divine physician and symbol of health and healing.

A powerful blend of time-tested herbs cooked in sesame oil and milk, traditionally used in Panchakarma therapies and daily massage to promote strength, vitality, and complete well-being.



TRADITIONAL
AYURVEDIC
FORMULA

For All Ages
& Body Types

KEY BENEFITS



PROMOTES HEALING

Helps in quick recovery from illness, injuries, surgeries & fractures.



STRENGTHENS BODY

Nourishes muscles, bones, ligaments and improves overall strength.



REJUVENATES TISSUES

Deeply nourishes dhatus (body tissues) and promotes cellular regeneration.



RELIEVES PAIN & INFLAMMATION

Helps reduce pain, stiffness, swelling and inflammation in joints & muscles.



BALANCES DOSHAS

Balances Vata, Pitta & Kapha, supports overall doshic harmony.



IMPROVES VITALITY & IMMUNITY

Enhances vitality, stamina, immunity and natural resistance.

POWERFUL BLEND OF AYURVEDIC HERBS



ASHWAGANDHA
Strengthens muscles
& reduces stress



BALA
Relieves pain
& weakness



YASHTIMADHU
Soothes tissues
& promotes healing



GOKSHURA
Supports strength,
vitality & mobility



SHATAVARI
Nourishes, rejuvenates
& supports vitality



DASHAMULA
Reduces inflammation
& relieves pain



TILA TAILA
(Sesame Oil)
Best for massage,
penetrates deep



KSHEERA
(Milk)
Enhances healing
& nourishment

BEST USED FOR



Post Illness
Recovery



Joint Pain &
Arthritis



Muscle Stiffness
& Spasms



Post Surgery
Care



Fractures &
Injuries



Back Pain
& Sciatica



General
Weakness



Elderly Care &
Rejuvenation

HOW TO USE



1 Warm the oil slightly.



2 Apply on the body
(gently on the affected area).



3 Massage in gentle circular
motions.



4 Leave for 20–30 minutes
or as advised.



5 Take a warm shower
or bath.

IDEAL FOR



People with chronic pain



Elderly & convalescents



People in recovery phase



Athletes & physically active
individuals



Daily wellness & relaxation



CAUTIONS

- For external use only.
- Avoid in acute fever or infections.
- Do not apply on open wounds.
- Use under the guidance of an Ayurvedic practitioner.



Regular use of Dhanvantari Tailam
brings deep healing, strength,
vitality and long-lasting
rejuvenation.



100% NATURAL



CHEMICAL FREE



TOXIN FREE



MADE WITH LOVE
& CARE



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HEAL DEEPLY. LIVE FULLY. NATURALLY.

DIABETES SUPPORT HERBS

NATURAL
SUPPORT FOR
HEALTHY
BLOOD SUGAR
BALANCE

AYURVEDIC HERBAL TEA

BALANCE. SUPPORT. NATURALLY.

A potent blend of time-tested Ayurvedic herbs that help maintain healthy blood sugar levels, support metabolism and promote overall wellness.

KEY BENEFITS



**SUPPORTS HEALTHY
BLOOD SUGAR LEVELS**
Helps maintain normal blood sugar levels naturally.



IMPROVES INSULIN SENSITIVITY
Promotes better insulin function and glucose metabolism.



SUPPORTS PANCREAS HEALTH
Nourishes and strengthens the pancreas for optimal performance.



AIDS METABOLISM
Helps improve metabolism and supports healthy weight management.



ENERGIZES & REJUVENATES
Reduces fatigue and promotes overall energy and vitality.



HOW TO ENJOY

Steep 1 tea bag in hot water for 5 minutes. Enjoy warm. Best taken 1-2 times a day, preferably before meals.



CAFFEINE FREE



POWERFUL AYURVEDIC INGREDIENTS



VIJAYSAR
Helps maintain healthy blood sugar levels



FENUGREEK
Improves insulin sensitivity and glucose control



GUDMAR
Supports sugar metabolism and reduces cravings



AMLA
Rich in antioxidants & supports overall wellness



NEEM
Purifies blood & supports detoxification

*Ancient Herbs. Modern Wellness.
For a Healthier You, Naturally.*



NATURAL
INGREDIENTS



CHEMICAL
FREE



SAFE &
GENTLE



HOLISTIC
WELLNESS

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MOTHER EARTH
TRAVEL & TOURISM



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NATURALLY NOURISHING
TIME-TESTED WELLNESS



Pure • Traditional
Naturally Nourishing

DRY GINGER (SUKKU) TEA

WARM • SOOTHE • DIGEST • REVITALIZE

Ancient Wisdom. Everyday Wellness.

Dry Ginger (Sukku) has been cherished in Ayurveda for centuries for its warming nature and powerful digestive benefits. Our Sukku Tea is made from premium quality dry ginger, gently dried and blended to bring you comfort, relief and vitality in every sip.

NATURE'S
WARMTH FOR
DIGESTION &
WELL-BEING

100% NATURAL
CAFFEINE FREE
NO ADDED
FLAVORS OR
PRESERVATIVES

BENEFITS OF SUKKU TEA

- Aids digestion and relieves bloating & gas
- Boosts immunity and fights seasonal discomfort
- Natural body warmer, ideal for cold & cough
- Soothes throat and clears congestion
- Improves metabolism and supports weight balance
- Detoxifies the body and promotes overall well-being



**PREMIUM QUALITY
DRY GINGER**
Carefully selected
Sukku (dry ginger)
roots



**AYURVEDIC
TRADITION**
Rooted in ancient
wisdom for modern
wellness



**SOOTHING &
COMFORTING**
A warm, aromatic
tea for daily
well-being



**NATURAL &
PURE**
No additives,
no preservatives,
just pure Sukku



**CHEMICAL FREE
& UNPROCESSED**
Unbleached, unrefined
and free from
artificial flavors

HOW TO ENJOY



Boil
2 cups of water



Add 1 tsp of
Sukku Tea



Boil for
5-7 mins



Strain & enjoy
warm



Add honey or
jaggery if
desired

A SIP OF WARMTH.
A TOUCH OF TRADITION.
A PATH TO WELLNESS.

Drink Well. Live Well.



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Naturally Nourishing



FENNEL



NATURE'S SWEET BALANCE. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Fennel (Saunf) has been cherished in Ayurveda for centuries for its sweet taste, cooling nature and powerful digestive benefits. Sourced from the finest quality seeds, it freshens the breath, soothes the senses, balances the body and supports holistic well-being naturally.

PURE SEEDS
PURE BENEFITS
ROOTED IN
AYURVEDA
BACKED BY
MODERN SCIENCE



BENEFITS OF FENNEL



Aids digestion & relieves bloating, gas & acidity



Natural mouth freshener & breath purifier



Soothes the eyes & reduces inflammation



Supports immunity & overall wellness



Balances Pitta, promotes hormonal harmony



Supports heart health & healthy cholesterol



Promotes restful sleep & calms the mind



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
PREMIUM
QUALITY
FENNEL



TRADITIONALLY
PROCESSED FOR
MAXIMUM
POTENCY



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED



GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY FENNEL



Add 1 tsp
Fennel Seeds



Boil in 2 cups
of water



Simmer for
5-7 mins



Strain & enjoy
warm or cold



Sip after meals
for best results

A SEED OF SWEETNESS,
A WORLD OF WELLNESS.
FENNEL – REFRESH, RENEW,
REBALANCE.

LIVE WELL. NATURALLY.



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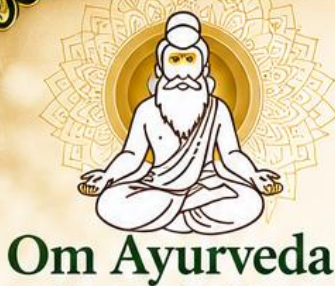


GODITSYOU



MOTHER EARTH
TRAVEL AND TOURISM

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TIME-TESTED WELLNESS

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Care**

Pure • Traditional
Naturally Nourishing

NATURE'S GIFT FOR HEALTH & VITALITY

FENUGREEK

A TIME-TESTED AYURVEDIC TREASURE

ANCIENT WISDOM. NATURAL HEALING. EVERYDAY WELLNESS.

Fenugreek (Methi) has been cherished in Ayurveda for thousands of years for its incredible healing and nourishing properties. Rich in fiber, antioxidants, vitamins and minerals, it supports digestion, maintains healthy blood sugar levels, boosts lactation, supports heart health, and promotes hair growth and healthy skin.

100% PURE
NATURAL
HANDPICKED
FENUGREEK SEEDS
NO ADDITIVES
NO PRESERVATIVES

PURE SEED
PURE BENEFITS
PURE YOU

AMAZING BENEFITS



Supports healthy digestion & relieves acidity



Helps regulate blood sugar levels naturally



Supports lactation in nursing mothers



Promotes healthy cholesterol levels



Supports weight management & reduces cravings



Improves hair growth & reduces hair fall



Rich in antioxidants that fight free radicals



Detoxifies the body & supports liver health



Supports healthy skin & natural glow



Boosts energy, strength & overall vitality

*Small Seed,
Great Power,
Boundless Benefits.*



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
PREMIUM
QUALITY
SEEDS



TRADITIONALLY
PROCESSED FOR
MAXIMUM
POTENCY



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED



GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY FENUGREEK



Soak 1 tsp
Fenugreek seeds
overnight



Drink in the
morning on an
empty stomach



Add to curries,
soups, dals
& vegetables



Dry roast &
powder. Use in
food or drinks



Sprout for
added nutrition
& enzymes

A SEED OF WELLNESS.
A TRADITION OF HEALTH.
FENUGREEK – NOURISH, BALANCE
& HEAL NATURALLY.

LIVE WELL. NATURALLY.



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Travel and Tourism

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Om Ayurveda

Rooted in Tradition
Nourished by Nature

PURE • TRADITIONAL
COLD PRESSED • CHEMICAL FREE
NATURALLY NOURISHING

**Best
Care**

Pure • Traditional
Naturally Nourishing

GINGELLY (SESAME) OIL

WOOD PRESSED • UNREFINED • PURE GOODNESS

Our Gingelly (Sesame) Oil is traditionally wood pressed from premium quality sesame seeds. Unrefined and unprocessed to preserve its natural nutrients, rich aroma, and authentic taste.

TRADITIONALLY CHERISHED FOR



Supports Heart Health
Naturally good for the heart



Strengthens Bones & Joints
Rich in calcium and magnesium



Nourishes Hair & Scalp
Promotes strength and shine



Moisturizes & Protects Skin
Natural emollient and antioxidant



Aids Digestion
Supports natural metabolism



Boosts Immunity
Rich in antioxidants & essential nutrients

NATURE'S
TIMELESS
ELIXIR FOR
HEALTH &
WELLNESS



**TRADITIONAL
WOOD PRESSED**
Extracted using
age-old methods
for purity & taste



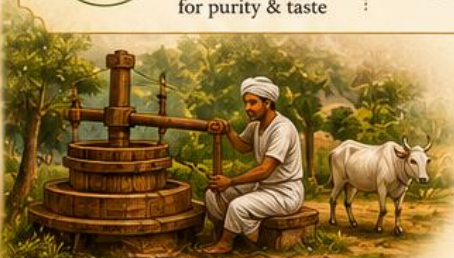
**UNREFINED
& UNPROCESSED**
No heat, no chemicals,
no additives,
just pure oil



**RICH IN
NATURAL NUTRIENTS**
Retains natural sesame
goodness, aroma
and flavor



**CHEMICAL FREE
& PURE**
No preservatives,
no artificial colors
or flavors



A drop of tradition,
a touch of purity,
and a promise of wellness
in every drop.

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LOKAH SAMASTAH SUKHINO BHAVANTU



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Rooted in Tradition
Nourished by Nature



Om Ayurveda



100% PURE • NATURAL • TRADITIONAL

**Best
Care**



GRAINS & PULSES

PURE • TRADITIONAL • NATURALLY NOURISHING

UNPOLISHED RICE VARIETIES

SEERAGA SAMBA

Aromatic, lightweight
& easy to digest.



KULLAKAR

Nutrient-rich
heritage rice for
stronger health.



KARUPPU KAVUNI

Antioxidant-rich
black rice for
vitality & balance.



MAPPILLAI SAMBA

Traditional heirloom
rice for strength
& stamina.



Naturally rich in traditional goodness, these ancient rice varieties are valued for their wholesome nutrition, authentic taste, and Ayurvedic balance.

TRADITIONALLY CHERISHED FOR



Better Digestion
& Nourishment



Sustained
Natural Energy



Sattvic &
Conscious Living



Supporting
Traditional Farming
Heritage



UNPOLISHED
& MINIMALLY
PROCESSED



NATURALLY
CULTIVATED



SUN-DRIED &
AUTHENTICALLY
SOURCED



PURE HERITAGE
GRAINS FOR A
HEALTHY LIFESTYLE



MAY EVERY GRAIN BRING STRENGTH,
VITALITY, AND HARMONY TO LIFE.
MAY TRADITIONAL FOOD WISDOM CONTINUE TO
NOURISH FUTURE GENERATIONS.



SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



+91 79042 18828



omayurvedahealth@gmail.com



PURE



NATURAL



TRADITIONAL



AUTHENTIC



SUSTAINABLE



CONSCIOUS LIVING



Om Ayurveda

ROOTED IN TRADITION
NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

GROUNDNUT OIL

PURE • TRADITIONAL • NATURALLY EXTRACTED

WOODEN COLD-PRESSED

Prepared using traditional wooden cold-press extraction methods, Groundnut Oil retains its natural aroma, wholesome nutrients, and authentic taste. Slowly extracted without excessive heat to preserve its traditional richness and purity.

NATURE'S
GOODNESS
IN EVERY
DROP

TRADITIONALLY CHERISHED FOR



Daily cooking and
balanced nourishment



Traditional Indian
recipes and frying



Ayurvedic wellness
and conscious living



Supporting natural
energy and vitality



NATURALLY
EXTRACTED AND
MINIMALLY PROCESSED



FREE FROM
CHEMICAL REFINING
AND ARTIFICIAL
ADDITIVES



RICH IN AUTHENTIC
TASTE AND
TRADITIONAL
GOODNESS



GOOD SOURCE OF
NATURAL ENERGY
AND HEALTHY
FATS



May this sacred oil nourish
every meal with warmth, purity,
and health, bringing harmony
and wellness to every home.

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OM AYURVEDA
ANCIENT WISDOM • MODERN WELLNESS



100%
NATURAL



NO
PRESERVATIVES



NO
ADDITIVES



PURE
AYURVEDIC

GUT HEALING HERBAL TEA

NOURISH YOUR GUT. HEAL NATURALLY.

A gentle blend of ancient Ayurvedic herbs that supports digestion, reduces bloating, soothes the gut and promotes complete intestinal balance.

KEY BENEFITS



SUPPORTS HEALTHY DIGESTION
Improves digestion and helps the body absorb nutrients better.



REDUCES BLOATING & GAS
Relieves heaviness, bloating and supports a calm, happy gut.



SOOTHES INFLAMMATION
Calms the digestive tract and supports natural gut healing.



DETOXIFIES GENTLY
Helps remove toxins and supports overall intestinal cleansing.



PROMOTES GUT BALANCE
Supports healthy bowel movement and maintains gut harmony.

POWERFUL AYURVEDIC INGREDIENTS



Coriander
Supports digestion & reduces acidity



Jeera (Cumin)
Improves digestion & nutrient absorption



Saunf (Fennel)
Relieves bloating & gas naturally



Ajwain (Carom)
Stimulates digestion & reduces heaviness



Dry Ginger
Soothes gut & improves metabolism



HOW TO ENJOY

Steep 1 tea bag in hot water for 5 minutes.
Enjoy warm. Best taken after meals.



NATURAL
INGREDIENTS



CAFFEINE
FREE



SAFE &
GENTLE



HOLISTIC
WELLNESS

A HEALTHY GUT IS THE FOUNDATION OF A HEALTHY LIFE



+91 7904218828
+91 9405225604



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MOTHER EARTH
TRAVEL & TOURISM

*Ancient Wisdom.
Modern Wellness.*



AYURVEDIC WELLNESS



NATURAL HEALING



BALANCED LIVING



ROOTED IN NATURE



Om Ayurveda

Rooted in Tradition
Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing

100%
NATURAL
PURE & SAFE

HERBAL BATH POWDERS

A TIME-TESTED AYURVEDIC CARE FOR NATURAL CLEANSING

Ancient Wisdom. Pure Ingredients. Everyday Wellness.

Our Herbal Bath Powders are crafted with care using traditional Ayurvedic herbs, flowers, roots and natural ingredients. They gently cleanse, nourish the skin, promote relaxation and leave you feeling refreshed, fragrant and rejuvenated – the natural way.

NEEM & TULSI
Purifying &
Skin Cleansing

SANDAL & ROSE
Cooling &
Soothing

CHEMICAL FREE
NO ARTIFICIAL
FRAGRANCE
NO PRESERVATIVES

MULTANI
MITTI & VETIVER
Deep Cleansing &
Oil Control

CHANDAN & KASTURI TURMERIC
Brightening &
Skin Nourishing

AMAZING BENEFITS

- Gently cleanses & detoxifies skin
- Nourishes, hydrates & improves skin texture
- Helps reduce body odor naturally
- Soothes skin irritation, rashes & inflammation
- Enhances natural glow & radiance
- Improves blood circulation & skin health
- Relaxing aroma calms mind & body
- Suitable for all skin types & daily use

POWER OF TRADITIONAL INGREDIENTS

NEEM	TULSI	SANDALWOOD	ROSE PETALS	MULTANI MITTI	VETIVER	KASTURI TURMERIC	GREEN GRAM
Purifies & Protects Skin	Antibacterial & Rejuvenating	Cooling & Soothing	Refreshes & Hydrates	Deep Cleanses & Removes Impurities	Cooling & Calming	Brightens & Nourishes	Exfoliates & Softens Skin

NATURE'S TOUCH
FOR HEALTHY SKIN
& HAPPY YOU.

LIVE WELL.
NATURALLY.

PURE INGREDIENTS.
TRADITIONAL WISDOM.
TIMELESS RESULTS.

HOW TO USE



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www.omayurveda.org



Our Email id is
info@omayurveda.org



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Rooted in Tradition
Nourished by Nature

**Best
Care**
Pure • Traditional
Naturally Nourishing

G **goditsyou**



Mother Earth
Travel and Tourism

ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.



OM AYURVEDA

ANCIENT WISDOM • MODERN WELLNESS

HERBAL CHUTNEY POWDERS

Tradition in Every Spoon. Health in Every Meal.

100% NATURAL • AYURVEDIC • NO PRESERVATIVES • NO ARTIFICIAL COLORS • EASY TO DIGEST

A Dash of Tradition
A World of Health
Enhance your meals with
the goodness of herbs,
spices & Ayurveda.



100%
NATURAL



No
PRESERVATIVES



No ARTIFICIAL
COLORS



EASY
TO DIGEST



RICH IN
NUTRIENTS



AYURVEDIC
& SATTVIC

CURRY LEAF POWDER

The King of Leaves
for Everyday Wellness



- Rich in Iron & Calcium
- Supports Hair Health
- Improves Digestion
- Boosts Immunity

MORINGA POWDER

Nature's Multivitamin
Superfood



- Rich in Vitamins & Minerals
- Supports Immunity
- Detoxifies the Body
- Good for Skin & Hair

GARLIC HERBAL POWDER

Ancient Herb for
Modern Health



- Supports Heart Health
- Natural Immunity Booster
- Helps in Cholesterol Control
- Good for Joints

SESAME SPICE MIX

Calcium Rich &
Nutrient Dense



- Rich in Calcium & Protein
- Strengthens Bones
- Improves Skin Health
- Supports Hormonal Balance

FLAXSEED CHUTNEY MIX

Omega-3 Goodness
for Daily Health



- Rich in Omega-3 & Fiber
- Supports Heart Health
- Aids Weight Management
- Improves Digestion

DIGESTIVE HERBAL POWDER

Perfect Blend for
Happy Digestion



- Improves Digestion
- Reduces Bloating
- Relieves Acidity
- Supports Gut Health

HOW TO ENJOY



Mix with
Hot Rice
& Ghee



Sprinkle on
Idli / Dosa



Add to
Curd / Yogurt



Use as a Dip
or Seasoning

WHY CHOOSE OUR CHUTNEY POWDERS?

- ✓ Made with Pure Herbs & Spices
- ✓ Sun Dried & Stone Ground
- ✓ No Preservatives or Additives
- ✓ Sattvic & Easy to Digest
- ✓ Prepared in Small Batches with Love & Care



PERFECT PAIRINGS



Hot Rice
& Ghee



Idli / Dosa



Curd Rice



Chapathi



Salad &
Snacks



SUPPORTS
DIGESTION



BOOSTS
IMMUNITY



RICH IN
ANTIOXIDANTS



GOOD FOR
SKIN & HAIR



HELPS IN DETOX
& CLEANSING



BALANCES
DOSHAS

ROOTED IN AYURVEDA • MADE WITH PURE INGREDIENTS • CRAFTED FOR YOUR WELLNESS



OM AYURVEDA
ANCIENT WISDOM • MODERN WELLNESS

Best Care
AYURVEDA & WELLNESS



100%
NATURAL



NO
PRESERVATIVES



NO
ADDITIVES



PURE
AYURVEDIC

HERBAL COFFEE BLENDS

A HEALTHY COFFEE. NATURALLY.

A delicious caffeine-free blend of traditional herbs and spices crafted to energize your body, calm your mind and support overall wellness.

KEY BENEFITS



NATURAL ENERGY
Provides sustained energy without caffeine or jitters.



REDUCES STRESS
Adaptogenic herbs help calm the mind and reduce stress.



SUPPORTS DIGESTION
Helps improve digestion and reduces bloating.



BOOSTS IMMUNITY
Rich in antioxidants that support natural immunity.



SUPPORTS HEART HEALTH
Helps maintain healthy cholesterol and heart function.



DETOXIFIES GENTLY
Helps remove toxins and supports liver and gut health.



**NATURAL
ENERGY**
WITHOUT THE
CRASH

OM AYURVEDA
ANCIENT WISDOM • MODERN WELLNESS
**HERBAL
COFFEE BLENDS**
CAFFEINE FREE
Energize Naturally.
Live Better Every Day.
100% NATURAL | NO PRESERVATIVES
NET WT. 100g

NATURAL
ENERGY
BETTER
YOU

HOW TO ENJOY



1 Add 1-2 tsp of herbal coffee to 150 ml hot water or milk.



2 Boil and stir well.



3 Strain and enjoy warm. Add jaggery or honey if desired.

Enjoy anytime – Morning,
Afternoon or Evening!

POWERFUL AYURVEDIC INGREDIENTS



CHICORY
Supports digestion & gut health



DRY GINGER
Improves metabolism & immunity



CORIANDER
Cooling & aids digestion



PALM JAGGERY
Natural sweetener, rich in minerals



BLACK PEPPER
Enhances absorption & metabolism



CARDAMOM
Freshens breath & improves vitality



CINNAMON
Supports blood sugar balance

A perfect blend of ancient herbs & spices for modern living.



CAFFEINE FREE
No jitters,
No acidity



BETTER FOCUS
Enhances clarity
& concentration



GOOD FOR ALL
Suitable for all
age groups



DAILY WELLNESS
Make it a part of
your daily routine



CHOOSE NATURE.
CHOOSE HEALTH.
CHOOSE OM AYURVEDA.

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**MOTHER EARTH
TRAVEL & TOURISM**

AYURVEDIC WELLNESS

NATURAL HEALING

BALANCED LIVING

ROOTED IN NATURE



Om Ayurveda

Rooted in Tradition

Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing



NATURE'S TOUCH FOR STRONGER, HEALTHIER HAIR

HERBAL HAIR OIL & CASTOR OIL

TRADITIONAL AYURVEDIC CARE FOR NATURAL HAIR HEALTH

HERBAL HAIR OIL

A BLEND OF POWERFUL HERBS & OILS

FOR COMPLETE HAIR CARE

Our Herbal Hair Oil is a time-tested Ayurvedic formulation enriched with a special blend of herbs and natural oils that deeply nourish the scalp, strengthen hair roots, reduce hair fall and promote long, thick and healthy hair.

AMAZING BENEFITS

- Reduces hair fall & breakage
- Promotes hair growth & thickness
- Nourishes scalp & hair roots
- Prevents dandruff & dryness
- Improves shine & natural luster
- Strengthens hair from the roots
- Suitable for all hair types



PURE
NATURAL
SAFE
EFFECTIVE

ENRICHED WITH TIME-TESTED HERBS



BHRINGRAJ
Promotes Hair Growth



AMLA
Strengthens & Nourishes



HIBISCUS
Reduces Hair Fall & Dandruff



METHI
Nourishes Scalp



NEEM
Purifies Scalp & Prevents Infections



BRAHMI
Strengthens Roots



CURRY LEAVES
Reduces Hair Fall & Premature Greying

HOW TO USE



Take required amount of oil



Gently massage into scalp



Leave for at least 1 hour or overnight



Wash with mild herbal shampoo

CASTOR OIL

100% PURE & COLD PRESSED

FOR HEALTHY HAIR & SKIN

Our Castor Oil is 100% pure, natural and cold-pressed to retain its nutrients. Rich in ricinoleic acid, it deeply nourishes the scalp, strengthens hair and promotes natural growth.

AMAZING BENEFITS

- Stimulates hair growth
- Thickens hair & improves density
- Reduces hair fall & thinning
- Moisturizes scalp & prevents dryness
- Helps with dandruff & scalp infections
- Strengthens eyebrows & eyelashes
- Soothes dry skin & heals naturally



NATURAL GOODNESS OF CASTOR OIL



Rich in Ricinoleic Acid



Deeply Nourishes & Strengthens



Improves Shine & Texture



Protects from Damage



100% Natural & Chemical Free

HOW TO USE



Apply directly to scalp or hair



Massage gently



Leave for 1-2 hours or overnight



Rinse with mild shampoo

NOURISH YOUR HAIR NATURALLY. THE AYURVEDIC WAY.



100% PURE
NATURAL OILS



NO MINERAL OIL
NO PARABENS



CHEMICAL FREE
& SAFE



TRADITIONALLY
PREPARED



LAB TESTED
FOR QUALITY
& SAFETY



SUITABLE FOR
MEN & WOMEN



MADE WITH CARE
& AYURVEDIC
EXPERTISE

HEALTHY HAIR.
HAPPY YOU.
NATURALLY.



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PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing

100%
NATURAL

PURE & SAFE

NATURE'S TOUCH. AYURVEDA'S WISDOM.

HERBAL HAIR OIL & CASTOR OIL

NOURISHES FROM ROOT TO TIP, NATURALLY

Authentic Ayurvedic Oils for Stronger Hair, Healthier Scalp
and Natural Beauty.



HERBAL HAIR OIL

A powerful blend of traditional herbs and pure oils, prepared using time-tested Ayurvedic methods.

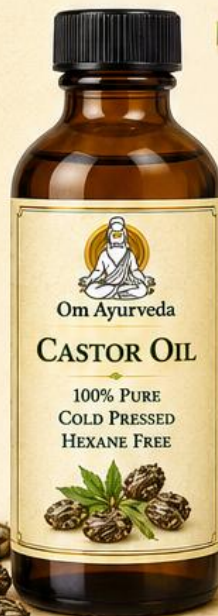
BENEFITS

- ✓ Nourishes hair roots & promotes healthy hair growth
- ✓ Reduces hair fall & breakage
- ✓ Strengthens hair & adds natural shine
- ✓ Helps reduce dandruff & scalp dryness
- ✓ Improves scalp circulation
- ✓ Prevents premature graying
- ✓ Keeps hair soft, thick & lustrous

MADE WITH NATURAL HERBS



NO MINERAL OIL • NO SILICONES • NO PARABENS • 100% NATURAL



CASTOR OIL

100% Pure, Cold Pressed
Castor Oil for multiple
health & beauty benefits.

BENEFITS

- ✓ Promotes hair growth & thickness
- ✓ Deeply moisturizes scalp & hair
- ✓ Helps reduce dandruff & scalp irritation
- ✓ Strengthens eyebrows & eyelashes
- ✓ Useful for dry skin & cracked heels
- ✓ Natural detox for scalp & body massages

100% PURE • NATURAL • UNSCENTED • MULTI-PURPOSE

HOW TO USE HERBAL HAIR OIL



AYURVEDIC
CARE FOR
NATURAL
BEAUTY

HOW TO USE CASTOR OIL



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



TRADITIONALLY
PREPARED
AYURVEDIC
FORMULA



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
INGREDIENTS



GOOD FOR YOU
GOOD FOR
NATURE



SAFE & EFFECTIVE
FOR THE ENTIRE
FAMILY

Healthy Hair.
Healthy You.
Naturally.



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ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.



OM AYURVEDA

ANCIENT WISDOM • MODERN WELLNESS

HERBAL PORRIDGES

NOURISHING HERBS. WHOLESOME GRAINS. BALANCED YOU.

TRADITIONAL NOURISHMENT FOR MODERN LIFESTYLE

PURE FOOD.
PURE INGREDIENTS.
PURE YOU.



100%
NATURAL



No
PRESERVATIVES



No
ARTIFICIAL COLORS



EASY
TO COOK



AYURVEDIC
& SATTVIC

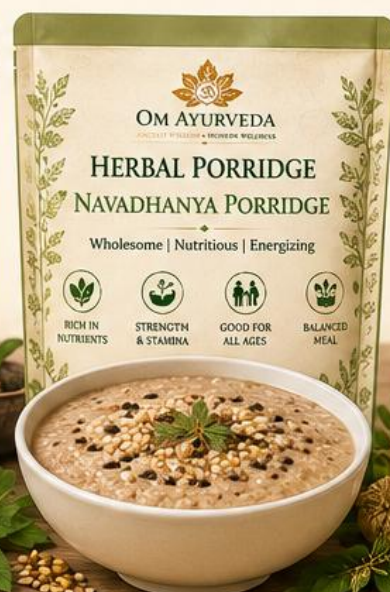


MADE WITH
AYURVEDIC HERBS



DRY GINGER KANJI

Traditional remedy for cold, cough, indigestion and weak immunity.



NAVADHANYA PORRIDGE

Power of 9 grains & pulses for complete nutrition and daily wellness.



RAGI HERBAL PORRIDGE

Calcium rich ragi with herbs to strengthen bones & muscles naturally.



IMMUNITY KANJI MIX

Herbal blend to boost immunity, detoxify and protect your body naturally.



WOMEN'S WELLNESS PORRIDGE

Specially formulated herbs to support women's health, vitality and beauty.

WHY CHOOSE OUR HERBAL PORRIDGES?

- ✓ Made with Traditional Ayurvedic Herbs & Grains
- ✓ Sattvic, Easy to Digest & Light on Stomach
- ✓ No Refined Sugar, No Maida, No Chemicals
- ✓ Perfect for All Ages – Kids, Adults & Elders
- ✓ Ideal for Breakfast, Dinner or Post-Illness Diet



HOW TO PREPARE



1
Add 2-3 tbsp
of porridge mix
to a pan.



2
Add 1 cup of
water or milk.



3
Stir well and
cook for 5-7
minutes.



4
Serve warm
and enjoy
a healthy meal!

PERFECT FOR



Kids



Adults



Elders



Recovery
Diet



Pregnancy
Care



Daily
Wellness

SATTVIC FOOD • HEALING HERBS • ANCIENT GRAINS • MODERN WELLNESS

EAT RIGHT. LIVE LIGHT. STAY HEALTHY.



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Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

**Best
Care**

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Naturally Nourishing



NATURE'S CARE FOR A HEALTHY SMILE

HERBAL TOOTH POWDER

A TIME-TESTED AYURVEDIC FORMULA FOR COMPLETE ORAL CARE

CLEANSES • STRENGTHENS • PROTECTS • FRESHENS NATURALLY

Our Herbal Tooth Powder is a blend of carefully selected Ayurvedic herbs and minerals known for their cleansing, healing and strengthening properties. It helps maintain healthy gums, strong teeth, fresh breath and overall oral wellness – the natural Ayurvedic way.

STRONG TEETH
HEALTHY GUMS
FRESH BREATH
NATURALLY

AMAZING BENEFITS

- Naturally cleanses teeth & removes plaque
- Helps strengthen gums & prevents bleeding
- Prevents cavities & tooth decay
- Fights bad breath & keeps mouth fresh
- Reduces sensitivity & toothache
- Helps maintain natural whiteness of teeth
- 100% Natural, Safe & Chemical Free
- Suitable for the whole family

100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES
JUST PURE
GOODNESS

POWER OF TRADITIONAL INGREDIENTS



NEEM
Antibacterial
& Fights Germs



TRIPHALA
Strengthens Gums
& Promotes
Oral Health



CLOVE
Relieves Pain
& Fights
Bacteria



LICORICE
Soothes Gums
& Reduces
Inflammation



CALCIUM
CARBONATE
Naturally Cleans
& Strengthens
Teeth



PEPPERMINT
Freshens Breath
& Cools
Mouth

AND MANY MORE PURE HERBS & MINERALS

THE AYURVEDIC
SOLUTION FOR
A BRIGHTER SMILE
& HEALTHIER
TOMORROW.

LIVE WELL.
NATURALLY.



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
HERBS &
NATURAL
MINERALS



TRADITIONALLY
PREPARED
AYURVEDIC
FORMULA



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
INGREDIENTS



GOOD FOR YOU
GOOD FOR
NATURE

HOW TO USE



Take a small
amount



Dip wet toothbrush
or fingers



Gently brush
teeth & gums



Rinse well
& smile naturally



Use daily for best
results

- No Artificial Colors
- No Synthetic Flavors
- No Harsh Chemicals
- Only Pure Ayurveda



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Mother Earth
Travel and Tourism

ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.



100%
PURE & TRADITIONAL



PURE • NATURAL • TRADITIONAL

HIMALAYAN PINK ROCK SALT

Pure • Mineral-Rich • Traditionally Harvested

Sourced from ancient natural salt deposits in the pristine Himalayan mountains, this pink rock salt is minimally processed and retains its natural minerals and crystalline purity.

TRADITIONALLY USED FOR



Daily cooking & balanced seasoning



Fasting & sattvic preparations



Detox and wellness practices



Herbal remedies & traditional cleansing rituals



100% Natural & Unrefined



Rich in Trace Minerals



Free from Artificial Bleaching & Refining



Supports Balance, Hydration & Well-being



May this sacred natural salt bring purity to food, balance to the body, and harmony to daily life. May every meal prepared with care become nourishment for body, mind, and soul.



SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



PURE



TRADITIONAL



NATURAL



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SUSTAINABLE



CONSCIOUS LIVING



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**Best
Care**

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Daily cooking & balanced seasoning



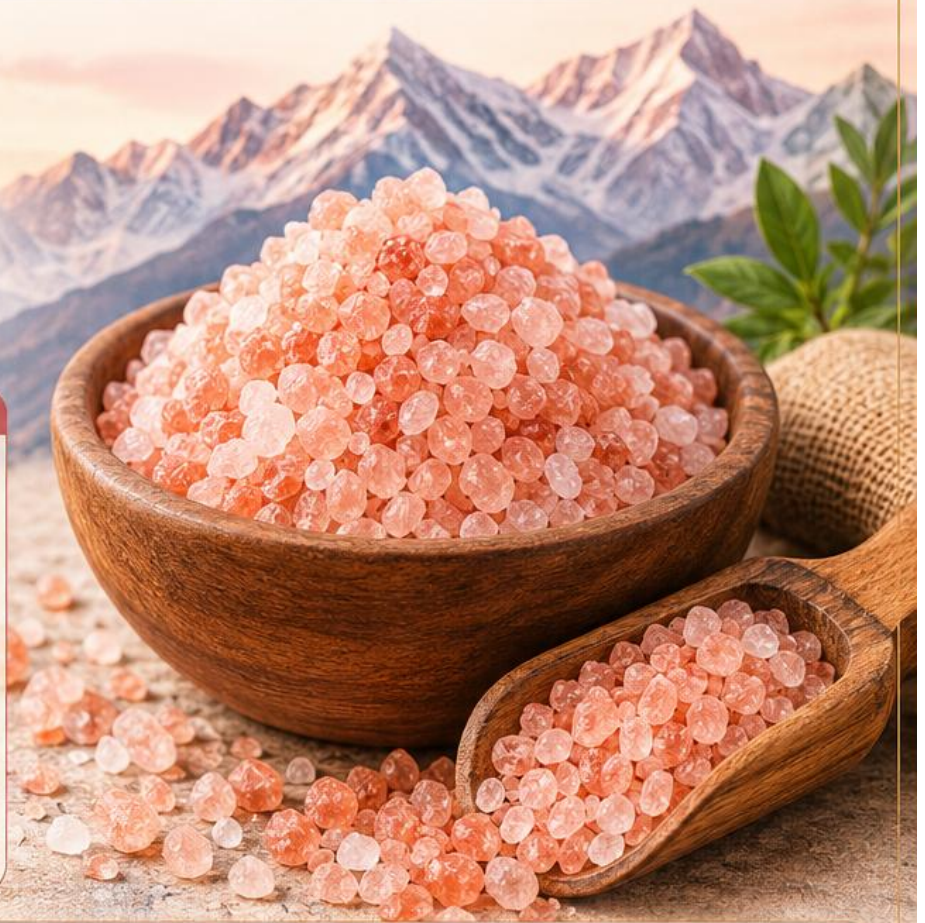
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Detox and wellness practices



Herbal remedies & traditional cleansing rituals



100% Natural & Unrefined



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Supports Balance, Hydration & Well-being



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PURE



NATURAL



TRADITIONAL



AUTHENTIC



SUSTAINABLE



CONSCIOUS LIVING

IMMUNITY HERBAL TEA

Nature's Shield for Strong Immunity & Vitality

A powerful blend of ancient herbs
that strengthens your immune system,
supports respiratory health and
keeps you energized naturally.

KEY BENEFITS



BOOSTS IMMUNITY
Strengthens body's natural
defenses and resilience.



SUPPORTS RESPIRATORY HEALTH
Helps relieve cough, cold and
congestion naturally.



ENERGIZES BODY & MIND
Reduces fatigue and supports
overall well-being.



RICH IN ANTIOXIDANTS
Protects cells from damage
and promotes long-term health.



AIDS DIGESTION
Improves metabolism and
supports gut health.



**100%
NATURAL**

NO PRESERVATIVES
NO ADDITIVES

POWERFUL AYURVEDIC INGREDIENTS



Tulsi



Dry Ginger



Cinnamon



Black Pepper



Mulethi



HOW TO ENJOY

Steep 1 tea bag in hot water for 5 minutes.
Enjoy warm. Best taken 1-2 times a day.



**CAFFEINE
FREE**

Ancient Wisdom. Pure Herbs. Holistic Wellness.

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TRAVEL & TOURISM



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THERAPEUTIC OILS

JOINT CARE OIL

NATURAL AYURVEDIC OIL FOR
JOINT FLEXIBILITY & COMFORT



goditsyou.net

Connecting with Inner God

PURE HERBS • ANCIENT WISDOM • HOLISTIC HEALING



BENEFITS



SUPPORTS JOINT MOBILITY

Helps improve flexibility and ease of movement.



REDUCES STIFFNESS

Relieves stiffness and supports comfortable joints.



NOURISHES LIGAMENTS

Strengthens ligaments and supports joint structure.



HELPS ARTHRITIS DISCOMFORT

Soothes joint discomfort and improves daily comfort.

IDEAL FOR



KNEE PAIN



JOINT STIFFNESS



SENIOR WELLNESS



ACTIVE LIFESTYLES

KEY INGREDIENTS



ASHWAGANDHA
Strengthens joints & muscles



NIRGUNDI
Reduces pain & inflammation



GUGGUL
Supports joint health



TIL TAILA
Deeply nourishes & lubricates



ERANDA TAILA
Relieves stiffness & discomfort

HOW TO USE

Apply sufficient amount of Joint Care Oil on the affected area. Gently massage in circular motion until fully absorbed. For best results, use twice daily or as directed by your Ayurvedic practitioner.



AYURVEDIC FORMULA



PURE & NATURAL



NO ARTIFICIAL COLOURS



NO MINERAL OIL



SAFE FOR REGULAR USE



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HEAL NATURALLY. LIVE PAIN-FREE. LIVE CONSCIOUSLY.



OM AYURVEDA
ANCIENT WISDOM • MODERN WELLNESS



100%
NATURAL



NO
PRESERVATIVES



NO
ADDITIVES



PURE
AYURVEDIC



SAFE FOR
ALL AGES



SAFE &
GENTLE



JOINT PAIN RELIEF OIL

MOVE FREELY. LIVE PAIN-FREE.

A powerful Ayurvedic oil blended with potent herbs and nourishing oils to relieve joint pain, reduce inflammation, improve flexibility and support long-term joint & muscle health.

KEY BENEFITS



RELIEVES JOINT PAIN

Helps reduce pain, stiffness and inflammation in joints.



IMPROVES MOBILITY

Enhances flexibility and supports smooth movement of joints.



REDUCES SWELLING

Helps reduce swelling and soothes painful areas.



STRENGTHENS MUSCLES & LIGAMENTS

Nourishes muscles and ligaments for better support and strength.



RELAXES & SOOTHES

Provides deep relaxation and calms tired, strained muscles.



100% NATURAL & SAFE

Made with pure Ayurvedic herbs, safe for long term use.



ENRICHED WITH POWERFUL AYURVEDIC INGREDIENTS

Mahanarayana Taila



Relieves pain and improves joint mobility.

Nirgundi



Reduces inflammation and swelling.

Ashwagandha



Ashwagandha strengthens muscles and reduces pain.

Rasna



Relieves arthritis and joint stiffness.

Eranda Taila (Castor Oil)



Nourishes joints and improves lubrication.

Til Taila (Sesame Oil)



Penetrates deep and provides lasting relief.

HOW TO USE



STEP 1

Take required amount of oil.



STEP 2

Gently massage on the affected area.



STEP 3

Massage for 5-10 minutes.



STEP 4

For best results, use twice daily.

For external use only.



IDEAL FOR

- ✓ Knee & Joint Pain
- ✓ Back & Neck Pain
- ✓ Arthritis & Rheumatism
- ✓ Muscle Pain & Stiffness
- ✓ Sports Injuries
- ✓ Sprains & Strains

WHO CAN USE



Adults



Senior Citizens



Sports Enthusiasts



Safe for All Age Groups

WHY CHOOSE OM AYURVEDA?

- ✓ Authentic Ayurvedic Formulation
- ✓ Time-tested Herbs & Oils
- ✓ No Preservatives or Additives
- ✓ Deep Penetration & Fast Relief
- ✓ Trusted by Thousands of Customers



HOLISTIC
WELLNESS



BALANCES
DOSHAS



SAFE &
GENTLE



CHEMICAL
FREE



TRUSTED BY
GENERATIONS



MADE WITH
LOVE & CARE

CONNECT WITH US

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(goditsyou.net)

MOTHER EARTH
TRAVEL & TOURISM



SCAN TO
KNOW MORE

OM AYURVEDA – YOUR PARTNER IN NATURAL HEALING



Om Ayurveda
Ancient Wisdom • Modern Wellness

→ PANCHAKARMA THERAPEUTIC OIL ←

MAHANARAYANA TAILAM

Ancient Ayurvedic Oil for Pain Relief, Strength, Flexibility & Rejuvenation



→ RELIEVES PAIN • NOURISHES MUSCLES & JOINTS • IMPROVES MOBILITY ←

WHAT IS MAHANARAYANA TAILAM?

Mahanarayana Tailam is a classical Ayurvedic oil mentioned in ancient texts. It is a powerful blend of medicinal herbs cooked in sesame oil and milk, traditionally used in Panchakarma therapies and daily massage to nourish the body, reduce pain and promote strength, vitality and longevity.



TRADITIONAL
AYURVEDIC
FORMULA

For All Ages
& Body Types

KEY BENEFITS



RELIEVES PAIN & STIFFNESS

Helps reduce pain, stiffness and inflammation in muscles and joints.



IMPROVES MOBILITY

Enhances flexibility, movement and range of motion.



STRENGTHENS MUSCLES & JOINTS

Deeply nourishes and tones muscles, ligaments and tendons.



SUPPORTS SPINE HEALTH

Beneficial in back pain, sciatica, neck pain and spondylitis.



BALANCES VATA DOSHA

Pacifies Vata, reduces dryness and restores natural balance.



REJUVENATES THE BODY

Promotes strength, vitality, endurance and overall well-being.

POWERFUL BLEND OF TIME-TESTED HERBS



ASHWAGANDHA
Strengthens muscles & nerves



BALA
Relieves pain & weakness



ERANDA MULA
Reduces stiffness & inflammation



DASHAMULA
Nourishes joints, muscles & bones



GOKSHURA
Supports strength & mobility



YASHTIMADHU
Soothes tissues & promotes healing



KULATTHA
Supports joint health



TILA TAILA
(Sesame Oil)
Deeply nourishes



KSHEERA
(Milk)
Enhances healing & penetration

BEST USED FOR



Back Pain



Shoulder Pain



Knee Pain



Neck Pain



Arthritis



Sciatica



Sports Injuries



Muscle Stiffness

IDEAL FOR PRE & POST WORKOUT MASSAGE

HOW TO USE



1 Warm the oil slightly.



2 Apply on the body.



3 Massage gently in circular motions.



4 Leave for 20-30 minutes or as advised.



5 Take a warm shower or bath.

IDEAL FOR



People with chronic pain



Elderly for joint care



Sports persons & athletes



People with Vata imbalance



Post Panchakarma care



Daily wellness & relaxation



PERFECT FOR
ABHYANGA (FULL BODY MASSAGE)
IN PANCHAKARMA THERAPY

CAUTIONS

- For external use only.
- Avoid in acute fever, infection or open wounds.
- Use under the guidance of an Ayurvedic practitioner.

Regular use of Mahanarayana Tailam brings long-lasting relief, strength and natural rejuvenation.



100% NATURAL



CHEMICAL FREE



NO ADDED
FRAGRANCE



CRUELTY FREE



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→ OM AYURVEDA – ANCIENT WISDOM FOR MODERN WELLNESS ←



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Rooted in Tradition
Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING

**Best
Care**

Pure • Traditional
Naturally Nourishing

MASOOR DAL

PURE • TRADITIONAL • NATURALLY NOURISHING

Carefully selected unpolished Masoor Dal retaining its natural nutrients, authentic taste, and wholesome goodness. Traditionally valued in Indian kitchens and Ayurveda for its lightness, rich nutrition and balanced nourishment.

TRADITIONALLY CHERISHED FOR



Light and easy-to-digest meals



Supporting balanced nutrition and vitality



Preparing dals, soups, and traditional dishes



Sattvic cooking and conscious living

NATURE'S
GOODNESS
IN EVERY
GRAIN



**NATURALLY RICH
IN PROTEIN & FIBER**
Provides essential nutrients
for a healthy life.



**MINIMALLY PROCESSED
& UNPOLISHED**
Retains natural nutrients,
fiber and wholesome goodness.



**FREE FROM
ARTIFICIAL POLISHING
& CHEMICALS**
Pure, clean and safe
for your family.



May every meal prepared with pure Masoor Dal nourish the body, energize the mind, and bring warmth, health, and happiness to every home.

SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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Nourished by Nature



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Nourished by Nature

MOONG DAL

**Best
Care**

Pure • Traditional
Naturally Nourishing

PURE • TRADITIONAL • NATURALLY NOURISHING

Carefully selected unpolished Moong Dal retaining its natural nutrients, authentic taste, and wholesome goodness. Traditionally cherished in Ayurveda and sattvic food culture for its lightness and balanced nourishment.



NATURE'S
GOODNESS
IN EVERY
GRAIN

TRADITIONALLY CHERISHED FOR



Light and easy-to-digest meals



Supporting balanced nutrition and vitality



Preparing soups, khichdi, and traditional dishes



Sattvic cooking and conscious living



**NATURALLY RICH
IN PROTEIN & FIBER**

Provides essential nutrients for a healthy life.



**MINIMALLY PROCESSED
& UNPOLISHED**

Retains natural nutrients, fiber and wholesome goodness.



**FREE FROM
ARTIFICIAL POLISHING
& CHEMICALS**

Pure, clean and safe for your family.



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Nourished by Nature



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Nourished by Nature

PURE • TRADITIONAL
COLD PRESSED • CHEMICAL FREE
NATURALLY NOURISHING

**Best
Care**

Pure • Traditional
Naturally Nourishing

MUSTARD OIL

PURE • COLD PRESSED • UNREFINED • AUTHENTIC

Our Mustard Oil is traditionally wood pressed from selected mustard seeds using age-old methods. Unrefined and free from chemicals, it retains its natural pungency, rich aroma, and wholesome goodness.

TRADITIONAL
GOODNESS
FOR A HEALTHY
TOMORROW

TRADITIONALLY
WOOD PRESSED
FOR MEALUM
NUTRITION
AND FLAVOR

TRADITIONALLY CHERISHED FOR



Promotes Heart Health
Good for the heart



Boosts Immunity
Rich in natural antioxidants



Aids Digestion
Stimulates appetite naturally



Improves Blood Circulation
Supports overall wellness



Nourishes Hair & Scalp
Strengthens roots and adds shine



100% Natural
Safe, pure and wholesome



TRADITIONAL
WOOD PRESSED
Extracted using
age-old methods
for purity & nutrition



UNREFINED
& UNPROCESSED
No heat, no chemicals,
no additives,
just pure oil



RICH IN
NATURAL NUTRIENTS
Retains natural oils,
vitamins & minerals
for complete goodness



CHEMICAL FREE
& PURE
No preservatives,
no artificial colors
or flavours

A drop of tradition,
a touch of purity,
and a promise of wellness
in every drop.

SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍

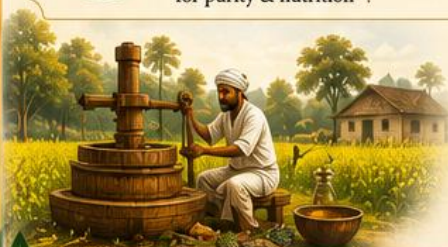


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THERAPEUTIC OILS

NASYA OIL

TRADITIONAL AYURVEDIC NASAL OIL
FOR RESPIRATORY & SINUS WELLNESS



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Connecting with Inner God

PURE • NATURAL • ANCIENT WISDOM

100%
NATURAL
INGREDIENTS

CHEMICAL FREE

TOXIN FREE

SAFE & EFFECTIVE

BENEFITS



CLEAR NASAL PASSAGES

Helps clear blocked nose and nasal congestion naturally.



SUPPORTS SINUS HEALTH

Helps reduce sinus pressure and promotes sinus relief.



IMPROVES BREATHING

Supports easy breathing and respiratory wellness.



ENHANCES MENTAL CLARITY

Promotes clarity, focus and calmness.



PROTECTS FROM POLLUTION

Helps protect nasal passages from dust, pollution & allergens.



NOURISHES & MOISTURIZES

Prevents dryness and nourishes nasal tissues.



ANU TAILA BASE
Nourishes & lubricates nasal passages.



SESAME OIL
Deep nourishment & strengthens tissues.



VACHA
Clears congestion & supports sinus health.



TULSI
Boosts immunity & clears respiratory tract.



EUCALYPTUS
Opens nasal passages & relieves congestion.



CAMPHOR
Provides cooling & soothing effect.



TURMERIC
Anti-inflammatory & healing properties.

KEY INGREDIENTS

IDEAL FOR



SINUS & ALLERGIES

Relieves seasonal allergies and sinus discomfort.



POLLUTION EXPOSURE

Protects nasal passages from pollution & dust.



HEADACHE & HEAVINESS

Reduces heaviness in head and supports relief.



RESPIRATORY WELLNESS

Supports overall respiratory health & immunity.

HOW TO USE



Warm the oil slightly.



Lie down & tilt head back slightly.



Put 2-3 drops in each nostril.

Stay relaxed for a few minutes & experience the benefits.

AYURVEDIC NASYA THERAPY BENEFITS



Balances
Doshas



Detoxifies Head
Region



Improves Sense
Organs



Strengthens
Immunity



Promotes Overall
Wellness



Experience the ancient wisdom of Ayurveda with the power of pure herbs and natural oils.

Breathe Better. Live Better.

USE DAILY IN THE MORNING
OR AS ADVISED BY YOUR
AYURVEDIC PRACTITIONER



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PURE INGREDIENTS • ANCIENT AYURVEDA • HOLISTIC WELLNESS



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AYURVEDIC THERAPY

NASYA THERAPY

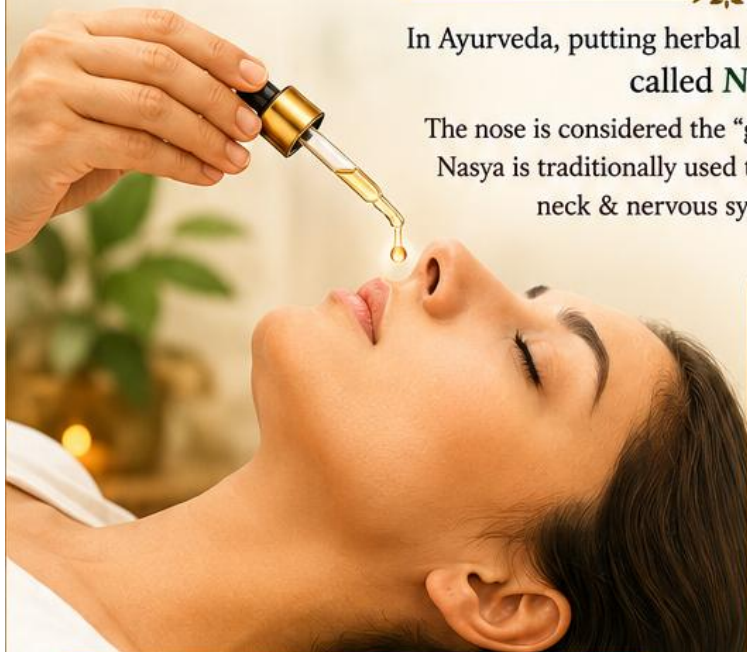


OIL DROPS IN NOSE

Ancient Wisdom for Modern Wellness

In Ayurveda, putting herbal oil drops into the nose is called **Nasya**.

The nose is considered the “gateway to the head,” and Nasya is traditionally used to support overall head, neck & nervous system wellness.



THE GATEWAY TO WELLNESS

*“Nourish the nose,
Nourish the head,
Nourish the life.”*

- ✓ Supports head, neck & senses
- ✓ Balances Doshas
- ✓ Promotes overall well-being

BENEFITS



LUBRICATES DRY NASAL PASSAGES
Nourishes and soothes dry tissues.



HELPS REDUCE SINUS CONGESTION
Clears blocked channels and promotes sinus wellness.



SUPPORTS BETTER BREATHING
Improves airflow and respiratory comfort.



CALMS MIND & STRESS
Promotes relaxation and mental clarity.



MAY HELP WITH HEADACHE HEAVINESS
Relieves head & facial tension naturally.



SUPPORTS SLEEP & RELAXATION
Soothes nervous system for restful sleep.

HOW TO USE NASYA OIL

1



LIE DOWN

Lie down comfortably on your back.

2



TILT HEAD

Tilt your head slightly backward.

3



APPLY OIL

Put 2–3 warm oil drops in each nostril.

4



INHALE GENTLY

Inhale gently through the nose.

5



REST

Rest for a few minutes. Wipe excess oil if required.

BEST TIME TO USE

- Morning (after waking up)
- Before meditation
- During dry weather
- Evening relaxation
- Before sleep (if needed)

COMMON AYURVEDIC OILS FOR NASYA



ANU TAILAM COW GHEE BRAHMI OIL HERBAL NASYA OILS

Use lukewarm oil for best results.

WHO CAN BENEFIT?

- ✓ People with sinus issues
- ✓ Frequent headaches
- ✓ Dry nose or allergies
- ✓ Stress & mental fatigue
- ✓ Poor sleep
- ✓ Voice strain / throat dryness
- ✓ Excess screen time, mental overwork

AYURVEDIC TIP



Use pure, natural, Ayurvedic oils only. Consistency brings best results.



CAUTIONS: Avoid immediately after meals, during fever, or severe cold congestion. Use gently and preferably under Ayurvedic guidance for regular therapy.



Small Drops, Big Benefits
Natural Care for Head, Mind & Soul.



PURE INGREDIENTS



ANCIENT AYURVEDA



HOLISTIC WELLNESS



SAFE & EFFECTIVE



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AYURVEDIC THERAPY

NASYA THERAPY

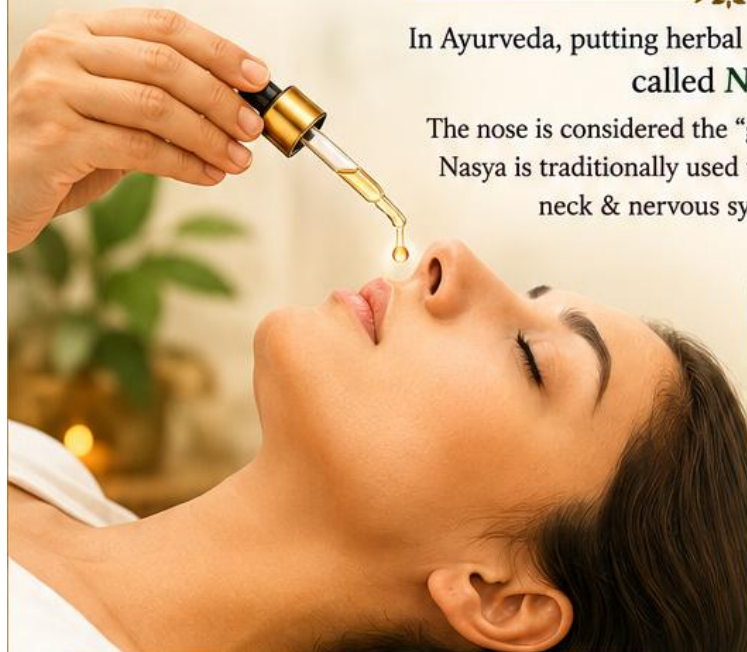


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HOLISTIC WELLNESS



SAFE & EFFECTIVE



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NATIVE SNACKS

WITHOUT CHEMICALS

TRADITIONAL RECIPES. PURE INGREDIENTS. WHOLESOME GOODNESS.

Made with Natural Ingredients • No Chemicals • No Preservatives • No Artificial Colors or Flavors

REAL FOOD.
REAL INGREDIENTS.
REAL HEALTH.
SNACK THE
AYURVEDIC WAY!



100%
NATURAL



No
CHEMICALS



No
PRESERVATIVES



No ARTIFICIAL
COLORS & FLAVORS



TRADITIONAL
RECIPES



MADE WITH
PURE INGREDIENTS



AYURVEDIC &
SATTVIC

MILLET LADDU

Wholesome energy
in every bite



Milletts, Jaggery, Nuts,
Cardamom, Ghee

- ✓ Natural Energy Booster
- ✓ Improves Stamina
- ✓ Good for All Ages

Sweetened with
Jaggery – Not Refined Sugar

HERBAL MURUKKU

Crispy, tasty &
digestive



Rice, Urad Dal, Milletts,
Herbs, Cold Pressed Oil

- ✓ Aids Digestion
- ✓ No Maida
- ✓ Light & Crunchy

Made with Ayurvedic
Herbs & Spices

DRY FRUIT ENERGY BALLS

Power-packed
nutrition



Dates, Nuts, Seeds,
Coconut, Cocoa

- ✓ Rich in Nutrients
- ✓ Improves Immunity
- ✓ Great for Kids & Adults

100% Natural
No Refined Sugar

PALM JAGGERY SWEETS

Traditional sweets
with a healthy twist



Palm Jaggery, Nuts,
Milletts, Cardamom

- ✓ Rich in Minerals
- ✓ Better than Refined Sugar
- ✓ Supports Hemoglobin

Sweetened with
Palm Jaggery

ROASTED MILLET SNACKS

Crunchy & healthy
anytime snack



Milletts, Lentils,
Spices, Curry Leaves

- ✓ High in Fiber & Protein
- ✓ Roasted, Not Fried
- ✓ Keeps You Full Longer

Roasted in
Wood Pressed Oil

AYURVEDIC COOKIES

Wholesome cookies
for healthy snacking



Whole Wheat, Milletts,
Nuts, Herbs, Jaggery

- ✓ No Maida
- ✓ No Refined Sugar
- ✓ Perfect for All Ages

Made with Whole Grains
& Ayurvedic Herbs

RAGI CRISPIES

Light, crispy &
nutritious



Ragi, Urad Dal,
Spices, Sesame

- ✓ Calcium Rich
- ✓ Strengthens Bones
- ✓ Light & Tasty

Baked / Roasted
Not Fried

BANANA CHIPS

Crispy, natural &
irresistible



Raw Banana, Coconut Oil,
Turmeric, Rock Salt

- ✓ No Palm Oil
- ✓ No Preservatives
- ✓ Naturally Crunchy

Fried in Coconut Oil
Not Palm Oil

WHY CHOOSE OUR NATIVE SNACKS?

- ✓ Made with Traditional Recipes
- ✓ No Chemicals, No Preservatives
- ✓ Sattvic & Easy to Digest
- ✓ Supports Local Farmers
- ✓ Good for You & the Planet



Kids
Lunchbox



Office
Snacking



Pre / Post
Workout



Evening
Time



Travel
Friendly



Elders
Care

PERFECT FOR

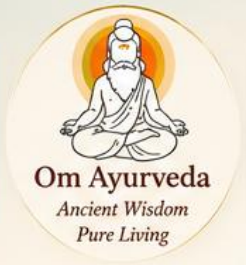
OUR PROMISE

- ✓ Pure Ingredients
- ✓ Authentic Taste
- ✓ Ayurvedic Quality
- ✓ Made with Love & Care



NATIVE FOOD. ANCIENT WISDOM. MODERN WELLNESS.

SNACK NATURAL. LIVE NATURAL.



Om Ayurveda

ANCIENT WISDOM FOR MODERN LIFE

PURE. NATURAL. AUTHENTIC.
AYURVEDIC WELLNESS PRODUCTS

ROOTED IN NATURE • BACKED BY WISDOM

100%
NATURAL
& SAFE



100%
NATURAL



ANCIENT
AYURVEDIC
FORMULAS



NO HARMFUL
CHEMICALS



SUSTAINABLE
& ECO
FRIENDLY



PROMOTES
HOLISTIC
WELLNESS

Holistic care for Body, Mind & Soul
DETOX • REJUVENATE • HEAL • BALANCE



AMLA



ASHWAGANDHA



TULSI



TURMERIC



NEEM



MADE WITH
PURE HERBS



CRUELTY
FREE



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& SAFE



MADE IN
INDIA



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AYURVEDA | YOGA | WELLNESS
A WAY OF LIFE



AUTHENTIC
& TRUSTED



PREMIUM
QUALITY



PACKED
WITH CARE



SERVING WELLNESS
WITH LOVE



Om Ayurveda

100% PURE • NATURAL • TRADITIONAL

Best
Care

ORGANIC WHEAT

(WHOLE WHEAT / ATTA)

PURE • TRADITIONAL • WHOLESOME NOURISHMENT

Stone-ground whole wheat flour prepared from naturally cultivated grains, retaining its natural fiber, aroma, and nourishment. Traditionally valued for sustaining strength, vitality, and balanced daily living.



TRADITIONALLY CHERISHED FOR



Nourishing homemade rotis & breads



Sustained natural energy



Supporting healthy digestion



Wholesome sattvic nourishment



NATURALLY RICH
IN FIBER & GOODNESS



TRADITIONALLY
CULTIVATED



MINIMALLY PROCESSED
STONE-GROUND GOODNESS



FREE FROM ARTIFICIAL
POLISHING & CHEMICALS



May every meal prepared with pure grains
bring strength, balance, and happiness to every home.
May traditional food wisdom continue to nourish
generations with health and harmony.

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LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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PURE



NATURAL



TRADITIONAL



AUTHENTIC



SUSTAINABLE



CONSCIOUS LIVING



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Ancient Wisdom • Modern Wellness

• THERAPEUTIC OILS •

PAIN RELIEF OIL

NATURAL AYURVEDIC OIL FOR
MUSCLE & BODY PAIN RELIEF



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Connecting with Inner God

PURE HERBS • ANCIENT WISDOM • HOLISTIC HEALING



BENEFITS



RELIEVES BODY PAIN

Helps reduce pain and discomfort naturally.



REDUCES INFLAMMATION

Powerful herbs help reduce swelling and inflammation.



IMPROVES CIRCULATION

Enhances blood flow and oxygen supply to muscles.



SUPPORTS MUSCLE RECOVERY

Nourishes muscles and speeds up recovery from fatigue and strain.

IDEAL FOR



BACK PAIN



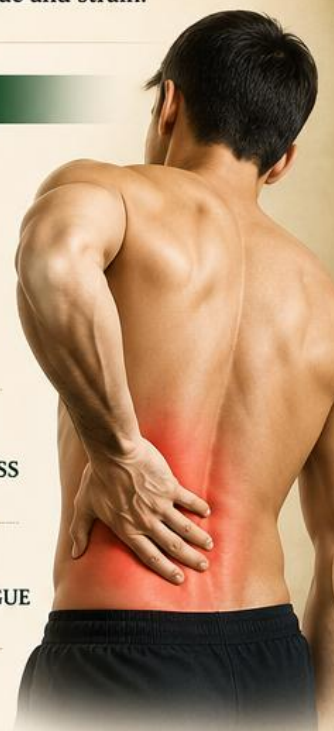
NECK PAIN



MUSCLE STIFFNESS



DAILY BODY FATIGUE



POWER OF AYURVEDIC HERBS



ASHWAGANDHA
Strengthens and relieves body pain



NIRGUNDI
Reduces pain and swelling



MAHANARAYAN Herb
Relaxes muscles and joints



TURMERIC
Antii-inflammatory and healing



SESAME OIL
Improves circulation and nourishment

HOW TO USE

Apply sufficient amount of Pain Relief Oil on the affected area. Gently massage in circular motion until fully absorbed. For best results, use twice daily or as directed by your Ayurvedic practitioner.



AYURVEDIC
FORMULA



PURE &
NATURAL



NO ARTIFICIAL
COLOURS



NO MINERAL
OIL



SAFE FOR
REGULAR USE



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ROOTED IN TRADITION
NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

PALM JAGGERY (KARUPPATTI)

PURE • TRADITIONAL • NATURALLY NOURISHING

Prepared from naturally collected palm nectar using traditional methods, Palm Jaggery (Karuppatti) is treasured for its rich taste, natural sweetness, and wholesome goodness. A timeless traditional sweetener valued in Ayurveda and village heritage food culture.

TRADITIONALLY CHERISHED FOR



Preparing herbal drinks & traditional sweets



Supporting warmth and nourishment



Sattvic and conscious cooking



Daily natural energy and vitality



NATURALLY RICH
IN TRADITIONAL
GOODNESS



FREE FROM
ARTIFICIAL CHEMICALS
& REFINING



TRADITIONALLY
PREPARED FOR
AUTHENTIC PURITY



AUTHENTIC TASTE
FROM NATURE'S
GOODNESS



May this sacred natural sweetness
nourish the body, strengthen the spirit,
and bring warmth, happiness, and
harmony to every home 🌴

SARVE BHAVANTU SUKHINAH 🙏

LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



PURE



NATURAL



TRADITIONAL



AUTHENTIC



SUSTAINABLE



CONSCIOUS LIVING



+91 79042 18828



omayurvedahealth@gmail.com



Om Ayurveda

Rooted in Tradition
Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING

**Best
Care**

Pure • Traditional
Naturally Nourishing

PALM JAGGERY (KARUPPATTI)

★ PURE • TRADITIONAL • NATURAL • UNREFINED ★

Traditionally prepared from the sap of healthy palm trees using age-old methods. Our Palm Jaggery (Karuppatti) is unrefined, chemical-free, and rich in natural minerals, retaining its authentic taste, aroma, and wholesome goodness.

NATURE'S
SWEETNESS
RICH IN
GOODNESS

TRADITIONALLY CHERISHED FOR



Natural source of energy
and stamina



Helps in detoxification
and blood purification



Aids digestion and
supports gut health



Rich in essential minerals
like iron, calcium & potassium



Better alternative to
refined sugar



100% PURE
AND NATURAL
No chemicals or
preservatives



UNREFINED
AND UNPROCESSED
Retains natural minerals
and nutrients



TRADITIONAL
PREPARATION
Made using age-old
traditional methods



AUTHENTIC TASTE
AND AROMA
Naturally rich,
wholesome and tasty



May this natural sweetness
nourish your body, energize your mind,
and bring warmth, health,
and happiness to every home.

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LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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Nourished by Nature



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Ancient Wisdom • Modern Wellness

— THERAPEUTIC AYURVEDIC OILS —

PANCHAKARMA OILS

Ancient Detox • Deep Healing • Complete Rejuvenation

— Purify Body • Balance Doshas • Restore Health Naturally —



goditsyou.net
Connecting with Inner God

WHAT IS PANCHAKARMA?

Panchakarma is a profound Ayurvedic detoxification therapy that cleanses the body of toxins, balances the doshas and promotes natural healing from within.



100%
NATURAL
PURE & SAFE

— OUR PANCHAKARMA OILS & THEIR BENEFITS —

ABHYANGA OIL (Daily Massage Oil)



- ✓ Nourishes skin & muscles
- ✓ Improves blood circulation
- ✓ Reduces stress & fatigue
- ✓ Supports sound sleep
- ✓ Balances Vata dosha

KSHIRA BALA OIL (Strengthening Oil)



- ✓ Strengthens muscles & joints
- ✓ Nourishes nerves & tissues
- ✓ Relieves weakness & strain
- ✓ Promotes growth & vitality
- ✓ Excellent for Vata imbalance

MAHANARAYANA OIL (Pain Relief Oil)



- ✓ Relieves pain & stiffness
- ✓ Improves flexibility & mobility
- ✓ Ideal for arthritis & body ache
- ✓ Deeply penetrates joints & muscles
- ✓ Balances Vata & Kapha

SAHACHARADI OIL (Detox & Circulation Oil)



- ✓ Promotes sweating & detoxification
- ✓ Improves blood & lymph circulation
- ✓ Helps reduce swelling & inflammation
- ✓ Useful in obesity & water retention
- ✓ Balances Kapha & Vata

PINDATAILA OIL (Deep Tissue Oil)



- ✓ Deeply nourishes muscles & tissues
- ✓ Enhances strength & stamina
- ✓ Relieves chronic pain & fatigue
- ✓ Excellent for sports massage & recovery
- ✓ Balances Vata

PANCHAKARMA THERAPIES USING THESE OILS



ABHYANGA
(Full Body Massage)



SHIRODHARA
(Head Oil Therapy)



PINDASWEDA
(Herbal Bolus Therapy)



KATI BASTI
(Lower Back Therapy)



JANU BASTI
(Knee Therapy)



NADI SWEDA
(Steam Therapy)

KEY BENEFITS OF PANCHAKARMA OILS

- ✓ Deeply nourishes & rejuvenates the body
- ✓ Detoxifies & removes Ama (toxins)
- ✓ Balances Tridoshas (Vata, Pitta, Kapha)
- ✓ Improves immunity & vitality
- ✓ Supports joint, muscle & nerve health
- ✓ Promotes glowing skin & healthy aging
- ✓ Enhances mental clarity & relaxation



— HOW TO USE —



1 Warm the oil slightly.



2 Apply gently on the body.



3 Massage in circular motions.



4 Leave for 20–30 minutes.



5 Bathe with warm water or as advised.

— Use under the guidance of an Ayurvedic Practitioner for best results. —

Ayurveda. The Science of Life. —



PURE HERBAL
INGREDIENTS



CHEMICAL FREE



CRUELTY FREE



TOXIN FREE



MADE WITH LOVE
& CARE



VISIT OUR WEBSITE
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— Heal Deeply. Live Fully. Naturally. —



Om Ayurveda
Rooted in Tradition
Nourished by Nature

THE FINEST | THE PUREST | THE HEALTHIEST

PREMIUM BASMATI RICE

LONG GRAIN • EXTRA AROMA • PERFECT FLAVOR

*From the Finest Fields
to Your Family*



NATURALLY
AGED



EXTRA
LONG GRAIN



100%
NATURAL



PURE &
CHEMICAL FREE

100%
PURE BASMATI

TRUSTED QUALITY

WHY BASMATI?

- ✓ Low in Fat
- ✓ Easy to Digest
- ✓ Rich in Aroma
- ✓ Source of Energy
- ✓ Gluten Free
- ✓ Perfect for Every Meal

AGED
TO
PERFECTION
★★★

Perfect for



Daily
Meals



Biryani



Pulao



Fried
Rice



& More



HANDPICKED GRAINS



TRADITIONAL FLAVOR



SUPERIOR QUALITY



SOURCED WITH CARE



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FOLLOW US





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Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing

PURE HING

NATURE'S DIGESTIVE GUARDIAN. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Pure Hing (Asafoetida) is a powerful Ayurvedic herb known for its strong digestive, carminative and anti-spasmodic properties. Used for thousands of years, it helps balance Vata, relieves gas, bloating and indigestion, and supports overall gut health and vitality.

AMAZING BENEFITS OF HING

- Aids digestion & relieves gas, bloating and cramps
- Reduces Vata dosha & improves nutrient absorption
- Helps in acidity, indigestion & loss of appetite
- Natural anti-spasmodic & relaxes intestinal muscles
- Supports respiratory health & relieves congestion
- Strengthens immunity & protects from infections
- Detoxifies the body & supports liver and gut health
- Pure, strong & natural – a little goes a long way

100% PURE
NATURAL
ASAFOETIDA
NO ADDITIVES
NO PRESERVATIVES
JUST PURE HING

NATURE'S
POWER
IN ITS PUREST
FORM



PURE HING
STRONG AROMA
MAXIMUM POTENCY

100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES

HANDPICKED
PREMIUM
QUALITY
HING RESIN

TRADITIONALLY
PROCESSED FOR
MAXIMUM
POTENCY

LAB TESTED
FOR PURITY
& SAFETY

SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED

A SMALL AMOUNT OF HING
CAN TRANSFORM YOUR FOOD
& NOURISH YOUR BODY.

LIVE WELL. NATURALLY.

HOW TO USE PURE HING



Ideal for dals, curries, vegetables,
soups, pickles & everyday cooking.

PURE HING. PURE HEALTH.
PURE AYURVEDA.



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Naturally Nourishing

goditsyou



Mother Earth
Travel and Tourism



Om Ayurveda

ROOTED IN TRADITION
NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

Best
Care

RAW FOREST HONEY

UNHEATED • UNPROCESSED • NATURALLY PURE

Collected from natural forest sources and preserved in its raw form, Raw Forest Honey retains its authentic aroma, natural enzymes, and traditional goodness. Carefully handled without excessive heating or processing to maintain purity as nature intended.

NATURE'S
ORIGINAL
SWEETNESS

TRADITIONALLY CHERISHED FOR



Herbal drinks and wellness preparations



Daily nourishment and vitality



Sattvic food and conscious living



Traditional Ayurvedic home remedies



NATURALLY RICH IN
ENZYMES AND
GOODNESS



FREE FROM
ARTIFICIAL ADDITIVES
AND REFINING



PURE, RAW, AND
TRADITIONALLY
SOURCED



HARVESTED FROM
NATURAL FOREST
SOURCES



May this sacred nectar of nature
bring sweetness to life,
strength to the body, clarity to the mind,
and harmony to every home.



SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



PURE



NATURAL



TRADITIONAL



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Nourished by Nature



PURE • NATURAL
UNHEATED • UNPROCESSED
STRAIGHT FROM NATURE



Pure • Traditional
Naturally Nourishing

RAW FOREST HONEY

UNHEATED • UNPROCESSED • UNFILTERED

Sourced from wild forest beehives, our Raw Forest Honey is 100% natural, unheated, unprocessed, and unfiltered to retain its natural enzymes, pollen, antioxidants, vitamins, and rich nutritional goodness.

Pure as nature intended, just the way it should be.

NATURE'S
PUREST
GIFT OF
WELLNESS

NATURALLY RICH IN



Boosts Immunity
Naturally



Rich in Antioxidants
and Enzymes



Natural Source of
Energy



Aids Digestion and
Detoxification



Soothes Throat and
Supports Overall Wellness



UNHEATED
Preserves natural
enzymes and
nutrients



UNPROCESSED
No additives,
no chemicals,
no preservatives



UNFILTERED
Retains pollen,
minerals and
natural goodness



PURE & NATURAL
Straight from
wild forests to
your home

May this natural sweetness
nourish your body, uplift your mind,
and bring health, happiness,
and harmony to every home.

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LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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Rooted in Tradition
Nourished by Nature



Sattvic READY MIXES

Pure. Wholesome. Sattvic.

Sattvic food
for a peaceful mind,
healthy body &
higher energy.



100%
NATURAL



No
PRESERVATIVES



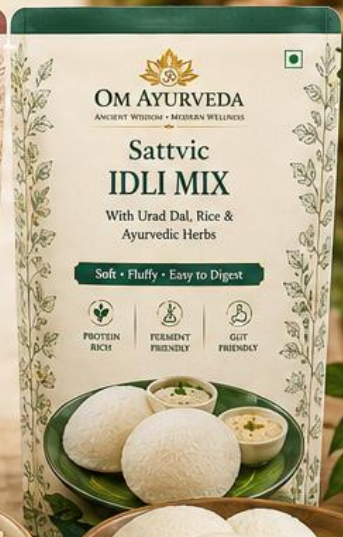
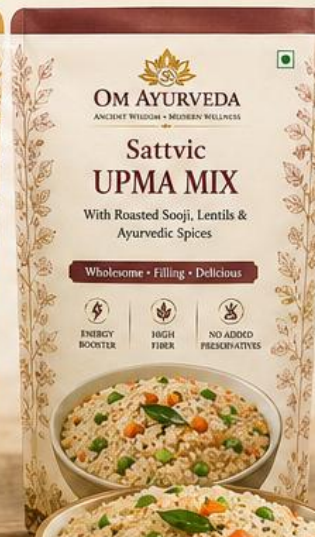
No ARTIFICIAL
COLORS



EASY
TO COOK



MADE WITH
AYURVEDIC HERBS



WHY CHOOSE OUR SATTVIC MIXES?

- Made with Natural & Ayurvedic Ingredients
- No Preservatives or Artificial Additives
- Balanced Nutrition for Body & Mind
- Easy to Prepare – Just Add & Cook
- Suitable for All Age Groups

PERFECT FOR



BUSY
LIFESTYLE



RETREATS &
ASHRAMS



KIDS &
FAMILIES



DETOX &
CLEANSE



HEALTH
CONSCIOUS

HOW TO USE



1
Add to water
as per
instructions



2
Cook for few
minutes



3
Stir well



4
Enjoy a wholesome
Sattvic meal!

NOURISHING
FOOD
ELEVATED BY
AYURVEDA



HOLISTIC NUTRITION



LIGHT & EASY TO DIGEST



AYURVEDIC GOODNESS



MADE WITH LOVE & CARE



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Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing



SIDDHA & AYURVEDA KITCHEN HERBS

NATURE'S HEALING LEAVES FOR EVERY HOME

These powerful herbs are widely used in Siddha & Ayurveda traditions as well as in daily cooking for their incredible medicinal values.

Simple herbs. Timeless benefits. Holistic wellness.

VETTIVER (Khus)



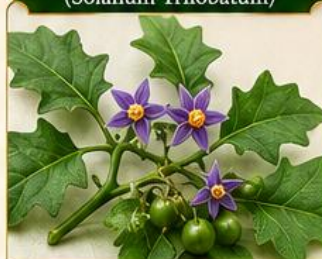
Cooling • Detoxifying • Calming
Known for its cooling properties. Helps purify blood, reduce body heat and promote sound sleep. Supports skin health and digestion.

VILVAM (Bael Leaves)



Digestive • Antimicrobial • Healing
Improves digestion, relieves constipation and balances Vata. Leaves are antibacterial and support gut health and immunity.

THUTHUVALAI (Solanum Trilobatum)



Respiratory • Anti-inflammatory
Excellent for respiratory health. Helps relieve cough, asthma and throat irritation. Clears mucus and strengthens lungs naturally.

OMAVALLI (Indian Borage)



Carminative • Soothing • Healing
A natural remedy for cold, cough, indigestion and sore throat. Boosts immunity and supports overall wellness for the family.

WHY INCLUDE THESE HERBS?

- ✓ Strengthen immunity naturally
- ✓ Support digestion & detoxification
- ✓ Promote respiratory health
- ✓ Daily wellness through ancient wisdom
- ✓ Safe, natural & family-friendly



FROM
NATURE
TO YOUR
KITCHEN

SIMPLE WAYS TO USE



Add to
Daily Cooking



Boil for
Herbal Tea



Make Herbal
Powders



Decoctions
& Soups



Fresh Leaves
in Meals

Small Leaves. Big Impact. Ancient Wisdom. Modern Life.



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
WITH CARE
PREMIUM
QUALITY



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED



GOOD FOR YOU
GOOD FOR
NATURE

Honoring Tradition.
Healing Naturally.
Living Wholesomely.



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Naturally Nourishing



goditsyou



Mother Earth
Travel and Tourism

ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.



Om Ayurveda
Ancient Wisdom • Modern Wellness

THERAPEUTIC OILS

SKIN HEALING OIL

Ayurvedic Herbal Oil for Healthy, Radiant & Restored Skin



goditsyou.net
Connecting with Inner God

NOURISH • REPAIR • PROTECT • GLOW NATURALLY

**100%
NATURAL**
PURE & SAFE

- ✓ Chemical Free
- ✓ Paraben Free
- ✓ Toxin Free
- ✓ Cruelty Free
- ✓ Made with Love

POWERFUL HERBS FOR DEEP HEALING

Blended with potent Ayurvedic herbs known for their skin healing, soothing & rejuvenating properties.



*Nature's touch for
beautiful healing.*

BENEFITS



PROMOTES SKIN HEALING
Helps heal cuts, wounds, scars, acne & skin infections.



SOOTHES IRRITATION
Reduces redness, inflammation, itching & rashes.



DEEP NOURISHMENT
Nourishes dry, rough & damaged skin. Restores natural softness.



ANTI-BACTERIAL & ANTI-FUNGAL
Helps protect skin from bacteria, fungus & other infections.



IMPROVES SKIN TEXTURE
Helps fade scars, marks, blemishes & uneven skin tone.



BOOSTS SKIN RADIANCE
Enhances natural glow and keeps skin healthy & vibrant.

BEST USED FOR

- ✓ Cuts & Wounds
- ✓ Acne & Pimples
- ✓ Rashes & Eczema
- ✓ Dry & Itchy Skin
- ✓ Cracked Skin & Heels
- ✓ Scars & Stretch Marks
- ✓ After Sun Exposure
- ✓ Daily Skin Nourishment



Cuts & Wounds



Acne & Pimples



Rashes & Itching



Cracked Skin



Scars & Marks

HOW TO USE



Cleanse the affected area gently with mild cleanser.



Take a few drops of Skin Healing Oil.



Massage gently in circular motion until absorbed.



Use 2-3 times daily for best results.



For external use only. Do a patch test before first use. Avoid direct contact with eyes.

KEY INGREDIENTS



NEEM

Purifies skin & fights infections



TURMERIC

Heals wounds & reduces inflammation



ALOE VERA

Soothes, hydrates & repairs skin



MANJISTHA

Detoxifies & improves skin complexion



CALENDULA

Heals, soothes & reduces redness



COCONUT OIL

Deeply nourishes & protects skin

And many more powerful Ayurvedic herbs...

IDEAL FOR



All Skin Types



Men, Women & Kids



Daily Care



Sensitive Skin Friendly

**NATURE HEALS.
AYURVEDA PROTECTS.
YOU GLOW.**



Ayurveda believes that healthy skin is a reflection of inner balance.
Heal naturally. Glow forever.



PURE
INGREDIENTS



ANCIENT
AYURVEDA



HOLISTIC
WELLNESS



SAFE &
EFFECTIVE



ETHICALLY
SOURCED



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Om Ayurveda - Ancient Wisdom for Modern Wellness



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Ancient Wisdom • Modern Wellness

THERAPEUTIC OILS

SLEEP OIL

Deep Relaxation • Calm Mind • Restful Sleep

Ayurvedic Herbal Oil for Better Sleep & Nervous System Balance



goditsyou.net
Connecting with Inner God

*Calm your mind,
Relax your body,
Embrace
Restful Sleep*



**100%
NATURAL**

CHEMICAL FREE
TOXIN FREE

BENEFITS



Promotes Deep Sleep
Helps you fall asleep faster and enjoy deep, restful sleep.



Calms Mind & Stress
Reduces mental tension, worry and overthinking.



Relaxes Body
Soothes muscles and relieves physical fatigue.



Supports Nervous System
Nourishes nerves and helps maintain balance.



Wake Up Refreshed
Helps you wake up feeling fresh, light and energetic.

BEST USED FOR



Before Bedtime



Mental Relaxation



Stress & Anxiety Relief



Jet Lag & Travel Fatigue



Children & Adults



Nature's touch for your best sleep

HOW TO USE



Take 3-5 drops of Sleep Oil.



Massage gently on temples, forehead, neck, shoulders & soles of feet.



Take deep breaths and relax.



Use 20-30 minutes before bedtime for best results.

WHERE TO APPLY



SUITABLE FOR



Adults



Elderly



Kids (5+ yrs)

For External Use Only | Safe & Gentle | Daily Use



*A few drops
for a peaceful
night & a
better tomorrow.*

POWERFUL AYURVEDIC INGREDIENTS



LAVENDER
Calms mind, promotes relaxation & better sleep.



BRAHMI
Nourishes brain, reduces stress & improves calmness.



ASHWAGANDHA
Reduces anxiety, relieves fatigue & supports sleep.



JATAMANSI
Soothes nervous system & promotes deep sleep.



CHAMOMILE
Relaxes body & mind, helps in peaceful sleep.



ALMOND OIL
Nourishes, calms & supports healthy nervous system.

TIPS FOR BETTER SLEEP

- ☾ Maintain a regular sleep timing
- ☾ Avoid screens before bed
- ☾ Keep your room dark & peaceful
- ☾ Use Sleep Oil daily for best results
- ☾ Follow a calm bedtime routine



100% NATURAL
& SAFE



CHEMICAL FREE
TOXIN FREE



AYURVEDIC
FORMULA



CRUELTY FREE
& VEGAN



MADE WITH LOVE
& CARE



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Pure Ayurvedic Care for Restful Sleep & Healthy Living

SLEEP SUPPORT HERBAL TEA

*Rest Your Body. Calm Your Mind.
Wake Up Refreshed.*

A gentle blend of traditional Ayurvedic herbs that relax the nervous system, promote restful sleep and support deep natural healing.

KEY BENEFITS

-  **PROMOTES DEEP SLEEP**
Helps you fall asleep faster and supports deep, undisturbed sleep.
-  **CALMS THE NERVOUS SYSTEM**
Reduces anxiety, stress and mental overthinking.
-  **RELAXES MIND & BODY**
Soothes tension, promotes relaxation and emotional balance.
-  **SUPPORTS MENTAL HEALTH**
Enhances mood, reduces irritability and mental fatigue.
-  **NATURAL & SAFE**
100% natural herbs. No habit forming. Safe for daily use.

POWERFUL AYURVEDIC INGREDIENTS



Tagar
Calms mind & promotes sleep



Brahmi
Reduces stress & mental fatigue



Ashwagandha
Relaxes body & nourishes nerves



Nutmeg
Supports deep restful sleep



Lavender
Natural relaxant & calms the senses



HOW TO ENJOY

Steep 1 tea bag in hot water for 5 minutes. Enjoy warm 30 minutes before bedtime.



CAFFEINE FREE

Ancient Herbs. Modern Wellness. Better Sleep. Better Life.

SPROUTED HEALTH MIXES

SPROUTED GOODNESS. REAL NUTRITION. NATURAL ENERGY.

Made with Sprouted Grains, Pulses, Seeds, Herbs & Ayurvedic Ingredients

WHY SPROUTED?

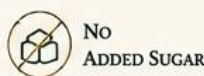
- ✓ Easy to Digest
- ✓ Higher Nutrient Absorption
- ✓ Rich in Enzymes & Proteins
- ✓ Supports Immunity
- ✓ Sustained Energy



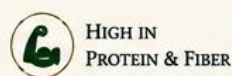
100%
NATURAL



No
PRESERVATIVES



No
ADDED SUGAR



HIGH IN
PROTEIN & FIBER



EASY
"PREPARE"



AYURVEDIC
& SATTVIC



MADE WITH
HERBS & SPICES



STRONG BONES • ENERGY • GROWTH



BENEFITS

- Strengthens bones & teeth
- Improves growth & immunity
- Good for all age groups



DAILY NUTRITION • STRENGTH • VITALITY



BENEFITS

- Complete nutrition in every scoop
- Supports digestion & gut health
- Keeps you active all day

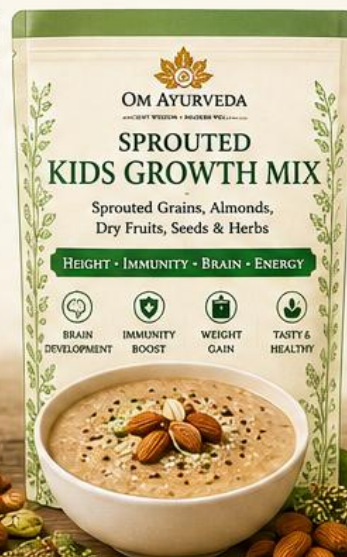


PLANT PROTEIN • MUSCLE • STRENGTH



BENEFITS

- Builds lean muscle & strength
- Supports recovery & stamina
- Ideal for fitness & active lifestyle

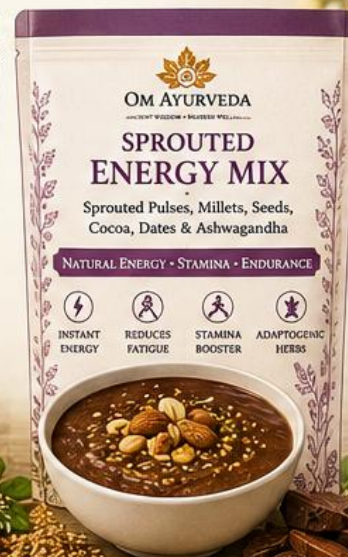


HEIGHT • IMMUNITY • BRAIN • ENERGY



BENEFITS

- Supports growth & brain development
- Improves immunity & concentration
- Tasty nutrition kids will love



NATURAL ENERGY • STAMINA • ENDURANCE



BENEFITS

- Provides long lasting energy
- Reduces tiredness & fatigue
- Supports physical performance

HOW TO ENJOY



Can be sweet or savory

PERFECT FOR



Kids



Adults



Elders



Fitness
Enthusiasts



Women



Growing
Teens

SATTVIC
WHOLESOME
NOURISHING
DELICIOUS

OUR PROMISE

- ✓ Made with sprouted whole foods
- ✓ No preservatives or artificial additives
- ✓ Sattvic & easy to digest
- ✓ Made in small batches with care & love



INGREDIENTS YOU TRUST



Sprouted
Grains & Pulses



Nuts &
Seeds



Ayurvedic
Herbs



Natural
Sweeteners



Spices &
Flavors

NOURISHING FROM NATURE

ROOTED IN AYURVEDA

CRAFTED FOR WELLNESS

MADE WITH LOVE & GRATITUDE

STRESS RELIEF HERBAL TEA

*Calm Your Mind.
Restore Your Inner Balance.*

A soothing blend of ancient herbs
that helps reduce stress, relax the mind
and promote emotional well-being
naturally.

KEY BENEFITS



REDUCES STRESS & ANXIETY

Helps calm the nervous system
and reduces daily stress.



SUPPORTS MENTAL CLARITY

Enhances focus, clarity and
emotional balance.



PROMOTES RELAXATION

Helps relax the body and mind
for a peaceful state.



SUPPORTS HEART HEALTH

Helps maintain healthy blood
pressure and heart function.



IMPROVES SLEEP QUALITY

Supports deeper, restful
and rejuvenating sleep.



**100%
NATURAL**

NO PRESERVATIVES
NO ADDITIVES

POWERFUL AYURVEDIC INGREDIENTS



Brahmi



Ashwagandha



Tulsi



Chamomile



Jatamansi



HOW TO ENJOY

Steep 1 tea bag in hot water for 5 minutes.
Enjoy warm. Best taken 1-2 times a day.


**CAFFEINE
FREE**


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For a Calm, Peaceful You.*

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+91 9405225604

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MOTHER EARTH
TRAVEL & TOURISM

AYURVEDIC WELLNESS

NATURAL HEALING

BALANCED LIVING

ROOTED IN NATURE



Om Ayurveda
Ancient Wisdom • Modern Wellness

Let go of Stress.
Embrace Peace.

THERAPEUTIC OILS

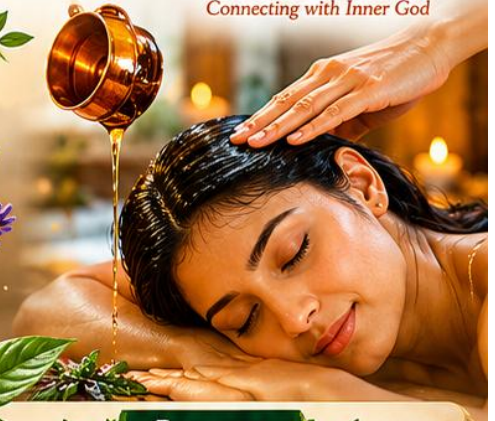
STRESS RELIEF OIL

Calming Herbal Oil for Mind Relaxation
& Nervous Balance



goditsyou.net
Connecting with Inner God

100%
NATURAL
CHEMICAL FREE
TOXIN FREE



BENEFITS



Reduces Stress
Calms the mind &
reduces anxiety



Promotes Relaxation
Relaxes body & mind
naturally



Supports
Emotional
Balance
Uplifts mood & brings
inner harmony



Calms
Nervous System
Nourishes nerves & supports
deep relaxation

POWER OF AYURVEDIC HERBS



Lavender
Calms Mind



Brahmi
Nourishes Nerves



Jatamansi
Deep Relaxation



Ashwagandha
Reduces Stress



Vacha
Mental Clarity



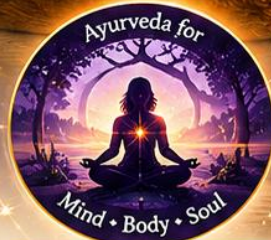
Ylang Ylang
Relaxes Mind



Til Taila
Nourishes deeply



Sandalwood
Cooling & Calming



BEST USED



Before
Meditation



Evening
Relaxation



Head Massage
Therapy

HOW TO USE

- ✓ Warm a few drops of Stress Relief Oil.
- ✓ Massage gently on scalp, temples, neck & shoulders.
- ✓ Use before meditation or at night for deep relaxation.
- ✓ For best results, use daily.



VISIT OUR WEBSITE
www.odayurveda.org



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Pure Ayurvedic Care for Stress-Free Living



Om Ayurveda
Ancient Wisdom • Modern Wellness

THERAPEUTIC OILS

STRESS RELIEF OIL

Calm Mind. Relax Body. Restore Balance.

NATURAL AYURVEDIC OIL FOR
STRESS, ANXIETY & MENTAL WELLNESS

PURE HERBS • ANCIENT WISDOM • HOLISTIC HEALING



goditsyou.net
Connecting with Inner God

MADE WITH
100% NATURAL
INGREDIENTS

- CHEMICAL FREE
- TOXIN FREE
- SAFE & PURE
- NO ARTIFICIAL FRAGRANCE



STRESS RELIEF OIL

AYURVEDIC FORMULA

Calms Mind & Body
Reduces Stress & Anxiety
Promotes Relaxation

100% NATURAL

BENEFITS



REDUCES STRESS & ANXIETY

Helps calm the mind and reduce mental tension naturally.



PROMOTES RELAXATION

Relaxes body and mind, promotes inner peace.



BALANCES NERVOUS SYSTEM

Nourishes the nervous system and supports emotional balance.



IMPROVES SLEEP QUALITY

Supports deeper, restful sleep and reduces overthinking.



ENHANCES MOOD & WELLBEING

Uplifts mood and helps you feel calm, positive and refreshed.

IDEAL FOR



STRESS & ANXIETY



MENTAL FATIGUE



POOR SLEEP



TENSION & RESTLESSNESS

POWER OF AYURVEDIC HERBS



LAVENDER

Calms mind, reduces stress and anxiety



BRAHMI

Improves mental clarity and relieves stress



ASHWAGANDHA

Adaptogen herb that reduces fatigue & tension



JATAMANSI

Promotes deep relaxation and calms nerves



TIL TAILA

Nourishes the nervous system and relaxes body



YLANG YLANG

Soothes mind and promotes positive emotions

HOW TO USE



FOR HEAD MASSAGE

Warm the oil slightly. Apply on scalp and massage gently for 10–15 minutes. Leave for 30 minutes or overnight for best results.



FOR BODY MASSAGE

Apply on body and massage in circular motions for 15–20 minutes. Use before bath or before sleep.

For best results, use daily or as advised by your Ayurvedic practitioner.



AYURVEDIC FORMULA



PURE & NATURAL



NO MINERAL OIL



NO ARTIFICIAL COLOURS



DERMATOLOGICALLY TESTED



SAFE FOR DAILY USE

OUR PROMISE



PURE INGREDIENTS



ANCIENT AYURVEDA



HOLISTIC WELLNESS



ETHICALLY SOURCED



MADE WITH LOVE & CARE

Let Nature Calm You.
Let Ayurveda Heal You.

Experience deep relaxation and inner peace with the power of ancient herbs.



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OM AYURVEDA - ANCIENT WISDOM FOR MODERN WELLNESS



Om Ayurveda

Ancient Wisdom • Modern Wellness

*Let Nature
Calm Your Mind*

100%
Natural
Pure Herbal
Goodness

STRESS RELIEF OIL

*Calming Herbal Oil for
Mind Relaxation & Nervous Balance*

HERBAL THERAPEUTIC OILS



BENEFITS



REDUCES STRESS

Calms the mind and reduces tension naturally.



PROMOTES RELAXATION

Relaxes body & mind and promotes deep relaxation.



SUPPORTS EMOTIONAL BALANCE

Helps uplift mood and brings inner peace & harmony.



CALMS NERVOUS SYSTEM

Nourishes nerves and soothes the nervous system.



BEST USED



Before
Meditation



Evening
Relaxation



Head
Massage Therapy

Powered by
Ancient Ayurvedic Herbs



Brahmi



Jatamansi



Lavender



Ashwagandha



Sandalwood



Vetiver

Experience Deep Calm
Every Day

- ✓ 100% Natural & Herbal
- ✓ Chemical Free
- ✓ No Artificial Fragrance
- ✓ Safe for Daily Use
- ✓ Suitable for All Ages

"Relax your mind. Restore your peace. Reconnect with yourself."



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Ancient Wisdom • Pure Herbs • Holistic Healing



Om Ayurveda

ROOTED IN TRADITION
NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

SULPHUR-FREE SUGAR

PURE • NATURAL • TRADITIONALLY PROCESSED

Prepared without harmful sulphur bleaching,
Sulphur-Free Sugar retains its natural sweetness,
purity, and traditional goodness.
Carefully processed to preserve authentic
taste and quality for conscious daily living.

TRADITIONALLY VALUED FOR



Natural sweetness
in everyday meals



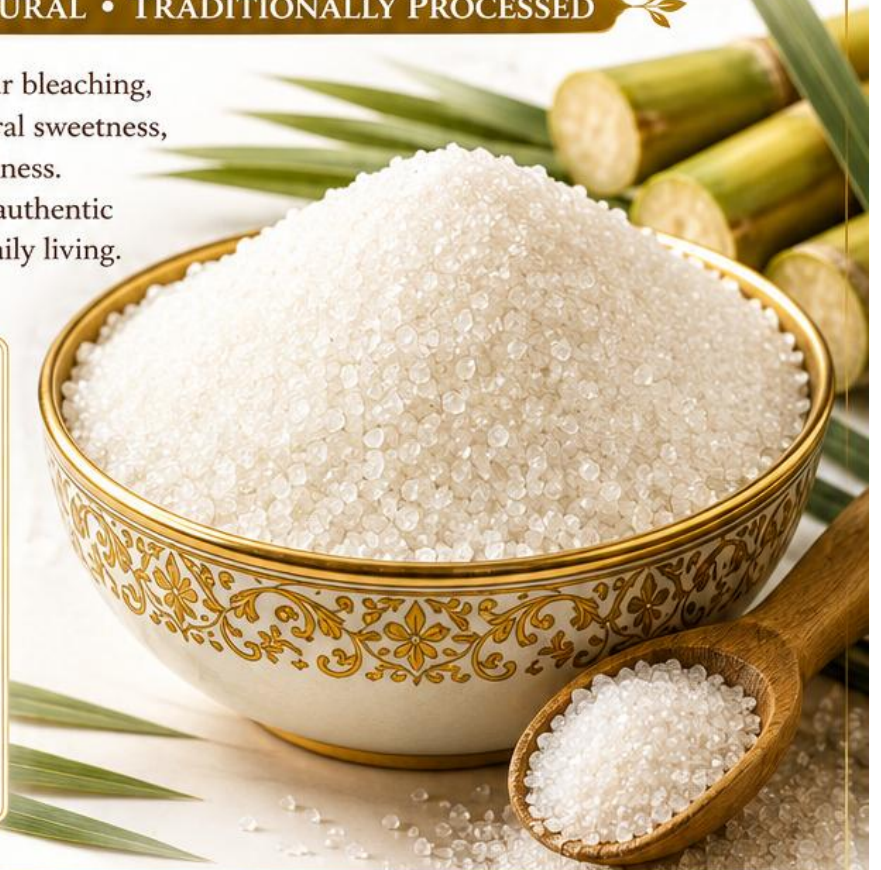
Preparing traditional
sweets & beverages



Sattvic cooking and
festive preparations



Supporting a more
natural lifestyle



FREE FROM
ARTIFICIAL BLEACHING
& HARSH CHEMICALS



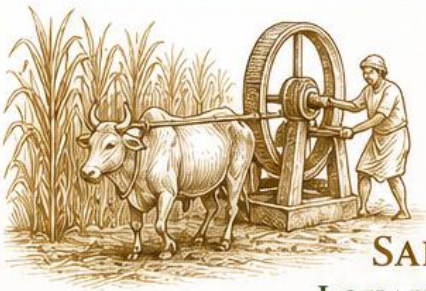
TRADITIONALLY
PROCESSED FOR
PURITY AND TASTE



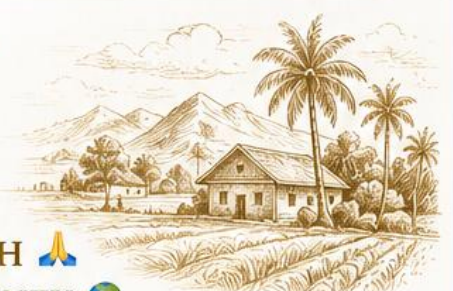
CLEAN, WHOLESOME
AND NATURALLY
SWEET



MADE FROM SELECT
SUGARCANE OF
FINEST QUALITY



May every spoon of sweetness
bring joy to the heart,
harmony to the home,
and gratitude to daily living.



SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



100% PURE



NATURAL



TRADITIONAL



AUTHENTIC



SUSTAINABLE



CONSCIOUS LIVING



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Ancient Wisdom • Modern Wellness

THERAPEUTIC OILS

HEALING TOUCH OF AYURVEDA

PURE HERBS • ANCIENT WISDOM • HOLISTIC WELLNESS



goditsyou.net
Connecting with Inner God

Our range of Therapeutic Oils are crafted with time-honored Ayurvedic recipes using pure herbs and natural ingredients to restore balance, promote healing and support a healthy life.

1 PAIN RELIEF OIL

Natural Relief for
Body & Muscle Pain



- Relieves body pain
- Reduces inflammation
- Improves circulation
- Supports muscle recovery

IDEAL FOR



2 JOINT CARE OIL

Supports Joint Flexibility
& Comfort



- Supports joint mobility
- Reduces stiffness
- Nourishes ligaments
- Helps arthritis discomfort

IDEAL FOR



3 BABY MASSAGE OIL

Gentle Care for Baby's
Healthy Growth



- Nourishes delicate skin
- Supports healthy sleep
- Improves circulation
- Strengthens muscles naturally

IDEAL FOR



4 STRESS RELIEF OIL

Calms Mind & Relaxes
Nervous System



- Reduces stress & anxiety
- Promotes relaxation
- Supports emotional balance
- Calms nervous system

IDEAL FOR



5 NASYA OIL

Traditional Nasal Oil for
Respiratory Wellness



- Clears nasal passages
- Supports sinus health
- Improves breathing
- Helps mental clarity

SUPPORTS



6 SLEEP OIL

Promotes Deep, Restful
Sleep & Relaxation



- Promotes restful sleep
- Reduces overthinking
- Calms the mind
- Relaxes body naturally

PERFECT FOR



7 SKIN HEALING OIL

Herbal Nourishment for
Healthy & Glowing Skin



- Supports skin repair
- Hydrates naturally
- Improves glow
- Calms irritation

IDEAL FOR



8 PANCHAKARMA OILS

Authentic Oils for Ayurvedic
Therapeutic Treatments



- Detoxification
- Dosha balancing
- Deep rejuvenation
- Nervous system support

INCLUDES



OUR PROMISE

- ✓ Pure & Natural Ingredients
- ✓ Backed by Ancient Ayurveda
- ✓ Holistic Healing for Body, Mind & Soul
- ✓ Crafted with Authentic Care
- ✓ For Healthy Generations

HEAL NATURALLY. LIVE CONSCIOUSLY.
CHOOSE AYURVEDA, CHOOSE WELLNESS.

HOW TO USE

For best results, use regularly as per need
or as guided by your Ayurvedic practitioner.



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www.omayurveda.org

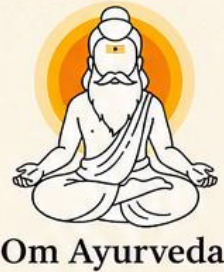
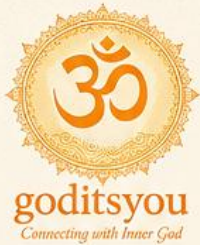


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OM AYURVEDA – ANCIENT WISDOM FOR MODERN WELLNESS



TOOR DAL

PURE • TRADITIONAL • NATURALLY NOURISHING

Carefully selected unpolished Toor Dal retaining its natural goodness, wholesome nutrition, and authentic taste. Traditionally valued as an essential part of balanced Indian meals and sattvic living.

NATURE'S
GOODNESS
IN EVERY
GRAIN

TRADITIONALLY CHERISHED FOR



Daily wholesome
nourishment



Supporting strength
and vitality



Preparing traditional
dals & soups



Balanced sattvic cooking
and conscious living



**NATURALLY RICH
IN PROTEIN AND FIBER**
Provides essential nutrients
for a healthy life.



**MINIMALLY PROCESSED
AND UNPOLISHED**
Retains natural nutrients,
fiber and wholesome goodness.



**FREE FROM
ARTIFICIAL POLISHING
AND CHEMICALS**
Pure, clean and safe
for your family.



May every meal prepared with
pure Toor Dal nourish the body,
energize the mind, and bring
warmth, health, and happiness
to every home.

SARVE BHAVANTU SUKHAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



PURE



NATURAL



TRADITIONAL



AUTHENTIC



SUSTAINABLE



CONSCIOUS LIVING



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Rooted in Tradition
Nourished by Nature



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Nourished by Nature



Pure • Traditional
Naturally Nourishing

TOOR DAL

Pure • Traditional • Naturally Nourishing

Carefully selected unpolished Toor Dal retaining its natural goodness, wholesome nutrition, and authentic taste. Traditionally valued as an essential part of balanced Indian meals and sattvic living.

NATURE'S
GOODNESS
IN EVERY
GRAIN

TRADITIONALLY CHERISHED FOR



Daily wholesome
nourishment



Supporting strength
and vitality



Preparing traditional
dals & soups



Balanced sattvic cooking
and conscious living



**NATURALLY RICH
IN PROTEIN & FIBER**

Provides essential nutrients
for a healthy life.



**MINIMALLY PROCESSED
& UNPOLISHED**

Retains natural nutrients,
fiber and wholesome goodness.



**FREE FROM
ARTIFICIAL POLISHING
& CHEMICALS**

Pure, clean and safe
for your family.



May every meal prepared with pure Toor Dal nourish the body, energize the mind, and bring warmth, health, and happiness to every home.

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LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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Rooted in Tradition

Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing

NATURE'S CRUNCH. TRADITION'S TOUCH.

100%
NATURAL
PURE FOOD
PURE LIFE

TRADITIONAL APPALAMS

HANDMADE
SUN DRIED
NOT FRIED

A TIME-TESTED AYURVEDIC TREASURE

Ancient Wisdom. Pure Ingredients. Wholesome Living.

Our Traditional Appalams are crafted using time-honored methods and the finest natural ingredients. Sun-dried to perfection, they deliver authentic taste, natural crunch and digestive goodness in every bite.

MADE WITH PURE & NATURAL INGREDIENTS



Urad Dal
(Black Gram)



Pepper



Rock Salt
(Sendha Namak)



Asafoetida
(Hing)



Sesame Oil
(Til Oil)

AMAZING BENEFITS



Aids digestion and improves gut health



Prepared with natural ingredients for better health



Sun-dried, not fried – light, crispy & easy to digest



Supports immunity and overall wellness



Enhances taste of every meal naturally



Traditional food for modern healthy living

PURE
WHOLESOME
NATURAL
TIME-TESTED
TRUSTED
ALWAYS

LIGHT
CRISPY
DIGESTIVE
DELICIOUS



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



TRADITIONALLY
PREPARED
MAXIMUM
NUTRITION



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED



GOOD FOR YOU
GOOD FOR
NATURE

How to ENJOY



Roast or Fry
Lightly



Serve with
Meals



Enjoy the
Crunch



Good Food
Happy You!

HONOURING TRADITION.
NOURISHING GENERATIONS.
TRADITIONAL APPALAMS –
A TASTE OF HERITAGE.



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Nourished by Nature

**Best
Care**

Pure • Traditional
Naturally Nourishing



goditsyou



Mother Earth
Travel and Tourism

ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.



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Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-HONOURED WELLNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing

TRADITIONAL HERBAL COFFEE

★ SIDDHA BLEND FOR STRENGTH • FOCUS • BALANCE ★

Ancient Wisdom. Natural Energy. Everyday Wellness.

Our Traditional Herbal Coffee (Siddha Blend) is a caffeine-balanced, nourishing beverage made from time-tested herbs, roots, seeds and spices, trusted in Siddha and Ayurvedic traditions for generations. The perfect blend of taste, aroma and wellness in every cup.

★ BENEFITS IN EVERY CUP ★

- Provides natural energy without jitters
- Enhances focus, memory & clarity
- Supports immunity & overall wellness
- Aids digestion & gut health
- Helps reduce stress & promotes calmness
- Detoxifies & rejuvenates the body
- Delicious, aromatic & naturally healthy
- 100% Natural
No Chicory, No Preservatives
No Artificial Flavors

SUKKU
(dried GINGER)



Aids digestion & boosts immunity



Enhances absorption & clears congestion



Supports respiratory health & metabolism

NOURISHES
THE BODY
CALMS THE MIND
ELEVATES
YOUR DAY

NOT JUST COFFEE,
A TRADITION OF
WELL-BEING

A POWERFUL BLEND OF TIME-TESTED HERBS & SPICES

THIPPILI
(LONG PEPPER)



Cooling & aids digestion

CHUKKUMALLI
(CORIANDER)



Cooling & aids digestion
& improves gut health

PERUNGAYAM
(ASAFOETIDA)



Nourishes nerves & promotes sleep

KASAKASAA
(POPPY SEEDS)



Detoxifies & supports overall wellness

KARUNJEERAGAM
(NIGELLA SEEDS)



Rich aroma & perfect body

CHICORY ROOT
(NATURAL)



Smooth taste & rich flavor

COFFEE BEANS
(ARABICA)



Smooth taste & rich flavor

★ HOW TO ENJOY ★



Add 2 tsp
(10 g) of Herbal
Coffee to a cup



Pour 150 ml
of hot water
or milk



Stir well
& let it
infuse



Sip & enjoy
your daily dose
of wellness!

HONORING ANCIENT WISDOM.
CRAFTED FOR MODERN LIVING.
MADE WITH CARE.
SERVED WITH PURPOSE.

Drink Traditional. Live Better.



DAILY RITUAL
HOLISTIC ENERGY
NATURAL BALANCE



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Nourished by Nature



Om Ayurveda

100% PURE • NATURAL • TRADITIONAL

Best
Care

TRADITIONAL MILLETS

FOXTAIL • LITTLE • BARNYARD • KODO • FINGER MILLET (RAGI)

PURE • ANCIENT • NATURALLY NOURISHING

Millets are among the oldest traditional grains, valued for their wholesome nourishment, natural strength, and balanced living. Traditionally cultivated with care, these ancient grains support conscious eating and sustainable farming practices.

FOXTAIL MILLET



Light, nutritious
and easy to
digest.



LITTLE MILLET



Rich in nutrients
and supports
daily energy.



BARNYARD MILLET



Light & sattvic
choice for
balanced living.



KODO MILLET



Ancient grain
for strength
and vitality.



FINGER MILLET (RAGI)



Naturally rich in
calcium, strength
and endurance.



TRADITIONALLY CHERISHED FOR



Light and
wholesome
nourishment



Sustained
natural
energy



Supporting
balanced
digestion



Sattvic and
mindful
living



Naturally rich in
traditional goodness



Minimally processed &
traditionally sourced



Ideal for healthy
everyday meals



May these sacred grains nourish the body
with vitality, strengthen the mind with clarity,
and support a balanced way of life



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LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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PURE



NATURAL



TRADITIONAL



AUTHENTIC



SUSTAINABLE



CONSCIOUS LIVING

TRADITIONAL RICE VARIETIES

ROOTED IN TRADITION. RICH IN NUTRITION. PURE AS NATURE.

— Ancient Rice Varieties for a Healthy You & a Healthier Planet. —

ANCIENT GRAINS
TIMELESS NUTRITION
SUSTAINABLE FUTURE



100%
NATURAL



CHEMICAL
FREE



RICH IN
NUTRIENTS



DIABETIC
FRIENDLY



HEIRLOOM
VARIETIES



GOOD FOR
HEART



EASY TO
DIGEST

SEERAGA SAMBA RICE

The Fragrant Heirloom



- 🌿 Aromatic & Delicious
- 🍴 Easy to Digest
- 💪 Rich in Iron & Calcium
- 🌿 Good for Skin & Hair
- 🍽️ Ideal for Daily Use

MAPPILAI SAMBA RICE

The King of Rice



- 🌿 Diabetic Friendly
- 🌿 Rich in Fiber & Iron
- 🌿 Boosts Stamina
- 🌿 Low Glycemic Index
- 🌿 Great for Heart Health

KARUPPU KAVUNI RICE

The Black Rice Wonder



- 🌿 Powerhouse of Antioxidants
- 🌿 Improves Hemoglobin
- 🌿 Supports Weight Management
- 🌿 Natural Detoxifier
- 🌿 Promotes Healthy Skin

NAVARA RICE

The Ayurvedic Rice



- 🌿 Ancient Medicinal Rice
- 🌿 Strengthens Immunity
- 🌿 Good for Convalescence
- 🌿 Nourishing & Rejuvenating
- 🌿 Recommended in Ayurveda

BAMBOO RICE

The Gift of Nature



- 🌿 High in Fiber
- 🌿 Aids in Weight Management
- 🌿 Good for Heart
- 🌿 Supports Digestion
- 🌿 Sustained Energy

RED MATTA RICE

The Natural Goodness



- 🌿 Rich in Nutrients
- 🌿 Improves Metabolism
- 🌿 Strengthens Bones
- 🌿 Good for Blood Health
- 🌿 Supports Overall Wellness

WHY CHOOSE TRADITIONAL RICE?

- 🌿 Grown Naturally, Without Chemicals
- 🌿 Traditional Taste & Aroma
- 🌿 Nutrient Dense & Easily Digestible
- 🌿 Supports Local Farmers & Biodiversity
- 🌿 Better for You & the Environment



PERFECT FOR



DAILY
MEALS



SPECIAL
OCCASIONS



KIDS &
ELDERS



HEALTH
CONSCIOUS



AYURVEDIC
DIETS

COOK IT. LOVE IT. LIVE IT.

Savor the goodness of ancient grains
for a healthier tomorrow.



PURE
AS NATURE



ROOTED IN
TRADITION



NOURISHING
EVERY GENERATION



SUSTAINABLE
FOR THE FUTURE

TRADITIONAL RICE VARIETIES

Rediscover the Power of
Ancient Rice for a
Healthy Life.

Pure. Natural. Nourishing.



100%
Natural



No
Preservatives



High in
Fiber & Minerals



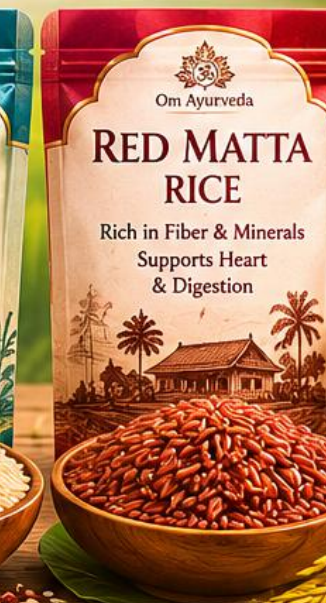
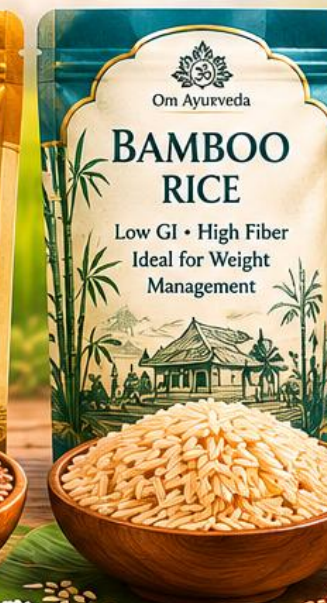
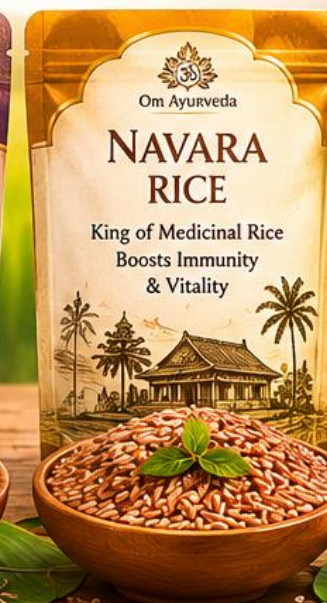
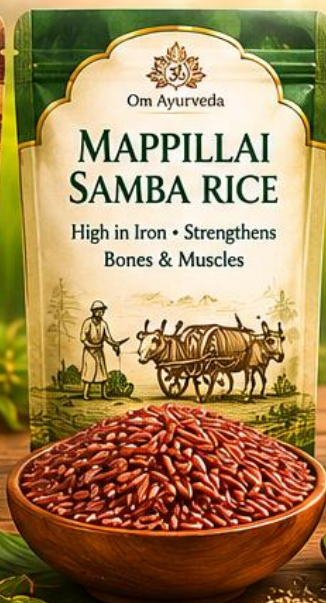
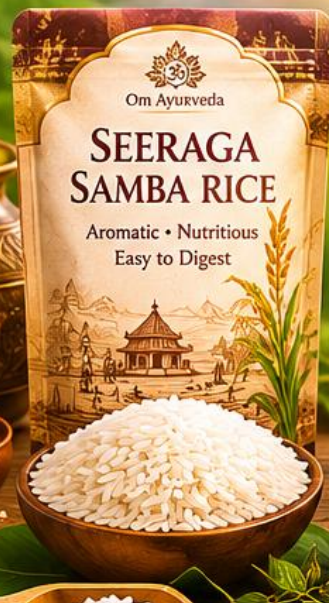
Easy
to Digest



Low Glycemic
Index



Ayurvedic
& Sattvic



Why Choose Our Traditional Rice?

- ✓ Ancient & Unpolished
- ✓ Retains Natural Nutrients
- ✓ No Polishing • No Bleaching
- ✓ Better Digestion
- ✓ Good for All Ages
- ✓ Sustained Energy

Health Benefits



Improves
Digestion



Boosts
Immunity



Strengthens
Bones & Muscles



Supports
Heart Health



Helps Manage
Diabetes



Good for
Skin & Hair

Perfect For



Daily Meals



Sattvic Diets



Ayurveda
Retreats



Elders



Children



Weight
Management



Om Ayurveda

Rooted in Tradition
Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing

TURMERIC

NATURE'S GOLD. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Revered in Ayurveda for centuries, Turmeric is nature's golden gift for holistic well-being. Packed with Curcumin, powerful antioxidants and anti-inflammatory compounds, it supports immunity, vitality, joint health, digestion, skin glow and overall balance.

ROOTED IN
AYURVEDA
BACKED BY
MODERN SCIENCE



BENEFITS OF TURMERIC



Powerful Natural
Immunity Booster



Potent Anti-Inflammatory
& Antioxidant



Supports Joint Health
& Mobility



Aids Digestion &
Gut Health



Promotes Healthy
Skin & Natural Glow



Detoxifies the Body &
Supports Liver Health



Supports Heart Health
& Overall Wellness



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
PREMIUM
QUALITY
TURMERIC



TRADITIONALLY
PROCESSED
FOR MAXIMUM
POTENCY



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED



GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY TURMERIC



Add 1/2 tsp
Turmeric



To warm milk,
water or smoothies



Stir well



Sip daily for
vitality & wellness

"A GOLDEN ROOT
FOR A HEALTHIER YOU.
EMBRACE THE POWER OF TURMERIC.

LIVE WELL. NATURALLY.

ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.



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Rooted in Tradition
Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS



Pure • Traditional
Naturally Nourishing

TURMERIC LATTE MIX

→ GOLDEN MILK. ANCIENT WISDOM. EVERYDAY WELLNESS. ←

A Delicious Blend of Nature's Finest for Immunity, Energy & Inner Balance.

Our Turmeric Latte Mix (Haldi Latte Mix) is a wholesome blend of premium turmeric, superfoods and warming spices inspired by Ayurveda. Just mix, sip and experience the goodness in every cup!

NATURE'S
BLEND FOR
IMMUNITY &
WELL-BEING

JUST MIX
WITH WARM
MILK OR
PLANT MILK
& ENJOY!

BENEFITS IN EVERY CUP



Supports Immunity
Naturally



Boosts Energy
& Stamina



Supports Joint Health
& Reduces Inflammation



Aids Digestion &
Gut Health



Enhances Focus
& Mental Clarity



Promotes Healthy
Skin & Glow



Calms the Mind &
Relieves Stress



100% Natural
No Artificial Colors,
Flavors or Preservatives

MADE WITH CARE. BLENDED WITH PURPOSE.

TURMERIC



Anti-inflammatory
& Immunity
Booster

GINGER



Aids Digestion &
Soothes the
Body

CINNAMON



Supports Healthy
Blood Sugar &
Metabolism

BLACK PEPPER



Enhances Curcumin
Absorption &
Bioavailability

CARDAMOM



Aids Digestion &
Freshens
Naturally

ASHWAGANDHA



Reduces Stress &
Supports Vitality
& Strength

BLACK SALT



Supports Electrolyte
Balance &
Digestion

EASY TO ENJOY



Add 1-2 tsp
of Turmeric
Latte Mix



Add to warm
milk or your
favorite milk



Stir well
until
dissolved



Sip & enjoy
your golden
goodness!

A MODERN RITUAL.
ROOTED IN AYURVEDA.
MADE FOR TODAY.
MADE FOR YOU.

Sip Wellness. Live Radiantly.

DAILY RITUAL
LONG TERM
WELLNESS



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Rooted in Tradition
Nourished by Nature



Om Ayurveda

ROOTED IN TRADITION
NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

UNPOLISHED DALS

PURE • NUTRITIOUS • WHOLESOME

Carefully selected unpolished dals that retain their natural goodness, taste, and nourishment.



TOOR DAL

Rich in Protein & Fiber
Supports strength
and daily energy



MOONG DAL

Light & Easy to Digest
Nourishing and ideal
for everyday meals



URAD DAL

Rich in Protein & Calcium
Supports stamina
and vitality



TRADITIONALLY CHERISHED FOR



Natural Protein
for Strength



Supports Healthy
Digestion



Wholesome
& Sattvic



Strengthens
Immunity



Pure, Natural &
Chemical Free



UNPOLISHED
& UNREFINED



MINIMALLY
PROCESSED



NATURALLY
NUTRITIOUS



CLEAN, PURE &
TRUSTED



May every meal prepared with these pure dals
bring health to the body, peace to the mind,
and happiness to every home.

SARVE BHAVANTU SUKHAHA 🙏
LOKAH SAMASTAH SUKHAHA BHAVANTU 🌍



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PURE



NATURAL



TRADITIONAL



AUTHENTIC



SUSTAINABLE



CONSCIOUS LIVING



Om Ayurveda

Rooted in Tradition
Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS



Pure • Traditional
Naturally Nourishing



TRADITION. TASTE. WELLNESS.

VADAMS

→ A TIME-TESTED AYURVEDIC TRADITION ←

CRISPY. FLAVORFUL. WHOLESOME. MADE THE TRADITIONAL WAY.

Our Traditional Vadams are prepared using time-honored recipes, natural ingredients and sun-dried to perfection. Crispy, tasty and light to digest – a perfect companion for every meal.

+ AMAZING BENEFITS +

- Aids digestion & improves appetite
- Made with natural ingredients & spices
- Sun-dried for natural purity & goodness
- Light, crispy & easy to digest
- No artificial colors, flavors or preservatives
- Complements all meals with taste & nutrition
- Traditional taste that brings back memories
- Loved by all, perfect for the family

100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES
JUST PURE
GOODNESS

OUR TRADITIONAL VARIETIES



PURE INGREDIENTS. TIMELESS TRADITION. RICH FLAVOR.

A TRADITION
THAT CONNECTS
GENERATIONS.
A TASTE THAT
STAYS FOREVER.

LIVE WELL.
NATURALLY.

100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES

TRADITIONALLY
HANDMADE
WITH CARE

SUN-DRIED THE
TRADITIONAL
WAY

AUTHENTIC
RECIPES
RICH IN TASTE

MADE WITH
NATURAL SPICES
& INGREDIENTS

GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY VADAMS



Heat oil in a pan



Fry on medium
heat



Vadam puffs up
crispy & light



Drain & serve
hot



Enjoy with
rice & meals



Simple. Traditional.
Delicious.



Our Website is
www.omayurveda.org



Our Email id is
info@omayurveda.org



Contact Number
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Rooted in Tradition
Nourished by Nature

Best Care
Pure • Traditional
Naturally Nourishing

goditsyou



Mother Earth
Travel and Tourism

ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.

WOMEN'S WELLNESS HERBAL TEA

*Balance. Nourish. Empower.
Naturally for Every Woman.*

A nourishing blend of ancient Ayurvedic herbs that supports hormonal balance, boosts energy, promotes healthy skin and enhances overall feminine wellness.

KEY BENEFITS



SUPPORTS HORMONAL BALANCE
Helps regulate periods and supports overall hormonal health.



BOOSTS ENERGY & VITALITY
Reduces fatigue and promotes natural energy throughout the day.



PROMOTES HEALTHY SKIN
Rich in antioxidants that help improve skin glow and texture.



SUPPORTS FEMININE WELLNESS
Nourishes the body and mind during all stages of a woman's life.



CALMS MIND & MOOD
Helps reduce mood swings, irritability and supports emotional balance.

POWERFUL AYURVEDIC INGREDIENTS



Shatavari



Rose Petals



Fennel



Cinnamon



Hibiscus



HOW TO ENJOY

Steep 1 tea bag in hot water for 5 minutes.
Enjoy warm. Best taken 1-2 times a day
for best results.



NATURAL
INGREDIENTS



CAFFEINE
FREE



SAFE
& GENTLE



HOLISTIC
WELLNESS

Honoring Every Woman. Empowering Naturally.



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TRAVEL & TOURISM



AYURVEDIC WELLNESS



NATURAL HEALING



BALANCED LIVING



ROOTED IN NATURE



Om Ayurveda

ROOTED IN TRADITION
NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

WOODEN COLD-PRESSED OILS

PURE • TRADITIONAL • NATURALLY EXTRACTED

Prepared using traditional wooden cold-press extraction methods,
these oils retain their natural aroma, nutrients, and authentic purity.

Slowly extracted without excessive heat,
preserving the traditional goodness
valued for generations.

TRADITIONAL
WOODEN
COLD-PRESS
EXTRACTION



COCONUT OIL

Light • Pure • Soothing



GROUNDNUT OIL

Traditional • Nutritious
• Heart Friendly



GINGELLY (SESAME) OIL

Aromatic • Nourishing
• Rich in Tradition



MUSTARD OIL

Pungent • Pure
• Traditional Choice



CASTOR OIL

(Traditional
External Use)



TRADITIONALLY CHERISHED FOR



Daily cooking
and wholesome
nourishment



Ayurvedic
wellness and
balanced living



Traditional
massage and
self-care practices



Supporting natural
and conscious
lifestyles



MINIMALLY
PROCESSED AND
NATURALLY
EXTRACTED



FREE FROM
CHEMICAL REFINING
AND ARTIFICIAL
ADDITIVES



RICH IN TRADITIONAL
PURITY AND
AUTHENTIC TASTE



SUSTAINABLY
SOURCED WITH
CARE & RESPECT
FOR NATURE

May these sacred oils nourish
the body, calm the mind, and support
a healthy and harmonious way of life.

SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



PURE



NATURAL



TRADITIONAL



AUTHENTIC



SUSTAINABLE



CONSCIOUS LIVING



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ANCIENT WISDOM • MODERN WELLNESS



100%
NATURAL



NO
PRESERVATIVES



NO
ADDITIVES



PURE
AYURVEDIC



PERFECT
GIFT



SAFE
& GENTLE

AYURVEDIC GIFT BOX

THE GIFT OF HEALTH & HAPPINESS

A thoughtfully curated collection of powerful Ayurvedic wellness products to nourish the body, calm the mind and uplift the spirit. A perfect gift for your loved ones on every special occasion.

A MEANINGFUL
GIFT FOR
EVERY OCCASION

HOLISTIC WELLNESS IN A BEAUTIFUL BOX



STRENGTHENS IMMUNITY
Helps build natural defense and protects against infections.



IMPROVES DIGESTION
Supports healthy digestion and relieves bloating.



REDUCES STRESS
Promotes relaxation, calms the mind and improves sleep.



DETOXIFIES & PURIFIES
Helps remove toxins and supports natural body detoxification.



BOOSTS ENERGY & VITALITY
Enhances stamina, reduces fatigue and revitalizes the body.



PROMOTES OVERALL WELLNESS
Supports healthy lifestyle and balanced well-being.



WHAT'S INSIDE THE GIFT BOX?



Tulsi
Tablets
(60 Tablets)



Digestion
Support
(60 Tablets)



Herbal
Tea
(25 Tea Bags)



Ashwagandha
Tablets
(60 Tablets)



Amla
Tablets
(60 Tablets)



Triphala
Powder
(100 gms)



Turmeric
Powder
(100 gms)



Pure Cow
Ghee
(100 ml)

100% NATURAL • AYURVEDIC • CHEMICAL FREE • MADE WITH LOVE & CARE

PERFECT FOR



Birthdays



Festivals



Anniversaries



Corporate
Gifting



Thank You
Gifts

BEAUTIFULLY PACKED

Premium Quality Products
Elegant & Eco-friendly Packaging
Ready to Gift
Includes Greeting Card



WHY CHOOSE OM AYURVEDA?

- ✓ Authentic Ayurvedic Products
- ✓ Time-tested Herbs & Formulations
- ✓ Holistic Care for Body, Mind & Soul
- ✓ Trusted by Thousands of Families



HOLISTIC
WELLNESS



BALANCES
DOSHAS



SAFE &
GENTLE



CHEMICAL
FREE



TRUSTED BY
GENERATIONS



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SCAN TO
KNOW MORE

GIFT GOOD HEALTH. GIFT HAPPINESS.

OM AYURVEDA - YOUR PARTNER IN A HEALTHIER, HAPPIER LIFE.



OM AYURVEDA
ANCIENT WISDOM • MODERN WELLNESS

Best Care
AYURVEDA & WELLNESS



100%
NATURAL



NO
PRESERVATIVES



NO
ADDITIVES



PURE
AYURVEDIC

DETOX KIT

CLEANSE. HEAL. RENEW.

7 DAYS TO A LIGHTER, HEALTHIER YOU

A complete Ayurvedic detox program crafted with powerful herbs to cleanse toxins, improve digestion, boost energy and restore natural balance.

KEY BENEFITS



DEEP CLEANSING

Helps flush out toxins and supports natural detoxification.



IMPROVES DIGESTION

Supports healthy digestion, relieves bloating & acidity.



LIVER DETOX SUPPORT

Protects liver, enhances liver function & removes toxins.



BOOSTS IMMUNITY

Strengthens immunity and helps fight infections.



INCREASES ENERGY

Reduces fatigue and promotes natural vitality.



PROMOTES GLOWING SKIN

Helps clear skin, reduces acne and improves natural glow.



RESTORES BALANCE

Brings balance to doshas and overall well-being.



DETOX
YOUR BODY
NOURISH
YOUR LIFE

WHAT'S INSIDE THE DETOX KIT?



TRIPHALA TABLETS

Supports digestion, bowel movement & gentle detox.

60 Tablets



LIVER CLEANSE TABLETS

Supports liver health, detoxification & fat metabolism.

60 Tablets



DETOX TEA

Herbal tea that cleanses, hydrates & rejuvenates.

25 Tea Bags



NEEM TULSI TABLETS

Purifies blood, boosts immunity & fights toxins.

60 Tablets

HOW TO USE (7 DAY DETOX PLAN)



MORNING (Empty Stomach)

1 Liver Cleanse Tablet with warm water.



AFTER BREAKFAST

1 Detox Tea.



AFTER LUNCH

1 Triphala Tablet with warm water.



EVENING

1 Neem Tulsi Tablet.



BEFORE BED

1 Triphala Tablet with warm water.



Stay hydrated.
Eat light.
Avoid processed food, alcohol and stress.
Follow yogic lifestyle for best results.



HOLISTIC DETOX
Body, Mind & Soul



SAFE & GENTLE
No Harsh Chemicals



BALANCED DOSHAS
Vata • Pitta • Kapha



ANCIENT WISDOM
Trusted by Generations



MADE WITH LOVE
For Your Well-being

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AYURVEDIC WELLNESS

NATURAL HEALING

BALANCED LIVING

ROOTED IN NATURE



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CLEANSE. HEAL. RENEW.

7 DAYS TO A LIGHTER, HEALTHIER YOU

A complete Ayurvedic detox program crafted with powerful herbs that help flush toxins, improve digestion, boost energy and restore natural balance.

KEY BENEFITS



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Helps flush out toxins and supports natural detoxification.



IMPROVES DIGESTION
Supports healthy digestion, relieves bloating and acidity.



LIVER DETOX SUPPORT
Protects liver, enhances liver function and removes toxins.



BOOSTS IMMUNITY
Strengthens immunity and helps fight infections.



INCREASES ENERGY
Reduces fatigue and promotes natural vitality.



RESTORES BALANCE
Balances doshas and promotes overall well-being.



COMPLETE 4 STEP DETOX PROGRAM



**STEP 1
MORNING**
1 Triphala Tablet
with warm water
on empty stomach.



**STEP 2
AFTER BREAKFAST**
1 Liver Cleanse
Tablet with
warm water.



**STEP 3
EVENING**
1 Detox Tea
(1 cup) after
meals.



**STEP 4
BEFORE BED**
1 Neem Tulsi Tablet
with warm water
before sleep.

HOW TO USE



Follow the 4 step program daily for 7 days.



Drink plenty of warm water throughout the day.



Eat light, fresh, sattvic food. Avoid processed, oily & junk food.



Use regularly for best results. Repeat every month if required.

POWERFUL AYURVEDIC INGREDIENTS



AMLA
Rich in Vitamin C & antioxidants. Boosts immunity and rejuvenates the body.



TRIPHALA
Supports digestion, eliminates toxins and promotes regularity.



KUTKI
Powerful liver tonic that helps detoxify liver and improves metabolism.



NEEM
Purifies blood, removes toxins and supports clear skin.



TULSI
Adaptogenic herb that strengthens immunity and reduces stress.

PERFECT FOR



Men & Women



All Age Groups
(18+ Years)



Busy Lifestyle



Daily Wellness
& Detox

A NATURAL RESET FOR A
HEALTHIER, HAPPIER YOU!



HOLISTIC
DETOX



BALANCES
DOSHAS



SAFE &
GENTLE



CHEMICAL
FREE



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AYURVEDIC WELLNESS

NATURAL HEALING

BALANCED LIVING

ROOTED IN NATURE

CLEANSE TODAY • HEAL NATURALLY • LIVE ABUNDANTLY



OM AYURVEDA
ANCIENT WISDOM • MODERN WELLNESS



100%
NATURAL



NO
PRESERVATIVES



NO
ADDITIVES



PURE
AYURVEDIC



SAFE
& GENTLE

HERBAL WELLNESS COMBO

COMPLETE WELLNESS. NATURALLY.

A perfect combination of powerful Ayurvedic herbs to support immunity, detoxify the body, improve digestion, reduce stress and boost energy for a healthy, happy you.

KEY BENEFITS



BUILDS IMMUNITY

Strengthens the body's natural defenses and helps fight infections.



DETOXIFIES BODY

Helps remove toxins, cleanse blood and purify the system.



SUPPORTS DIGESTION

Improves digestion, reduces bloating and acidity.



REDUCES STRESS

Promotes mental calmness, relaxes nerves and improves sleep quality.



BOOSTS ENERGY

Enhances energy, stamina and physical performance.



PROMOTES OVERALL WELLNESS

Supports healthy skin, better metabolism and overall vitality.



NOURISH
YOUR BODY
ENRICH YOUR
LIFE

5 POWERFUL AYURVEDIC SOLUTIONS • 1 COMPLETE WELLNESS COMBO

POWERED BY NATURE'S FINEST HERBS

AMLA



Rich in Vitamin C & antioxidants. Boosts immunity and rejuvenates the body.

ASHWAGANDHA



Powerful adaptogen that reduces stress, improves strength and supports vitality.

TRIPHALA



Supports digestion, removes toxins and maintains healthy bowel movement.

TULSI



Natural immunity booster. Purifies blood and protects against seasonal illness.

GUDUCHI



Detoxifies body, supports liver health and strengthens immunity.

Carefully crafted. Scientifically back. Traditionally trusted.

HOW TO USE



Take 1 tablet from each bottle twice daily.



After meals with lukewarm water.



For best results, use regularly for at least 3 months.

PERFECT FOR



Men & Women



All Age Groups
(18+ Years)



Busy Lifestyle



Daily Wellness
& Detox



HOLISTIC
WELLNESS



BALANCES
DOSHAS



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NATURAL HEALING

BALANCED LIVING

ROOTED IN NATURE



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ANCIENT WISDOM • MODERN WELLNESS

Best Care
AYURVEDA & WELLNESS



100%
NATURAL



NO
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NO
ADDITIVES



PURE
AYURVEDIC

HERBAL WELLNESS COMBO

COMPLETE CARE. NATURALLY.

A powerful combination of Ayurvedic herbs to support immunity, detoxify the body, improve digestion, reduce stress and boost energy for a healthy & balanced life.

KEY BENEFITS



BUILDS IMMUNITY

Strengthens the body's natural defenses and fights infections.



DETOXIFIES BODY

Helps remove toxins, cleanses blood and purifies the system.



SUPPORTS DIGESTION

Improves digestion, reduces bloating and acidity.



REDUCES STRESS

Promotes mental calmness, relaxes nerves and improves sleep quality.



BOOSTS ENERGY

Enhances energy, stamina, vitality and performance.



PROMOTES OVERALL WELLNESS

Supports healthy skin, better metabolism and overall vitality.



NATURE'S
FINEST GIFT
FOR YOUR
WELLNESS

POWER OF 5 NATURAL INGREDIENTS

AMLA



Rich in Vitamin C & antioxidants. Boosts immunity & rejuvenates.

ASHWAGANDHA



Helps the body adapt to stress, improves strength and promotes calmness.

GUDUCHI



Powerful detox herb that purifies blood and supports immunity.

TULSI



Natural anti-inflammatory & antioxantary healths relieves stress & boosts immunity.

HOW TO USE



Take 1 tablet from each bottle twice daily.



After meals with lukewarm water.



For best results, use regularly for at least 3 months.

PERFECT FOR



Men & Women



All Age Groups



Busy Lifestyle



Daily Wellness



HOLISTIC
WELLNESS



BALANCES
DOSHAS



SAFE &
GENTLE



CHEMICAL
FREE



TRUSTED BY
GENERATIONS

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AYURVEDIC WELLNESS | NATURAL HEALING | BALANCED LIVING | ROOTED IN NATURE



OM AYURVEDA
ANCIENT WISDOM • MODERN WELLNESS

Best Care
AYURVEDA & WELLNESS

100%
NATURAL

NO
PRESERVATIVES

NO
ADDITIVES

PURE
AYURVEDIC

HERBAL WELLNESS COMBO

YOUR DAILY WELLNESS PARTNER FROM NATURE

COMPLETE CARE. NATURALLY.

A perfect combination of powerful Ayurvedic herbs to support immunity, detoxify the body, improve digestion, boost energy and enhance overall well-being.

KEY BENEFITS



BUILDS IMMUNITY
Strengthens the body's natural defenses and helps fight infections.



DETOXIFIES BODY
Helps remove toxins, cleanse blood and purify the system.



SUPPORTS DIGESTION
Improves digestion, reduces bloating and acidity.



REDUCES STRESS
Promotes mental calmness, relaxes nerves and improves sleep quality.



BOOSTS ENERGY
Enhances energy, stamina and physical performance.



PROMOTES OVERALL WELLNESS
Supports healthy skin, better metabolism and overall vitality.



NATURAL WELLNESS FOR YOU & YOUR FAMILY

5 POWERFUL HERBAL SOLUTIONS

IMMUNITY BOOSTER



Amla, Giloy, Tulsi, Guduchi, Yashtimadhu
Enhances immunity and protects against illnesses.

DETOX & CLEANSE



Triphala, Neem, Kutki, Punarnava, Dandelion
Helps in deep detox and supports liver health.

DIGESTION SUPPORT



Hing, Jeera, Ajwain, Saunf, Pippali
Improves digestion and relieves bloating & gas.

STRESS RELIEF



Ashwagandha, Brahmi, Jatamansi, Shankhpushpi
Calms the mind and reduces stress naturally.

ENERGY & VITALITY



Safed Musli, Shatavari, Gokshura, Makaradhwaj
Boosts stamina, strength and daily performance.

HOW TO USE



Take 1 tablet from each bottle twice daily.



After meals with lukewarm water.



For best results, use regularly for at least 3 months.

PERFECT FOR



Men & Women



All Age Groups



Busy Lifestyle



Daily Wellness



HOLISTIC WELLNESS



BALANCES DOSHAS



SAFE & GENTLE



CHEMICAL FREE



TRUSTED BY GENERATIONS



MADE WITH LOVE & CARE

AYURVEDIC CARE FOR A HEALTHIER YOU NATURALLY!

CLEANSE • NOURISH • HEAL • PROTECT • THRIVE
NATURAL WELLNESS FOR A BETTER TOMORROW

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ADDITIVES



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AYURVEDIC

HERBAL WELLNESS COMBO

NATURAL SOLUTIONS FOR EVERYDAY WELLNESS

A powerful combination of Ayurvedic herbs
to support your body, mind & immunity
for a healthier, happier you!

KEY BENEFITS



BUILDS IMMUNITY
Strengthens the body's
natural defense system.



DETOXIFIES BODY
Helps remove toxins,
cleanses and rejuvenates.



IMPROVES DIGESTION
Enhances metabolism,
reduces bloating & acidity.



REDUCES STRESS
Promotes mental calmness,
relaxes mind & body.



BOOSTS ENERGY
Combats fatigue and
improves stamina naturally.



OVERALL WELLNESS
Balances doshas and
promotes holistic health.



ONE COMBO
COMPLETE
WELLNESS
NATURALLY

5 POWERFUL HERBAL SOLUTIONS • 1 COMPLETE WELLNESS COMBO

HOW TO USE



Take 1-2 tablets
twice daily.



After meals with
warm water.



For best results,
use regularly for
at least 3 months.

PERFECT FOR



Men & Women



All Age Groups



Daily Wellness

IMMUNITY BOOSTER



Amla, Tulsi, Guduchi,
Giloy, Ginger

Supports immunity,
fights infections &
keeps you strong.

DETOX & CLEANSE



Triphala, Kutki,
Punarnava, Guduchi

Detoxifies liver, improves
skin health & promotes
natural cleansing.

DIGESTION SUPPORT



Triphala, Hing, Jeera,
Saunf, Ajwain

Improves digestion,
reduces bloating &
supports gut health.

STRESS RELIEF



Ashwagandha, Brahmi,
Jatamansi, Shankhpushpi

Calms the mind, reduces
stress & promotes
better sleep.

ASHWAGANDHA ENERGY



Ashwagandha, Shatavari,
Musli, Safed Musli

Enhances strength,
stamina & overall
vitality naturally.



HOLISTIC
WELLNESS



BALANCES
DOSHAS



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ROOTED IN NATURE. BACKED BY AYURVEDA.



100%
NATURAL



NO
PRESERVATIVES



NO
ADDITIVES



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AYURVEDIC



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& GENTLE

HERBAL WELLNESS COMBO

COMPLETE CARE. NATURALLY.

A perfect blend of powerful Ayurvedic herbs that supports immunity, detoxifies the body, improves digestion, relieves stress and boosts energy for a healthy and balanced life.

KEY BENEFITS



BUILDS IMMUNITY

Strengthens the body's natural defense and helps fight infections.



DETOXIFIES BODY

Helps remove toxins, cleanse blood and purify the system.



SUPPORTS DIGESTION

Improves digestion, reduces bloating and acidity.



REDUCES STRESS

Promotes mental calmness, relaxes nerves and supports emotional balance.



BOOSTS ENERGY

Enhances energy, stamina and physical performance.



PROMOTES OVERALL WELLNESS

Supports healthy skin, better metabolism and overall vitality.



NATURE'S
GIFT FOR
YOUR HEALTH
AND WELLNESS

5 POWERFUL SOLUTIONS • 1 COMPLETE WELLNESS COMBO

POWERED BY NATURAL AYURVEDIC INGREDIENTS

AMLA



Rich in Vitamin C & antioxidants. Boosts immunity, rejuvenates the body and promotes healthy skin.

TRIPHALA



Improves digestion, detoxifies gently and supports healthy bowel movement.

ASHWAGANDHA



Powerful adaptogen that reduces stress, improves strength and enhances vitality.

TULSI



Natural immunity booster. Purifies blood, supports respiratory health and relieves stress.

HOW TO USE



Take 1 tablet from each bottle twice daily.



After meals with lukewarm water.



For best results, use regularly for at least 3 months.

PERFECT FOR



Men & Women



All Age Groups



Busy Lifestyle



Daily Wellness



HOLISTIC
WELLNESS



BALANCES
DOSHAS



SAFE &
GENTLE



CHEMICAL
FREE



TRUSTED BY
GENERATIONS

CLEANSE. NOURISH. HEAL. THRIVE.
AYURVEDA FOR A HEALTHIER, HAPPIER YOU!

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MOTHER EARTH
TRAVEL & TOURISM



SCAN TO
KNOW MORE

AYURVEDIC WELLNESS

NATURAL HEALING

BALANCED LIVING

ROOTED IN NATURE



OM AYURVEDA
ANCIENT WISDOM • MODERN WELLNESS



100%
NATURAL



NO
PRESERVATIVES



NO
ADDITIVES



PURE
AYURVEDIC



BOOSTS
IMMUNITY



SAFE
& GENTLE

IMMUNITY KIT

YOUR DAILY SHIELD FOR A
STRONGER, HEALTHIER YOU

A powerful combination of time-tested
Ayurvedic herbs known to strengthen
immunity, fight infections, boost energy
and keep you and your family healthy
all year round.

KEY BENEFITS



STRENGTHENS IMMUNITY
Helps build natural defense and
protects against infections.



SUPPORTS RESPIRATORY HEALTH
Promotes clear airways and
healthy lungs.



RICH IN ANTIOXIDANTS
Protects cells from damage and
fights free radicals.



BOOSTS ENERGY & STAMINA
Enhances vitality, reduces fatigue
and improves daily performance.



DETOXIFIES THE BODY
Helps remove toxins and supports
healthy immune function.



ADAPTOGENIC SUPPORT
Helps body adapt to stress and
maintain overall balance.



NATURE'S
DEFENSE
FOR YOU
& YOUR
FAMILY

POWERED BY NATURE'S STRONGEST IMMUNITY HERBS

TULSI



Natural immunity
booster. Fights
infections and
supports
respiratory health.

GILOY



Detoxifies body,
enhances immunity
and helps fight
recurring
fevers.

AMLA



High in Vitamin C.
Strengthens immunity
and improves skin
and digestion.

TURMERIC



Powerful anti-
inflammatory.
Boosts immunity
and joint health.

ASHWAGANDHA



Reduces stress,
improves stamina
and supports
immune
balance.

BLACK PEPPER



Enhances absorption
of nutrients and
boosts the action
of herbs.

HOW TO USE



Take 1 tablet
from each bottle
twice daily.



Drink plenty of
warm water
throughout
the day.



Eat a balanced
diet rich in fruits,
vegetables and
herbs.



For best results,
use daily and
maintain a healthy
lifestyle.

BEST TIME TO TAKE



Morning
After Breakfast



Evening
After Dinner

IDEAL FOR



Men & Women



All Age Groups
(12+ Years)



Busy Lifestyle



Frequent
Illness



Seasonal
Changes



HOLISTIC
WELLNESS



BALANCES
DOSHAS



SAFE &
GENTLE



CHEMICAL
FREE



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TRAVEL & TOURISM



SCAN TO
KNOW MORE

AYURVEDIC WELLNESS | NATURAL HEALING | BALANCED LIVING | ROOTED IN NATURE



100%
PURE & TRADITIONAL



PURE • NATURAL • TRADITIONAL

HIMALAYAN PINK ROCK SALT

Pure • Mineral-Rich • Traditionally Harvested

Sourced from ancient natural salt deposits in the pristine Himalayan mountains, this pink rock salt is minimally processed and retains its natural minerals and crystalline purity.

TRADITIONALLY USED FOR



Daily cooking & balanced seasoning



Fasting & sattvic preparations



Detox and wellness practices



Herbal remedies & traditional cleansing rituals



100% Natural & Unrefined



Rich in Trace Minerals



Free from Artificial Bleaching & Refining



Supports Balance, Hydration & Well-being



May this sacred natural salt bring purity to food, balance to the body, and harmony to daily life. May every meal prepared with care become nourishment for body, mind, and soul.



SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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TRADITIONAL



NATURAL



AUTHENTIC



SUSTAINABLE



CONSCIOUS LIVING



Om Ayurveda

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

HIMALAYAN PINK ROCK SALT

Pure • Mineral-Rich • Traditionally Harvested

Sourced from ancient natural salt deposits in the pristine Himalayan mountains, this pink rock salt is minimally processed and retains its natural minerals and crystalline purity.

TRADITIONALLY USED FOR



Daily cooking & balanced seasoning



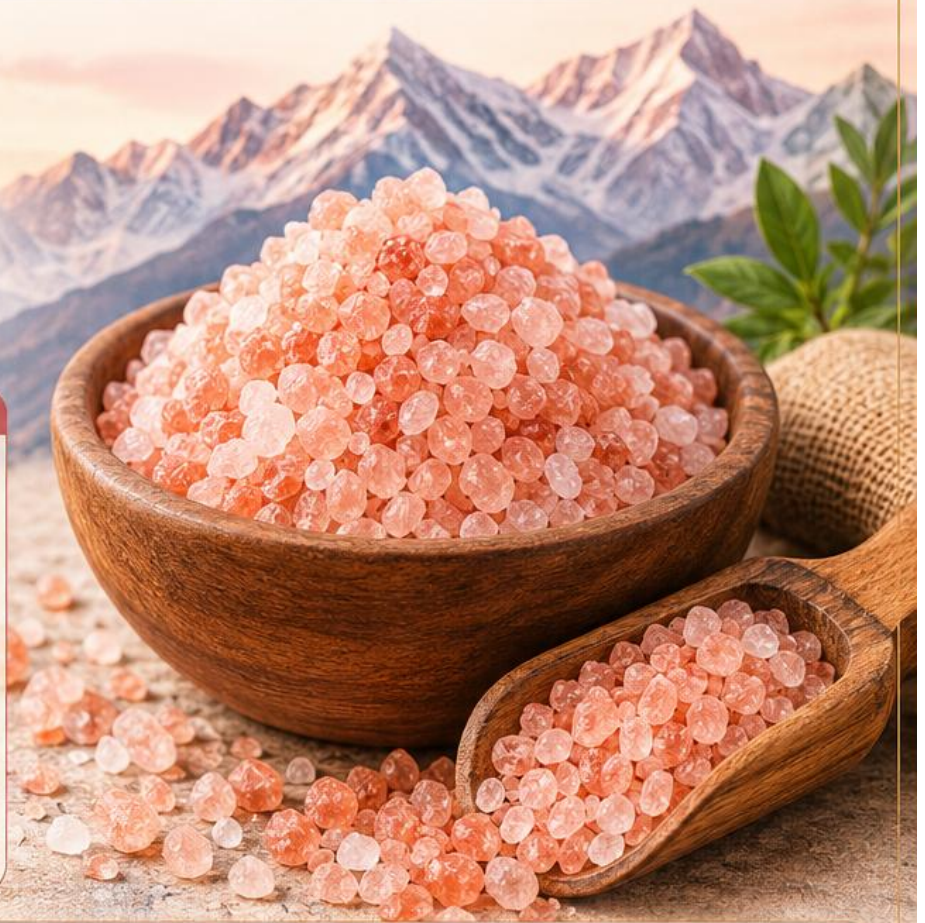
Fasting & sattvic preparations



Detox and wellness practices



Herbal remedies & traditional cleansing rituals



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Rich in Trace Minerals



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Supports Balance, Hydration & Well-being



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May every meal prepared with care become nourishment for body, mind, and soul.



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100% PURE • NATURAL • TRADITIONAL

**Best
Care**



GRAINS & PULSES

PURE • TRADITIONAL • NATURALLY NOURISHING

UNPOLISHED RICE VARIETIES

SEERAGA SAMBA

Aromatic, lightweight
& easy to digest.



KULLAKAR

Nutrient-rich
heritage rice for
stronger health.



KARUPPU KAVUNI

Antioxidant-rich
black rice for
vitality & balance.



MAPPILLAI SAMBA

Traditional heirloom
rice for strength
& stamina.



Naturally rich in traditional goodness, these ancient rice varieties are valued for their wholesome nutrition, authentic taste, and Ayurvedic balance.

TRADITIONALLY CHERISHED FOR



Better Digestion
& Nourishment



Sustained
Natural Energy



Sattvic &
Conscious Living



Supporting
Traditional Farming
Heritage



UNPOLISHED
& MINIMALLY
PROCESSED



NATURALLY
CULTIVATED



SUN-DRIED &
AUTHENTICALLY
SOURCED



PURE HERITAGE
GRAINS FOR A
HEALTHY LIFESTYLE



MAY EVERY GRAIN BRING STRENGTH,
VITALITY, AND HARMONY TO LIFE.
MAY TRADITIONAL FOOD WISDOM CONTINUE TO
NOURISH FUTURE GENERATIONS.



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ORGANIC WHEAT

(WHOLE WHEAT / ATTA)

PURE • TRADITIONAL • WHOLESOME NOURISHMENT

Stone-ground whole wheat flour prepared from naturally cultivated grains, retaining its natural fiber, aroma, and nourishment. Traditionally valued for sustaining strength, vitality, and balanced daily living.



TRADITIONALLY CHERISHED FOR



Nourishing homemade rotis & breads



Sustained natural energy



Supporting healthy digestion



Wholesome sattvic nourishment



NATURALLY RICH
IN FIBER & GOODNESS



TRADITIONALLY
CULTIVATED



MINIMALLY PROCESSED
STONE-GROUND GOODNESS



FREE FROM ARTIFICIAL
POLISHING & CHEMICALS



May every meal prepared with pure grains
bring strength, balance, and happiness to every home.
May traditional food wisdom continue to nourish
generations with health and harmony.

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TRADITIONAL MILLETS

FOXTAIL • LITTLE • BARNYARD • KODO • FINGER MILLET (RAGI)

PURE • ANCIENT • NATURALLY NOURISHING

Millets are among the oldest traditional grains, valued for their wholesome nourishment, natural strength, and balanced living. Traditionally cultivated with care, these ancient grains support conscious eating and sustainable farming practices.

FOXTAIL MILLET



Light, nutritious
and easy to
digest.



LITTLE MILLET



Rich in nutrients
and supports
daily energy.



BARNYARD MILLET



Light & sattvic
choice for
balanced living.



KODO MILLET



Ancient grain
for strength
and vitality.



FINGER MILLET (RAGI)



Naturally rich in
calcium, strength
and endurance.



TRADITIONALLY CHERISHED FOR



Light and
wholesome
nourishment



Sustained
natural
energy



Supporting
balanced
digestion



Sattvic and
mindful
living



Naturally rich in
traditional goodness



Minimally processed &
traditionally sourced



Ideal for healthy
everyday meals



May these sacred grains nourish the body
with vitality, strengthen the mind with clarity,
and support a balanced way of life



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ROOTED IN TRADITION
NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

UNPOLISHED DALS

PURE • NUTRITIOUS • WHOLESOME

Carefully selected unpolished dals that retain their natural goodness, taste, and nourishment.



TOOR DAL

Rich in Protein & Fiber
Supports strength
and daily energy



MOONG DAL

Light & Easy to Digest
Nourishing and ideal
for everyday meals



URAD DAL

Rich in Protein & Calcium
Supports stamina
and vitality



TRADITIONALLY CHERISHED FOR



Natural Protein
for Strength



Supports Healthy
Digestion



Wholesome
& Sattvic



Strengthens
Immunity



Pure, Natural &
Chemical Free



UNPOLISHED
& UNREFINED



MINIMALLY
PROCESSED



NATURALLY
NUTRITIOUS



CLEAN, PURE &
TRUSTED



May every meal prepared with these pure dals
bring health to the body, peace to the mind,
and happiness to every home.

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NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

SULPHUR-FREE SUGAR

PURE • NATURAL • TRADITIONALLY PROCESSED

Prepared without harmful sulphur bleaching,
Sulphur-Free Sugar retains its natural sweetness,
purity, and traditional goodness.
Carefully processed to preserve authentic
taste and quality for conscious daily living.

TRADITIONALLY VALUED FOR



Natural sweetness
in everyday meals



Preparing traditional
sweets & beverages



Sattvic cooking and
festive preparations



Supporting a more
natural lifestyle



FREE FROM
ARTIFICIAL BLEACHING
& HARSH CHEMICALS



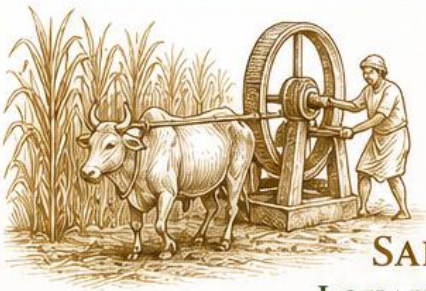
TRADITIONALLY
PROCESSED FOR
PURITY AND TASTE



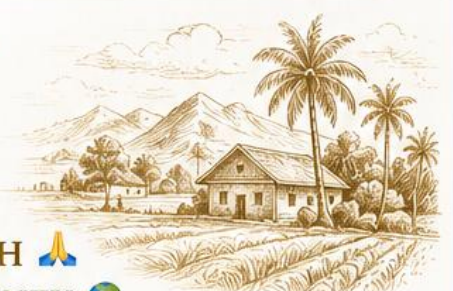
CLEAN, WHOLESOME
AND NATURALLY
SWEET



MADE FROM SELECT
SUGARCANE OF
FINEST QUALITY



May every spoon of sweetness
bring joy to the heart,
harmony to the home,
and gratitude to daily living.



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LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



100% PURE



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**Best
Care**

PALM JAGGERY (KARUPPATTI)

PURE • TRADITIONAL • NATURALLY NOURISHING

Prepared from naturally collected palm nectar using traditional methods, Palm Jaggery (Karuppatti) is treasured for its rich taste, natural sweetness, and wholesome goodness. A timeless traditional sweetener valued in Ayurveda and village heritage food culture.

TRADITIONALLY CHERISHED FOR



Preparing herbal drinks & traditional sweets



Supporting warmth and nourishment



Sattvic and conscious cooking



Daily natural energy and vitality



NATURALLY RICH
IN TRADITIONAL
GOODNESS



FREE FROM
ARTIFICIAL CHEMICALS
& REFINING



TRADITIONALLY
PREPARED FOR
AUTHENTIC PURITY



AUTHENTIC TASTE
FROM NATURE'S
GOODNESS



May this sacred natural sweetness
nourish the body, strengthen the spirit,
and bring warmth, happiness, and
harmony to every home 🌴

SARVE BHAVANTU SUKHINAH 🙏

LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

COUNTRY SUGAR (NATTU SAKKARAI)

PURE • TRADITIONAL • NATURALLY SWEET

Prepared using traditional methods from natural sugarcane juice, Country Sugar (Nattu Sakkarai) is valued for its wholesome sweetness, rich taste, and authentic village heritage. Unlike highly refined white sugar, it retains its natural character and traditional goodness.

NATURAL
SWEETNESS
FROM NATURE

TRADITIONALLY CHERISHED FOR



Sweetening herbal drinks
& daily beverages



Preparing traditional
sweets and prasadam



Sattvic cooking and
conscious living



Supporting natural
nourishment and vitality



TRADITIONALLY
PROCESSED &
MINIMALLY REFINED



FREE FROM
ARTIFICIAL BLEACHING
AND HARSH CHEMICALS



AUTHENTIC TASTE
ROOTED IN TRADITIONAL
FOOD CULTURE



May this natural sweetness
bring joy to every meal,
warmth to every home,
and harmony to everyday living.



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LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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TRADITIONAL



AUTHENTIC



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ROOTED IN TRADITION
NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

Best
Care

RAW FOREST HONEY

UNHEATED • UNPROCESSED • NATURALLY PURE

Collected from natural forest sources and preserved in its raw form, Raw Forest Honey retains its authentic aroma, natural enzymes, and traditional goodness. Carefully handled without excessive heating or processing to maintain purity as nature intended.

NATURE'S
ORIGINAL
SWEETNESS

TRADITIONALLY CHERISHED FOR



Herbal drinks and wellness preparations



Daily nourishment and vitality



Sattvic food and conscious living



Traditional Ayurvedic home remedies



NATURALLY RICH IN
ENZYMES AND
GOODNESS



FREE FROM
ARTIFICIAL ADDITIVES
AND REFINING



PURE, RAW, AND
TRADITIONALLY
SOURCED



HARVESTED FROM
NATURAL FOREST
SOURCES



May this sacred nectar of nature
bring sweetness to life,
strength to the body, clarity to the mind,
and harmony to every home.



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NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

WOODEN COLD-PRESSED OILS

PURE • TRADITIONAL • NATURALLY EXTRACTED

Prepared using traditional wooden cold-press extraction methods,
these oils retain their natural aroma, nutrients, and authentic purity.

Slowly extracted without excessive heat,
preserving the traditional goodness
valued for generations.

TRADITIONAL
WOODEN
COLD-PRESS
EXTRACTION



COCONUT OIL

Light • Pure • Soothing



GROUNDNUT OIL

Traditional • Nutritious
• Heart Friendly



GINGELLY (SESAME) OIL

Aromatic • Nourishing
• Rich in Tradition



MUSTARD OIL

Pungent • Pure
• Traditional Choice



CASTOR OIL

(Traditional
External Use)



TRADITIONALLY CHERISHED FOR



Daily cooking
and wholesome
nourishment



Ayurvedic
wellness and
balanced living



Traditional
massage and
self-care practices



Supporting natural
and conscious
lifestyles



MINIMALLY
PROCESSED AND
NATURALLY
EXTRACTED



FREE FROM
CHEMICAL REFINING
AND ARTIFICIAL
ADDITIVES



RICH IN TRADITIONAL
PURITY AND
AUTHENTIC TASTE



SUSTAINABLY
SOURCED WITH
CARE & RESPECT
FOR NATURE

May these sacred oils nourish
the body, calm the mind, and support
a healthy and harmonious way of life.

SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



PURE



NATURAL



TRADITIONAL



AUTHENTIC



SUSTAINABLE



CONSCIOUS LIVING



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NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

COCONUT OIL

PURE • TRADITIONAL • NATURALLY NOURISHING

Prepared using traditional wooden cold-press extraction methods, Coconut Oil retains its natural aroma, purity, and wholesome goodness. Carefully extracted without excessive heat to preserve its authentic nutritional value and traditional richness.

NATURE'S
PUREST
GOODNESS

TRADITIONALLY CHERISHED FOR



Daily cooking and
wholesome nourishment



Ayurvedic wellness
and balanced living



Traditional hair
and skin care



Massage and
self-care practices



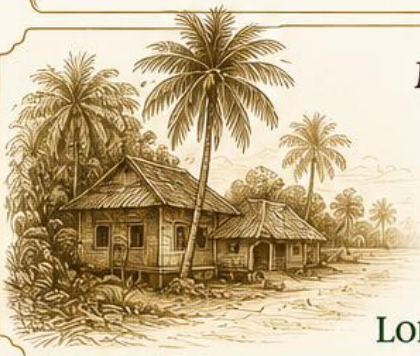
NATURALLY
EXTRACTED AND
MINIMALLY PROCESSED



FREE FROM
CHEMICAL REFINING
AND ARTIFICIAL ADDITIVES

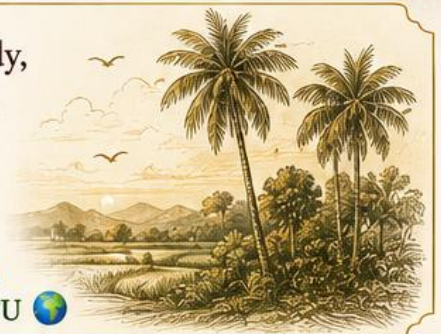


RICH IN TRADITIONAL
PURITY AND
AUTHENTIC TASTE



May this sacred oil nourish the body,
calm the mind, and bring health,
harmony, and natural wellness
to every home.

SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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TRADITIONAL



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ROOTED IN TRADITION
NOURISHED BY NATURE

100% PURE • NATURAL • TRADITIONAL

**Best
Care**

GROUNDNUT OIL

PURE • TRADITIONAL • NATURALLY EXTRACTED

WOODEN COLD-PRESSED

Prepared using traditional wooden cold-press extraction methods, Groundnut Oil retains its natural aroma, wholesome nutrients, and authentic taste. Slowly extracted without excessive heat to preserve its traditional richness and purity.

NATURE'S
GOODNESS
IN EVERY
DROP

TRADITIONALLY CHERISHED FOR



Daily cooking and
balanced nourishment



Traditional Indian
recipes and frying



Ayurvedic wellness
and conscious living



Supporting natural
energy and vitality



NATURALLY
EXTRACTED AND
MINIMALLY PROCESSED



FREE FROM
CHEMICAL REFINING
AND ARTIFICIAL
ADDITIVES



RICH IN AUTHENTIC
TASTE AND
TRADITIONAL
GOODNESS



GOOD SOURCE OF
NATURAL ENERGY
AND HEALTHY
FATS



May this sacred oil nourish
every meal with warmth, purity,
and health, bringing harmony
and wellness to every home.

SARVE BHAVANTU SUKHAHA 🙏
LOKAH SAMASTAH SUKHAHA BHAVANTU 🌍



PURE



NATURAL



TRADITIONAL



AUTHENTIC



SUSTAINABLE



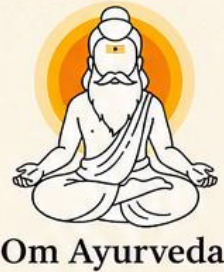
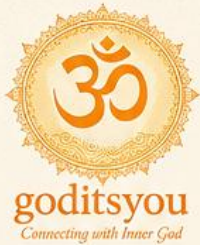
CONSCIOUS LIVING



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TOOR DAL

PURE • TRADITIONAL • NATURALLY NOURISHING

Carefully selected unpolished Toor Dal retaining its natural goodness, wholesome nutrition, and authentic taste. Traditionally valued as an essential part of balanced Indian meals and sattvic living.

NATURE'S
GOODNESS
IN EVERY
GRAIN

TRADITIONALLY CHERISHED FOR



Daily wholesome
nourishment



Supporting strength
and vitality



Preparing traditional
dals & soups



Balanced sattvic cooking
and conscious living



NATURALLY RICH
IN PROTEIN AND FIBER
Provides essential nutrients
for a healthy life.



MINIMALLY PROCESSED
AND UNPOLISHED
Retains natural nutrients,
fiber and wholesome goodness.



FREE FROM
ARTIFICIAL POLISHING
AND CHEMICALS
Pure, clean and safe
for your family.



May every meal prepared with
pure Toor Dal nourish the body,
energize the mind, and bring
warmth, health, and happiness
to every home.

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NATURAL



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Rooted in Tradition
Nourished by Nature



Om Ayurveda

Rooted in Tradition
Nourished by Nature



Pure • Traditional
Naturally Nourishing

TOOR DAL

Pure • Traditional • Naturally Nourishing

Carefully selected unpolished Toor Dal retaining its natural goodness, wholesome nutrition, and authentic taste. Traditionally valued as an essential part of balanced Indian meals and sattvic living.

NATURE'S
GOODNESS
IN EVERY
GRAIN

TRADITIONALLY CHERISHED FOR



Daily wholesome
nourishment



Supporting strength
and vitality



Preparing traditional
dals & soups



Balanced sattvic cooking
and conscious living



**NATURALLY RICH
IN PROTEIN & FIBER**

Provides essential nutrients
for a healthy life.



**MINIMALLY PROCESSED
& UNPOLISHED**

Retains natural nutrients,
fiber and wholesome goodness.



**FREE FROM
ARTIFICIAL POLISHING
& CHEMICALS**

Pure, clean and safe
for your family.



May every meal prepared with
pure Toor Dal nourish the body,
energize the mind, and bring
warmth, health, and happiness
to every home.

SARVE BHAVANTU SUKHINAH 🙏

LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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Om Ayurveda

Rooted in Tradition
Nourished by Nature

MOONG DAL

**Best
Care**

Pure • Traditional
Naturally Nourishing

PURE • TRADITIONAL • NATURALLY NOURISHING

Carefully selected unpolished Moong Dal retaining its natural nutrients, authentic taste, and wholesome goodness. Traditionally cherished in Ayurveda and sattvic food culture for its lightness and balanced nourishment.



NATURE'S
GOODNESS
IN EVERY
GRAIN

TRADITIONALLY CHERISHED FOR



Light and easy-to-digest meals



Supporting balanced nutrition and vitality



Preparing soups, khichdi, and traditional dishes



Sattvic cooking and conscious living



**NATURALLY RICH
IN PROTEIN & FIBER**

Provides essential nutrients for a healthy life.



**MINIMALLY PROCESSED
& UNPOLISHED**

Retains natural nutrients, fiber and wholesome goodness.



**FREE FROM
ARTIFICIAL POLISHING
& CHEMICALS**

Pure, clean and safe for your family.



May every meal prepared with pure Moong Dal nourish the body, calm the mind, and bring health, harmony, and happiness to every home.

SARVE BHAVANTU SUKHINAH 🙏
LOKAH SAMASTAH SUKHINO BHAVANTU 🌍



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+91 9405225604



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Rooted in Tradition
Nourished by Nature



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PURE • TRADITIONAL
NATURALLY NOURISHING

**Best
Care**

Pure • Traditional
Naturally Nourishing

MASOOR DAL

PURE • TRADITIONAL • NATURALLY NOURISHING

Carefully selected unpolished Masoor Dal retaining its natural nutrients, authentic taste, and wholesome goodness. Traditionally valued in Indian kitchens and Ayurveda for its lightness, rich nutrition and balanced nourishment.

TRADITIONALLY CHERISHED FOR



Light and easy-to-digest meals



Supporting balanced nutrition and vitality



Preparing dals, soups, and traditional dishes



Sattvic cooking and conscious living

NATURE'S
GOODNESS
IN EVERY
GRAIN



**NATURALLY RICH
IN PROTEIN & FIBER**
Provides essential nutrients
for a healthy life.



**MINIMALLY PROCESSED
& UNPOLISHED**
Retains natural nutrients,
fiber and wholesome goodness.



**FREE FROM
ARTIFICIAL POLISHING
& CHEMICALS**
Pure, clean and safe
for your family.



May every meal prepared with pure Masoor Dal nourish the body, energize the mind, and bring warmth, health, and happiness to every home.

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PALM JAGGERY (KARUPPATTI)

★ PURE • TRADITIONAL • NATURAL • UNREFINED ★

Traditionally prepared from the sap of healthy palm trees using age-old methods. Our Palm Jaggery (Karuppatti) is unrefined, chemical-free, and rich in natural minerals, retaining its authentic taste, aroma, and wholesome goodness.

NATURE'S
SWEETNESS
RICH IN
GOODNESS

TRADITIONALLY CHERISHED FOR



Natural source of energy
and stamina



Helps in detoxification
and blood purification



Aids digestion and
supports gut health



Rich in essential minerals
like iron, calcium & potassium



Better alternative to
refined sugar



100% PURE
AND NATURAL
No chemicals or
preservatives



UNREFINED
AND UNPROCESSED
Retains natural minerals
and nutrients



TRADITIONAL
PREPARATION
Made using age-old
traditional methods



AUTHENTIC TASTE
AND AROMA
Naturally rich,
wholesome and tasty



May this natural sweetness
nourish your body, energize your mind,
and bring warmth, health,
and happiness to every home.

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COUNTRY SUGAR (NATTU SAKKARAI)

PURE • TRADITIONAL • UNREFINED • WHOLESOME

Traditionally made from the fresh juice of healthy sugarcane using age-old methods. Our Country Sugar (Nattu Sakkarai) is unrefined, chemical-free, and retains natural minerals, aroma, and goodness for a wholesome lifestyle.

NATURE'S
SWEETNESS
RICH IN
NATURAL
GOODNESS

TRADITIONALLY CHERISHED FOR



Natural source of energy
and stamina



Rich in essential minerals
like iron, calcium & potassium



Supports healthy digestion
and metabolism



Strengthens immunity
and overall well-being



Better alternative to
refined sugar



MADE FROM
FRESH SUGARCANE JUICE
Traditional process
for natural purity



UNREFINED
& UNPROCESSED
Retains natural
minerals and nutrients



CHEMICAL-FREE
& ADDITIVE-FREE
Pure, clean and safe
for your family



AUTHENTIC TASTE
& AROMA
Naturally rich,
wholesome and tasty

May this natural sweetness
nourish your body, energize your mind,
and bring warmth, health,
and happiness to every home.

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PURE • NATURAL
UNHEATED • UNPROCESSED
STRAIGHT FROM NATURE



Pure • Traditional
Naturally Nourishing

RAW FOREST HONEY

UNHEATED • UNPROCESSED • UNFILTERED

Sourced from wild forest beehives, our Raw Forest Honey is 100% natural, unheated, unprocessed, and unfiltered to retain its natural enzymes, pollen, antioxidants, vitamins, and rich nutritional goodness.

Pure as nature intended, just the way it should be.

NATURE'S
PUREST
GIFT OF
WELLNESS

NATURALLY RICH IN



Boosts Immunity
Naturally



Rich in Antioxidants
and Enzymes



Natural Source of
Energy



Aids Digestion and
Detoxification



Soothes Throat and
Supports Overall Wellness



UNHEATED
Preserves natural
enzymes and
nutrients



UNPROCESSED
No additives,
no chemicals,
no preservatives



UNFILTERED
Retains pollen,
minerals and
natural goodness



PURE & NATURAL
Straight from
wild forests to
your home

May this natural sweetness
nourish your body, uplift your mind,
and bring health, happiness,
and harmony to every home.

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PURE • TRADITIONAL
COLD PRESSED • CHEMICAL FREE
NATURALLY NOURISHING



Pure • Traditional
Naturally Nourishing

GINGELLY (SESAME) OIL

WOOD PRESSED • UNREFINED • PURE GOODNESS

Our Gingelly (Sesame) Oil is traditionally wood pressed from premium quality sesame seeds. Unrefined and unprocessed to preserve its natural nutrients, rich aroma, and authentic taste.

TRADITIONALLY CHERISHED FOR



Supports Heart Health
Naturally good for the heart



Strengthens Bones & Joints
Rich in calcium and magnesium



Nourishes Hair & Scalp
Promotes strength and shine



Moisturizes & Protects Skin
Natural emollient and antioxidant



Aids Digestion
Supports natural metabolism



Boosts Immunity
Rich in antioxidants & essential nutrients

NATURE'S
TIMELESS
ELIXIR FOR
HEALTH &
WELLNESS



**TRADITIONAL
WOOD PRESSED**
Extracted using
age-old methods
for purity & taste



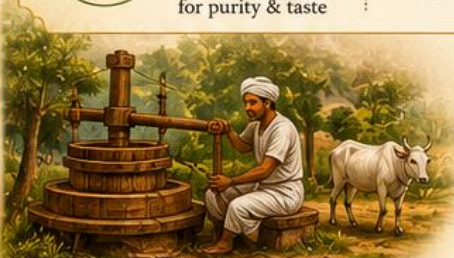
**UNREFINED
& UNPROCESSED**
No heat, no chemicals,
no additives,
just pure oil



**RICH IN
NATURAL NUTRIENTS**
Retains natural sesame
goodness, aroma
and flavor



**CHEMICAL FREE
& PURE**
No preservatives,
no artificial colors
or flavors



A drop of tradition,
a touch of purity,
and a promise of wellness
in every drop.

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Pure • Traditional
Naturally Nourishing

MUSTARD OIL

PURE • COLD PRESSED • UNREFINED • AUTHENTIC

Our Mustard Oil is traditionally wood pressed from selected mustard seeds using age-old methods. Unrefined and free from chemicals, it retains its natural pungency, rich aroma, and wholesome goodness.

TRADITIONAL
GOODNESS
FOR A HEALTHY
TOMORROW

TRADITIONALLY
WOOD PRESSED
FOR MEALUM
NUTRITION
AND FLAVOR

TRADITIONALLY CHERISHED FOR



Promotes Heart Health
Good for the heart



Boosts Immunity
Rich in natural antioxidants



Aids Digestion
Stimulates appetite naturally



Improves Blood Circulation
Supports overall wellness



Nourishes Hair & Scalp
Strengthens roots and adds shine



100% Natural
Safe, pure and wholesome



TRADITIONAL
WOOD PRESSED
Extracted using
age-old methods
for purity & nutrition



UNREFINED
& UNPROCESSED
No heat, no chemicals,
no additives,
just pure oil



RICH IN
NATURAL NUTRIENTS
Retains natural oils,
vitamins & minerals
for complete goodness



CHEMICAL FREE
& PURE
No preservatives,
no artificial colors
or flavours

A drop of tradition,
a touch of purity,
and a promise of wellness
in every drop.

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Naturally Nourishing

CASTOR OIL

(TRADITIONAL EXTERNAL USE)

PURE • COLD PRESSED • UNREFINED • CHEMICAL FREE

Our Castor Oil is traditionally cold pressed from premium quality castor seeds using age-old methods. Unrefined and chemical-free, it retains its natural nutrients and purity.

Traditionally used for external application in Ayurvedic wellness practices.

PURE
NATURAL OIL
FOR TRADITIONAL
WELLNESS

TRADITIONALLY USED FOR EXTERNAL CARE



Nourishes and strengthens hair and scalp



Supports healthy eyelashes and eyebrows



Soothes and relaxes joints and muscles



Traditionally used for abdominal massage



Moisturizes and softens skin naturally



100% Natural
Pure and safe for traditional use



TRADITIONAL
COLD PRESSED
Extracted using
age-old wooden
press methods



UNREFINED
& UNPROCESSED
No heat, no chemicals,
no additives,
just pure oil



CHEMICAL FREE
& PURE
No preservatives,
no artificial colors
or fragrances



QUALITY YOU CAN
TRUST
Carefully selected
seeds for purity
and potency



A TRADITION OF PURITY,
A PROMISE OF CARE,
FOR NATURAL WELLNESS
EVERY DAY.

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Naturally Nourishing

DESI COW GHEE (A2)

PURE • TRADITIONAL • A2 • HANDMADE WITH LOVE

Our Desi Cow Ghee (A2) is made using the traditional Ayurvedic **Bilona method** from the milk of native Indian cows. Pure, natural, and packed with nourishment, it brings the richness of tradition and the goodness of nature to your everyday life.

MADE WITH
BILONA METHOD
FROM DESI COW
A2 MILK



TRADITIONALLY CHERISHED FOR



Supports overall health and vitality



Nourishes brain and supports memory



Aids digestion and improves gut health



Strengthens immunity naturally



Supports stronger bones and healthy joints



Nourishes skin and promotes natural glow



Enhances energy, stamina and well-being



MADE FROM
DESI COW
A2 MILK

Native Indian cows
raised with love & care



BILONA METHOD
HANDMADE

Prepared in small
batches using the
traditional bilona
(wooden churn) method



PURE & NATURAL
No additives,
no preservatives,
no chemicals



CHEMICAL FREE
& UNPROCESSED
No refining,
no bleaching,
no shortcuts



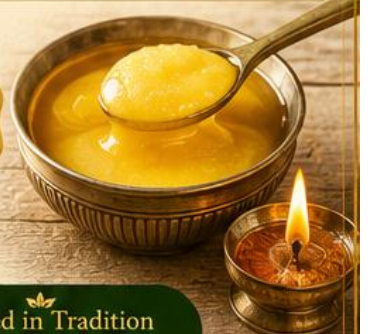
RICH IN NATURAL
NUTRIENTS
Contains Omega 3,
Vitamins A, D, E & K
and Butyric Acid



From our cows to your home,
purity you can trust,
tradition you can feel,
wellness you can live.

SARVE BHAVANTU SUKHIHAH
LOKAH SAMASTAH SUKHINO BHAVANTU

PURE GHEE
PURE LIFE
PURE YOU



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TIME-TESTED WELLNESS

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Care**

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Naturally Nourishing

ASHWAGANDHA TEA

ADAPT • DE-STRESS • REJUVENATE

Ancient Herb. Modern Wellness.

Ashwagandha, the revered “Root of Strength” in Ayurveda, is known to help the body adapt to stress, support vitality, and promote overall well-being. Our Ashwagandha Tea is made from premium quality roots, gently dried and blended to bring you a soothing and nourishing cup of herbal goodness.

BENEFITS OF ASHWAGANDHA TEA

- Helps the body adapt to stress and promotes calmness
- Supports immunity and overall well-being
- Enhances energy, stamina and vitality
- Supports brain function and mental clarity
- Promotes restful sleep and relaxation
- Supports hormonal balance and overall health
- 100% Natural, Caffeine Free
No added flavors or artificial colors

NATURE'S
ANSWER TO
STRESS &
TIREDNESS



**MADE FROM
PREMIUM QUALITY
ASHWAGANDHA
ROOTS**
Carefully selected
and hygienically
processed



**SOOTHING &
NOURISHING**
A warm, earthy
herbal tea for
daily wellness



**CAFFEINE FREE
& NATURAL**
No additives,
no preservatives,
just pure herbs



**AYURVEDIC
GOODNESS**
Inspired by
ancient wisdom
for modern life

HOW TO ENJOY



Boil water



Add 1 tsp of
Ashwagandha Tea



Simmer 5–7 mins
Strain & enjoy



Best enjoyed
warm, once or
twice a day



A CUP OF CALM.
A ROOT OF STRENGTH.
A LIFESTYLE OF WELLNESS.

Brew Health. Sip Wellness.
Live Better.



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TIME-TESTED WELLNESS



Pure • Traditional
Naturally Nourishing

DRY GINGER (SUKKU) TEA

WARM • SOOTHE • DIGEST • REVITALIZE

Ancient Wisdom. Everyday Wellness.

Dry Ginger (Sukku) has been cherished in Ayurveda for centuries for its warming nature and powerful digestive benefits. Our Sukku Tea is made from premium quality dry ginger, gently dried and blended to bring you comfort, relief and vitality in every sip.

NATURE'S
WARMTH FOR
DIGESTION &
WELL-BEING

100% NATURAL
CAFFEINE FREE
NO ADDED
FLAVORS OR
PRESERVATIVES

BENEFITS OF SUKKU TEA

- Aids digestion and relieves bloating & gas
- Boosts immunity and fights seasonal discomfort
- Natural body warmer, ideal for cold & cough
- Soothes throat and clears congestion
- Improves metabolism and supports weight balance
- Detoxifies the body and promotes overall well-being



**PREMIUM QUALITY
DRY GINGER**
Carefully selected
Sukku (dry ginger)
roots



**AYURVEDIC
TRADITION**
Rooted in ancient
wisdom for modern
wellness



**SOOTHING &
COMFORTING**
A warm, aromatic
tea for daily
well-being



**NATURAL &
PURE**
No additives,
no preservatives,
just pure Sukku



**CHEMICAL FREE
& UNPROCESSED**
Unbleached, unrefined
and free from
artificial flavors

HOW TO ENJOY



Boil
2 cups of water



Add 1 tsp of
Sukku Tea



Boil for
5-7 mins



Strain & enjoy
warm



Add honey or
jaggery if
desired

A SIP OF WARMTH.
A TOUCH OF TRADITION.
A PATH TO WELLNESS.

Drink Well. Live Well.



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TURMERIC LATTE MIX

→ GOLDEN MILK. ANCIENT WISDOM. EVERYDAY WELLNESS. ←

A Delicious Blend of Nature's Finest for Immunity, Energy & Inner Balance.

Our Turmeric Latte Mix (Haldi Latte Mix) is a wholesome blend of premium turmeric, superfoods and warming spices inspired by Ayurveda. Just mix, sip and experience the goodness in every cup!

NATURE'S
BLEND FOR
IMMUNITY &
WELL-BEING

JUST MIX
WITH WARM
MILK OR
PLANT MILK
& ENJOY!

BENEFITS IN EVERY CUP



Supports Immunity
Naturally



Boosts Energy
& Stamina



Supports Joint Health
& Reduces Inflammation



Aids Digestion &
Gut Health



Enhances Focus
& Mental Clarity



Promotes Healthy
Skin & Glow



Calms the Mind &
Relieves Stress



100% Natural
No Artificial Colors,
Flavors or Preservatives

MADE WITH CARE. BLENDED WITH PURPOSE.

TURMERIC



Anti-inflammatory
& Immunity
Booster

GINGER



Aids Digestion &
Soothes the
Body

CINNAMON



Supports Healthy
Blood Sugar &
Metabolism

BLACK PEPPER



Enhances Curcumin
Absorption &
Bioavailability

CARDAMOM



Aids Digestion &
Freshens
Naturally

ASHWAGANDHA



Reduces Stress &
Supports Vitality
& Strength

BLACK SALT



Supports Electrolyte
Balance &
Digestion

EASY TO ENJOY



Add 1-2 tsp
of Turmeric
Latte Mix



Add to warm
milk or your
favorite milk



Stir well
until
dissolved



Sip & enjoy
your golden
goodness!

A MODERN RITUAL.
ROOTED IN AYURVEDA.
MADE FOR TODAY.
MADE FOR YOU.

Sip Wellness. Live Radiantly.

DAILY RITUAL
LONG TERM
WELLNESS



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TRADITIONAL HERBAL COFFEE

★ SIDDHA BLEND FOR STRENGTH • FOCUS • BALANCE ★

Ancient Wisdom. Natural Energy. Everyday Wellness.

Our Traditional Herbal Coffee (Siddha Blend) is a caffeine-balanced, nourishing beverage made from time-tested herbs, roots, seeds and spices, trusted in Siddha and Ayurvedic traditions for generations. The perfect blend of taste, aroma and wellness in every cup.

★ BENEFITS IN EVERY CUP ★

- Provides natural energy without jitters
- Enhances focus, memory & clarity
- Supports immunity & overall wellness
- Aids digestion & gut health
- Helps reduce stress & promotes calmness
- Detoxifies & rejuvenates the body
- Delicious, aromatic & naturally healthy
- 100% Natural
No Chicory, No Preservatives
No Artificial Flavors

SUKKU
(dried GINGER)



Aids digestion & boosts immunity



Enhances absorption & clears congestion



Supports respiratory health & metabolism

NOURISHES
THE BODY
CALMS THE MIND
ELEVATES
YOUR DAY

NOT JUST COFFEE,
A TRADITION OF
WELL-BEING

A POWERFUL BLEND OF TIME-TESTED HERBS & SPICES

THIPPILI
(LONG PEPPER)



Cooling & aids digestion

CHUKKUMALLI
(CORIANDER)



Cooling & aids digestion
& improves gut health

PERUNGAYAM
(ASAFOETIDA)



Nourishes nerves & promotes sleep

KASAKASAA
(POPPY SEEDS)



Detoxifies & supports overall wellness

KARUNJEERAGAM
(NIGELLA SEEDS)



Rich aroma & perfect body

CHICORY ROOT
(NATURAL)



Smooth taste & rich flavor

COFFEE BEANS
(ARABICA)



Smooth taste & rich flavor

★ HOW TO ENJOY ★



Add 2 tsp
(10 g) of Herbal
Coffee to a cup



Pour 150 ml
of hot water
or milk



Stir well
& let it
infuse



Sip & enjoy
your daily dose
of wellness!

HONORING ANCIENT WISDOM.
CRAFTED FOR MODERN LIVING.
MADE WITH CARE.
SERVED WITH PURPOSE.

Drink Traditional. Live Better.



DAILY RITUAL
HOLISTIC ENERGY
NATURAL BALANCE



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TURMERIC

NATURE'S GOLD. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Revered in Ayurveda for centuries, Turmeric is nature's golden gift for holistic well-being. Packed with Curcumin, powerful antioxidants and anti-inflammatory compounds, it supports immunity, vitality, joint health, digestion, skin glow and overall balance.

ROOTED IN
AYURVEDA
BACKED BY
MODERN SCIENCE



BENEFITS OF TURMERIC



Powerful Natural
Immunity Booster



Potent Anti-Inflammatory
& Antioxidant



Supports Joint Health
& Mobility



Aids Digestion &
Gut Health



Promotes Healthy
Skin & Natural Glow



Detoxifies the Body &
Supports Liver Health



Supports Heart Health
& Overall Wellness



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
PREMIUM
QUALITY
TURMERIC



TRADITIONALLY
PROCESSED
FOR MAXIMUM
POTENCY



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED



GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY TURMERIC



Add 1/2 tsp
Turmeric



To warm milk,
water or smoothies



Stir well



Sip daily for
vitality & wellness

"A GOLDEN ROOT
FOR A HEALTHIER YOU.
EMBRACE THE POWER OF TURMERIC.

LIVE WELL. NATURALLY.

ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.



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TIME-TESTED WELLNESS

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Naturally Nourishing

CORIANDER

NATURE'S COOLING GIFT. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Coriander (Dhania) has been cherished in Ayurveda for centuries for its cooling nature and wide-ranging health benefits. Sourced from the finest quality seeds, it supports digestion, detoxifies the body and promotes overall well-being.

PURE SEEDS
PURE BENEFITS
ROOTED IN
AYURVEDA
BACKED BY
MODERN SCIENCE

BENEFITS OF CORIANDER

-  Natural body coolant & reduces heat
-  Supports digestion & relieves bloating
-  Detoxifies the body & supports liver function
-  Boosts immunity & overall wellness
-  Helps maintain healthy cholesterol levels
-  Supports healthy skin & clear complexion
-  Aids in weight management & metabolism
-  Promotes restful sleep & calms the mind


100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES


HANDPICKED
PREMIUM
QUALITY
SEEDS


TRADITIONALLY
PROCESSED
FOR MAXIMUM
POTENCY


LAB TESTED
FOR PURITY
& SAFETY


SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED


GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY

-  Add 1 tsp Coriander Seeds
-  Boil in 2 cups of water
-  Simmer for 5-7 mins
-  Strain & enjoy warm or cold
-  Sip for a cool, healthy you!

"SIMPLE. PURE. POWERFUL.
CORIANDER – A SEED OF BALANCE,
A SOURCE OF WELLNESS.

LIVE WELL. NATURALLY.

ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.



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TIME-TESTED WELLNESS

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Care**

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Naturally Nourishing

CUMIN

NATURE'S WARMTH. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Cumin (Jeera) has been a cherished spice in Ayurveda for thousands of years for its warming nature and powerful digestive benefits. Sourced from the finest quality seeds, it nourishes the body, kindles agni (digestive fire) and supports holistic well-being every day.

PURE SEEDS
PURE BENEFITS
ROOTED IN
AYURVEDA
BACKED BY
MODERN SCIENCE



BENEFITS OF CUMIN

- Aids digestion & relieves bloating and gas
- Boosts Agni (digestive fire) & nutrient absorption
- Supports immunity & overall wellness
- Detoxifies the body & supports liver function
- Helps maintain healthy cholesterol levels
- Supports weight management & metabolism
- Promotes restful sleep & soothes the mind

100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES

HANDPICKED
PREMIUM
QUALITY
CUMIN

TRADITIONALLY
PROCESSED
FOR MAXIMUM
POTENCY

LAB TESTED
FOR PURITY
& SAFETY

SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED

GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY CUMIN

- Add 1 tsp Cumin Seeds
- Boil in 2 cups of water
- Simmer for 5-7 mins
- Strain & enjoy warm
- Sip after meals for best results

A SMALL SEED
WITH GREAT WISDOM.
CUMIN – KINDLE YOUR AGNI,
NOURISH YOUR LIFE.

LIVE WELL. NATURALLY.

ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.



Om Ayurveda

Rooted in Tradition
Nourished by Nature

PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing



FENNEL



NATURE'S SWEET BALANCE. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Fennel (Saunf) has been cherished in Ayurveda for centuries for its sweet taste, cooling nature and powerful digestive benefits. Sourced from the finest quality seeds, it freshens the breath, soothes the senses, balances the body and supports holistic well-being naturally.

PURE SEEDS
PURE BENEFITS
ROOTED IN
AYURVEDA
BACKED BY
MODERN SCIENCE



BENEFITS OF FENNEL



Aids digestion & relieves bloating, gas & acidity



Natural mouth freshener & breath purifier



Soothes the eyes & reduces inflammation



Supports immunity & overall wellness



Balances Pitta, promotes hormonal harmony



Supports heart health & healthy cholesterol



Promotes restful sleep & calms the mind



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
PREMIUM
QUALITY
FENNEL



TRADITIONALLY
PROCESSED FOR
MAXIMUM
POTENCY



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED



GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY FENNEL



Add 1 tsp
Fennel Seeds



Boil in 2 cups
of water



Simmer for
5-7 mins



Strain & enjoy
warm or cold



Sip after meals
for best results

A SEED OF SWEETNESS,
A WORLD OF WELLNESS.
FENNEL – REFRESH, RENEW,
REBALANCE.

LIVE WELL. NATURALLY.



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GODITSYOU



MOTHER EARTH
TRAVEL AND TOURISM

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BLACK PEPPER

NATURE'S HEAT. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Black Pepper (Maricha) has been treasured in Ayurveda for thousands of years for its heating nature and powerful healing properties. Sourced from the finest quality peppercorns, it enhances digestion, boosts absorption of nutrients, supports respiratory health and promotes overall vitality. A small peppercorn with great power.

PURE SPICE
PURE BENEFITS
ROOTED IN
AYURVEDA
BACKED BY
MODERN SCIENCE

BENEFITS OF BLACK PEPPER

-  Aids digestion & reduces gas and bloating
-  Enhances Agni (digestive fire) & nutrient absorption
-  Supports immunity & overall wellness
-  Supports respiratory health & clears congestion
-  Detoxifies the body & supports metabolism
-  Improves mental alertness & clarity
-  Supports heart health & healthy circulation
-  Promotes restful sleep & reduces stress

-  100% PURE NATURAL
NO ADDITIVES
NO PRESERVATIVES
-  HANDPICKED PREMIUM
QUALITY
PEPPERCORNS
-  TRADITIONALLY
PROCESSED FOR
MAXIMUM
POTENCY
-  LAB TESTED
FOR PURITY
& SAFETY
-  SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED
-  GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY BLACK PEPPER

-  Add 1/2 tsp Black Pepper (powder or crushed)
-  Boil in 2 cups of water or add to food
-  Simmer for 5-7 mins
-  Strain & enjoy warm
-  Sip after meals for best results

SMALL IN SIZE,
GREAT IN POWER.
BLACK PEPPER – IGNITE YOUR AGNI,
NOURISH YOUR LIFE.

LIVE WELL. NATURALLY.



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CLOVE

NATURE'S PROTECTION. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Clove (Lavanga) has been cherished in Ayurveda for centuries for its warming nature and powerful therapeutic benefits. Sourced from the finest quality cloves, it supports digestion, oral health, immunity, and respiratory wellness while promoting overall vitality and balance.

PURE SPICE
PURE BENEFITS
ROOTED IN
AYURVEDA
BACKED BY
MODERN SCIENCE

BENEFITS OF CLOVE

- Supports oral health & fights bad breath
- Aids digestion & relieves bloating and gas
- Boosts immunity & supports overall wellness
- Supports respiratory health & relieves congestion
- Enhances Agni (digestive fire) & nutrient absorption
- Powerful antioxidant & fights free radicals
- Supports heart health & healthy circulation
- Promotes mental clarity, relieves stress & supports restful sleep

100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES

HANDPICKED
PREMIUM
QUALITY
CLOVES

TRADITIONALLY
PROCESSED FOR
MAXIMUM
POTENCY

LAB TESTED
FOR PURITY
& SAFETY

SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED

GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY CLOVE



A SMALL SPICE
WITH GREAT POWER.
CLOVE – PROTECT, PURIFY
& NOURISH YOUR LIFE.
LIVE WELL. NATURALLY.



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THE QUEEN OF SPICES

CARDAMOM

NATURE'S FRAGRANCE. ANCIENT WISDOM. WORLD'S BEST.

A TIME-TESTED AYURVEDIC TREASURE

Cardamom (Elaichi) – the “Queen of Spices”

Treasured in Ayurveda for thousands of years for its extraordinary aroma, cooling nature and powerful healing properties. Sourced from the finest quality pods, it refreshes the breath, aids digestion, uplifts the senses, supports heart health and brings balance to body, mind and soul.



SMALL POD.
DIVINE POWER.
TIMELESS AROMA.
BOUNDLESS
WELLNESS.

AMAZING BENEFITS

- Aids digestion & relieves bloating and gas
- Naturally freshens breath & purifies the mouth
- Enhances memory, clarity & mental performance
- Supports heart health & healthy blood circulation
- Boosts immunity & helps fight infections
- Uplifts mood, relieves stress & promotes relaxation
- Detoxifies the body & supports healthy metabolism
- Promotes restful sleep & soothes the nervous system

HOW TO ENJOY CARDAMOM



A GIFT OF NATURE.
A BLESSING OF AYURVEDA.
CARDAMOM – ELEVATE YOUR LIFE
THE NATURAL WAY.

LIVE WELL. NATURALLY.

- 100% PURE NATURAL NO ADDITIVES NO PRESERVATIVES
- HANDPICKED PREMIUM QUALITY PODS
- TRADITIONALLY PROCESSED FOR MAXIMUM POTENCY
- LAB TESTED FOR PURITY & SAFETY
- SUSTAINABLY SOURCED RESPONSIBLY PACKED
- GOOD FOR YOU GOOD FOR NATURE



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PURE HING

NATURE'S DIGESTIVE GUARDIAN. ANCIENT WISDOM. EVERYDAY WELLNESS.

A TIME-TESTED AYURVEDIC TREASURE

Pure Hing (Asafoetida) is a powerful Ayurvedic herb known for its strong digestive, carminative and anti-spasmodic properties. Used for thousands of years, it helps balance Vata, relieves gas, bloating and indigestion, and supports overall gut health and vitality.

AMAZING BENEFITS OF HING

- Aids digestion & relieves gas, bloating and cramps
- Reduces Vata dosha & improves nutrient absorption
- Helps in acidity, indigestion & loss of appetite
- Natural anti-spasmodic & relaxes intestinal muscles
- Supports respiratory health & relieves congestion
- Strengthens immunity & protects from infections
- Detoxifies the body & supports liver and gut health
- Pure, strong & natural – a little goes a long way

100% PURE
NATURAL
ASAFOETIDA
NO ADDITIVES
NO PRESERVATIVES
JUST PURE HING

NATURE'S
POWER
IN ITS PUREST
FORM



PURE HING
STRONG AROMA
MAXIMUM POTENCY

100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES

HANDPICKED
PREMIUM
QUALITY
HING RESIN

TRADITIONALLY
PROCESSED FOR
MAXIMUM
POTENCY

LAB TESTED
FOR PURITY
& SAFETY

SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED

A SMALL AMOUNT OF HING
CAN TRANSFORM YOUR FOOD
& NOURISH YOUR BODY.

LIVE WELL. NATURALLY.

HOW TO USE PURE HING



Ideal for dals, curries, vegetables, soups, pickles & everyday cooking.

PURE HING. PURE HEALTH.
PURE AYURVEDA.



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— NATURE'S AROMA. ANCIENT WISDOM. EVERYDAY WELLNESS. —

CURRY LEAVES

A TIME-TESTED AYURVEDIC TREASURE

Curry Leaves (*Murraya koenigii*) are a precious gift of nature in Ayurveda. Known for their distinctive aroma and rich nutritional profile, they support digestion, strengthen hair, improve vision, balance blood sugar and promote overall health and vitality.

FRESH
AROMA
RICH IN
NUTRIENTS

★ ★ ★
100% PURE
NATURAL
HANDPICKED
CURRY LEAVES
NO ADDITIVES
NO PRESERVATIVES
★ ★ ★

AMAZING BENEFITS

- Aids digestion & prevents gas, bloating and acidity
- Helps regulate blood sugar & supports diabetes management
- Strengthens hair roots, reduces hair fall & dandruff
- Supports good eyesight & eye health
- Helps reduce cholesterol & supports heart health
- Boosts immunity & protects from infections
- Improves memory, brain function & relieves stress
- Natural antioxidant that detoxifies the body

SMALL LEAVES,
GREAT POWER,
BOUNDLESS
BENEFITS.

100% PURE & NATURAL NO ADDITIVES NO PRESERVATIVES	HANDPICKED WITH CARE PREMIUM QUALITY	TRADITIONALLY SOURCED MAXIMUM POTENCY	LAB TESTED FOR PURITY & SAFETY	SUSTAINABLY SOURCED RESPONSIBLY PACKED	GOOD FOR YOU GOOD FOR NATURE

HOW TO USE CURRY LEAVES



A LEAF OF HEALING.
A TOUCH OF TRADITION.
CURRY LEAVES – NOURISH,
PROTECT & REVITALIZE NATURALLY.

LIVE WELL. NATURALLY.



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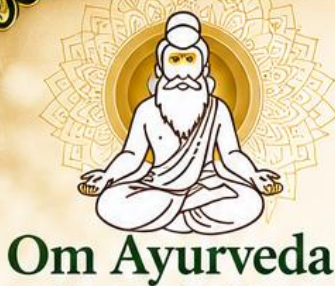


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NATURE'S GIFT FOR HEALTH & VITALITY

FENUGREEK

A TIME-TESTED AYURVEDIC TREASURE

ANCIENT WISDOM. NATURAL HEALING. EVERYDAY WELLNESS.

Fenugreek (Methi) has been cherished in Ayurveda for thousands of years for its incredible healing and nourishing properties. Rich in fiber, antioxidants, vitamins and minerals, it supports digestion, maintains healthy blood sugar levels, boosts lactation, supports heart health, and promotes hair growth and healthy skin.

100% PURE
NATURAL
HANDPICKED
FENUGREEK SEEDS
NO ADDITIVES
NO PRESERVATIVES

PURE SEED
PURE BENEFITS
PURE YOU

AMAZING BENEFITS



Supports healthy digestion & relieves acidity



Helps regulate blood sugar levels naturally



Supports lactation in nursing mothers



Promotes healthy cholesterol levels



Supports weight management & reduces cravings



Improves hair growth & reduces hair fall



Rich in antioxidants that fight free radicals



Detoxifies the body & supports liver health



Supports healthy skin & natural glow



Boosts energy, strength & overall vitality

*Small Seed,
Great Power,
Boundless Benefits.*



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
PREMIUM
QUALITY
SEEDS



TRADITIONALLY
PROCESSED FOR
MAXIMUM
POTENCY



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED



GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY FENUGREEK



Soak 1 tsp
Fenugreek seeds
overnight



Drink in the
morning on an
empty stomach



Add to curries,
soups, dals
& vegetables



Dry roast &
powder. Use in
food or drinks



Sprout for
added nutrition
& enzymes

A SEED OF WELLNESS.
A TRADITION OF HEALTH.
FENUGREEK – NOURISH, BALANCE
& HEAL NATURALLY.

LIVE WELL. NATURALLY.



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COUNTRY NUTS & NATIVE DRY FRUITS

NATURE'S FINEST • AYURVEDIC WISDOM • WHOLESOME LIVING

Ancient Foods. Timeless Benefits. For a Healthier You.

Carefully sourced from nature, our Country Nuts & Native Dry Fruits are packed with purity, nutrients and natural goodness. They support strength, immunity, energy, vitality and overall well-being – the Ayurvedic way.

PURE
NUTRITION
PURE
ENERGY

AMAZING BENEFITS

- Boosts Immunity & Strengthens the Body
- Rich in Protein, Healthy Fats, Vitamins & Minerals
- Improves Brain Function & Memory
- Supports Heart Health & Healthy Cholesterol
- Aids Digestion & Gut Health
- Natural Energy Booster & Stamina Builder
- Promotes Healthy Skin, Hair & Glowing You

HANDPICKED
PREMIUM
QUALITY
EVERYTIME

GOODNESS IN EVERY BITE



ALMONDS



CASHEWS



WALNUTS



PISTACHIOS



RAISINS



FIGS



DATES

AND MANY MORE NATIVE DRY FRUITS & SEEDS



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
WITH CARE
PREMIUM
QUALITY



TRADITIONALLY
SOURCED FOR
MAXIMUM
NUTRITION



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED



GOOD FOR YOU
GOOD FOR
NATURE

EAT NATURAL.
LIVE STRONG.
STAY HEALTHY.
THE AYURVEDIC WAY.



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NATURE'S TRADITION. YOUR WELLNESS.

TRADITIONAL APPALAMS

A TIME-TESTED AYURVEDIC DELIGHT

CRISPY. PURE. WHOLESOME. MADE THE TRADITIONAL WAY.

Our Traditional Appalams are made using time-honored recipes, premium ingredients and natural sun drying. They are light, crispy, delicious and easy to digest – the perfect companion for every meal.

AMAZING BENEFITS

- Aids digestion & helps reduce bloating
- Light, crunchy & easy to digest
- Made with natural ingredients & spices
- No artificial colors, flavors or preservatives
- Perfect with rice, curries & wholesome traditional meals
- Sun-dried for natural quality & purity
- Prepared using traditional methods for authentic taste



MADE
WITH PURE
INGREDIENTS
& LOVE

100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES
JUST PURE
GOODNESS

MADE WITH CARE. MADE WITH PURITY.



URAD DAL



RICE FLOUR



BLACK PEPPER



CUMIN



ASAFOETIDA
(HING)



ROCK SALT

SIMPLE INGREDIENTS. AUTHENTIC TASTE.

Bring home the
purity of tradition
and the goodness
of nature.

LIVE WELL.
NATURALLY.

100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES

TRADITIONALLY
HANDMADE
WITH CARE

SUN-DRIED
FOR NATURAL
GOODNESS

LAB TESTED
FOR PURITY
& SAFETY

SUSTAINABLY
SOURCED
INGREDIENTS

GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY



Enjoy with your
favourite meals



Perfect with
rice & sambar



Great with
curd & pickles



A delightful
traditional touch
to every meal



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TIME-TESTED WELLNESS



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TRADITION. TASTE. WELLNESS.

VADAMS

→ A TIME-TESTED AYURVEDIC TRADITION ←

CRISPY. FLAVORFUL. WHOLESOME. MADE THE TRADITIONAL WAY.

Our Traditional Vadams are prepared using time-honored recipes, natural ingredients and sun-dried to perfection. Crispy, tasty and light to digest – a perfect companion for every meal.

+ AMAZING BENEFITS +

- Aids digestion & improves appetite
- Made with natural ingredients & spices
- Sun-dried for natural purity & goodness
- Light, crispy & easy to digest
- No artificial colors, flavors or preservatives
- Complements all meals with taste & nutrition
- Traditional taste that brings back memories
- Loved by all, perfect for the family

100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES
JUST PURE
GOODNESS

OUR TRADITIONAL VARIETIES



PURE INGREDIENTS. TIMELESS TRADITION. RICH FLAVOR.

A TRADITION
THAT CONNECTS
GENERATIONS.
A TASTE THAT
STAYS FOREVER.

LIVE WELL.
NATURALLY.

- 100% PURE NATURAL
NO ADDITIVES
NO PRESERVATIVES
- TRADITIONALLY
HANDMADE
WITH CARE
- SUN-DRIED THE
TRADITIONAL
WAY
- AUTHENTIC
RECIPES
RICH IN TASTE
- MADE WITH
NATURAL SPICES
& INGREDIENTS
- GOOD FOR YOU
GOOD FOR
NATURE

HOW TO ENJOY VADAMS



Heat oil in a pan



Fry on medium heat



Vadam puffs up
crispy & light



Drain & serve
hot



Enjoy with
rice & meals



Simple. Traditional.
Delicious.



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NATURALLY NOURISHING
TIME-TESTED WELLNESS

Best Care

Pure • Traditional
Naturally Nourishing

100%
NATURAL
PURE & SAFE

HERBAL BATH POWDERS

A TIME-TESTED AYURVEDIC CARE FOR NATURAL CLEANSING

Ancient Wisdom. Pure Ingredients. Everyday Wellness.

Our Herbal Bath Powders are crafted with care using traditional Ayurvedic herbs, flowers, roots and natural ingredients. They gently cleanse, nourish the skin, promote relaxation and leave you feeling refreshed, fragrant and rejuvenated – the natural way.

NEEM & TULSI
Purifying &
Skin Cleansing

SANDAL & ROSE
Cooling &
Soothing

CHEMICAL FREE
NO ARTIFICIAL
FRAGRANCE
NO PRESERVATIVES

MULTANI
MITTI & VETIVER
Deep Cleansing &
Oil Control

CHANDAN & KASTURI TURMERIC
Brightening &
Skin Nourishing

AMAZING BENEFITS

- Gently cleanses & detoxifies skin
- Nourishes, hydrates & improves skin texture
- Helps reduce body odor naturally
- Soothes skin irritation, rashes & inflammation
- Enhances natural glow & radiance
- Improves blood circulation & skin health
- Relaxing aroma calms mind & body
- Suitable for all skin types & daily use

POWER OF TRADITIONAL INGREDIENTS

NEEM	TULSI	SANDALWOOD	ROSE PETALS	MULTANI MITTI	VETIVER	KASTURI TURMERIC	GREEN GRAM
Purifies & Protects Skin	Antibacterial & Rejuvenating	Cooling & Soothing	Refreshes & Hydrates	Deep Cleanses & Removes Impurities	Cooling & Calming	Brightens & Nourishes	Exfoliates & Softens Skin

NATURE'S TOUCH
FOR HEALTHY SKIN
& HAPPY YOU.

LIVE WELL.
NATURALLY.

PURE INGREDIENTS.
TRADITIONAL WISDOM.
TIMELESS RESULTS.

HOW TO USE



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TIME-TESTED WELLNESS

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NATURE'S CARE FOR A HEALTHY SMILE

HERBAL TOOTH POWDER

A TIME-TESTED AYURVEDIC FORMULA FOR COMPLETE ORAL CARE

CLEANSES • STRENGTHENS • PROTECTS • FRESHENS NATURALLY

Our Herbal Tooth Powder is a blend of carefully selected Ayurvedic herbs and minerals known for their cleansing, healing and strengthening properties. It helps maintain healthy gums, strong teeth, fresh breath and overall oral wellness – the natural Ayurvedic way.

STRONG TEETH
HEALTHY GUMS
FRESH BREATH
NATURALLY

AMAZING BENEFITS

- Naturally cleanses teeth & removes plaque
- Helps strengthen gums & prevents bleeding
- Prevents cavities & tooth decay
- Fights bad breath & keeps mouth fresh
- Reduces sensitivity & toothache
- Helps maintain natural whiteness of teeth
- 100% Natural, Safe & Chemical Free
- Suitable for the whole family

100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES
JUST PURE
GOODNESS

POWER OF TRADITIONAL INGREDIENTS



NEEM
Antibacterial
& Fights Germs



TRIPHALA
Strengthens Gums
& Promotes
Oral Health



CLOVE
Relieves Pain
& Fights
Bacteria



LICORICE
Soothes Gums
& Reduces
Inflammation



CALCIUM
CARBONATE
Naturally Cleans
& Strengthens
Teeth



PEPPERMINT
Freshens Breath
& Cools
Mouth

AND MANY MORE PURE HERBS & MINERALS

THE AYURVEDIC
SOLUTION FOR
A BRIGHTER SMILE
& HEALTHIER
TOMORROW.

LIVE WELL.
NATURALLY.



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
HERBS &
NATURAL
MINERALS



TRADITIONALLY
PREPARED
AYURVEDIC
FORMULA



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
INGREDIENTS



GOOD FOR YOU
GOOD FOR
NATURE

HOW TO USE



Take a small
amount



Dip wet toothbrush
or fingers



Gently brush
teeth & gums



Rinse well
& smile naturally



Use daily for best
results

- No Artificial Colors
- No Synthetic Flavors
- No Harsh Chemicals
- Only Pure Ayurveda



Our Website is
www.omayurveda.org



Our Email id is
info@omayurveda.org



Contact Number
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Rooted in Tradition
Nourished by Nature



Pure • Traditional
Naturally Nourishing



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Mother Earth
Travel and Tourism

ANCIENT AYURVEDA. MODERN LIFE. TIMELESS WELLNESS.



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PURE • TRADITIONAL
NATURALLY NOURISHING
TIME-TESTED WELLNESS

**Best
Care**

Pure • Traditional
Naturally Nourishing



SIDDHA & AYURVEDA KITCHEN HERBS

NATURE'S HEALING LEAVES FOR EVERY HOME

These powerful herbs are widely used in Siddha & Ayurveda traditions as well as in daily cooking for their incredible medicinal values.

Simple herbs. Timeless benefits. Holistic wellness.

VETTIVER (Khus)



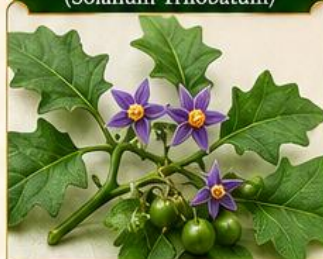
Cooling • Detoxifying • Calming
Known for its cooling properties. Helps purify blood, reduce body heat and promote sound sleep. Supports skin health and digestion.

VILVAM (Bael Leaves)



Digestive • Antimicrobial • Healing
Improves digestion, relieves constipation and balances Vata. Leaves are antibacterial and support gut health and immunity.

THUTHUVALAI (Solanum Trilobatum)



Respiratory • Anti-inflammatory
Excellent for respiratory health. Helps relieve cough, asthma and throat irritation. Clears mucus and strengthens lungs naturally.

OMAVALLI (Indian Borage)



Carminative • Soothing • Healing
A natural remedy for cold, cough, indigestion and sore throat. Boosts immunity and supports overall wellness for the family.

WHY INCLUDE THESE HERBS?

- ✓ Strengthen immunity naturally
- ✓ Support digestion & detoxification
- ✓ Promote respiratory health
- ✓ Daily wellness through ancient wisdom
- ✓ Safe, natural & family-friendly



FROM
NATURE
TO YOUR
KITCHEN

SIMPLE WAYS TO USE



Add to
Daily Cooking



Boil for
Herbal Tea



Make Herbal
Powders



Decoctions
& Soups



Fresh Leaves
in Meals

Small Leaves. Big Impact. Ancient Wisdom. Modern Life.



100% PURE
NATURAL
NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
WITH CARE
PREMIUM
QUALITY



LAB TESTED
FOR PURITY
& SAFETY



SUSTAINABLY
SOURCED
RESPONSIBLY
PACKED



GOOD FOR YOU
GOOD FOR
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Honoring Tradition.
Healing Naturally.
Living Wholesomely.



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NATURE'S TOUCH FOR STRONGER, HEALTHIER HAIR

HERBAL HAIR OIL & CASTOR OIL

TRADITIONAL AYURVEDIC CARE FOR NATURAL HAIR HEALTH

HERBAL HAIR OIL

A BLEND OF POWERFUL HERBS & OILS

FOR COMPLETE HAIR CARE

Our Herbal Hair Oil is a time-tested Ayurvedic formulation enriched with a special blend of herbs and natural oils that deeply nourish the scalp, strengthen hair roots, reduce hair fall and promote long, thick and healthy hair.



AMAZING BENEFITS

- Reduces hair fall & breakage
- Promotes hair growth & thickness
- Nourishes scalp & hair roots
- Prevents dandruff & dryness
- Improves shine & natural luster
- Strengthens hair from the roots
- Suitable for all hair types



ENRICHED WITH TIME-TESTED HERBS



BHRINGRAJ
Promotes Hair Growth



AMLA
Strengthens & Nourishes



HIBISCUS
Reduces Hair Fall & Dandruff



METHI
Nourishes Scalp



NEEM
Purifies Scalp & Prevents Infections



BRAHMI
Strengthens Roots



CURRY LEAVES
Reduces Hair Fall & Premature Greying

HOW TO USE



Take required amount of oil



Gently massage into scalp



Leave for at least 1 hour or overnight



Wash with mild herbal shampoo

CASTOR OIL

100% PURE & COLD PRESSED

FOR HEALTHY HAIR & SKIN

Our Castor Oil is 100% pure, natural and cold-pressed to retain its nutrients. Rich in ricinoleic acid, it deeply nourishes the scalp, strengthens hair and promotes natural growth.



AMAZING BENEFITS

- Stimulates hair growth
- Thickens hair & improves density
- Reduces hair fall & thinning
- Moisturizes scalp & prevents dryness
- Helps with dandruff & scalp infections
- Strengthens eyebrows & eyelashes
- Soothes dry skin & heals naturally



NATURAL GOODNESS OF CASTOR OIL



Rich in Ricinoleic Acid



Deeply Nourishes & Strengthens



Improves Shine & Texture



Protects from Damage



100% Natural & Chemical Free

HOW TO USE



Apply directly to scalp or hair



Massage gently



Leave for 1-2 hours or overnight



Rinse with mild shampoo

NOURISH YOUR HAIR NATURALLY. THE AYURVEDIC WAY.



100% PURE
NATURAL OILS



NO MINERAL OIL
NO PARABENS



CHEMICAL FREE
& SAFE



TRADITIONALLY
PREPARED



LAB TESTED
FOR QUALITY
& SAFETY



SUITABLE FOR
MEN & WOMEN



MADE WITH CARE
& AYURVEDIC
EXPERTISE

HEALTHY HAIR.
HAPPY YOU.
NATURALLY.



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MUST
EXPERIENCE
IN
RISHIKESH!

Divine • Powerful • Unforgettable

FEEL THE DIVINE ENERGY
OF **MAA GANGA**



DIVINE
VIBES



SPIRITUAL
ENERGY



SCENIC
BEAUTY



PEACE
OF MIND



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PURE LIFE
PURE YOU

LIKE

SHARE

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THE FINEST | THE PUREST | THE HEALTHIEST

PREMIUM BASMATI RICE

LONG GRAIN • EXTRA AROMA • PERFECT FLAVOR

*From the Finest Fields
to Your Family*



NATURALLY
AGED



EXTRA
LONG GRAIN



100%
NATURAL



PURE &
CHEMICAL FREE

100%
PURE BASMATI

TRUSTED QUALITY

WHY BASMATI?

- ✓ Low in Fat
- ✓ Easy to Digest
- ✓ Rich in Aroma
- ✓ Source of Energy
- ✓ Gluten Free
- ✓ Perfect for Every Meal

AGED
TO
PERFECTION
★★★



Daily
Meals



Biryani



Pulao



Fried
Rice



& More

Perfect for



HANDPICKED GRAINS



TRADITIONAL FLAVOR



SUPERIOR QUALITY



SOURCED WITH CARE



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THE SUPER GRAIN OF ANCIENT INDIA

Amaranth (Rajgira) is a nutrient-dense ancient grain packed with protein, fiber, vitamins & minerals. Naturally gluten-free, easy to digest and perfect for a healthy lifestyle. A gift from nature for a stronger, healthier you!

Tiny Grain. Mega Benefits.

NOURISHING YOUR BODY, NATURALLY

POWER PACKED WITH GOODNESS



COMPLETE
PLANT
PROTEIN



RICH IN
FIBER



HIGH IN
IRON &
CALCIUM



BOOSTS
ENERGY &
STAMINA



SUPPORTS
HEART
HEALTH



EASY TO
DIGEST &
GLUTEN FREE

DELICIOUS & NUTRITIOUS WAYS TO ENJOY



Amaranth
Porridge



Amaranth
Upma



Amaranth
Pulao



Amaranth
Ladoo



Amaranth
Roti



Amaranth
Salad



NATURALLY
GLUTEN FREE



NO ADDITIVES
NO PRESERVATIVES



HANDPICKED
WITH CARE



LAB TESTED
FOR PURITY



SUSTAINABLY
SOURCED

EAT ANCIENT. LIVE STRONG.

CHOOSE NATURE. CHOOSE AMARANTH.



PURE
NATURAL
CHEMICAL FREE
UNPOLISHED
WHOLESOME



Pure • Traditional
Naturally Nourishing

WHY CHOOSE AMARANTH?

- Ancient & Traditional Superfood
- Naturally Gluten Free
- High in Essential Amino Acids
- Helps in Weight Management
- Supports Overall Wellness
- Perfect for All Age Groups



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RISHIKESH

Ride the Rapids. Feel the Divine.



EXCITING
RAPIDS



EXPERT
GUIDES



SAFETY
FIRST



MEMORIES
FOREVER



SPIRITUAL
EXPERIENCE

FAMOUS RAPIDS YOU WILL LOVE

SHIVPURI • BRAHMPURI • CLUB HOUSE • ROLLER COASTER
GOLF COURSE • DOUBLE TROUBLE • TERMINATOR



PURE
ADVENTURE



BREATHTAKING
VIEWS



CONNECT WITH
NATURE



PERFECT FOR
FRIENDS & FAMILY



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ADVENTURE
MEETS
SPIRITUALITY



FEEL THE POWER
OF GANGA
LIVE THE MOMENT!

SAFE • FUN • UNFORGETTABLE



ALL SAFETY GEARS &
CERTIFIED GUIDES



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—→ ॐ ANCIENT TEMPLE ॐ DIVINE ENERGY ॐ SPIRITUAL EXPERIENCE

CHANDRESHWAR MAHADEV TEMPLE

RISHIKESH

A Sacred Abode of Lord Shiva on the Banks of Maa Ganga

WHY VISIT CHANDRESHWAR MAHADEV TEMPLE?

- ॐ One of the most ancient Shiva Temples in Rishikesh
- ॐ Located on the banks of Holy Maa Ganga
- ॐ Powerful spiritual vibrations & peaceful atmosphere
- ॐ Best place for meditation, healing & blessings
- ॐ Must visit for every devotee & traveler



Ancient
Shiva Temple



On the Banks of
Maa Ganga



Spiritual Peace
& Meditation

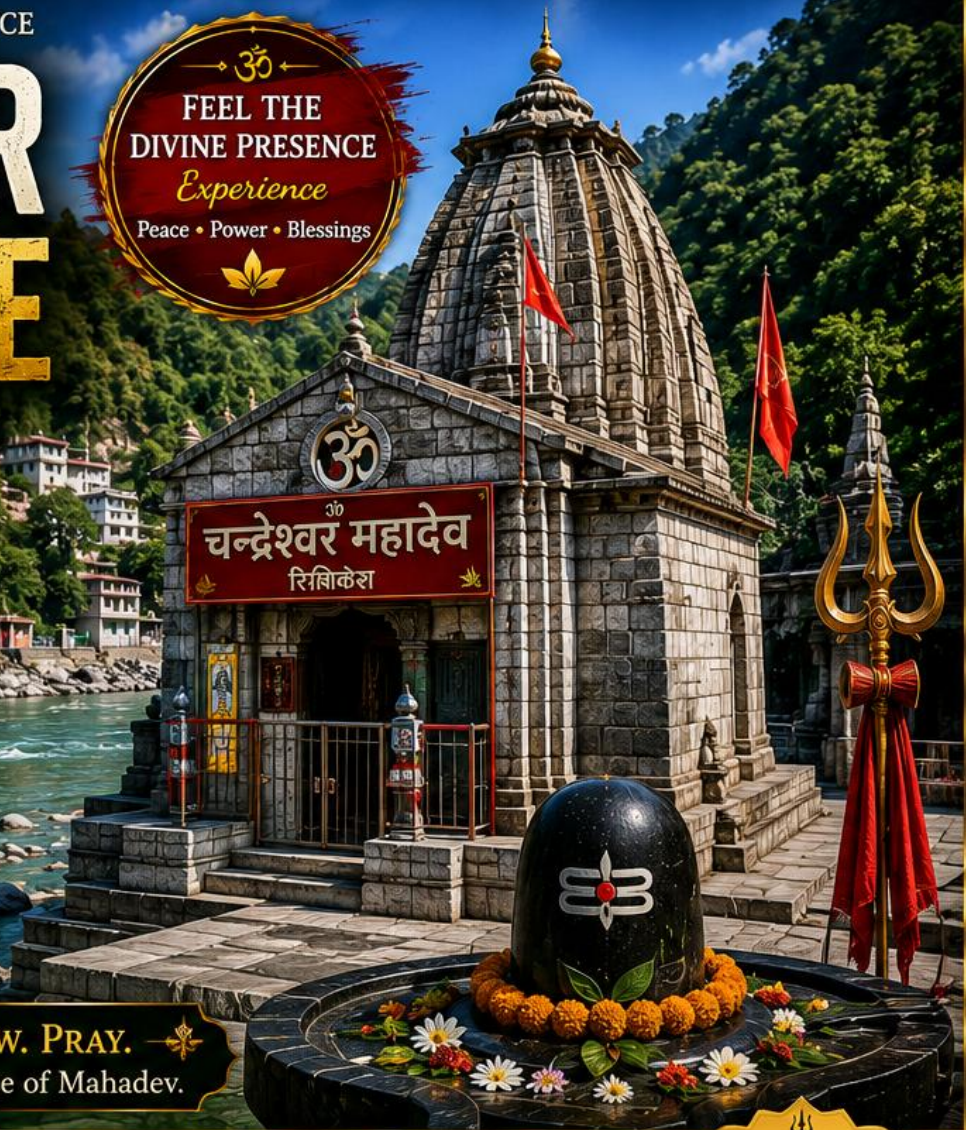


Divine Blessings
& Positive Energy



Scenic Beauty
& Serene Views

ॐ VISIT. BOW. PRAY. ॐ
Feel the Presence of Mahadev.



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OM NAMAH SHIVAYA ॐ —+ HAR HAR MAHADEV ॐ + JAI GANGE MAA

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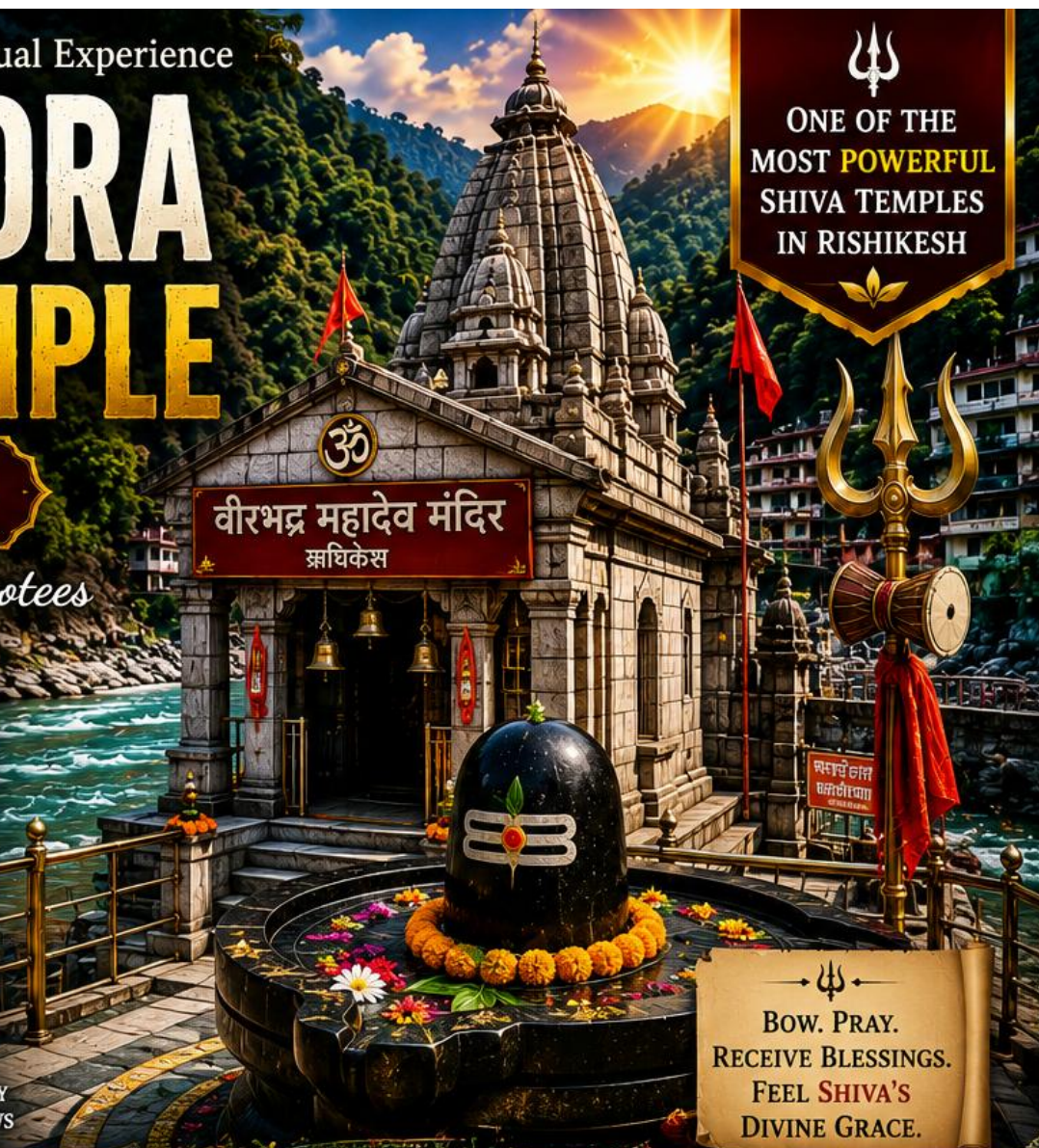
FEEL THE DIVINE
EXPERIENCE
Peace • Power • Blessings

→ Ancient Temple • Divine Energy • Spiritual Experience

VEERABHADRA MAHADEV TEMPLE

RISHIKESH

Where Lord Veerabhadhra Protects Devotees





ONE OF THE
MOST **POWERFUL**
SHIVA TEMPLES
IN RISHIKESH



WHY VISIT VEERABHADRA MAHADEV TEMPLE?

- ❧ Dedicated to Lord Veerabhadra – The fierce form of Lord Shiva
- ❧ Located on the banks of Holy Maa Ganga
- ❧ Powerful temple for protection & removing obstacles
- ❧ Brings courage, strength & positive energy
- ❧ Must visit place for every devotee in Rishikesh



POWERFUL
SPIRITUAL
ENERGY



ON THE BANKS
OF MAA GANGA



PROTECTION
& STRENGTH



PEACE &
MEDITATION



DIVINE
BLESSINGS



SCENIC BEAUTY
& SERENE VIEWS



BOW. PRAY.
RECEIVE BLESSINGS.
FEEL **SHIVA'S**
DIVINE GRACE.



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→ ॐ नमः शिवाय → | ❧ HAR HAR MAHADEV ❧ | ❧ JAI VEERABHADRA MAHADEV ❧ → JAI GANGE MAA



ॐ Ancient Temple • Divine Energy • Spiritual Bliss ॐ

SOMESHWAR MAHADEV MANDIR

ONE OF THE
MOST SACRED
SHIVA TEMPLES
IN RISHIKESH



ॐ RISHIKESH ॐ

Feel the Divine Presence of Lord Shiva

WHY VISIT SOMESHWAR MAHADEV MANDIR?

- ॐ Ancient & Powerful Shiva Temple in Rishikesh
- ॐ Located on the Banks of Holy Maa Ganga
- ॐ Known for Fulfilling Wishes & Removing Obstacles
- ॐ Brings Peace, Prosperity & Positive Energy
- ॐ Must Visit for Every Devotee & Traveler



POWERFUL
SPIRITUAL
ENERGY



ON THE BANKS
OF MAA GANGA



PEACE &
MEDITATION



DIVINE
BLESSINGS



PROTECTION
& STRENGTH



SCENIC BEAUTY
& SERENE VIEWS

CONNECT WITH SHIVA.
CONNECT WITH YOUR SOUL.



BOW.
PRAY.
RECEIVE
BLESSINGS.



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ॐ नमः शिवाय



HAR HAR MAHADEV



JAI SOMESHWAR MAHADEV



JAI GANGE MAA

SPIRITUAL HERITAGE • DIVINE CULTURE • NATIONAL PRIDE

BHARAT MANDIR RISHIKESH

A TRIBUTE TO BHARAT – THE LAND OF **SANATAN DHARMA**

ABOUT BHARAT MANDIR

Bharat Mandir is a unique spiritual & cultural center in Rishikesh that showcases the rich heritage, glorious history, and diverse culture of India in a divine form.

Feel the Pride. Feel the Divine.

- ❧ Magnificent Temple Architecture
- ❧ Exhibits on Indian Freedom Fighters
- ❧ Stories of Our Ancient Rishis & Saints
- ❧ Knowledge of Vedas, Purans & Epics
- ❧ Inspiring Galleries & 3D Dioramas
- ❧ Spiritual Auditorium & Museum
- ❧ A Must Visit Place in Rishikesh



DIVINE
TEMPLE



NATIONAL
PRIDE



RICH CULTURE
& HERITAGE



SPIRITUAL
KNOWLEDGE



UNITY IN
DIVERSITY



A MEMORABLE
EXPERIENCE



KNOW YOUR ROOTS
BE PROUD OF YOUR NATION
BE PART OF BHARAT

ॐ वसुधैव कुटुम्बकम् ॐ
ONE EARTH • ONE FAMILY • ONE FUTURE



BEST TIME TO VISIT
OPEN ALL DAYS
9:00 AM – 8:00 PM

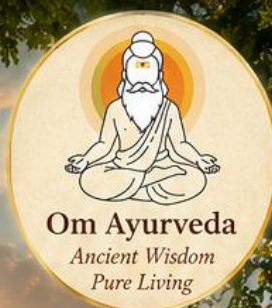
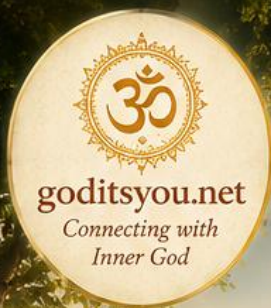


VISIT. EXPERIENCE. BE INSPIRED.
Bharat Mandir, Rishikesh
Near Triveni Ghat, Ganga Kinare

A UNIQUE TEMPLE
REPRESENTING
THE CULTURE,
GLORY & UNITY
OF INDIA

आओ जानें अपने भारत को
COME, DISCOVER
THE INCREDIBLE INDIA

❧ • HAR HAR MAHADEV ❧ • JAI MAA GANGE • ❧



Rediscover
Life. Naturally.



LUXURY Ayurveda

HEAL • DETOX • REJUVENATE

ANCIENT WISDOM FOR MODERN LIFE

“ Ayurveda is
the science of life,
the art of living
in harmony with
nature. ”

WHY CHOOSE OM AYURVEDA



Authentic Ayurvedic Healing
Based on timeless ancient scriptures



Personalized Wellness Programs
Tailored therapies for body & mind



Detoxification & Rejuvenation
Panchakarma, Yoga, Pranayama



Natural, Pure & Organic
Herbal medicines, satvik food & clean living



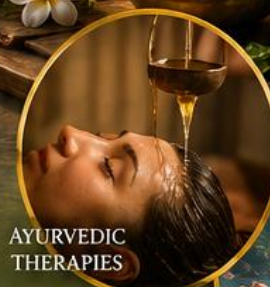
Tranquil Location
On the banks of Maa Ganga, Rishikesh



Experienced Ayurvedic Doctors
Compassionate care, holistic approach

EXPERIENCE THE BEST OF AYURVEDA

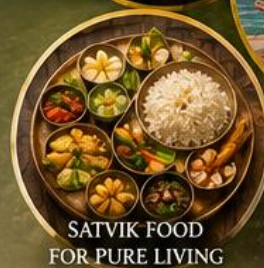
- Panchakarma Therapies
- Stress Management
- Weight Management
- Skin & Hair Care
- Women's Wellness
- Immunity Boost
- Mind Detox & Emotional Balance



AYURVEDIC
THERAPIES



YOGA &
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FOR PURE LIVING

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PANCHAKARMA



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MEDICINES



YOGA &
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DIET &
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RETREATS

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Heal with Ayurveda.
Be the Best Version
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Connecting with Inner God



MOTHER EARTH
TRAVEL AND TOURISM



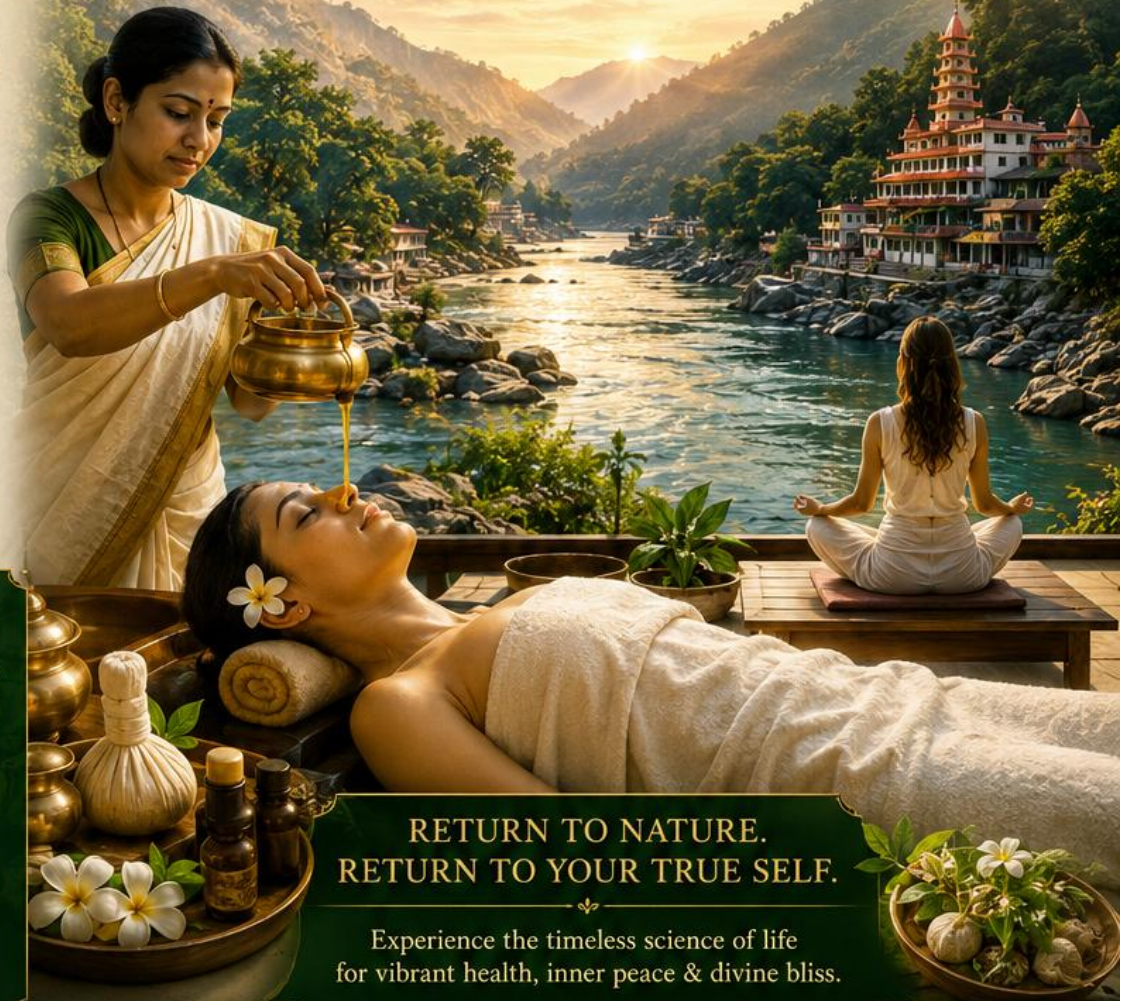
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Ancient Wisdom. Pure Healing.

**Best
Care**
Healing with Compassion

LUXURY AYURVEDA

Heal Body • Calm Mind • Awaken Soul

A Sacred Journey to Holistic Wellness



Authentic Ayurvedic
Treatments



Personalized Wellness
Programs



Organic Ayurvedic
Cuisine



Yoga, Meditation &
Pranayama



Detoxification &
Rejuvenation



Natural Healing for
Body, Mind & Soul

RETURN TO NATURE.
RETURN TO YOUR TRUE SELF.

Experience the timeless science of life
for vibrant health, inner peace & divine bliss.



AYURVEDIC
THERAPIES



HERBAL HEALING
& PANCHKARMA



YOGA &
MEDITATION



SATVIC FOOD
FOR WELLNESS



SPIRITUAL GROWTH &
INNER HEALING

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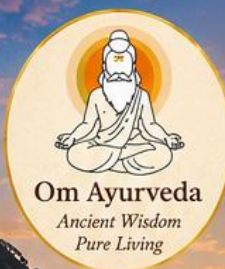
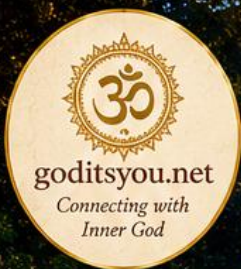
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“ Travel is
outer journey,
Spirituality is
the inner journey.
Together they
transform you. ”

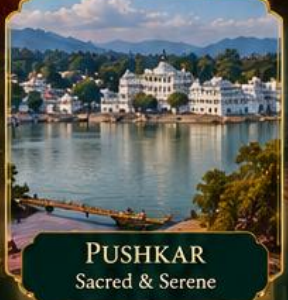
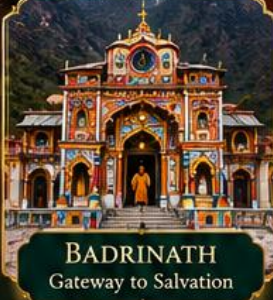
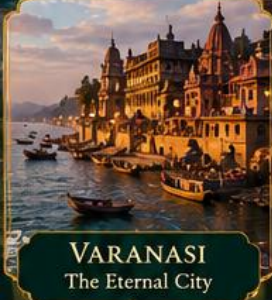
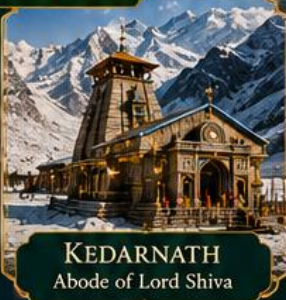
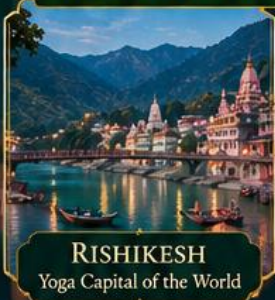
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*Timeless Destinations
for the Soul*

EXPLORE. EXPERIENCE. EVOLVE.

Sacred places. Divine energy. Inner peace.
Handpicked spiritual destinations in India
to nourish your soul and awaken your spirit.

SACRED DESTINATIONS



EXPERIENCES THAT ENRICH

- Temple Visits & Darshan
- Ganga Aarti & Rituals
- Meditation & Yoga Sessions
- Nature & Himalayan Treks
- Ayurvedic Wellness Retreats
- Sattvic Food & Detox Programs
- Cultural Immersion
- Spiritual Guidance

WHEN YOU TRAVEL WITH PURPOSE,
EVERY STEP BECOMES A PRAYER.

- Reconnect with yourself
- Let go of stress & negativity
- Discover divine energy
- Return with clarity & peace

*Travel to explore.
Travel within to transform.*

LET THE JOURNEY
PURIFY YOUR HEART,
ILLUMINATE YOUR MIND
& ELEVATE YOUR SOUL.

TRAVEL MINDFULLY. LIVE SPIRITUALLY.

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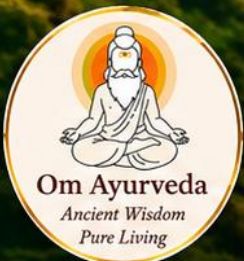
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SCAN TO BEGIN
YOUR SPIRITUAL
JOURNEY

Om Ayurveda – Ancient Wisdom for Modern Life
HEAL • DETOX • REJUVENATE • LIVE NATURALLY



HEAL YOUR BODY, CALM YOUR MIND, AWAKEN YOUR SOUL

RISHIKESH SPIRITUAL JOURNEY

AYURVEDA | YOGA | MEDITATION | GANGA

ANCIENT WISDOM FOR MODERN LIFE

- ✓ Authentic Ayurvedic Healing
- ✓ Panchakarma Detox & Rejuvenation
- ✓ Yoga & Meditation by the Ganges
- ✓ Satvik Food & Herbal Living
- ✓ Spiritual Tours & Sacred Places

LIVE
NATURALLY
LIVE
AYURVEDICALLY

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FOR MORE SPIRITUAL
& WELLNESS VIDEOS


DETOX
NATURALLY


REDUCE
STRESS


IMPROVE
HEALTH


INNER PEACE
& HARMONY


HOLISTIC
WELLNESS

DISCOVER
RISHIKESH
THE YOGA CAPITAL
OF THE WORLD



AYURVEDIC
THERAPIES



GANGA
AARTI

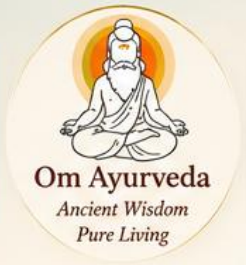


SATVIK FOOD
FOR WELLNESS

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OM AYURVEDA
ANCIENT WISDOM FOR MODERN LIFE



Om Ayurveda

ANCIENT WISDOM FOR MODERN LIFE

PURE. NATURAL. AUTHENTIC.
AYURVEDIC WELLNESS PRODUCTS

ROOTED IN NATURE • BACKED BY WISDOM

100%
NATURAL
& SAFE



100%
NATURAL



ANCIENT
AYURVEDIC
FORMULAS



NO HARMFUL
CHEMICALS



SUSTAINABLE
& ECO
FRIENDLY



PROMOTES
HOLISTIC
WELLNESS

Holistic care for Body, Mind & Soul
DETOX • REJUVENATE • HEAL • BALANCE



AMLA



ASHWAGANDHA



TULSI



TURMERIC



NEEM



MADE WITH
PURE HERBS



CRUELTY
FREE



AYURVEDIC
& SAFE



MADE IN
INDIA



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AYURVEDA | YOGA | WELLNESS
A WAY OF LIFE



AUTHENTIC
& TRUSTED



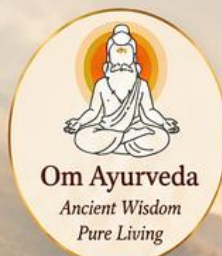
PREMIUM
QUALITY



PACKED
WITH CARE



SERVING WELLNESS
WITH LOVE



AYURVEDIC WELLNESS RETREAT

Heal • Rejuvenate • Transform

RISHIKESH – THE WORLD CAPITAL OF YOGA

A Sacred Journey to Health, Inner Peace & Self Discovery

7 DAYS, 14 DAYS & 21 DAYS TRANSFORMATIONAL RETREATS

Personalized Care • Authentic Ayurveda • Holistic Healing



**AYURVEDIC
THERAPIES**

Detox • Relax • Rebalance



**YOGA &
MEDITATION**

Daily Practice by the Ganges



**SATVIK FOOD
& NUTRITION**

Pure • Fresh • Nourishing



**AYURVEDIC
LIFESTYLE**

Ancient Wisdom for
Modern Life



**GANGA ARTI &
SPIRITUAL TOURS**

Sacred Energy • Divine Bliss

WHAT'S INCLUDED

- ✓ Ayurvedic Consultation & Therapies
- ✓ Daily Yoga & Meditation Sessions
- ✓ Satvik Meals & Herbal Drinks
- ✓ Wellness Workshops & Lectures
- ✓ Herbal Medicines & Detox Programs
- ✓ Spiritual Excursions & Ganga Aarti
- ✓ Comfortable Stay in Nature
- ✓ Lifetime Guidance & Support

**RESET
YOUR BODY
CALM YOUR MIND
AWAKEN YOUR SOUL**

RETREAT HIGHLIGHTS

- ⊕ Detoxification & Rejuvenation
- ⊕ Stress Relief & Mental Clarity
- ⊕ Weight Management
- ⊕ Improved Immunity & Vitality
- ⊕ Better Sleep & Digestion
- ⊕ Emotional Balance & Inner Peace
- ⊕ Rediscover Purpose & Happiness

*"Take time to do what makes
your soul happy."*

LET NATURE HEAL YOU
Come to Rishikesh.
Return to Yourself.



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AUTHENTIC
AYURVEDA



EXPERT
DOCTORS



PURE HERBS
& ORGANIC



PEACEFUL
LOCATION



SAFE &
TRUSTED

BOOK YOUR RETREAT TODAY

LIMITED SEATS • PERSONAL ATTENTION
LIFETIME TRANSFORMATION

PURE AYURVEDA • ANCIENT WISDOM • NATURAL HEALING • HOLISTIC WELLNESS



Om Ayurveda

— ANCIENT WISDOM FOR MODERN LIFE —

PURE. NATURAL. AUTHENTIC.
HERBAL WELLNESS FOR
BODY, MIND & SOUL.

Nature Heals. Ayurveda Restores.

— Embrace the Power of Herbs —

100% NATURAL • CHEMICAL FREE • HOLISTIC WELLNESS



PURE
INGREDIENTS



ANCIENT
AYURVEDIC
FORMULAS



SUSTAINABLE
& ECO
FRIENDLY



PROMOTES
HOLISTIC
WELLNESS

- Boost Immunity Naturally
- Detoxify & Rejuvenate
- Improve Strength & Vitality
- Balance Mind, Body & Soul
- Support Natural Healing
- For a Healthier, Happier You

AYURVEDA
IS NOT JUST
TREATMENT,
IT'S A WAY
OF LIFE.



THE GOODNESS OF TIME-TESTED HERBS



AMLA

Rich in Vitamin C
Boosts Immunity
& Rejuvenates



ASHWAGANDHA

Reduces Stress
Enhances Strength
& Stamina



TULSI

Natural Immunity
Booster
Purifies Body & Mind



TURMERIC

Powerful Anti-
inflammatory
& Detoxifier



NEEM

Purifies Blood
Supports Healthy
Skin



BRAHMI

Improves Memory
Enhances Focus
& Calmness

OUR PROMISE

- ✓ 100% Natural & Safe
- ✓ No Harmful Chemicals
- ✓ Authentic Ayurvedic Process
- ✓ Sourced from Trusted Farms
- ✓ Made with Care & Compassion

HEAL NATURALLY
LIVE MINDFULLY
BE AYURVEDIC

BEST CARE FOR YOU & YOUR FAMILY

Nourishing Generations with
Ancient Wisdom & Natural Care.



NATURAL
& SAFE



CRUELTY
FREE



MADE IN
INDIA



FOR ALL
AGE GROUPS

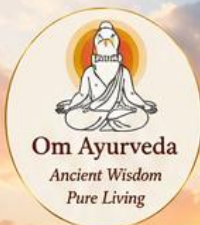
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Return to Nature.
Return to Balance.



SCAN TO SHOP
NATURAL WELLNESS





— SPIRITUAL CAPITAL OF THE WORLD —

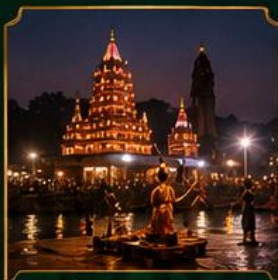
RISHIKESH

WHERE THE SOUL FINDS PEACE

TEMPLES • GANGES • NATURE • SPIRITUALITY
WELLNESS • AYURVEDA

A sacred destination for pilgrimage,
healing, yoga and self-discovery.

EXPERIENCE
DIVINE ENERGY
ON THE BANKS OF
HOLY GANGA



TRIVENI GHAT
Mesmerizing Ganga Aarti
A Divine Experience



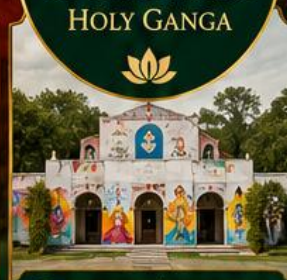
BADRINATH DWAR
Gateway to Salvation
Blessings of Lord Vishnu



LAXMAN JHULA
Iconic Landmark
Peaceful & Scenic



NEELKANTH MAHADEV
Abode of Lord Shiva
Surrounded by Nature



BEATLES ASHRAM
A Place of Meditation
& Inspiration

WHAT YOU CAN EXPERIENCE

- Temple Darshan & Holy Rituals
- Ganga Aarti & Spiritual Ceremonies
- Yoga & Meditation by the Ganges
- Ayurvedic Detox & Wellness Therapies
- Nature Walks & Himalayan Views
- Satvik Food & Ayurvedic Cuisine
- Spiritual Guidance & Inner Healing



AYURVEDA & WELLNESS RETREATS

Detox • Rejuvenate • Relax • Reconnect



AYURVEDIC
THERAPIES



YOGA &
MEDITATION



SATVIK FOOD &
NUTRITION



NATURE &
HIMALAYAS

*"The journey to the divine begins
where the soul feels at home."*

COME TO RISHIKESH, LEAVE STRESS BEHIND, TAKE HOME INNER PEACE.



SACRED PLACES
& TEMPLES



COMFORTABLE
STAYS



EXPERT GUIDES
& SUPPORT



SAFE & TRUSTED
SERVICES



PURE • NATURAL
• AUTHENTIC

*Let the Ganges purify your heart
and Ayurveda heal your life.*

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PLAN YOUR SPIRITUAL
JOURNEY TODAY
Scan QR Code to Connect →



OM AYURVEDA & MOTHER EARTH TRAVEL AND TOURISM
YOUR PARTNER IN SPIRITUALITY, WELLNESS & TRANSFORMATION

PERSONALIZED AYURVEDIC CONSULTATION

*Discover Your Unique Constitution.
Restore Balance. Live Better.*

WHAT'S INCLUDED



DOSHA ANALYSIS
Understand your unique
mind-body constitution



LIFESTYLE GUIDANCE
Personalized routines for
better health & wellbeing



DIET RECOMMENDATIONS
Tailored diet plans to suit
your body & dosha



HERBAL SUPPORT
Natural herbs & formulations
to support your healing



WELLNESS PLANNING
A complete plan for long-term
balance & vitality

CONSULTATION DURATION



30 – 60 MINUTES

Ancient Wisdom. Personalized for You.



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Best Care
AYURVEDA & WELLNESS

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Discover your unique constitution.
Restore balance. Live better.

WHAT'S INCLUDED



DOSHA ANALYSIS
Understand your unique
mind-body constitution



LIFESTYLE GUIDANCE
Personalized routines for
better health & wellbeing



DIET RECOMMENDATIONS
Tailored diet plans to suit
your body & dosha



HERBAL SUPPORT
Natural herbs & formulations
to support your healing



WELLNESS PLANNING
A complete plan for long-term
balance & vitality



CONSULTATION DURATION
30 – 60 MINUTES

One-on-one session with experienced
Ayurvedic experts.



NATURAL
HEALING



HOLISTIC
APPROACH



AUTHENTIC
AYURVEDA



BALANCE
BODY & MIND



LONG-TERM
WELLNESS



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Modern Wellness.



100%
NATURAL



NO
PRESERVATIVES



NO
ADDITIVES



CAFFEINE
FREE



SUPPORTS
SKIN HEALTH



AYURVEDIC
& SAFE

BEAUTY & SKIN TEA

GLOW NATURALLY. SHINE CONFIDENTLY.

A rejuvenating blend of Ayurvedic herbs that detoxifies the body, supports healthy, glowing skin, reduces blemishes, and promotes a natural radiance from within.

KEY BENEFITS



PROMOTES GLOWING SKIN

Helps improve complexion and enhances natural radiance.



DETOXIFIES THE BODY

Cleanses from within and helps reduce acne and blemishes.



RICH IN ANTIOXIDANTS

Fights free radicals and delays signs of premature aging.



SUPPORTS SKIN HEALTH

Helps reduce pigmentation, dark spots and uneven skin tone.



IMPROVES DIGESTION

Supports gut health which reflects in clear, healthy skin.



HEALTHY HAIR SUPPORT

Nourishes hair follicles for stronger, shinier hair.



POWERED BY NATURE'S BEAUTY HERBS

AMLA



Rich in Vitamin C, promotes collagen production and brightens skin.

ROSE PETALS



Natural coolant, soothes skin and improves complexion.

HIBISCUS



Rich in antioxidants, supports skin elasticity and youthful glow.

LICORICE



Helps reduce pigmentation and evens out skin tone.

MANJISHTHA



Purifies blood, helps reduce acne, blemishes and dark spots.

TULSI



Detoxifies the body, fights acne and promotes clear healthy skin.

GREEN TEA



Powerful antioxidant, protects skin cells and delays aging signs.

HOW TO ENJOY



1

Place 1 tea bag in a cup.



2

Pour hot water (90-95°C).



3

Steep for 3-5 minutes.



4

Enjoy 1-2 times daily for best results.

Best time: Morning or Evening

BEST TIME TO DRINK



Morning
For a fresh start & glowing skin



Evening
To relax, detox & renew

IDEAL FOR



Healthy Skin



Acne Prone Skin



Dull & Tired Skin



Women of All Ages



Wellness Enthusiasts



Daily Detox

PRODUCT HIGHLIGHTS

- 100% Natural & Herbal
- No Artificial Flavors or Colors
- Caffeine Free
- No Preservatives
- Safe for Daily Use
- Made with Premium Quality Herbs



HOLISTIC
WELLNESS



BALANCES
DOSHAS



SAFE &
GENTLE



CHEMICAL
FREE



TRUSTED BY
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KNOW MORE



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ANCIENT WISDOM • MODERN WELLNESS



100%
NATURAL



NO
PRESERVATIVES



NO
ADDITIVES



PURE
AYURVEDIC



SUPPORTS
HAIR HEALTH



SAFE
& GENTLE

HAIR GROWTH HERBS

NOURISH • STRENGTHEN • THRIVE

A powerful blend of time-tested Ayurvedic herbs that nourish the scalp, strengthen hair follicles, reduce hair fall and support natural hair growth.

KEY BENEFITS



REDUCES HAIR FALL
Strengthens hair roots and reduces hair breakage.



PROMOTES HAIR GROWTH
Stimulates hair follicles and encourages new hair growth.



NOURISHES SCALP
Improves scalp health and prevents dryness & dandruff.



STRENGTHENS HAIR
Makes hair stronger, thicker and more resilient.



IMPROVES HAIR QUALITY
Enhances shine, smoothness and overall hair texture.



100% NATURAL & SAFE
Made with pure Ayurvedic herbs, safe for long term use.



- Reduces Hair Fall
- Strengthens Hair Roots
- Nourishes Scalp
- Promotes Thicker Hair
- Improves Hair Texture

**STRONG
ROOTS
BEAUTIFUL
HAIR
NATURALLY**

POWERED BY NATURE'S FINEST HAIR HERBS

BHRINGRAJ



Known as the "King of Hair". Nourishes hair roots and prevents hair fall.

AMLA



Rich in Vitamin C & antioxidants. Strengthens hair and promotes growth.

HIBISCUS



Natural conditioner. Reduces hair fall, prevents premature greying and promotes shine.

METHI



Strengthens hair follicles and reduces breakage.

BHRAMI



Improves scalp circulation and supports healthy hair growth.

NEEM



Purifies scalp, fights dandruff and prevents infections.

ROSEMARY



Stimulates hair follicles and promotes thicker hair growth.

HOW TO ENJOY



1

Place 1 tea bag in a cup.



2

Pour hot water (90-95°C).



3

Steep for 3-5 minutes.



4

Drink 1-2 times daily for best results.

Best time: Morning or Evening

BEST TIME TO DRINK



Morning
For nourishment & energy



Evening
For repair & rejuvenation

PERFECT FOR



Men & Women of All Ages



Hair Fall Concerns



Post Pregnancy Hair Care



Stress Related Hair Issues

WHY CHOOSE OM AYURVEDA?

- ✓ Authentic Ayurvedic Formulation
- ✓ Time-tested Herbs
- ✓ No Preservatives & Additives
- ✓ Holistic Care for Hair & Scalp
- ✓ Trusted by Thousands of Customers



HOLISTIC
WELLNESS



BALANCES
DOSHAS



SAFE &
GENTLE



CHEMICAL
FREE



TRUSTED BY
GENERATIONS



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MOTHER EARTH
TRAVEL & TOURISM



STRONG ROOTS. HEALTHY HAIR. NATURALLY YOU.



100%
NATURAL



NO
PRESERVATIVES



NO
ARTIFICIALS



REFINED SUGAR
FREE



BOOSTS
IMMUNITY



AYURVEDIC
& SAFE

KIDS IMMUNITY DRINK

DAILY DEFENSE FOR A
STRONGER, HEALTHIER CHILD

A delicious and nourishing Ayurvedic drink made with powerful herbs, natural goodness and essential nutrients to help support your child's immunity, growth and overall well-being – naturally.

KEY BENEFITS



BOOSTS IMMUNITY

Strengthens natural defense and helps fight infections.



SUPPORTS GROWTH & DEVELOPMENT

Nourishes the body with essential nutrients for healthy growth.



IMPROVES DIGESTION

Supports healthy digestion and nutrient absorption.



INCREASES ENERGY & STAMINA

Helps reduce tiredness and keeps kids active all day.



SUPPORTS BRAIN & FOCUS

Enhances memory, concentration and learning abilities.



100% SAFE & GENTLE

Made with natural Ayurvedic herbs, safe for kids.



POWERED BY NATURE'S BEST

AMLA



Rich in Vitamin C to boost immunity and vitality.

GILOY



Helps build immunity and detoxifies the body.

TULSI



Natural protector that helps fight cough & cold.

ASHWAGANDHA



Supports physical strength and mental well-being.

HALDI



Powerful anti-oxidant that supports overall health.

BLACK PEPPER



Enhances absorption of nutrients and supports immunity.

BRAHMI



Supports brain development and memory.

HOW TO PREPARE



STEP 1

Take 2 teaspoons (10 g) of powder.



STEP 2

Add to a glass of warm or cold milk (150 ml).



STEP 3

Stir well until smooth.



STEP 4

Drink once daily.

For best results, give daily.

DELICIOUS CHOCOLATE FLAVOR



Kids will love the taste, you'll love the benefits!

PERFECT FOR



Growing Kids



School Going Kids



Active Kids



All Seasons

PRODUCT HIGHLIGHTS

- 100% Natural & Ayurvedic
- No Artificial Flavors or Colors
- No Preservatives
- Refined Sugar Free
- Safe for Daily Use
- Made with Premium Quality Herbs



HOLISTIC
WELLNESS



BALANCES
DOSHAS



SAFE &
GENTLE



CHEMICAL
FREE



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AYURVEDIC GOODNESS. HAPPY KIDS. PEACE OF MIND.



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ANCIENT WISDOM • MODERN WELLNESS



100%
NATURAL



NO
PRESERVATIVES



CAFFEINE
FREE



SUPPORTS
LIVER HEALTH



AYURVEDIC
& SAFE

LIVER DETOX TEA



CLEANSE. REJUVENATE. RESTORE.

A powerful blend of time-tested Ayurvedic herbs that helps detoxify the liver, supports healthy liver function, improves digestion and promotes overall well-being.

KEY BENEFITS



DETOXIFIES LIVER

Helps flush out toxins and supports natural liver detoxification.



SUPPORTS LIVER FUNCTION

Promotes healthy liver cells and bile production.



IMPROVES DIGESTION

Reduces bloating, heaviness and indigestion.



REDUCES FAT ACCUMULATION

Supports healthy fat metabolism and weight management.



PROMOTES CLEAR SKIN

Helps reduce acne, dullness and supports a natural glow.



BOOSTS ENERGY & VITALITY

Enhances energy levels and helps fight fatigue.



NATURE'S
GIFT FOR
A HEALTHY
LIVER



POWERED BY 7 LIVER LOVING HERBS

BHUMI AMLA
(Phyllanthus Niruri)



Known as a natural liver tonic. Helps protect liver from toxins.

KUTKI
(Picrorhiza Kurroa)



Supports liver detoxification and improves bile flow.

KALMEGH
(Andrographis Paniculata)



Powerful bitter herb that helps purify the liver and blood.

DANDELION
(Taraxacum Officinale)



Supports liver cleansing and healthy digestion.

TULSI
(Ocimum Sanctum)



Protects liver cells and reduces oxidative stress.

PUNARNAVA
(Boerhavia Diffusa)



Helps reduce water retention and supports liver health.

GINGER
(Zingiber Officinale)



Aids digestion, reduces nausea and supports detox pathways.

HOW TO USE



Place 1 tea bag in a cup.



Pour hot water (90-95°C).



Steep for 3-5 minutes.



Drink 1-2 times daily.

For best results, use regularly.

BEST TIME TO DRINK



Morning on an empty stomach



or
Evening before dinner

PRODUCT HIGHLIGHTS

- 100% Natural & Herbal
- Caffeine Free
- No Artificial Flavors or Colors
- Safe for Daily Use
- Made with Premium Quality Herbs
- Expertly Blended for Maximum Results

IDEAL FOR



Detox Seekers



People with Fatty Liver



Digestive Care



Wellness Enthusiasts



Healthy Lifestyle



Men & Women



HOLISTIC
WELLNESS



BALANCES
DOSHAS



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SCAN TO KNOW
MORE

AYURVEDIC WELLNESS | NATURAL HEALING | BALANCED LIVING | ROOTED IN NATURE



100%
NATURAL



NO
PRESERVATIVES



NO
ADDITIVES



CAFFEINE
FREE



SUPPORTS
MEN'S HEALTH



AYURVEDIC
& SAFE

MEN'S WELLNESS TEA

STRENGTH. STAMINA. VITALITY.

A powerful blend of Ayurvedic herbs specially crafted to support men's health, boost energy, enhance stamina, improve focus and promote overall vitality – naturally.

KEY BENEFITS



BOOSTS STAMINA & ENERGY
Improves physical endurance and fights fatigue.



ENHANCES VITALITY
Rejuvenates the body and promotes overall well-being.



SUPPORTS MEN'S HEALTH
Helps maintain healthy hormone balance and reproductive health.



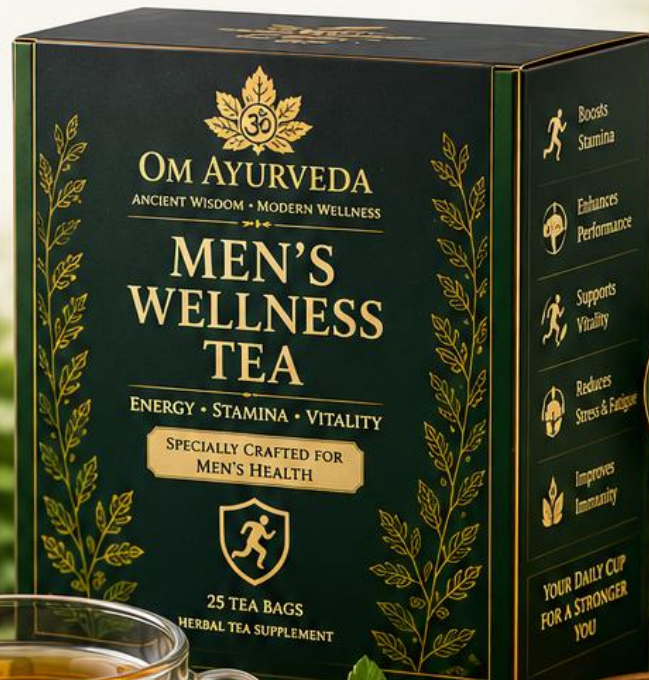
IMPROVES FOCUS & MENTAL CLARITY
Supports sharp mind, better concentration and performance.



REDUCES STRESS
Helps relax the mind and promotes emotional balance.



SUPPORTS IMMUNITY
Strengthens natural defense and promotes faster recovery.



POWERED BY NATURE'S FINEST AYURVEDIC INGREDIENTS

ASHWAGANDHA



Boosts stamina, strength and vitality. Reduces stress & fatigue.

SHATAVARI



Supports reproductive health and maintains hormonal balance.

GOKSHURA



Improves energy levels and supports men's wellness naturally.

KAUNCH BEEJ



Enhances physical performance and supports muscle strength.

AMLA



Rich in Vitamin C & antioxidants. Boosts immunity and vitality.

TULSI



Powerful adaptogen that reduces stress and supports overall health.

HOW TO ENJOY



Place 1 tea bag in a cup.



Pour hot water (90-95°C).



Steep for 3-5 minutes.



Drink 1-2 times daily for best results.

Best time: Morning or Evening

BEST TIME TO DRINK



Morning
For energy & productivity



Evening
To relax & recharge

IDEAL FOR



Men of All Ages



Fitness Enthusiasts



Busy Professionals



Active Lifestyle



Post Workout Recovery



Daily Health Support

PRODUCT HIGHLIGHTS

- 100% Natural & Herbal
- No Artificial Flavors or Colors
- Caffeine Free
- Safe for Daily Use
- Made with Premium Quality Herbs
- Expertly Blended for Men's Wellness



HOLISTIC
WELLNESS



BALANCES
DOSHAS



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GENTLE



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TRAVEL & TOURISM



SCAN TO
KNOW MORE

WEIGHT MANAGEMENT TEA

NATURAL. EFFECTIVE. AYURVEDIC.

A powerful blend of time-tested Ayurvedic herbs that supports healthy weight management, boosts metabolism, reduces bloating and helps detoxify the body naturally.

KEY BENEFITS



SUPPORTS WEIGHT LOSS
Helps boost metabolism and burn excess fat naturally.



CONTROLS CRAVINGS
Helps reduce hunger pangs and unhealthy snacking.



REDUCES BLOATING
Relieves water retention and reduces bloating.



DETOXIFIES BODY
Helps flush out toxins and supports liver function.



IMPROVES DIGESTION
Enhances digestion and nutrient absorption.



INCREASES ENERGY
Improves energy levels and reduces fatigue.



POWERFUL AYURVEDIC INGREDIENTS

GREEN TEA



Boosts metabolism and helps burn fat.

GARCINIA



Helps suppress appetite and reduces fat storage.

TRIPHALA



Detoxifies, cleanses and supports digestion.

GUGGULU



Supports healthy cholesterol and fat metabolism.

CUMIN



Improves digestion and helps reduce bloating.

GINGER



Boosts metabolism and aids in fat breakdown.

HOW TO ENJOY



STEP 1
Place 1 tea bag in a cup.



STEP 2
Pour hot water (90-95°C).



STEP 3
Steep for 3-5 minutes.



STEP 4
Drink warm.
Enjoy 1-2 times daily.

PRODUCT HIGHLIGHTS

- 100% Natural & Herbal
- No Artificial Flavors or Colors
- Caffeine Free
- Safe for Daily Use
- Made with Premium Quality Herbs
- Expertly Blended for Maximum Results

IDEAL FOR

Weight Management

Busy Professionals

Post Meal Support

Fitness Enthusiasts

Healthy Lifestyle

Men & Women



HOLISTIC
WELLNESS



BALANCES
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MORE

AYURVEDA FOR A HEALTHIER YOU. NATURAL SOLUTIONS. LASTING RESULTS.

CLEANSE. BALANCE. SLIM. NATURALLY.